

John W. Thoburn Ph.D., ABPP

Present Positions:

Associate Professor (tenure track)

Department of Graduate Psychology
Seattle Pacific University
3307 third Ave. West
Seattle, WA 98119

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Family and Consulting Psychology
Bellevue, WA

Phone: 206-919-6565

Prior Professional Positions:

Family and Consulting Psychology

Seattle, WA

Individual, couple and family psychotherapy; child, adolescents, adults; supervision of therapists; consultation.

1989 - Present

Associate Professor (non-tenure track)

Department of Graduate Psychology
Seattle Pacific University

1999 – 2006

Director of Clinical Services

Seattle Pacific University Counseling Center
3307 Third Ave. West
Seattle, WA 98119

Director of a multi-disciplinary university counseling center serving student and community populations; director of counseling center's pre-doctoral and MFT internship training programs; SPU's urban clinic and developing an international psychology program.

1999 - 2003

Internship Coordinator

Dept. of Marriage & Family Therapy
Seattle Pacific University,
3307 Third Ave. West
Seattle, WA 98119

Part time position; responsible for off campus placement and oversight of marriage and family therapy interns; intern supervision.

1997- 1999

Director of Clinical Training

Dept. of Clinical Family Psychology
Seattle Pacific University,
3307 Third Ave. West
Seattle, WA 98119

Part time position; responsible for the development of the SPU clinical psychology pre-doctoral internship program; created the Seattle Pacific University Pre-doctoral Internship Consortium.

1996 - 1998

Professional Credentials

Licensed Psychologist: Washington State board	WA #PY 1823	1994
Diplomate in Family Psychology, American Board of Professional Psychology (ABPP)		2002
Licensed Marital & Family Therapist in Washington	WA # LF 1362	1990
Approved Supervisor, American Association for Marriage and Family Therapy (AAMFT)		

Professional Affiliations

Fellow of the American Psychological Association
 Division 43 of APA, Family Psychology
 American Board of Professional Psychology
 American Association for Marriage and Family Therapy
 Washington Association for Marriage and Family Therapy

Association Positions

Co-chair, Division 43 Hospitality Suite, 1998 APA Conference	1998
Co-chair, Division 43 Program, 1999 APA Conference	1999
Chair, Division 43 Membership Committee, APA	2000 - 2003
Editor Academy of Family Psychology Newsletter	2003 – 2005
Treasurer of Division 43	2004 - 2006
President , Academy of Couple and Family Psychology	Current
President-elect, Society for Family Psychology	Current

Formal Education:

Psychology post doctoral Internship Evergreen Park Professionals/ Minirth-Meier Inpatient Program Seattle, WA	1992 - 1993
1991 Ph.D. Fuller Graduate School of Psychology Pasadena, CA (Marital & Family Therapy/Family Psychology)	1986 - 1991
1984 M.Div. Fuller Theological Seminary Pasadena, CA (Marital/Family Counseling)	1982 - 1984
1976 B.A. University of Kansas Lawrence, Ks.	1971 - 1976

Grants and Funding Awards

<u>Bridges Center for Individual And Family Development</u> Seattle Foundation: \$10,000.00	1999
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Manuscripts in Preparation

Thoburn, J. W., Bentley, J. A., & Ahmad, Z. S. International disaster psychology and social justice: A systems perspective. (To be submitted to the journal *Trauma: The International Journal*).

Thoburn, J. W., Stewart, A., Shelly, L., Gunn, G., Ahmad, Z & Hagen, A. Indigenous psychological first aid teams in disaster psychology. (To be submitted to the *Journal of Psychological Trauma*).

Thoburn, J. W., Stewart, A. & Shelly, L. Flexible psychological first aid. (To be submitted to the *Journal of Psychological Trauma*).

Articles Submitted for Publication

Thoburn, J. W., Hoffman-Robinson, G., Shelley, L. & Sayre, G. Collaborative treatment for the psychosomatic couple. *The Family Journal* (revision submitted).

Published Scholarly Articles and Book Chapters

Thoburn, J. W., Hoffman-Robinson, G., Shelly, L. & Hagen, A. (2008). Family psychology clinical practice. In J. Bray, & M. Stanton (Eds.) *The Blackwell handbook of family psychology*. UK: Blackwell Publishing, Chapter 14, (in press).

Thoburn, J.W., Tandy, W.M., Bentley, J. & Stewart, A. (2007). Crossroads in family and disaster psychology. *The Family Psychologist*, V 23, 2 (pp. 4-7).

Thoburn, J. W. & Whitman, D. M. (2004). Clergy affairs: Emotional investment, longevity of relationship and affair partners. *Journal of Pastoral Psychology*, 52(4), 491-506.

Thoburn, J. W. & Hammond-Meyer, A. (2004). Eating disorders. In F. Kline, & L. B. Silver (Eds.) *The educator's guide to mental health issues in the classroom*. Baltimore: Brookes Publishing, pp. 141-170.

Thoburn, J.W. & Balswick, J.O. (1998) Demographic data on extra-marital sexual behavior in ministry. *Journal of Pastoral Psychology*, V. 25, 1.

Thoburn, J.W. & Balswick, J.O. (1994) An evaluation of infidelity among male Protestant clergy. *Journal of Pastoral Psychology*. V. 42, 4.

Thoburn, J.W. & Balswick, J.O. (1993) A prevention approach to infidelity among male Protestant clergy. *Journal of Pastoral Psychology*. V. 42, 1.

Balswick, J.O. & Thoburn, J.W. (1991) How ministers deal with sexual temptation. *Journal of Pastoral Psychology*. V. 40, 2.

Selected Presentations

- Thoburn, J., Gerrish, W. & Gunn, G. (2008, September). Incarnational psychotherapy. Paper presented to the Society for Christian Psychologists, Chicago.
- Kaslow, F., Thoburn, J. & Heldring, M. (2008, August). *Therapists without borders*. Roundtable presentation at the annual meeting of the American Psychological Association.
- Gilchrist, G. & Thoburn, J. (2008). *Drive for muscularity and reasons for exercise among bodybuilders*. Presentation at the annual meeting of the American Psychological Association.
- Ahmad, Z. S., Bentley, J. A., Perry, K. L., McBrearty, M., & Thoburn, J. (2008, April). *The psychological effects of war and political violence on children globally*. In Z. S. Ahmad (Chair) Psychological Effects of Man-Made Disasters of Children Worldwide. Symposium conducted at annual meeting of the Western Psychological Association, Irvine, C.A.
- Bentley, J.A., Ahmad, Z. S., Perry, K. L., McBrearty, M., & Thoburn, J. (2008, April). *The impact of trauma and displacement on the psychological wellbeing of refugee and asylum seeking children worldwide*. In Z. S. Ahmad (Chair) Psychological Effects of Man-Made Disasters of Children Worldwide. Symposium conducted at annual meeting of the Western Psychological Association, Irvine, C.A.
- Perry, K. L., Ahmad, Z. S., Bentley, J. A., McBrearty, M., & Thoburn, J. (2008, April). *The psychological effects of terrorism on children worldwide*. In Z. S. Ahmad (Chair) Psychological Effects of Man-Made Disasters of Children Worldwide. Symposium conducted at annual meeting of the Western Psychological Association, Irvine, C.A.
- McBrearty, M., Ahmad, Z. S., Bentley, J. A., Perry, K. L., & Thoburn, J. (2008, April). *The psychological effects of genocide on children globally*. In Z. S. Ahmad (Chair) Psychological Effects of Man-Made Disasters of Children Worldwide. Symposium conducted at annual meeting of the Western Psychological Association, Irvine, C.A.
- Thoburn, J.W., Bentley, J.A. & Ahmad, Z. *International disaster psychology and social justice: A systems perspective*. Presentation at the annual meeting of the American Psychological Association, San Francisco, California, August, 2007.
- Ahmad, Z., Bentley, J. A., & Thoburn, J.W. *Psychosocial implications of blast-related traumatic brain injury*. Poster presentation at the annual Seattle Pacific University School of Psychology, Family & Community conference, Seattle, WA, June, 2007.
- Bentley, J.A., Ahmad, Z. & Thoburn, J.W. *Combat-related polytrauma and its impact on the families of veterans*. Paper presentation at the annual conference of the Western Psychological Association, Vancouver, British Columbia, May 2007.
- Thoburn, J.W., Tandy, W.M. & Bentley, J.A. *Family systems and disaster psychology*. Paper presentation at the annual convention of the International Academy of Family Psychology, Cardiff, Wales, June 2006.
- Gilchrist, G. A., & Thoburn, J. Proposed theoretical framework--Drive for Muscularity and Reasons for Exercise among Bodybuilders, Factors that Influence who becomes a Male Bodybuilder: What You See is What You Fret. Paper presented at the 3rd annual meeting of the *SPFC (School of Psychology, Family, and Community) Research Conference*, Seattle, WA, June, 2005.
- Thoburn, J., Mattaino, A., Melton, C., Cocoli, E., & Tandy, W. M. *Romantic Imprinting and Secondary Attachment in Mate Selection*. Paper presented at the meeting of the American Psychological Association, Honolulu, HI, July, 2004.

- Cocoli, E., Tandy, W. M., Thoburn, J., Mattaino, A. & Melton, C. *Differentiation of self through differentiation to self: A proposed psycho-affective-epigenetic model*. Poster presented at the meeting of the American Psychological Association, Honolulu, HI, July 2004.
- Thoburn, J. *Common factors in psychotherapy*. Paper presented at the meeting of the Association for Psychological Counseling, Madras, India, August, 2003.
- Buker-Parrott, T., Thoburn, J. & Prashantham, B.J. (Invited Address) *The International Psychological Partnership Project*. Annual conference of the Association for Psychological Counseling, Madras, India, August, 2003.
- Thoburn, J. (Invited address). *The Hazards of Sex in the Ministry*. Seattle Pacific University Pastors Conference, March, 2000.
- Thoburn, J. (Poster presentation). *Extramarital sexual behavior of male Protestant clergy*. Annual conference of the American Psychological Association, Boston, MA., August, 1999.
- Thoburn, J. (Workshop series). *Treating the trauma of war*. Hospital Medica, Sarajevo, Bosnia, August, 1999.
- Thoburn, J. (Panel presentation). *The relationship between clinical work and research*. Annual conference of the American Psychological Association, San Francisco, CA., August, 1998.