



Directions to SPU & the Fremont 4-Miler

Royal Brougham Pavilion (gym) 3414 3rd Ave. W. Seattle, WA 98119

1. From I-5 take the Mercer St. (Seattle Center), Fairview exit.
2. At the end of the exit get in far right lane, turn right onto Fairview
3. Fairview immediately ends and you'll see the south end of Lake Union right in front of you, you must turn right or left.
4. There are 3 left turn lanes, get in the right-most of those and turn left onto Valley St. from here you will keep the water always on your right.
5. On Valley stay in far right lane and take first right onto Westlake Ave. N.
6. Go north, curve left/west underneath Aurora Bridge.
7. At the major intersection Westlake becomes Nickerson St. Stay on it, canal will be on your right.
8. About ½ mile ahead you'll see a large red brick building, it will be directly in front of you as the road curves. That building is Royal Brougham Pavilion.
9. Turn right at this intersection onto 3rd Ave. W. go to the end of the street and turn left onto W. Ewing St. and park.
10. There will be parking attendants. Please keep trailers on Ewing St., the parking lot on the canal, or the SPU lot behind the science building opposite the gym. Please park all autos in other SPU lots (per attached map), there are no violations in any SPU lot on weekends. Ewing St. trailers will need to be parked so that they are clear of the entry and exit lanes to the SPU dock. Singles/doubles on autos should park in other SPU lots for the meeting but are encouraged to launch from the LWRC dock per the attached map.

[Mapquest link to Seattle Pacific Univ. 4-Miler](#)

[SPU online directions](#)