

**AMY MEZULIS**  
**CURRICULUM VITAE**  
[mezulis@spu.edu](mailto:mezulis@spu.edu)

**PROFESSIONAL POSITIONS**

Assistant Professor                      Seattle Pacific University  
2006-present                              Department of Clinical Psychology

Courses taught:

- PSY 2470 (Development Across the Lifespan)
- PSY 4420 (Adolescent Development)
- CPY 7927 (Clinical Foundations)
- CPY 7310 (Cognitive-Behavioral Therapy)
- CPY 7220 (Psychopathology)
- CPY 7230 (Cognition & Learning)
- CPY 7510 (Advanced Adolescent Psychopathology & Intervention)

Senior Fellow                              University of Washington  
2005-present                              Psychiatry and Behavioral Sciences

Predocctoral Intern                      VA Puget Sound Seattle Division  
2004-2005

**EDUCATION AND TRAINING**

Ph.D. (2005)                              University of Wisconsin - Madison (Clinical Psychology)  
M.S. (2002)                              UW-Madison (Clinical Psychology)  
M.A. (1996)                              University of California - Berkeley (Political Science)  
B.A. (1994)                              Harvard University (Government)

**GRANTS AND AWARDS**

2008-2009                              SPFC Faculty Research Grant (\$4000)

2007-2009                              National Association for Research in Schizophrenia and Depression  
Young Investigator Award (\$60,000; Administered through University  
of Washington)

2004    Dissertation Award (\$1000)  
American Psychological Association

- 2002-2003            Advanced University Fellowship (\$15,000)  
University of Wisconsin - Madison
- 1999-2001            University Prize Fellowship (\$14,000 annually)  
University of Wisconsin - Madison

#### **PEER-REVIEWED PUBLICATIONS**

- Mezulis, A.**, Hyde, J.S., Charbonneau, A., & Simonson, J. (in press). Integrating affective, biological, and cognitive vulnerability models to explain the gender difference in depression: The ABC model and its implications for intervention. In T. Strauman, P. Costanzo, J. Garber, & L.Y. Abramson (editors), *Preventing Depression Among Adolescent Girls: A Multidisciplinary Approach*. Charlotte, NC: Duke University Press.
- Charbonneau, A., **Mezulis, A.**, & Hyde, J.S. (in press). Stress and emotional reactivity as explanations for gender differences in adolescents' depressive symptoms. *Journal of Youth and Adolescence*.
- Hyde, J.S., **Mezulis, A.**, & Abramson, L.Y. (2008). The ABCs of depression: Integrating affective, biological, and cognitive models to explain the emergence of the gender difference in depression. *Psychological Review*, *115*, 291-313.
- Mezulis, A.**, Hyde, J.S., & Abramson, L.Y. (2006). The developmental origins of cognitive vulnerability to depression: Temperament, parenting, and negative life events in childhood as contributors to negative cognitive style. *Developmental Psychology*, *42*, 1012-1025.
- Mezulis, A.**, Abramson, L., Hyde, J.S., & Hankin, B.L. (2004). Is there a universal positivity bias in attributions? A meta-analytic review of individual, developmental, and cultural differences in the self-serving attributional bias. *Psychological Bulletin*, *130*, 711-746.
- Mezulis, A.**, Hyde, J.S., and Clark, R. (2004). Father involvement moderates the effect of maternal depression in infancy on child behavior problems. *Journal of Family Psychology*, *18*, 575-588.
- Mezulis, A.**, Abramson, L., and Hyde, J.S. (2002). Domain specificity of gender differences in rumination. *Journal of Cognitive Psychotherapy: An International Quarterly*, *16*, 421-434.
- Hyde, J.S., & **Mezulis, A.** (2001). Gender difference research: Issues and critique. In J. Worrell (Ed.), *Encyclopedia of Gender*. New York: Academic Press.

## MANUSCRIPTS IN PREPARATION

Cox, S., **Mezulis, A.**, & Hyde, J.S. (under review). Testing a socialization model of rumination: Maternal feedback and gender role identity as predictors of the gender difference in rumination in adolescence.

**Mezulis, A.**, Funasaki, K., King, D., Charbonneau, A., & Hyde, J.S. (under review). Predicting depression in the transition to adolescence: Gender differences in the cognitive vulnerability-stress model.

**Mezulis, A.**, Funasaki, K., King, D., & Hyde, J.S. (under review). Negative cognitive style trajectories in the transition to adolescence: Prediction from temperament, parenting, stress, and gender.

**Mezulis, A.**, McCauley, E., Vander Stoep, A., McCarty, C.M., & Smith, L. (in preparation). Do cognitive diatheses moderate or mediate the relationship between stress and depression in the transition to adolescence?

**Mezulis, A.**, McCauley, E., Vander Stoep, A., & Simonson, J. (in preparation). Temperament, stress, and gender in the prediction of depression trajectories in the transition to adolescence.

**Mezulis, A.**, McCauley, E., Vander Stoep, A., & Gudmundsen, G. (in preparation). Testing rumination in a vulnerability-stress model of depression in middle adolescence.

## PRESENTATIONS

Funasaki, K., **Mezulis, A.**, & Hyde, J.S. (June, 2009). *Negative cognitive style trajectories in the transition to adolescence: Prediction from temperament, parenting, stress, and gender.* Poster to be presented at the International Society for Research in Child and Adolescent Psychopathology Conference, Seattle, WA.

Simonson, J., **Mezulis, A.**, McCauley, E., & Vander Stoep, A. (June, 2009). *Temperament, stress, and gender in the prediction of depression trajectories in the transition to adolescence.* Poster to be presented at the International Society for Research in Child and Adolescent Psychopathology Conference, Seattle, WA.

**Mezulis, A.**, McCauley, E., Vander Stoep, A., McCarty, C.M., & Smith, L. (April, 2009). *Do cognitive diatheses mediate or moderate the relationship between stress and depression in early adolescence?* Paper presented at the Society for Research in Child Development Convention, Denver, CO.

**Mezulis, A.**, Funasaki, K., King, D., Charbonneau, A., & Hyde, J.S. (April, 2009). *Predicting depression in the transition to adolescence: Gender differences in the*

- cognitive vulnerability-stress model*. Paper presented at the Society for Research in Child Development Convention, Denver, CO.
- Hyde, J.S., **Mezulis, A.**, & Abramson, L.Y. (April, 2009). *The ABCs of depression: Integrating affective, biological, and cognitive models to explain the emergence of the gender difference in depression*. Paper presented at the Society for Research in Child Development Convention, Denver, CO.
- Cox, S., **Mezulis, A.**, & Hyde, J.S. (April, 2009). *Testing a socialization model of rumination: Maternal feedback and gender role identity as predictors of the gender difference in rumination in adolescence*. Paper presented at the Society for Research in Child Development Convention, Denver, CO.
- Charbonneau, A., **Mezulis, A.**, & Hyde, J.S. (August, 2008). *Gender differences in depression: The mediating effects of stress and the moderating effects of distress to negative life events*. Poster presented at the American Psychological Association Convention, Boston, MA.
- Hyde, J.S. & **Mezulis, A.** (2008, March). *The ABCs of depression: Integrating affective, biological, and cognitive models of depression to explain the emergence of the gender difference in depression*. Paper presented at the Society for Research in Adolescence Conference. Chicago, IL.
- Mezulis, A.**, Hyde, J.S., & Charbonneau, A.M. (2007, August). *Predicting depressive symptoms in young adolescents: Gender differences in the cognitive vulnerability-stress model*. Poster presented at the American Psychological Association Convention. San Francisco, CA.
- Charbonneau, A.M., **Mezulis, A.**, & Hyde, J.S. (2007, May). *Stressful life events in early and middle adolescence: Self-reported frequency and emotional impact by age and gender*. Poster presented at the School of Psychology, Family, and Community Annual Research Conference, Seattle Pacific University. Seattle, WA.
- Mezulis, A.**, Stone, A.L., Vander Stoep, A., & McCauley, E. (2006, October). *Understanding comorbidity: Variations in symptom profiles among young adolescents with depressive, conduct and comorbid problems*. Poster presented at the American Academy of Child and Adolescent Psychiatry Annual Meeting. San Diego, CA.
- Mezulis, A.**, Hyde, J.S., & Abramson, L.Y. (2005, August). *The developmental origins of cognitive vulnerability to depression*. Symposium paper presented at American Psychological Association Convention, Washington, DC.

**Mezulis, A.,** Abramson, L., and Hyde, J.S. (2003, April). *Domain specificity of gender differences in rumination.* Invited talk, Association of Women in Psychology Convention. Jersey City, NJ.

**Mezulis, A.,** Hyde, J.S., & Abramson, L.Y. (2003, April). *Can temperament provide protection against risk for depression? Relationships between temperament and cognitive style in middle childhood.* Poster presented at MacArthur Conference on Successful Pathways Through Middle Childhood. Washington, D.C.

**Hyde, J.S., Mezulis, A.,** & Else-Quest, N. (2003). *Mother-child interactions during mathematics homework: Pathways to mathematics competence.* Poster presented at MacArthur Conference on Successful Pathways Through Middle Childhood. Washington, D.C.

Abramson, L.Y., Hankin, B., **Mezulis, A.,** and Hyde, J.S. (2002). *Domains of cognitive vulnerability: Implications for the comorbidity of depression and bulimia.* Poster presented at Association for Advancement of Behavior Therapy. Reno, NV.

**Mezulis, A.,** Hyde, J.S., and Clark, R. (2001, April). *Father involvement and maternal depression in infancy: Impact on children's behavior problems in kindergarten.* Poster presented at Society for Research in Child Development Biennial Conference. Minneapolis, MN.

**Mezulis, A.,** Hyde, J.S., and Abramson, L. (2001, August). *Gender differences in cognitive style in children.* Poster presented at the American Psychological Association Annual Convention. San Francisco, CA.

## **MEMBERSHIPS AND AFFILIATIONS**

*Member,* American Psychological Association; Society for Research in Child Development; Society for Research in Adolescence; International Society for Research in Child and Adolescent Psychopathology.

*Ad-Hoc Reviewer:* Cognition and Emotion; Emotion; Journal of Family Psychology; Developmental Psychology; Journal of Abnormal Child Psychology; Journal of the American Academy for Child and Adolescent Psychiatry; Cognitive Therapy and Research; Journal of Social and Clinical Psychology.