



Engaging the culture, changing the world.

**Seattle Pacific**  
UNIVERSITY

## Health Fitness (P-12) Required Courses

Total Credits Required

<b>Course #</b>	<b>Title of Course</b>	<b>Credits</b>	<b>Format</b>
<b>PES 5051</b>	Foundations and Methods	4	SPU Campus Summer quarter each year
<b>PES 5055</b>	Movement Applications for Special Populations	3	SPU Campus Autumn quarter each year, Oct-Dec
<b>PES 5056</b>	Alternative Sports and Games	2	SPU Campus Summer quarter each year
<b>PES 5067</b>	Teaching Health & Wellness	4	SPU Campus Summer quarter, every other (2010)
<b>PES 5065</b>	Scientific Application	4	SPU campus Summer quarter, every other (2011)
<b>EDCN 5730*</b>	Field Experience/PPA	5	Arranged Available Autumn, Winter & Spring quarters
<b>TOTAL CREDITS FOR REQUIRED COURSES</b>		<b>22</b>	

***Candidates will be required to successfully complete a college/university Anatomy and Physiology course (5 quarter credits) or an Anatomy course plus a Physiology course (5 quarter credits each if they are not offered together) within the last 10 years.***

\* Before a candidate can enroll in the Field Experience/PPA, passing scores must be received at SPU for the WEST-E test.