

**Living Well Application  
Dickinson Fellowship Program  
2011-2012**

**Purpose:** The purpose of this fellowship is to provide training and funds for tuition and related educational expenses to undergraduate and graduate students in the School of Psychology, Family and Community and the School of Health Sciences who have a calling to work with persons and their families who are impacted by severe and persistent mental health conditions.

**Award:** This is a one time award. The award amounts for the 2010-2011 academic year cover tuition, fees and related educational expenses up to the amounts listed below. Awards are based on the full time vs. part time status of the student and therefore may not be for the entire amount listed below

Doctoral Student in Psychology (2): \$6,500.00  
Marriage and Family Therapy Masters Student (2): \$6,500.00  
Masters of Science in Nursing (2): \$6,500.00  
Bachelors of Science or Arts in Psychology (2): \$3,000.00  
Bachelors of Science in Nursing (2): \$3,000.00

Application Deadline for 2011-2012 award: April 1, 2011. All materials including references must be placed in one sealed envelope and submitted for the award.

**Eligibility Criteria:**

**GPA:** Over all GPA must be 3.0 (An official SPU transcript must accompany application)

**Student Status** as noted below:

**Doctoral Students in Psychology** who will have completed the 1<sup>st</sup> year by autumn of the award year (44 credits, including course CPY 7220 in their 1<sup>st</sup> summer).

**Master Students in Marriage and Family Therapy Program** who will have completed 30 credits by autumn of the award year, or who are in the 2<sup>nd</sup> or 3<sup>rd</sup> year of their program and who have completed the course MFT 6600 Psychopathology and Family Therapy.

**Masters of Science in Nursing Program students** who will have completed the 1<sup>st</sup> year of their course work (NUR 6970, 6971 and 6972) by the start of the award year.

**Bachelors Students in Nursing or Psychology** must be at least junior standing in Nursing or sophomore in Psychology to apply. Nursing students applying cannot be part of the Nursing SPRINT team for winter 2011.

**Application Elements**

**Application form:** This form is attached; please complete.

**Essay:** All applicants must complete a typed 500-1000 word essay. The essay must describe your background and calling to work with persons impacted by mental illness. Include any experiences you have working with persons who are chronically mentally ill or any related activities you have had. State at least two vocational goals for working with persons impacted by chronic mental illness. This must be attached to your application.

**Letters of Reference:** Submit (1) 1 letter of reference from either an employer or faculty member; (2) using the form attached, have either an Advisor / Associate Dean/ Chair / Director of Program complete this recommendation. This letter and form should both address the following: likelihood to succeed in working with persons with chronic mentally health conditions and their families, potential for leadership with respect to mental health advocacy work, ability to expressive oneself orally and in writing, ability to work collaboratively as well as independently, and ability to manage time commitments. Please have this letter and form mailed directly to you. Both need to be sealed and signed on the back flap by the individual providing the reference. Please use the release of information form attached for each of these references.

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Resume: A one page resume.

Transcript: An official SPU transcript.

**Fellowship Program Requirements if accepted**

\*All award recipients will be required to attend bimonthly seminars (TBA) with the Faculty Scholars that focus on directed readings, field work or projects (e.g., presentations at churches and community agencies, research projects). These learning experiences will require up an additional 10-12 hours per quarter in addition to conference or other educational meeting attendance. Students who commute long distances to the SPU campus will not be excused from this requirement. Students must be prepared to arrange their schedule such that they are able to attend fellowship meetings.

\*Attendance at Living Well designated NAMI meetings (on and off campus) and church and/or community outreach are required. Undergraduate students will run the NAMI at SPU club.

\*Involvement in research activities may also be required throughout the academic year, depending upon what projects are in process.

\*A 3.0 GPA must be maintained. This program runs throughout the academic year (autumn, winter, spring quarters with summer activities as needed). All graduate students must be registered for a minimum of 3 credits/quarter. Undergraduate students in nursing must be registered for 15 credits/quarter and undergraduate students in psychology must be registered for 15 credits/quarter. At the beginning of each quarter, fellows will be required to provide documentation of their current GPAs and credit load status.

\*If awarded a fellowship, you will receive notification and be required to attend a meeting in the spring quarter prior to the fellowship year to determine scheduling of fellowship meetings during the next academic year.

\***Masters of Science in Nursing Awardees** will be required to take MFT 6600 Psychopathology and Family Therapy offered during the winter quarter. This can constitute an elective. You can also take this course on an audit basis with permission from the instructor.

For additional information please contact the Faculty Scholars listed below:

Kathy Stetz, RN, PhD Full Professor School of Health Sciences- Nursing 308 Marston Hall Seattle Pacific University, Seattle WA 98119 (206) 281-2682; kstetz@spu.edu	Marcia Webb, PhD Associate Professor Department of Graduate Psychology 106 Marston Hall Seattle Pacific University, Seattle WA 98119 (206) 281-2683; marcia@spu.edu
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1. Name: \_\_\_\_\_

2. Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3. Phone: \_\_\_\_\_

4. Email: \_\_\_\_\_

5. Major: \_\_\_\_\_

6. Credits completed: \_\_\_\_\_

7. Year in Program: \_\_\_\_\_

**If awarded a fellowship I agree to the following:**

\*Attend bimonthly seminars (TBA) with the Faculty Scholars that focus on directed readings, field work or projects during each quarter of the year, for the 2010-2011 year, including autumn, winter, and spring quarters. I am aware that these learning experiences will require up an average of 10-12 hours per week per quarter in addition to research involvement, community outreach, and / or involvement with NAMI meetings on and off campus. I will also attend Living Well designated conferences and workshops as arranged. I understand that if I need to commute long distances to the SPU campus, I will not be excused from this requirement. I also understand that I must be prepared to arrange my schedule such that I am able to attend fellowship meetings

\*Maintain a 3.0 GPA

\*Maintain a credit load as designated: Graduate students must be registered for a minimum of 3 credits/quarter. Undergraduate students in nursing must be registered for 15 credits/quarter and undergraduate students in psychology must be registered for 5 credits/quarter.

**Masters of Science in Nursing Awardees** will be required to take MFT 6600 Psychopathology and Family Therapy. This can constitute an elective. You can also audit this course with permission of the instructor.

I, \_\_\_\_\_, if awarded this fellowship agree to the conditions of the award. I also understand that if I do not satisfactorily meet the program requirements as outlined I will forgo continuation of the fellowship.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

Return this form, your essay, an official SPU transcript, 1 letter of reference and the Advisor/ Associate Dean / Chair / Director of Program Recommendation Form together in one sealed envelope to:

Living Well Program/Dickinson Fellowship  
Nursing Program  
Third Floor Marston Hall  
Seattle Pacific University, Seattle WA 98119

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ADVISOR / ASSOCIATE DEAN / CHAIR / DIRECTOR OF PROGRAM RECOMMENDATION FORM  
DICKINSON FELLOWSHIP PROGRAM

*For completion by applicant:*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Program: \_\_\_\_\_ Year of Study: \_\_\_\_\_

*Check this box if you choose to waive your right to access to this form once completed by the advisor, associate dean, chair or director of your program.*

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*For completion by the Student's Advisor, or any of the following: Associate Dean, Chair, or Director of the applicant's program of study*

*Note to Advisor, Associate Dean, Chair, or Director of applicant's program:* The above name student wishes to be considered as an applicant for the receipt of the Dickinson Scholarship. Your candid responses to those questions listed below are requested. An applicant whose file does not include this form cannot be considered for the award.

Seattle Pacific University abides by the Family Educational Rights and Privacy Act of 1974, which allows students access to their academic files, which may include this form.

*Please respond to the following items by typing or printing clearly.*

1. How long has the applicant been a student in the program? \_\_\_\_\_

2. Is the applicant currently in good standing with program?  Yes  No. If no, please explain briefly: \_\_\_\_\_

3. Has the applicant been placed upon probation at any point during their enrollment in the program?  Yes  No. If yes, please explain briefly: \_\_\_\_\_

4. Applicants to the Dickinson's Fellowship must demonstrate a commitment to a vocation with persons impacted by chronic mental health conditions. Please comment upon this student's demonstration of that commitment, as well as this student's academic competence, personal maturity, initiative, and leadership ability. \_\_\_\_\_

.....  
Name: \_\_\_\_\_ Date: \_\_\_\_\_

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