## Seattle Pacific University MS-MFT / MDiv Dual-Degree Program 4-Year Full-Time Example Tracking Sheet (note: 4 years is the minimum) AY 2023-2024

REQUIRED COURSES:	DAYS	TIMES	Notes:
Autumn 1			14 cr.
THEO 6001 Christian Formation in Discipleship (2)	Sept.		
MFT 6200 History, Systems, & Christian Pers. (3)	W	1:00-4:30	Counts as THEO elective
MFT 6300 Theories of MFT I (3)	М	5:30-8:30	
☐ MFT 6100 Social Ecology of Family (3)	W	5:30-8:30	Counts as THEO elective
THEO 6020 Global Christian Heritage-1 (3)	Т	6-8:30	
Winter 1			12 cr.
☐ MFT 6600 Psychopathology & Family Systems (3)	M	5:30-8:30	Counts as THEO elective
☐ MFT 6303 Theories of MFT II (3)	W	1:30-4:30	
☐ MFT 6301 Becoming a Systems Therapist (3)	W	5:30-8:30	
THEO 6050 Global Christian Heritage-2 (3)	Т	6-8:30	
Spring 1			8 cr.
☐ MFT 6220 Gender Perspectives & Fam. Therapy (2)	М	5:30-8:30	
☐ MFT 6810 Issues, Ethics, & Law(3)	W	5:30-8:30	
THEO 6080 Global Christian Heritage-3 (3)	Т	6-8:30	
Summer 1			3 cr.
☐ MFT 6641 Treatment of Young Children and Family (1)	M,W	5:30-8:50	Counts as THEO elective
☐ MFT 6642 Treatment of Adolescents and Family (1)	M,W	5:30-8:50	Counts as THEO elective
☐ MFT 6643 Parenting and Treatment of Children (1)	M,W	5:30-8:50	Counts as THEO elective
Autumn 2			13 cr.
THEO 6002 Christian Formation in Mission: (2)	Sept.		
☐ MFT 6610 Treatment of Abusive Systems (3)	Т	2:00-5:00	Counts as THEO elective
THEO 6030 Theology/Ethics-1 (3)	TH	6-8:30	
☐ MFT 6811 Ethical Issues & Crisis Intervention (2)	М	3:00-5:00	
THEO course (ex: THEO 6710: Intro to Practical Theology) (3)			
Winter 2			12 cr.
☐ MFT 6410 Treatment of Couples (3)	Т	2:00-5:00	
THEO 6060 Theology/Ethics-2 (3)	TH	6:00-8:30	
☐ THEO course (ex. 6512: Reconciliation and Intercultural Studies) (3)			
THEO course (ex. 6610: Encounter with Other Faiths) (3)			

Spring 2			12 cr.
MFT 6620 Assessment in Family therapy (3)	W	1:30-4:30	
THEO course (ex. 6730: Family and Student Ministry) (3)			
THEO 6090 Theology/Ethics-3 (3)	TH	6:00-8:30	
THEO course (ex.THEO 6403: Theology of Christian Worship)			
(3)			
Summer 2			4 cr.
☐ MFT 6401 Group Therapy I (1)	1 wkend		
THEO course (ex. THEO 6744: Ministerial Leadership) (3)			
Autumn 3			13 cr.
☐ MFT 6210 Multicultural Issues in Family Therapy (3)	TH	5:30-7:30	Counts as THEO elective
THEO course (ex. THEO 6412: Leading and Designing			
Congregational Worship) (3)			
☐ THEO 6010 Bible-1 (3)	М	6:8:30	
☐ MFT 6933 Clinical Practicum 1 (1)	М	2:00-3:00	
☐ MFT 6630 Psychopharmacology, Physiology & Medical	Т	5:30-8:30	
Issues (3)			
Winter 3			11 cr.
THEO 6040 Bible-2 (3)	М	6:00-8:30	
MFT 6110 Human Sexuality (3)	TH	5:30-8:30	Counts as THEO elective
THEO course (ex. THEO 6720: Vocational Discernment) (3)			
MFT 6934 Clinical Practicum II (2)	M	2:00-5:00	Counts as THEO Con Ed req.
Spring 3			11 cr.
MFT 6935 Clinical Practicum III (2)	M	2:00-5:00	Counts as THEO Con Ed req.
THEO course (ex. THEO 6510: Theo, Race, and Culture) (3)			
THEO course (ex. 6743: Pastoral Care and Counseling) (3)			Counts as MFT 2-unit elective
☐ THEO 6070 Bible-3 (3)	M	6:00-8:30	
Summer 3			5 cr.
THEO course (ex. Scripture elective) (3)			
MFT 6936 Clinical Practicum IV (2)	M	1:30-4:30	Counts as THEO Con Ed req.
Autumn 4			7 cr.
THEO 6003 Integrating Academy, Abbey, and Apostolate (2)			
MFT 6937 Clinical Practicum V (2)	TH	2:00-5:00	
THEO course (ex. Scripture elective) (3)			
Winter 4			8 cr.
THEO course (ex. THEO 6740:Preaching I) (3)			
MFT 6700 Graduate Research I (3)	TH	5:30-8:30	
MFT 6938 Clinical Practicum VI (2)	TH	2:00-5:00	
Spring 4			8 cr.
☐ MFT 6939 Clinical Practicum VII (2)	TH	2:00-5:00	
MFT 6710 Graduate Research II (1)	Т	2:00-4:30	
☐ MFT 6402 Group Therapy II (2)	TH	5:30-7:30	
THEO Course (EX THEO Preaching II)			

Students must also complete 2 additional credits of MFT electives in the quarter(s) of their choosing. Additionally, 6 credits of approved theology electives accepted under the M.Div requirements This example schedule frontloads the MFT coursework in the first year. Students should talk with MFT advisors about reconfiguring their schedule to best fit their situations.

## **Notes**

This "example" tracking sheet lists the courses needed to complete both the Master of Divinity (MDiv) degree at Seattle Pacific Seminary and the Master of Science in Marriage and Family Therapy in the SPU School of Psychology, Family and Community. The quarters, days of the week and times of day that specific courses are offered may, however, vary from year to year. Moreover, students may elect to take a different credit load quarter by quarter than is shown here. Also, students must be accepted into each program separately, and may in some cases begin the second program a year or more later than the first. Accordingly, the actual sequence in which a given student takes the required courses for the two degrees, and the actual "calendar time" it takes that student to complete those two degrees, may vary considerably from this model.

THEO courses are offered as examples of all of the required courses, but listed in parentheses because the quarters in which these courses are schedule vary depending on the year. However, students should assume that the courses listed in parentheses will be offered every other academic year.

The MDiv degree requires 108 quarter credits of course work. The MS-MFT requires 70 credits of coursework.

But in the dual-degree configuration shown here, a student can complete both degrees by taking, not a minimum of 178 credits of coursework, but as few as 149. 21 of the required credits of interdisciplinary and elective courses for the MDiv can be fulfilled by MFT courses. Furthermore, the MFT Practicum fulfills the MDiv Contextual Education requirement (6 credits), and one THEO elective (THEO 6743: Pastoral Care and Counseling) fulfills a 2-credit MFT elective.