

Curriculum Vita
John W. Thoburn Ph.D., ABPP

Present Positions:

Associate Professor (tenured)

Department of Clinical Psychology
Seattle Pacific University
3307 third Ave. West
Seattle, WA 98119

e-mail: thoburn@spu.edu
Phone: 206-281-2908

Family and Consulting Psychology
Bellevue, WA

Phone: 206-919-6565

Prior Professional Positions:

Family and Consulting Psychology

Seattle, WA
Individual, couple and family psychotherapy; child,
adolescents, adults; supervision of therapists; consultation.

1989 - Present

Associate Professor (non-tenure track)

Department of Graduate Psychology
Seattle Pacific University

1999 – 2006

Director of Clinical Services

Seattle Pacific University Counseling Center
3307 Third Ave. West
Seattle, WA 98119

1999 - 2003

Director of a multi-disciplinary university counseling center serving student and community populations; director of counseling center's pre-doctoral and MFT internship training programs; SPU's urban clinic and developing an international psychology program.

Internship Coordinator

Dept. of Marriage & Family Therapy
Seattle Pacific University,
3307 Third Ave. West
Seattle, WA 98119

1997- 1999

Part time position; responsible for off campus placement and oversight of marriage and family therapy interns; intern supervision.

Director of Clinical Training

Dept. of Clinical Family Psychology
Seattle Pacific University,
3307 Third Ave. West
Seattle, WA 98119

1996 - 1998

Part time position; responsible for the development of the SPU clinical psychology pre-doctoral internship program; created the Seattle Pacific University Pre-doctoral Internship Consortium.

Professional Credentials

Licensed Psychologist: Washington State Board WA #PY 1823	1994
Diplomate in Couple and Family Psychology, American Board of Professional Psychology (ABPP)	2002
Licensed Marital & Family Therapist in Washington WA # LF 1362	1990

Professional Affiliations

Fellow of the American Psychological Association Division 43 of APA, Family Psychology
Diplomate in the American Board of Professional Psychology Specialty: Couple and Family Psychology

Association Positions

Co-chair, Division 43 Hospitality Suite, 1998 APA Conference	1998
Co-chair, Division 43 Program, 1999 APA Conference	1999
Chair, Division 43 Membership Committee, APA	2000 - 2003
Editor Academy of Family Psychology Newsletter	2003 - 2005
Treasurer of Division 43	2004 - 2006
Past President, Academy of Couple and Family Psychology	2006 - 2008
President, Society for Family Psychology (Division 43 of APA)	2010
ABPP Committee on Specialties representative	2010
Past President, Society for Family Psychology	2011
ABPP Board of Trustees Representative	2011- 2013
American Board of Couple and Family Psychology representative	2011- 2013

Awards/Citations

Fellow of the American Psychological Association	2008
Florence Kaslow International Family Psychologist of the year award	2009

Formal Education:

Psychology Internship Stevens-Swedish Hospital /Minirth-Meier Inpatient Program Seattle, WA	1992 - 1993
1991 Ph.D. Fuller Graduate School of Psychology Pasadena, CA (MFT/Family Psychology)	1986 - 1991
1984 M.Div. Fuller Theological Seminary Pasadena, CA (Marital/Family Counseling)	1982 - 1984
1976 B.A. University of Kansas Lawrence, Ks.	1971 - 1976

Grants and Funding Awards

Bridges Center for Individual And Family Development Seattle Foundation: \$10,000.00	1999
Health Support Team study in Haiti	2011

SPFC \$2,800.00

International and Relief Work

Uganda at the invitation of the <i>Episcopal Church of Uganda</i>	1987
Bosnia at the invitation of Swiss based <i>Medica 3</i>	1999
India at the invitation of the <i>Christian Counselling Centre</i> and the <i>Association for Psychological Counseling</i>	2003
Sri Lanka with the <i>National Christian Evangelical</i> <i>Association of Sri Lanka</i>	2005
Hurricane Katrina with the American Red Cross	2005
Shen Yang, China at the invitation of the George Fox University affiliated <i>Marriage & Family Training Program</i>	2009
Beijing, China at the invitation of the George Fox University affiliated <i>Marriage & Family Training Program</i>	2010
Haiti at the invitation of Love for Haiti Medical teams	2010-2011
 International Critical Incident Stress foundation Trained trainer certification	 2006

Manuscripts in Preparation

Thoburn, J.W., Jones, K.C., Boutinen, M., Cecchet, S., & Strozier, M. Finding a common language: A multicultural approach to interdisciplinary medical teams. *Academic Medicine*.

Thoburn, J. W. & Serafini, K. Incarnational pastoral psychology. *Journal of Psychology and Christianity*.

Serafini, K. & **Thoburn, J.W.** Pastoral psychology and the limbic system. *Journal of Pastoral Psychology*.

Articles Submitted/Accepted for Publication

Jones, K.C., Oliver, T.C., Welton, S.R., & **Thoburn, J.W.** Mindfulness, spousal attachment, and marital satisfaction: A mediated model. Accepted to *The Family Journal*.

Thoburn, J.W., Bentley, J.A., Ahmad, Z.S., & Jones, K.C. International disaster psychology ethics: A social justice model imbedded in a family systems paradigm. Submitted to *Traumatology Journal*.

McBrearty, M.K., Ahmad, Z.S., Gunn, G. & **Thoburn, J.W.** Prevalence rates of online sexual addiction among Protestant clergy. Submitted to *Journal of Sexual Addiction*.

Bentley, J., **Thoburn, J.W.**, Stewart, D. & Boynton, L. D. The indirect effect of somatic complaints on report of posttraumatic psychological symptomatology among Somali refugees. Accepted to the *Journal of Traumatic Stress*.

Bentley, J. A., **Thoburn, J. W.**, Stewart, D. R. & Boynton, L. D. Post-migration stress as a

moderator between traumatic exposure and self-reported mental health symptoms in a sample of Somali refugees. Accepted to the *Journal of Loss and Trauma*.

Edwards-Stewart, A., Ahmad, Z. S., **Thoburn, J. W.**, Shelly, L., Furman, R., Gunn, G. & Lambert, A. Introducing imbedded indigenous psychological support teams: A suggested addition to psychological first aid in an international context. Accepted to *International Journal of Emergency Mental Health*.

Published Articles, Books and Book Chapters

Thoburn, J.W. & Baker, R. Eds. (2011). *Clergy sexual misconduct: A systems approach to prevention, intervention and oversight*. Carefree, Arizona: Gentle Path Press.

Thoburn, J.W. & Baker, R. (2011). Systems, ecology, and clergy sexual misconduct. In Thoburn, J. W. & Baker, R. (Eds). *Clergy sexual misconduct: A systems approach to prevention, intervention and oversight*. Carefree, Arizona: Gentle Path Press, 3-22.

Baker, R. & **Thoburn, J.W.** (2011). Clergy sexual misconduct overview: A model for prevention, education, treatment, & oversight. In Thoburn, J. W. & Baker, R. (Eds). *Clergy sexual misconduct: A systems approach to prevention, intervention, and oversight*. Carefree, Arizona: Gentle Path Press, 23-40.

Thoburn, J.W., Cecchet, S., Oliver, T., Jones, K.C., & Sanchez, O. (2011). Where do we go from here? The development of a family psychology identity. *The Family Psychologist*, 27, 1, 6-10.

Thoburn, J. W., Hoffman-Robinson, G., Shelley, L. & Sayre, G. (2009). Collaborative treatment for the psychosomatic couple. *The Family Journal: Counseling and Therapy for Couples and Families*, 17, (1) 6-13.

Thoburn, J. W., Hoffman-Robinson, G., Shelly, L. & Hagen, A. (2009). Clinical practice in family psychology. In J. Bray, & M. Stanton (Eds.) *The Wiley-Blackwell handbook of family psychology*. UK: Blackwell Publishing, 198-211.

Thoburn, J.W., Tandy, W.M., Bentley, J. & Stewart, A. (2007). Crossroads in family and disaster psychology. *The Family Psychologist*, V 23, (2), 4-7.

Thoburn, J. W. & Whitman, D. M. (2004). Clergy affairs: Emotional investment, longevity of relationship and affair partners. *Journal of Pastoral Psychology*, 52(4), 491-506.

Thoburn, J. W. & Hammond-Meyer, A. (2004). Eating disorders. In F. Kline, & L. B. Silver (Eds.) *The educator's guide to mental health issues in the classroom*. Baltimore: Brookes Publishing, 141-170.

Thoburn, J.W. & Balswick, J.O. (1998) Demographic data on extra-marital sexual behavior in ministry. *Journal of Pastoral Psychology*, V. 25, 1.

Thoburn, J.W. & Balswick, J.O. (1994) An evaluation of infidelity among male Protestant clergy. *Journal of Pastoral Psychology*. V. 42, 4.

Thoburn, J.W. & Balswick, J.O. (1993) A prevention approach to infidelity among male Protestant clergy. *Journal of Pastoral Psychology*. V. 42, 1.

Balswick, J.O. & **Thoburn, J.W.** (1991) How ministers deal with sexual temptation. *Journal of Pastoral Psychology*. V. 40, 2.

Selected Presentations

Thoburn, J.W. & Baker, R. (2011, September). *Hot Under the Collar: A Systems Approach to Prevention, Intervention and Oversight for Clergy Sexual Misconduct*. The Society for the Advancement of Sexual Health (SASH) annual conference.

Jones, K. C & **Thoburn, J.W.** (2011, August). *Mindful parenting: The relationship among trait mindfulness, parenting stress and parental responsiveness*. Presentation at the annual meeting of the American Psychological Association.

Sexton, T., Kaslow, F. & **Thoburn, J.W.** (2011, August). *International Family Psychology*. Presentation at the annual meeting of the American Psychological Association.

Dal Maso, M. & **Thoburn, J. W.** (2011, April). *A systems approach to reconciliation and recovery from clergy sexual misconduct*. Presentation at the annual meeting of the Western Psychological Association.

Dal Maso, M., Siesseger, M.B., Jones, K. C. & **Thoburn, J.W.** (2011, April). *Commitment, relationship experience and mate preferences of women*. Presentation at the annual meeting of the Western Psychological Association.

Thoburn, J.W., Baker, R. & Dal Maso, M. (2011, February). *Clergy sexual misconduct: A systems approach to prevention, intervention and oversight*. Paper presentation at the national convention of the International Institute for Trauma & Addiction Professionals (IITAP).

Thoburn, J.W., Baker, R. & Dal Maso, M. (2010, September). *Hot under the collar: A culture of recovery for clergy sexual misconduct*. Paper presentation at the national convention of the American Association of Christian Counselors.

Thoburn, J.W., Jones, K.C., Boutinen, M., Cecchet, S., & Strozier, M. (2010, August). *Finding a common language: A multicultural approach to interdisciplinary teams*. Paper symposium presented at annual convention of the American Psychological Association, San Diego, CA.

Shelly, L., **Thoburn, J.W.** & Kalayjian, A. (2010, August). *Envisioning a family systems perspective for the treatment of disaster survivors*. Poster presented at annual convention of the American Psychological Association, San Diego, CA.

Jones, K.C., Oliver, T.C., Welton, S.R., & **Thoburn, J.W.** (2010, August). *Mindfulness, spousal attachment and marital satisfaction: A mediated model*. Poster presented at annual convention of the American Psychological Association, San Diego, CA.

Kaslow, F., Phipps, W., Hong, G., Sexton, T. and **Thoburn, J. W.** (2010, August). *Psychology around the world*. Presentation at the annual meeting of the American Psychological Association.

McBrearty, M. K., Ahmad, Z. S., Gunn, G., & **Thoburn, J. W.** (2010, August). *Prevalence rates of online sexual addiction among Protestant clergy*. Poster presented at the American Psychological Association, San Diego, CA.

- Romano, E.M., Jones, K.C., **Thoburn, J.W.**, & Skidmore, J.R. (2010, August). *The gender shift in psychology: Implications for the field*. Poster presented at annual convention of the American Psychological Association, San Diego, CA.
- Strozier, M., Jones, K.C., Oliver, T.C., Cecchet, S., & **Thoburn, J.W.** (2010, August). *A systems approach to medicine: Implications for training and practice*. Paper symposium presented at annual convention of the American Psychological Association, San Diego, CA.
- Thoburn, J.**, Ahmad, Z., Bentley, J., Jones, K. & Sanchez, O. (2010, April). *Disaster psychology ethics: A systems model imbedded in a social justice matrix*. Presentation at the annual meeting of the Western Psychological Association.
- Gharib, A., Phillips, B. Sattler, D., Rich, G. J., Smith, D. & **Thoburn, J.W.** (2010, April). *Psychology around the world*. Presentation at the annual meeting of the Western psychological Association. April.
- Thoburn, J. W.**, Gilmore, S., Sanchez, O., Oliver, T. & Jones, K. (2009, August). *Re-envisioning family psychology*. Presentation at the annual meeting of the American Psychological Association.
- Kaslow, F., Labate, L, Dayan, N. & **Thoburn, J.** (2009, August). *Psychology around the world*. Presentation at the annual meeting of the American Psychological Association.
- Thoburn, J. W.** (2009, August). *Society for Family Psychology Fellows Address*. Presentation at the annual meeting of the American Psychological Association.
- Gunn, G.A.& **Thoburn, J.** (2009, April). *Attachment, Shame, and Childhood Sexual Abuse on the Acquisition of Sexual Addiction*. Presentation at the annual meeting of the Western Psychological Association.
- Jones, K.C., Romano, E.M., Skidmore, J.R. & **Thoburn, J.** (2009, April). *The feminization of psychology: Where are we now?* Presentation at the annual meeting of the Western Psychological Association.
- Vines, L. M., Jones, K. C., Ahmad, Z. S., Bentley, J. A., & **Thoburn, J.** (2009, April). *Reintegration of military veterans: Family systems approach to holistic care*. Presentation at the annual meeting of the Western Psychological Association.
- Thoburn, J.**, Gerrish, W. & Gunn, G. (2008, September). *Incarnational psychotherapy*. Paper presented to the Society for Christian Psychologists, Chicago.
- Kaslow, F., **Thoburn, J.** & Heldring, M. (2008, August). *Therapists without borders*. Roundtable presentation at the annual meeting of the American Psychological Association.
- Gilchrist, G. & **Thoburn, J.** (2008). *Drive for muscularity and reasons for exercise among bodybuilders*. Presentation at the annual meeting of the American Psychological Association.
- Ahmad, Z. S., Bentley, J. A., Perry, K. L., McBrearty, M., & **Thoburn, J.** (2008, April). *The psychological effects of war and political violence on children globally*. In Z. S. Ahmad (Chair) Psychological Effects of Man-Made Disasters of Children Worldwide. Symposium conducted at annual meeting of the Western Psychological Association, Irvine, C.A.

- Bentley, J.A., Ahmad, Z. S., Perry, K. L., McBrearty, M., & **Thoburn, J.** (2008, April). *The impact of trauma and displacement on the psychological wellbeing of refugee and asylum seeking children worldwide*. In Z. S. Ahmad (Chair) Psychological Effects of Man-Made Disasters of Children Worldwide. Symposium conducted at annual meeting of the Western Psychological Association, Irvine, C.A.
- Perry, K. L., Ahmad, Z. S., Bentley, J. A., McBrearty, M., & **Thoburn, J.** (2008, April). *The psychological effects of terrorism on children worldwide*. In Z. S. Ahmad (Chair) Psychological Effects of Man-Made Disasters of Children Worldwide. Symposium conducted at annual meeting of the Western Psychological Association, Irvine, C.A.
- McBrearty, M., Ahmad, Z. S., Bentley, J. A., Perry, K. L., & **Thoburn, J.** (2008, April). *The psychological effects of genocide on children globally*. In Z. S. Ahmad (Chair) Psychological Effects of Man-Made Disasters of Children Worldwide. Symposium conducted at annual meeting of the Western Psychological Association, Irvine, C.A.
- Thoburn, J.W.**, Bentley, J.A. & Ahmad, Z. (August, 2007). *International disaster psychology and social justice: A systems perspective*. Presentation at the annual meeting of the American Psychological Association, San Francisco, California.
- Bentley, J.A., Ahmad, Z. & **Thoburn, J.W.** (May 2007). *Combat-related polytrauma and its impact on the families of veterans*. Paper presentation at the annual conference of the Western Psychological Association, Vancouver, British Columbia.
- Thoburn, J.W.**, Tandy, W.M. & Bentley, J.A. (July, 2006). *Family systems and disaster psychology*. Paper presentation at the annual convention of the International Academy of Family Psychology, Cardiff, Wales, June 2006.
- Thoburn, J.**, Mattaino, A., Melton, C., Cocoli, E., & Tandy, W. M. (August, 2004). *Romantic Imprinting and Secondary Attachment in Mate Selection*. Paper presented at the meeting of the American Psychological Association, Honolulu, HI.
- Cocoli, E., Tandy, W. M., **Thoburn, J.**, Mattaino, A. & Melton, C. (July 2004). *Differentiation of self through differentiation to self: A proposed psycho-affective-epigenetic model*. Poster presented at the meeting of the American Psychological Association, Honolulu, HI.
- Thoburn, J.** (August, 2003). *Common factors in psychotherapy*. Paper presented at the meeting of the Association for Psychological Counseling, Madras, India.
- Buker-Parrott, T., **Thoburn, J.** & Prashantham, B.J. (August, 2003) *The International Psychological Partnership Project*. Annual conference of the Association for Psychological Counseling, Madras, India.
- Thoburn, J.** (March, 2000). *The Hazards of Sex in the Ministry*. Seattle Pacific University Pastors Conference.
- Thoburn, J.** (August, 1999). *Extramarital sexual behavior of male Protestant clergy*. Annual conference of the American Psychological Association, Boston, MA..
- Thoburn, J.** (August, 1999). *Treating the trauma of war*. Hospital Medica, Sarajevo, Bosnia.

Thoburn, J. (August, 1998). The relationship between clinical work and research. Annual conference of the American Psychological Association, San Francisco, CA..