

## ROBIN F. GRAY

### Work

Private Practice  
2450 - 33<sup>rd</sup> Ave. W., Suite 100  
Seattle, WA 98199  
(206)285-1877

### EDUCATION

- 1992      Ph.D., Marriage and Family Therapy (accredited by AAMFT),  
Florida State University, Tallahassee, FL.
- 1981      M.S., Health Education, University of Washington, Seattle, WA.
- 1978      B.A., Health Education, University of Washington, Seattle, WA.

### CERTIFICATIONS

Certified Marriage and Family Therapist #20000799, Washington State Board of  
Professional Regulation

Clinical Member, American Association for Marriage and Family Therapy

Approved Supervisor, American Association for Marriage and Family Therapy

### PROFESSIONAL EXPERIENCE

- 1999 -      Marriage and Family Therapist, Private Practice. Provide  
present      individual, couple, and family counseling in a collaborative setting  
with primary care physicians. Provide consultation and training in  
family systems, sexuality, and health education and promotion.
- 1990 -      Marriage and Family Therapist, Providence Medical Group  
1999      Magnolia, Seattle, WA: Provide individual, couple, and family  
counseling in a collaborative setting with primary care physicians.  
Provide consultation and training in family systems, sexuality, and  
health education and promotion.

- 1995-  
Present      Adjunct Professor, Seattle Pacific University, Seattle, WA: Provide individual and group supervision to master's level counselors-in-training; teach the graduate level course Practicum; supervised reflecting team to master's level counselors-in-training; taught the graduate level course Group Counseling.
- 1999          Lecturer, Western Washington University, Mountlake Terrace, WA: Taught the graduate level course Group Counseling.
- 1989 -  
1990      Marriage and Family Therapist, Southeast Family Institute, Tallahassee, FL. Provided individual, couples, and family counseling. Provided consultation and training in family systems, sexuality, and sexual decision-making.
- 1986 -  
1988      Marriage and Family Therapist in Training, Florida State University Marriage and Family Therapy Center, Tallahassee, FL. Under AAMFT approved clinical supervision, provided over 500 client contact hours of counseling services to individuals, couples, and families.
- 1983 -  
1984      Training Specialist, The Training Institute, Planned Parenthood of Wisconsin, Madison, WI. Planned and developed training policies and protocols for The Training Institute. Planned, marketed, organized, implemented, and evaluated training programs for professionals in the areas of human sexuality, family planning, and population issues.
- 1981 -  
1983      Community Educator and Counselor, Planned Parenthood of Wisconsin -- Dane, Sauk, and Columbia Counties Chapter, Madison, WI. Developed, implemented and evaluated training and education programs in the areas of human sexuality, contraceptive behaviors, and parenting. Provided classroom education on human sexuality, contraception, and decision-making in Dane County schools. Provided pregnancy and crisis counseling for patients. Wrote annual departmental operational plans and budget, developed a mechanism for obtaining reimbursement for educational services, and identified additional funding sources. Recruited, trained, and supervised interns and volunteers.
- 1978 -  
1980      Laboratory Supervisor, Phlebotomy Team, University Hospital, Seattle, WA. Had direct supervisory responsibility for 35 blood drawers, all incoming lab specimens, hiring, firing, training, scheduling, and interdepartmental relations. Responsible for training medical students and medical technology students.

1978 - Health Education Intern, Consultant, Boeing Company, Seattle, WA. Implemented and evaluated an employee weight control program. Facilitated small groups and taught classes. Designed initial and follow-up questionnaire for evaluation, and analyzed results. Performed initial planning of smoking cessation program. Interviewed several community-based, smoking cessation programs to determine effectiveness and feasibility for implementation in a corporate setting.

## **PUBLICATIONS**

Gray, R. F. (1992). Sexual satisfaction and childbirth: A treatment study (Doctoral dissertation, Florida State University, 1992). Dissertation Abstracts International, 53/06, 3206B.

Johnson, K. L., Gray, R. F., & Ososkie, J. N. (1991). A systems perspective on sexuality and alcohol abuse: Considerations for treatment providers. Journal of Applied Rehabilitation Counseling, 22, 36 - 39.

## **PRESENTATIONS**

"Strategies for sexual decision-making for developmentally disabled clients." Paper presented at the annual meeting of the American Association of Counseling and Development, New Orleans, LA (April, 1987).

"Sexuality and substance abuse: A systems perspective." Workshop presented at the Institute on Confronting Addiction Within the Family, Graduate School of the University of South Carolina, Spartanburg, SC (June, 1987).

"Developmentally disabled clients at risk: Sexual decision-making." Paper presented at the annual meeting of the National Rehabilitation Association, New Orleans, LA (November, 1987).

"A family systems approach to health and chronic illness." Paper presented at the annual meeting of the Florida Council on Family Relations, Clearwater Beach, FL (May, 1988).

"Sexuality and substance abuse: A systems perspective." Workshop presented at the Institute on Families, Substance Abuse, and Law Enforcement, Graduate School of the University of South Carolina, Columbia, SC (April, 1989).

"Sex education in special education: A social problem-solving approach." Paper presented at the 5th Pan American Conference on Rehabilitation and Special Education, South Padre Island, TX (April, 1990).

"Preparation for the Washington State Marriage and Family Therapy Certification Exam." Workshop facilitated bi-annually in Seattle, WA (March, 1994; September, 1994; March, 1995; September, 1995; March, 1996;

September, 1996; March 1997; March, 1998; September, 1998; March, 1999; September, 1999; March 2000; September 2000; March, 2001).

“Questions to ask, things to do.” Workshop presented at the 8<sup>th</sup> Annual Alumni Meeting for MFT Graduate Training Program, Presbyterian Counseling Service, Seattle, WA (September, 1995).

“Tracking curriculum change.” Workshop presented at Collaboration Between Primary Care and Mental Health, Continuing Medical Education, University of Washington Medical School, Seattle, WA (September, 1996).

“The story of one department’s growth from within.” Workshop presented at the annual meeting of Collaborative Family Healthcare, National Institutes of Health, Bethesda, MD (February, 1997).

“Narrative therapy and MPD: A live case study.” Presentation to the American Association of Marriage and Family Therapy Conference with Michael White, Bellevue, WA (March, 1999).

## **PROFESSIONAL AFFILIATIONS**

American Association for Marriage and Family Therapy  
Washington Association for Marriage and Family Therapy, Treasurer  
Collaborative Family Health Care Coalition  
Washington Chapter of Collaborative Family Health Care Coalition