



The SPU 2005 Western Intercollegiate Rowing Association Champion varsity men's pair without coxswain. L-R Jeremy Bryant, bow; Jason Mobley, stroke.

Men's Pair Wins WIRA

One of the noteworthy highlights of 2005 was the post season results of the varsity men's pair comprised of senior Jason Mobley and junior Jeremy Bryant. Earlier in spring, after establishing a new lineup by switching the starboard and port stations, the young pair were challenged to relearn their respective roles at the same time attempting to keep the narrowest of hulls upright. With no opportunities to race throughout the regular season however, the two would have to search hard to muster competitive confidence. Not getting their first race until the conference championship, the pair narrowly missed a gold medal but began to realize their potential as a formidable unit.

The only other chance for the pair was in Sacramento at the Western Intercollegiate Rowing Association (WIRA) Championships. Here the duo would have two chances to work it out with the full event requiring heats and finals. Comfortable and relaxed with a favorable draw in the easier of the two heats, the Falcon men gained a lead early on and coasted to a first place finish over Sacramento State and UC Santa Barbara by several lengths of open water, but earning a less than favorable lane in the final. The inexperienced and coxless pair, being less than perfect on the steering, preferred outside lanes so as to allow some course latitude on at least one side. Being poled between two crews at the turbulent starting area of this frenzied final then was not their most strategic position, yet it was to set up one of the most interesting and entertaining wins of the season.

As a major championship, the WIRA finals are publicly announced and the blow-by-blow account of the pairs race presented a really exciting turn of events, quite literally. With a jittery start the Falcon men began immediately behind the field, and in fact directly behind the crew in lane three and approaching lane four before making a radical correction. So radical was this correction however, that still prior to the 500 mark they found themselves now bottled up directly behind a slow Santa Clara in lane one. To make matters worse, they were facing potential disqualification for interference as their bow ball nearly touched their opponent's stern tip.

It was not until the second 500 meters that the two got their bearings and edged back into their own lane. Despite being dead last off the start, now in their own lane the wayward pair displayed their real strength by blasting past the field one by one. They poured on a terrific sprint and finished with open water over the field, an amazing lead gained all in the last 1000 meters of the race. It was to be the only WIRA championship win for both Seattle Pacific teams in 2005, and a dramatic career finish for senior Jason Mobley.

Terwilliger Named to Hall of Fame

Former SPU oarsman John Terwilliger, an Olympian and eight-time U.S. National Team member, has been named as Falcon rowing's first inductee into the *Falcon Legends Athletic Hall of Fame*. A relatively new creation, the SPU athletics Hall of Fame began in 2002 with a membership to date of 16 former athletes, coaches, and supporters. John will be among two other former SPU athletes and one coach being inducted this year.

Terwilliger began rowing in 1978 as an SPU novice under then head men's coach Bill Mickelson. Enduring a fairly challenging novice year with defeats aplenty, he eventually established what would be an amazing, internationally competitive career. John overcame tremendous odds, and a big-school biased system, to make the 1980 Olympic team after barely two years experience as a rower. Suffering the bitter boycott of the summer games, John competed at several other prestigious events that year winning the Royal Henley Stewards Cup in England, as well as the Dutch national championship in the men's eight.



Returning to the Falcon crew for his senior year, John helped power the SPU men's varsity four to an undefeated regular season and the program's first ever national level appearance in which they earned a bronze medal. Displaying his trademark tenacity, Terwilliger went on to make the national team repeatedly and eventually vindicated the 1980 disappointment by earning a 1984 silver medal at the Los Angeles Olympics and a World Championship bronze medal and Goodwill games gold medal in 1986.

John Terwilliger's distinguished career stands as a benchmark of what the Seattle Pacific rowing program has largely represented over its rich 33 year history: a realization of God's unlimited design through otherwise common student-athletes.

2005 The Breezy Season

The 2005 racing season may be recorded as one of the worst seasons of weather ever for northwest rowing. Whether it was bitter, unseasonably cold temperatures or gale force winds, there was not a single regular season venue that was not impacted negatively by weather. While some positive results were garnered by Falcon crews last spring, the characteristic small boat domination was not afforded as environmental conditions often shortened courses or presented such rough water that races were cancelled, or alternate equipment and techniques had to be used.



SPU men's four returns many gallons to their natural habitat in Lake Vancouver.

The first unofficial event was to be the best from a flat water perspective, ironically a home scrimmage in the typically wake-filled ship canal against Pacific Lutheran University. The duel came off favorably however, with the SPU rowers pulling off victories in all categories. The first of the regular season matches followed at the Daffodil Cup Regatta with the Falcons rowing at American Lake against most of their conference

Continued on page 2

2006 Spring – Crew Race Schedule

Here is the latest crew regatta schedule update, please plan to attend all the events in your area and support the Falcon crews:

Date	Regatta	City/site
Mar. 11	PLU duel	Tacoma, WA/American Lake
Mar. 25	Blue Heron Sprints	Eureka, CA/Humboldt Bay
Apr. 1	NCRC Invitational	Lake Vancouver, WA
Apr. 8	Governor's Cup Regatta	Salem, OR/Willamette River
Apr. 22	NCRC Championships	Lake Stevens, WA/Lake Stevens
Apr 29,30	WIRA Championships	Sacramento, CA/Lake Natoma
May 12	Pacific Coast Championships	Sacramento, CA/Lake Natoma
May 13	ECAC Natl. Invitational Rowing Championships	Worcester, MA/Lake Quinsigamond
May 27-28	NCAA Women's Rowing Championships	Cherry Hill, New Jersey

Homecoming 2006!

This year Homecoming will be a great time of celebration as we look to the future and christen a new women's hull as well as look back at 33 years of amazing history and tradition.

Festivities kick off in the traditional format on Saturday January 28th with the Row/Run race crossing the finish line at around 8:30 in the morning. This will be followed by the infamous and dramatic Dayee Hawes Cup alumni vs. novice race over 1000 meters, for those capable and motivated of course. We will then look to conduct our traditional Ex-lightweight weigh-in to see what fabulous maturation has occurred within our lightweight alumni. Accordingly, brunch items will be provided afterwards in the Falcon lounge. Families are welcome as always.

So come join in and enjoy the fellowship with teammates young and ... middle aged. Come for all or part, it will be great fun.

2006 Homecoming Schedule Jan 28th:

Row/Run – 8:30 a.m. SPU finish line in the ship canal behind Brougham Pavilion

Alumni/novice Crew Race -10:00 a.m. (sign up early in the shellhouse)

Christening – New women's eight after the races

Fellowship time/brunch – Stay as long as you like and get caught up! Falcon Lounge, upstairs in Brougham.

New Coaches Welcome – The 2006 season will be breaking in two former Falcon pullers as assistant coaches, both from Montana and both very successful rowers in their own right. Three-time national champion, 2005 graduate Andi Martineau and national championship semi-finalist, 1999 graduate Kip Wassink will augment the coaching staff nicely for 2006. Jessie Pennington will remain as a part-time volunteer while she pursues her graduate degree.

Seattle Pacific University Crew
3307 – 3rd Avenue West
Suite 321
Seattle, WA 98119

Head Coach – Keith Jefferson
Asst. Coach – Andi Martineau,
Kip Wassink
206-281-2931
Fax 206-281-2266
www.spu.edu/depts/crew



Staying Current

It is always a challenge keeping our database current with everyone's addresses. Now that we've gone to an e-mailed format for newsletters we'd like to get your help in getting as many supporters and alumni e-mail addresses as possible. If you or someone you know would like to get the e-newsletters, go ahead and forward it to them and forward their address to the staff at kpjeffr@spu.edu. Thank you.

2005 Season recap *cont'd*

competitors. This venue would also usher in the long, windy 2005 season. Yet despite the rough conditions, the women's varsity four would find its first victory of the season while the Men's varsity four, women's novice four, and men's novice four placed third, fourth, and fifth respectively.

These conditions were to carry over into the Northwest Collegiate Rowing Conference Invitational at Lake Vancouver, notorious for its location within the blustery Columbia River Gorge. Sure enough, the first half of the shallow course was brutally rough with waves lasting the entire day. The course was never shortened and the results for SPU's waterlogged crews reflected it with only two third place finishes from the men's varsity and novice fours.

Following this was the relatively positive Blue Heron Sprints in Eureka. With very rough conditions shortening this course to 1500 meters, the Falcon crews nevertheless seemed to hit a comfortable groove in this early match up. Earning wins in the women's varsity four, men's novice and JV fours, there was also two strong second place finishes in the men's varsity and women's JV fours.

Next was at least a reprieve from rough water but a continuance of heavy rain and cold conditions at the Governor's Cup in Salem. The elements were not enough to vanquish the spirits of the SPU varsity fours however, both of which won handily, while the novice and JV men's fours finished reasonably well in third.

The Conference championship at Lake Stevens was next and at least saw calm water early in the day. Many of the crews still did not fare well however, especially when the first 1000 meters turned foul by mid morning. The varsity women managed a second place finish in the V4, but obtained a positive victory from the two Montana natives and NIRC national champions Andi Martineau and Carley Bollen in the women's pair. Otherwise the day's results were largely underscored by the enervating recreational boat wakes and windblown whitecaps.

The postseason brought the one decent venue all year with the Sacramento course being fairly sheltered and fortunately warm and pleasant. With a WIRA banner and gold from the men's pair that the women's varsity four was hard pressed to match, they indeed finished for a silver medal behind St. Mary's College. It was a strong finish however, that still earned them their western qualifier slot for the National Invitational Rowing Championships (NIRC) in Worcester, Mass. a week later, an event that Division I St. Mary's was not eligible to compete at.

The NIRC championship unfortunately was to sum up the entire nasty 2005 season with a fluke Nor'easter blowing through Massachusetts the entire weekend. The storm forced the cancellation of nearly all the races including the women's four. This was a painful footnote on the season, and on an era as it stands to be the last time the women's team will be attending this event. Had the crew won, it would have marked the fifth straight victory in that category by Seattle Pacific University. Nevertheless, the highly successful season was a positive one for the women's four pulled by Carley Bollen, Andi Martineau, Megan Sweeney, Alicia Apple, and coxswain Megan Giske.