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Seattle Pacific
UNIVERSITY

Health Fitness (P-12) Required Courses

Total Credits Required

Course #	Title of Course	Credits	Format
PES 5051	Foundations and Methods	4	SPU Campus Summer quarter each year
PES 5055	Movement Applications for Special Populations	3	SPU Campus Autumn quarter each year, Oct-Dec
PES 5056	Alternative Sports and Games	2	SPU Campus Summer quarter each year
PES 5067	Teaching Health & Wellness	4	SPU Campus Summer quarter, every other (2010)
PES 5065	Scientific Application	4	SPU campus Summer quarter, every other (2011)
EDCN 5730*	Field Experience/PPA	5	Arranged Available Autumn, Winter & Spring quarters
TOTAL CREDITS FOR REQUIRED COURSES		22	

Candidates will be required to successfully complete a college/university Anatomy and Physiology course (5 quarter credits) or an Anatomy course plus a Physiology course (5 quarter credits each if they are not offered together) within the last 10 years.

* Before a candidate can enroll in the Field Experience/PPA, passing scores must be received at SPU for the WEST-E test.