

AMY MEZULIS
CURRICULUM VITAE
mezulis@spu.edu

PROFESSIONAL POSITIONS

Assistant Professor
2006-present
Seattle Pacific University
Department of Clinical Psychology

Courses taught:

- PSY 2470 (Development Across the Lifespan)
- PSY 4420 (Adolescent Development)
- CPY 7927 (Clinical Foundations I)
- CPY 7310 (Psychological Interventions I: Cognitive and Behavioral Therapy)
- CPY 7220 (Psychopathology)
- CPY 7230 (Cognition & Learning)
- CPY 7510 (Advanced Adolescent Psychopathology & Intervention)

Senior Fellow
2005-present
University of Washington
Psychiatry and Behavioral Sciences

Predocutorial Intern
2004-2005
VA Puget Sound Seattle Division

EDUCATION AND TRAINING

Licensed Clinical Psychologist (WA state; 2009-)

Ph.D. (2005) University of Wisconsin - Madison (Clinical Psychology)
M.S. (2002) University of Wisconsin - Madison (Clinical Psychology)
M.A. (1996) University of California - Berkeley (Political Science)
B.A. (1994) Harvard University (Government)

GRANTS AND AWARDS

2009-2010 Seattle Pacific University Faculty Research Grant (\$3500) to support Women ROCK, a pilot study examining the efficacy of a preventive intervention to prevent depressive symptoms among high-vulnerability women in the transition to college.

- 2008-2010 SPU School of Psychology, Family, and Community Faculty Research Grant (\$4000) to support the Stress and Coping Study, a prospective weekly diary study of stress, emotionality, cognition, and mood among 9th-12th graders.
- 2007-2010 National Association for Research in Schizophrenia and Depression Young Investigator Award (\$60,000; administered through University of Washington), to (1) support secondary analyses of the Developmental Pathways Project examining pathways to depression among 6th-9th graders and (2) fund a pilot study examining physiological correlates of negative emotionality and cognitive vulnerability to depression.
- 2004 APA Science Directorate Dissertation Award (\$1000)
American Psychological Association

PEER-REVIEWED PUBLICATIONS

- Mezulis, A.**, Funasaki, K., Charbonneau, A., & Hyde, J.S. (in press). Gender differences in the cognitive vulnerability-stress model of depression in the transition to adolescence. *Cognitive Therapy and Research*.
- Mezulis, A.**, Hyde, J.S., Charbonneau, A., & Simonson, J. (in press). Integrating affective, biological, and cognitive vulnerability models to explain the gender difference in depression: The ABC model and its implications for intervention. In T. Strauman, P. Costanzo, J. Garber, & L. Y. Abramson (editors), *Preventing Depression Among Adolescent Girls: A Multidisciplinary Approach*. Charlotte, NC: Duke University Press.
- Mezulis, A.**, & Funasaki, K. (2009). Modeling the gender difference in depression: A commentary on Cambron, Acitelli, and Pettit. *Sex Roles, 61*, 762-768.
- Charbonneau, A., **Mezulis, A.**, & Hyde, J.S. (2009). Stress and emotional reactivity as explanations for gender differences in adolescents' depressive symptoms. *Journal of Youth and Adolescence, 38*, 1050-1058.
- Hyde, J.S., **Mezulis, A.**, & Abramson, L.Y. (2008). The ABCs of depression: Integrating affective, biological, and cognitive models to explain the emergence of the gender difference in depression. *Psychological Review, 115*, 291-313.
- Mezulis, A.**, Hyde, J.S., & Abramson, L.Y. (2006). The developmental origins of cognitive vulnerability to depression: Temperament, parenting, and negative life events in childhood as contributors to negative cognitive style. *Developmental Psychology, 42*, 1012-1025.
- Mezulis, A.**, Abramson, L., Hyde, J.S., & Hankin, B.L. (2004). Is there a universal positivity bias in attributions? A meta-analytic review of individual, developmental, and cultural differences in the self-serving attributional bias. *Psychological Bulletin, 130*, 711-746.

- Mezulis, A.,** Hyde, J.S., and Clark, R. (2004). Father involvement moderates the effect of maternal depression in infancy on child behavior problems. *Journal of Family Psychology, 18,* 575-588.
- Mezulis, A.,** Abramson, L., and Hyde, J.S. (2002). Domain specificity of gender differences in rumination. *Journal of Cognitive Psychotherapy: An International Quarterly, 16,* 421-434.
- Hyde, J.S., & **Mezulis, A.** (2001). Gender difference research: Issues and critique. In J. Worrell (Ed.), *Encyclopedia of Gender.* New York: Academic Press.

MANUSCRIPTS IN PREPARATION

- Cox, S., **Mezulis, A.,** & Hyde, J.S. (under review). Testing a socialization model of rumination: Maternal feedback and gender role identity as predictors of the gender difference in rumination in adolescence. Revised and resubmitted to *Developmental Psychology,* October 2009.
- Mezulis, A.,** Funasaki, K., King, D., & Hyde, J.S. (under review). Negative cognitive style trajectories in the transition to adolescence: Prediction from temperament, parenting, stress, and gender.
- Mezulis, A.,** Simonson, J., McCauley, E., & Vander Stoep, A. (in preparation). Brooding, not reflection, mediates the relationship between temperament and depression in adolescence.

PRESENTATIONS

- Funasaki, K., **Mezulis, A.,** & Hyde, J.S. (June, 2009). *Negative cognitive style trajectories in the transition to adolescence: Prediction from temperament, parenting, stress, and gender.* Poster presented at the International Society for Research in Child and Adolescent Psychopathology Conference, Seattle, WA.
- Simonson, J., **Mezulis, A.,** McCauley, E., & Vander Stoep, A. (June, 2009). *Temperament, stress, and gender in the prediction of depression trajectories in the transition to adolescence.* Poster presented at the International Society for Research in Child and Adolescent Psychopathology Conference, Seattle, WA.
- Mezulis, A.,** McCauley, E., Vander Stoep, A., McCarty, C.M., & Smith, L. (April, 2009). *Do cognitive diatheses mediate or moderate the relationship between stress and depression in early adolescence?* Paper presented at the Society for Research in Child Development Convention, Denver, CO.
- Mezulis, A.,** Funasaki, K., King, D., Charbonneau, A., & Hyde, J.S. (April, 2009). *Predicting depression in the transition to adolescence: Gender differences in the cognitive vulnerability-stress model.* Paper presented at the Society for Research in Child Development Convention, Denver, CO.

- Hyde, J.S., **Mezulis, A.**, & Abramson, L.Y. (April, 2009). *The ABCs of depression: Integrating affective, biological, and cognitive models to explain the emergence of the gender difference in depression*. Paper presented at the Society for Research in Child Development Convention, Denver, CO.
- Cox, S., **Mezulis, A.**, & Hyde, J.S. (April, 2009). *Testing a socialization model of rumination: Maternal feedback and gender role identity as predictors of the gender difference in rumination in adolescence*. Paper presented at the Society for Research in Child Development Convention, Denver, CO.
- Charbonneau, A., **Mezulis, A.**, & Hyde, J.S. (August, 2008). *Gender differences in depression: The mediating effects of stress and the moderating effects of distress to negative life events*. Poster presented at the American Psychological Association Convention, Boston, MA.
- Hyde, J.S. & **Mezulis, A.** (2008, March). *The ABCs of depression: Integrating affective, biological, and cognitive models of depression to explain the emergence of the gender difference in depression*. Paper presented at the Society for Research in Adolescence Conference. Chicago, IL.
- Mezulis, A.**, Hyde, J.S., & Charbonneau, A.M. (2007, August). *Predicting depressive symptoms in young adolescents: Gender differences in the cognitive vulnerability-stress model*. Poster presented at the American Psychological Association Convention. San Francisco, CA.
- Charbonneau, A.M., **Mezulis, A.**, & Hyde, J.S. (2007, May). *Stressful life events in early and middle adolescence: Self-reported frequency and emotional impact by age and gender*. Poster presented at the School of Psychology, Family, and Community Annual Research Conference, Seattle Pacific University. Seattle, WA.
- Mezulis, A.**, Stone, A.L., Vander Stoep, A., & McCauley, E. (2006, October). *Understanding comorbidity: Variations in symptom profiles among young adolescents with depressive, conduct and comorbid problems*. Poster presented at the American Academy of Child and Adolescent Psychiatry Annual Meeting. San Diego, CA.
- Mezulis, A.**, Hyde, J.S., & Abramson, L.Y. (2005, August). *The developmental origins of cognitive vulnerability to depression*. Symposium paper presented at American Psychological Association Convention, Washington, DC.
- Mezulis, A.**, Abramson, L., and Hyde, J.S. (2003, April). *Domain specificity of gender differences in rumination*. Invited talk, Association of Women in Psychology Convention. Jersey City, NJ.
- Mezulis, A.**, Hyde, J.S., & Abramson, L.Y. (2003, April). *Can temperament provide protection against risk for depression? Relationships between temperament and cognitive style in middle childhood*. Poster presented at MacArthur Conference on Successful Pathways Through Middle Childhood. Washington, D.C.

- Hyde, J.S., Mezulis, A., & Else-Quest, N.** (2003). *Mother-child interactions during mathematics homework: Pathways to mathematics competence*. Poster presented at MacArthur Conference on Successful Pathways Through Middle Childhood. Washington, D.C.
- Abramson, L.Y., Hankin, B., **Mezulis, A.**, and Hyde, J.S. (2002). *Domains of cognitive vulnerability: Implications for the comorbidity of depression and bulimia*. Poster presented at Association for Advancement of Behavior Therapy. Reno, NV.
- Mezulis, A.**, Hyde, J.S., and Clark, R. (2001, April). *Father involvement and maternal depression in infancy: Impact on children's behavior problems in kindergarten*. Poster presented at Society for Research in Child Development Biennial Conference. Minneapolis, MN.
- Mezulis, A.**, Hyde, J.S., and Abramson, L. (2001, August). *Gender differences in cognitive style in children*. Poster presented at the American Psychological Association Annual Convention. San Francisco, CA.

MEMBERSHIPS AND AFFILIATIONS

Member:

- American Psychological Association (Divisions 7, 35, and 53)
- Society for Research in Child Development
- Society for Research in Adolescence
- International Society for Research in Child and Adolescent Psychopathology.

Ad-Hoc Reviewer:

- Developmental Psychology
- Journal of Abnormal Child Psychology
- Journal of the American Academy for Child and Adolescent Psychiatry
- Cognitive Therapy and Research
- Journal of Social and Clinical Psychology
- Cognition and Emotion
- Emotion
- Journal of Family Psychology
- Journal of Family Issues