

A Compass in Chaos

Navigating Transitions in Work & Life

The world of work is more dynamic than ever – Change is the rule not the exception; and standing still often means that you are falling behind. The people who thrive in this kind of environment are the ones who can hold onto themselves when the world is constantly changing around them. They have built resilience into their lives in a way that allows them to learn as they go. Recent research suggests that people can learn these skills! In this four-hour workshop, you will learn how to:

- Chart a course in a world of constant change
- Build your resilience and adaptability
- Successfully navigate transitions in work and life
- Build your strategic network and your personal board of advisors
- Find and navigate stretch assignments
- Create space to reflect and learn as you go
- Identify and avoid the leading causes of career derailment

Our Next Workshops

December 1, 2011, 1:00-5:00 (Thursday)

January 6, 2012, 1:00-5:00 (Friday)

Library Seminar Room
Seattle Pacific University

January 21, 2012, 9:00-2:00 (Saturday)

Cremona, Room 101
Seattle Pacific University

To RSVP, e-mail Hilary Roche at hgroche@gmail.com.

Include the names, email addresses, and number of workshop participants who will be attending.



When change is the rule, not the exception.



When the future is unknown and unknowable.



Engaging the culture, changing the world®

Seattle Pacific
UNIVERSITY

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