

## Curriculum Vitae

### **STEVEN A. MAYBELL**

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#### **EDUCATION**

- Sept 1980 Doctor of Philosophy in Human Behavior / Counseling Psychology (Ph.D.)  
La Jolla University
- June 1976 Masters Degree in Social Work (M.S.W.)  
San Diego State University
- June 1972 Bachelor of Arts in Social Work (B.S.W.)  
California State University, Long Beach
- June 1970 Associate of Arts Degree (A.A.)  
Orange Coast College, Costa Mesa, CA

#### **POST-GRADUATE TRAINING**

- June 1983 Graduate, The Americas Institute of Adlerian Studies  
Certificate of Professional Studies in Adlerian Psychology - Clinicians Program

#### **SPECIAL TRAINING RECEIVED**

Have received training from Carl Rogers (Person-Centered Therapy), Virginia Satir (Family Therapy), Albert Ellis (Rational Emotive Behavior Therapy), William Glasser (Reality Therapy/Choice Theory), Victor Frankl, Rollo May, and Irving Yalom (Existential and Group Therapy), Francine Shapiro (EMDR), Peggy Pace (Lifespan Integration), David Epston (Narrative Therapy), Scott Miller and Barry Duncan (Institute for the Study of Therapeutic Change), Ken Hardy (Cultural Competence and Family Therapy for Oppressed Families), Kurt Adler, Heinz Ansbacher, Tee Dreikurs, Robert Powers, Frank Walton, Richard Royal Kopp, James Bitter, and Oscar Christensen (Adlerian Counseling and Therapy).

#### **CERTIFICATION AND LICENSURE**

- The American Association of Marriage and Family Therapy (AAMFT) - Approved Supervisor
- Licensed Marriage, Family Therapist (LMFT) - State of Washington
- Licensed Independent Clinical Social Worker (LICSW) - State of Washington
- Diplomate in Clinical Social Work - N.A.S.W.
- Mental Health Professional / Child Mental Health Specialist - State of Washington
- Diplomate in Adlerian Psychology – North American Society of Adlerian Psychology
- Diplomate in Professional Psychotherapy - I.A.B.M.C.P.

## **MEMBERSHIPS**

- American Association for Marriage and Family Therapy (AAMFT)
- Washington Association for Marriage and Family Therapy (WAMFT)
- North American Society of Adlerian Psychology – Past Board Member
- Puget Sound Adlerian Society
- San Diego Society of Adlerian Psychology - Founder and Past President

## **MISCELLANEOUS**

- Distinguished Service Award - San Diego County Board of Supervisors
- University of Washington School of Social Work – 2002 Outstanding Practicum Instructor of the Year Award (intern supervisor).
- Biographical Listings - *Who's Who Among Americas Teachers*  
*Who's Who Among Human Service Professionals*

## **AGENCY / ORGANIZATIONAL PRACTICE EXPERIENCE**

August, 2006 to Present: Seattle Pacific University, Seattle, WA

Director of the Student Counseling Center - Administrative and clinical oversight to the University's counseling center. Provide clinical supervision to professional counseling staff, administrative staff, and professional interns. Provide professional assessments and individual, couple, family, and group therapy and crisis intervention to students and family members. Participate in University wide events, including student and parent orientation, training of faculty and staff, and as a member of the Office of Student Life Director's Team.

July, 1996 to 2006: Youth Eastside Services, Bellevue, WA

Director of Clinical Programs - A senior administrative position with duties in the areas of clinical management of the agency's youth and family therapy services department, program development, management and evaluation, supervision of clinical program managers and clinical counseling staff, practicum supervisor for graduate counseling and social work interns, in-service training, grant writing, contract administration, marketing, public relations & agency administration.

June, 1975 to 1996: North County Lifeline, Vista, CA

1988 to 1996, Director of Counseling Services - Responsible for program development, program management and evaluation, supervision of staff and graduate interns, staff training, grant writing, public relations and agency administration.

From 1978 to 1988, Program Director - Responsibilities incorporated all areas of agency direct service operations including program development, management and evaluation, grant writing, staff training, supervision of staff and graduate interns, community education and public relations.

From 1975 to 1978, Casework Counselor - Responsibilities included counseling services to agency clientele, crisis- intervention, case management, client advocacy, community education and group counseling services.

## **PRIVATE PRACTICE EXPERIENCE**

October 1982 to Present:

Provide counseling and psychotherapy services to adults, children, adolescents, couples and families, parent education classes to parents, and clinical consultation services to professional counselors, therapists, psychologists, and clinical social workers.

## **FACULTY AND TEACHING POSITIONS**

Seattle Pacific University – 2007 to Present – Adjunct faculty and practicum supervisor in the marriage and family therapy graduate department.

The Adler School of Professional Psychology – Vancouver, BC – 2004 to Present – Adjunct faculty teaching various courses to masters level counseling students, including: Introduction to Psychotherapy and Adlerian Family Counseling.

The Institute of Adlerian Counseling and Therapy – 1999 to Present – Teach three course certificate program based on Adlerian Psychology for MFT's, Clinical Social Workers, School Counselors, and Psychologists through the Adlerian Society's in Washington, Idaho, and Southern California.

The Americas Institute of Adlerian Studies (Vista, CA) - 1983 to 1996 - Director of Professional Studies and core teaching responsibilities for successful institute comprised of students and professionals in the MFT, Clinical Social Work and Psychology fields. Duties included student recruitment, program organization, and teaching of a three course curriculum in Adlerian Psychology.

Palomar College (San Marcos, CA) - 1977 to 1996 - Teaching assignments included two courses in the Psychological and Social Services Program: (1) Introduction to Psychological and Social Services - A course covering the human service field, interviewing techniques and counseling models. (2) Field Experience in Psychological and Social Services - A practicum course providing group supervision and support related to student field placement activities. Duties included coordination and liaison with field placement sites and group clinical supervision.

The Professional School for Psychological Studies (Vista, CA) - 1984-1990 – Graduate level teaching assignments of MFT and Psychology students included the following courses: (1) Theories of Counseling and Psychotherapy, (2) Counseling Skills Development, (3) Ethics and Laws for Therapists, and (3) Advanced Applications of Adlerian Psychology.

## **PART-TIME ASSIGNMENTS**

Counseling Supervisor/Program Coordinator- Student Health Services, Palomar College - 1988 to 1991 - Founded, developed and managed a clinical counseling program offering individual, couple, family and group counseling services to college students and their families.

Family Counselor - Family Service Association - 1981 and 1982 - Provided counseling services to adults, children, adolescents and families.

Clinical Consultant - San Diego Home Patient Care - 1979 to 1986 - Provided case consultation to medical and social work staff. Provided psycho-social assessment and case management services to older adults and their families.

Oral Examination Commissioner - State of California Board of Behavioral Science Examiners - 1981 to 1996 - Commissioner for the marriage and family therapy and clinical social work examination.

## **PROFESSIONAL PRESENTATIONS**

A wide variety of presentations made in the community, at professional conferences, and through professional associations over a 30 year period. Examples include keynote speaker for the annual family and community conference for St. Luke's Regional Hospital in Sun Valley, Idaho, annual presentations on topics ranging from "Working with Parents in Family Therapy", "Couples Therapy", "Calming the Family Storm", "Raising Respectful Kids in a Rude World", "Transformation in Therapy", and "Introduction to Adlerian Psychology" for the North American Society of Adlerian Psychology, featured presentation for the Idaho Society of Individual Psychology annual conference on "Parenting to Violence Proof our Kids", annual presentations for the Puget Sound Adlerian Society on topics ranging from "18,000 Session Later – Lessons Learned from One Adlerian Therapist" to "Reprocessing Therapy – Integrating EMDR and Lifespan Integration into Therapy".

## **MILITARY SERVICE**

1972 to 1974 - U.S. Army, Fort Polk Louisiana - Social Work/Psychology Specialist. Work settings - Mental Hygiene Clinic and The Child Guidance Clinic - under the supervision of a psychiatrist, psychologist and social worker, provided diagnostic evaluations and counseling and psychotherapy services to adults, children, families and groups. Honorable discharge.

## **PROFESSIONAL INTERNSHIPS**

Bachelor's Internship - Long Beach Probation Department - Provided assessment, court recommendations and counseling services to adult and juvenile probationers.

Master's Internship - Lemon Grove Junior High School - Involved in all aspects of school social work and counseling.

Doctoral Internship - Cedar Community Center - Provided counseling, psychotherapy and social services to an older adult population and case consultation to agency counselors, social workers and graduate interns.

## **THESIS AND DISSERTATION**

- Master's Thesis - *Family Support Through Family Networking*
- Doctoral Dissertation - *Humanistic Systems Theory and Humanistic Counseling: An Eclectic Approach*

## **PUBLICATIONS**

- *Calming the Family Storm* with Gary McKay, Impact Publishers, 2004.
- *Raising Respectful Kids in a Rude World*, co-author with Gary and Joyce McKay, PRIMA/Random House, 2001.
- *Parenting: a New Tradition*, Published by Lifeline Community Services, 1986
- Journal Articles – published in the *Journal of Adlerian Theory, Research and Practice*