

Claudia Grauf-Grounds, Ph.D.
Curriculum Vitae

Current Title: Chair and Associate Professor
Marriage and Family Therapy (MFT)

Address: Seattle Pacific University
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Licenses: State of California Marriage and Family Therapist (MFC17348),
licensed 8/82; biannual continuing education requirements completed
State of Washington Marriage and Family Therapist (LF00001498),
licensed 7/01; biannual continuing education requirements completed

EDUCATION

University of Southern California Los Angeles, California	Ph.D. Sociology Graduate Certificate in MFT Nationally-Accredited Program (COAMFTE) M.A. Sociology	1988 1981
Fuller Theological Seminary Pasadena, California	M.A. Theology/MFT Marriage & Family Therapy program	1978
Stanford University Palo Alto, California	B.A. Psychology Honors in Humanities (Thesis: <i>Luther's concept of the Imago Dei</i>)	1976

PROFESSIONAL POSITIONS & EXPERIENCE

Seattle Pacific University, Seattle WA **1/1/00 to present**
Chair and Associate Professor, Department of Marriage and Family Therapy
Administrator for master's program in COAMFTE/nationally accredited program; teach
courses in marriage and family therapy and supervise

University of Washington, Seattle WA **8/02 to present**
Clinical Instructor of Family Medicine
Precept family practice physician residents in behavioral medicine through the Department
of Family Medicine

Private practice, Seattle WA and San Diego CA **3/85 to present**
Private practice of individual, couple and family psychotherapy; Minirth-Meier and New Life
Clinics West Clinic Director; Miramar Comprehensive Counseling

- Grossmont Family Practice Residency, San Diego CA** **8/94 to 12/99**
Clinical faculty: trained family practice MD residents in behavioral medicine with a psychiatrist; developed longitudinal curriculum in collaborative care for the new residency; provided mental health training for Stanford's Physician Assistant Program
- University of San Diego, San Diego CA** **2/89 to 12/99**
Faculty: full-time and part-time lecturer
- Bethel Seminary** **4/98 to 12/99**
Permanent Associate Faculty: taught in and developed new master's program in MFT; developed and coordinated Practicum sites
- Catholic Charities;** **5/91 to 8/94**
Ocean Beach Community Services **1/90 to 6/92**
Family therapy supervisor for MFT and pre/post Ph.D. Psychology Interns
- New Jersey Department of Education** **1/84 to 12/85**
Evaluator and specialist for state school substance abuse programs
- Biola University (Rosemead Graduate School)** **9/81 to 6/83**
Adjunct Faculty
- Clinical Internships** **1976 to 1982**
Outpatient clinical intern for substance abuse clinic; USC family therapy clinic intern; premarital counselor for church; weight therapist and group facilitator

TEACHING EXPERIENCE

- Courses taught at Seattle Pacific University
MFT 6100 Social Ecology of the Family
MFT 6410 Treatment of Couples
MFT 6411 Premarital Education
MFT 6620 Measurement & Assessment
MFT 6640 Medical Family Therapy
MFT 6645 Beliefs, Spirituality & Health
MFT 6933-6939 Clinical Practicum I-VII
MFT 6340 Experiential Theory & Family Therapy
Co-taught 30-hour AAMFT Approved Supervisor Course for professionals (01-04)
- Courses taught at University of San Diego
MFT 233 Family Studies & Development
MFT 232 Family and Individual Assessment
MFT 231 Ethnicity and Family Therapy
MFT 227 Marital Therapy B
MFT 220 Human Development
EDUC-574 Child Abuse Seminar
MFT 300-302 Clinical Practicum
- Courses taught at Bethel Seminary
MF 121 Individual Development Within the Family

MF 142 Assessment in Marriage and Family Therapy
MF 151 Supervised Clinical Experience

Courses taught at BIOLA University/Rosemead Graduate School of Psychology
IMFT 651 Survey of Marital and Family Assessment
Supervised Ph.D. Clinical Psychology Interns

PEER REVIEWED PUBLICATIONS

Grauf-Grounds, C. (2007). Increasing social support to manage chronic illness. In D. Linville & K.M. Herlein (Eds.), *The Therapists' Notebook for Family Healthcare*. New York: Haworth Press.

Grauf-Grounds, C. (2007). A creative encounter with anticipatory loss. In D. Linville & K.M. Herlein (Eds.), *The Therapists' Notebook for Family Healthcare*. New York: Haworth Press.

Grauf-Grounds, C. & Edwards, S. (2007). Developing a Ritual to Honor Trauma: A Training Community's Witness. *Journal of Systemic Therapies*, 26, 38-50.

Grauf-Grounds, C. & Buckton, (2007). Patterns of Conversation between Clergy and their Parishioners and Referral to other Professionals. *Journal of Pastoral Care and Counseling*, 61, 31-38.

Grauf-Grounds, C. & Sellers, T.S. (2006). Developing Internships and Creating Jobs in the field of Medical Family Therapy: Some Lessons Learned. *Families, Systems & Health*, 24, 230-237.

Grauf-Grounds, C. (2004). Book Review. *Families, Systems & Health* 22, 485-486.

Edwards, T., Patterson, J.E., Grauf-Grounds, C., & Groban, S. (2001). Psychiatry, MFT & Family Medicine Collaboration: The Sharp Behavioral Health Clinic. *Families, Systems & Health*, 19, 25-35.

Patterson, J.E., Williams, L., Grauf-Grounds, & Chamow, L. (1998). *Essential Skills in Family Therapy: From the First Interview to Termination*. New York: Guilford Press.

Patterson, J.E., Bischoff, R., Scherger, J.E. & Grauf-Grounds, C. (1996). University Family Therapy Training and Family Medicine Residency in a Managed-Care Setting. *Families, Systems & Health*, 14, 5-16.

MANUSCRIPTS IN PROCESS

Grauf-Grounds, C., Edwards, S., MacDonald, D., Quek, K. & Sellers, T.S. Nesting Professional Training within a Christian Liberal Arts University: The Case of Seattle Pacific University's Marriage and Family Therapy Master's Program. To be submitted to *Christian Higher Education*.

Grauf-Grounds, C. & Coil, E. *Clergy Tensions: Proven Strategies for Work-Home Balance*.

Grauf-Grounds, C. Grief and the Family. Invited article by guest editor of *Pastoral Psychology*.

Grauf-Grounds, C., MacDonald, D. & Harris, J. Suggestions for Best Practices in Clinical Referral. proposed to be submitted to *Journal of Family Psychotherapy*

Grauf-Grounds, C., Buckton, A. & Boreman, J. Patterns of Conversation between Therapists and their Clients and Referral to other Professionals.

Grauf-Grounds, C & Bayona, J. Patterns of Conversation between Physicians and their Patients and Referral to other Professionals.

PEER REVIEWED PRESENTATIONS

Grauf-Grounds, C. AAMFT Approved Supervisor Refresher Course. *Washington Association for Marriage and Family Therapy*. Seattle, WA. 2/2007

Grauf-Grounds, C. & Schermer Sellers, T. "Collaboration in Action: Creating New Internships and Jobs for Medial Family Therapists: Lessons Learned." *8th Conference of Collaborative Family Healthcare Association*. Newport, Rhode Island. 11/2006.

Grauf-Grounds, C., Lord, D. & Furrow, J. "Open Forum: Educators in Church-Affiliated Institutions." *64th Annual Conference of American Association for Marriage and Family Therapy*. Kansas City, Kansas. 10/2006

Sellers, T. & Grauf-Grounds, C. "Reclaiming the Lives of Burned-out Practitioners: Researched Strategies for Balancing Family, Career, and Passion. *26th Annual Conference on Families and Health: Society of Teachers of Family Medicine*. Austin, Texas. 3/2006.

Grauf-Grounds, C. "Exploring Collaboration between MFTs, Physicians, and Clergy." Poster Session. *63rd Annual Conference of American Association for Marriage and Family Therapy*. Kansas City, Kansas. 10/2005

Grauf-Grounds, C., Lord, D. & Furrow, J. "Open Forum: Educators in Church-Affiliated Institutions." *63rd Annual Conference of American Association for Marriage and Family Therapy*. Kansas City, Kansas. 10/2005

Blount, F. A., Grauf-Grounds, C., & Stoller, D. "An Introduction to Collaborative Care: Pre-Conference Workshop." *7th Conference of Collaborative Family Healthcare Association*. Seattle, Washington 10/2005

Grauf-Grounds, C. "Referral Patterns Between Family Physicians, Psychotherapists, and Clergy in Washington State." *25th Annual Conference on Families and Health: Society of Teachers of Family Medicine*. Amelia Island, Florida. 2/2005.

Grauf-Grounds, C. and Sellers, T. "Exploring Bridges and Barriers to Collaboration between Providers of Care." *24th Annual Conference on Families and Health: Society of Teachers of Family Medicine*. Amelia Island, Florida. 2/2004.

Sellers, T. & Grauf-Grounds, C. "Poster Session: A Model of Spiritually Informed Collaborative Care in Outpatient Oncology." *Integrating Research on Spirituality and Health and Well-Being into Service Delivery: A Research Conference*. Natcher Center National Institute of Health. Bethesda, Maryland. 4/2003

Grauf-Grounds, C. & Sellers, T. "Listening Deeply: Incorporating Spirituality Into Our Professional and Personal Lives." *23rd Annual Conference on Families and Health: Society of Teachers of Family Medicine*. Kiawah, South Carolina. 3/2003.

Grauf-Grounds, C., Naden, M., & Ekey, M. "Three Perspectives on the Soul of Psychotherapy." *Christian Association for Psychological Studies, Western Regional Conference*. Seattle, Washington. 6/2002.

Grauf-Grounds, C. "Should Spirituality be added to the Biopsychosocial Paradigm of Patient Care?" *22nd Annual Conference on Families and Health: Society of Teachers of Family Medicine*. San Diego, California. 3/2002.

Grauf-Grounds, C., Haas-Cunningham, S., & Wagner, J. "Integrating Spirituality and Collaborative Health Care." *Collaborative Family Healthcare Association: Best Practices in Collaborative Family Healthcare*. Tampa, Florida. 1/2002.

Grauf-Grounds, C. & Sellers, T. "Using Medical Consultation for Collaborative Training." *21st Annual Conference on Families and Health: Society of Teachers of Family Medicine*. Kiawah, South Carolina. 3/2001.

Grauf-Grounds, C. & Sellers, T. "Medical Family Therapy Certification: The Seattle Pacific Model." *20th Annual Conference on Families and Health: Society of Teachers of Family Medicine*. San Diego, California. 3/2000.

Edwards, T., Grauf-Grounds, C., Groban, S., & Patterson, J.E. "Multiple Perspectives, Integrative Solutions: The SHARP Biopsychosocial Consultation Model." *20th Annual Conference on Families and Health: Society of Teachers of Family Medicine*. San Diego, California. 3/2000.

Edwards, T., Grauf-Grounds, C., Patterson, J.E. "Psychiatry, MFT & Family Medicine Collaboration: The SHARP Model." *4th Collaborative Family Healthcare Coalition: Collaborative Family Healthcare Goes Mainstream*. Bethesda, Maryland. 1/2000.

Grauf-Grounds, C. "Educating Treatment-Reluctant Patients: The Case of Depression." *19th Annual Conference on Families and Health: Society of Teachers of Family Medicine*. Kiawah Island, South Carolina. 3/1999.

Grauf-Grounds, C. "Psychiatry, Family Therapy and Family Practice Together: Training Second and Third-year Residents Longitudinally in a HMO." *18th Annual Conference on Families and Health: Society of Teachers of Family Medicine*. Kiawah Island, South Carolina. 3/1998.

AWARDS & GRANTS

Seattle Pacific University Lilly SERVE Faculty Grant for Theology & Vocation, 2004-2005.
"Models of Work-Family Connectedness in Clergy Families"

Seattle Pacific University Faculty Research Grant, 2002-2003.
"Patients, Clients or Parishioners: Exploring the bridges and barriers to collaboration between providers of care."

Although not funded, co-wrote Robert Wood Johnson Foundation Training Grant with SPU School of Nursing faculty

National Institute of Mental Health Traineeship in Program Evaluation Research, USC, 1979-1981

RECENT INVITED PRESENTATIONS, WORKSHOPS & CONSULTATIONS

Grauf-Grounds, C. MFT Clinical Training and Supervision. Beijing and Shenyang, China. 12/2006

Grauf-Grounds, C., Brown, P., Weathers, B., & Chen, Y. "SPU Forum on Faculty Aging." Seattle, Washington. 4/2005

Grauf-Grounds, C. "Traits of Healthy Families." Redmond Women's Professional Group. 4/2005

Grauf-Grounds, C. "The Integrated Person: Jesus Model of Growth." Westminster Presbyterian Church Women's Retreat. 3/2005, Camp Casey, Washington.

Grauf-Grounds, C. "Beyond Bowen: Church Systems." Presbyterian Church USA Interim Pastor's Training & Curriculum Development for Trainers of Clergy. Seattle, Washington. 1/2005.

Grauf-Grounds, C. "Exploring Bridges and Barriers to Collaboration among Providers of Care." Presbyterian Counseling Services Continuing Education Seminar. Seattle, Washington. 4/2004

Grauf-Grounds, C. "Developing Services for Troubled Marriages." Consultation with pastors of Lake Forest Park Presbyterian Church. 12/2003.

Grauf-Grounds, C. "Research Presentation on Collaboration between Physicians, Psychotherapists & Clergy" SPU Faculty Retreat, 9/2003.

Grauf-Grounds, C. "Jesus, Integrated Care & Community Outreach: Conceptual Foundations & Practical Applications." Workshop for Parish Nursing Conference, 6/2003.

PUBLICATIONS IN PROFESSIONAL NEWSLETTERS

Tri-annual articles on news concerning the financial status of Washington Association for Marriage and Family Therapists (2006-present) as WAMFT Treasurer

Tri-annual articles on news concerning elected Board Members and Candidates, Washington Association for Marriage and Family Therapy (2001-2005)

Quarterly articles written as regional President of Christian Association for Psychological Studies-West for CAPS West Newsletter (1999-2000)

Edward, T., Grauf-Grounds, C., & Patterson, J.E. (1999) Psychiatry, MFT and Family Medicine Collaboration. *Working Together: The Collaborative Family Healthcare Coalition Newsletter*, 4, Issue 4.

PROFESSIONAL MEMBERSHIPS

American Association for Marriage and Family Therapy
(Clinical Member, Approved Supervisor)

National Council on Family Relations

Christian Association for Psychological Studies (CAPS Clinical Member)

Society for Teachers of Family Medicine (STFM Associate Member);
Steering Committee 2003-2006

Collaborative Family Healthcare Coalition
Program Planning Committee (2005 Conference)

ELECTED PROFESSIONAL POSITIONS

- Washington Association for Marriage and Family Therapy – Treasurer (2006-present); Elections Committee (2001-2002; 2003-2005); Southern California-AAMFT Board of Directors (1990-1992)
- Christian Association for Psychological Studies San Diego Coordinator (1987-1999); CAPS-West Regional President (1998-2001); Conference Coordinator 1994; 2002.
- Board of Directors – San Diego Rescue Mission (1998-2000)

EDITORIAL RESPONSIBILITIES

Review journal articles for: *Families, Systems & Health* and *Journal of Systemic Therapies*