

2006 WOMEN'S RESULTS

2006 Women's Outdoor Track & Field Season Review

- Mar. 4 **Puget Sound/Lewis & Clark** **Tacoma, Wa.**
Scoring: 1-Seattle Pacific, 87; 2-Puget Sound, 45; 3-Lewis & Clark, 38
SPU Winners: Kolb, 100m, 13.57; Soule, 200m, 26.70; 400m, 58.73; Strickler, 800m, 2:22.72; Moriarty, 1500, 4:48.49; McCoy, steeple, 11:28.81; V. Perkins, 400H, 1:05.96; Blake, hj, 5-3; Cooley, sp, 30-5 3/4; Barnes, Jt, 124-10; 1600 relay, 4:10.38
- Mar. 11 **Joe Peyton Invitational** **Tacoma, Wa.**
Scoring: 1-Central Wash., 189; 2-Seattle Pacific, 155; 3-Western Wash., 139; 4-Puget Sound, 59; (2 others)
SPU Winners: Soule, 200m, 26.30; 400m, 59.41; Moriarty, 1500, 4:49.85; Kar. Rohde, steeple, 11:15.81; Blake, 100H, 15.44; Anderson & Hedges, pv, 10-6; VerMulm, Jt, 134-1
- Mar. 18 **Husky Preview** **Seattle, Wa.**
SPU Winners: Barnes, jt, 127-8; 1600 relay, 4:08.17
- Mar. 25 **Spring Break Open** **Edmonds, Wa.**
SPU Winners: Kar. Rohde, 5000m, 18:10.05; Hedges, pv, 11-5 3/4; Barnes, jt, 131-11
- Mar. 29-30 **California Multi Event** **Berkeley, Ca.**
SPU Winners: none
- Mar.31-A. 1 **Stanford Invitational** **Stanford, Ca.**
SPU Winners: none
- Apr. 1 **Vernacchia Team Classic** **Bellingham, Wa.**
Scoring: 1-Western Wash., 124, 2-Simon Fraser, 116, 3-Central Wash., 67; 4-British Columbia, 54; 5-Seattle Pacific, 42 (3 others)
SPU Winners: Moriarty, 3000m, 10:14.2; Anderson & Hedges, pv, 10-8
- Apr. 8 **Shotwell Invitational** **Tacoma, Wa.**
Scoring: 1-Western Washington, 179; 2-Seattle Pacific, 163.5; 3-Pacific Lutheran, 120; 4-Puget Sound, 74; 5-Saint Martin's, 37; 6-Northwest, 36; 7-Central Washington, 28.5; 8-Highline CC, 19; 9-Seattle University, 18
SPU Winners: Soule, 100m, 12.69; Kar. Rohde, 800, 2:20.90; Moriarty, 1500m, 4:43.74; Cooley, 100H, 15.11; VerMulm, jt, 135-10; 1600m relay, 4:16.59
- Apr. 11-13 **Mount SAC Relays** **Walnut, Ca.**
SPU Winners: none
- Apr. 15 **Spike Arlt Invitational** **Ellensburg, Wa.**
Scoring: 1-Central Washington, 181.5; 2-Seattle Pacific, 154; 3-Northwest Nazarene, 122; 4-Western Washington, 101.5; 5-Pacific Lutheran, 63; 6-Eastern Oregon, 45; 7-Northwest, 28; 8-Sain Martin's, 26; 9-Puget Sound, 21; (3 others)
SPU Winners: Wrightman, 3000m, 11:03.91; McCoy, steeple, 11:54.6; Kar. Rohde, 5000m, 18:19.9; Harris, Pv, 11-5 3/4; Cooley, lj, 16-10 3/4; Ver Mulm, jt, 135-4
- Apr. 22 **Cougar Invitational** **Pullman, Wa.**
SPU Winners: Kar. Rohde, steeple, 11:19.18; T. Perkins, hj, 5-7; VerMulm, jt, 147-2
- Apr. 24-25 **Great Northwest Athletic Conference Multi-Event Championships** **Ellensburg, Wa.**
SPU Winners: none
- Apr. 28 **Western Washington Twilight** **Bellingham, Wa.**
SPU Winners: McCoy, 800m, 2:18.97; Stevens, 1500m, 4:52.60; Moriarty, 3000m, 10:15.85; James, steeple, 12:14.73; Jensen, 5000m, 19:11.81; T. Perkins, hj, 5-7 3/4; Harris, pv, 11-11 3/4; 1600 relay, 4:04.39
- May 6 **Great Northwest Athletic Conference Championships** **Monmouth, Or.**
Scoring: 1-Seattle Pacific 189; 2-Western Oregon 172; 3-Central Washington 150; 4-Western Washington 88; 5-Northwest Nazarene 84; 6-Alaska Anchorage, 76; 7-Saint Martin's, 28; 8-Humboldt State, 21; 9-Seattle U., 9
SPU Winners: Moriarty, 3000m, 10:22.8; Kar. Rohde, steeple, 11:09.21; Harris, pv, 11-2 1/4; VerMulm, Jt, 144-7
- May 12-13 **Ken Foreman Invitational** **Seattle, Wa.**
SPU Winners: Moriarty, 3000m, 10:06.03; Kar. Rohde, steeple, 10:58.7
- May 25-27 **NCAA Championships** **Emporia, Ks.**
Scoring: 1-Lincoln, 93; 2-Abilene Christian, 86; 3-Adams State, 84; 4-GrandValley State, 59; 26-Seattle Pacific, 8
SPU Results: VerMulm, 5th, javelin, 153-2; Cooley, 6th, heptathlon, 4930; Blake, 8th, heptathlon, 4746; McCoy, 12th, steeple, 11:48.73; Moriarty, 8th in prelim, 3000m, 11:00.68; Kar. Rohde, 8th in prelim, steeple, 11:36.07; T. Perkins, 16th, hj, 5-3 1/4

2006 MEN'S RESULTS

2006 Men's Track & Field Season Review

Mar. 4	Puget Sound/Lewis & Clark <i>Scoring:</i> 1-Puget Sound, 123; 2-Lewis & Clark, 31; 3-Seattle Pacific, 30 <i>SPU Winners:</i> Strickler, 400, 50.37 and 800, 2:02.70; Gibson, steeplechase, 9:36.38	Tacoma, Wa.
Mar. 11	Joe Peyton Invitational <i>Scoring:</i> 1-Puget Sound, 165; 2-Central Wash., 144; 3-Western Wash., 116; 4-Seattle Pacific, 67; (2 others) <i>SPU Winners:</i> Strickler, 400, 50.28; 1600 relay, 3:26.40; Randolph, javelin, 177-7	Tacoma, Wa.
Mar. 18	Husky Preview <i>SPU Winners:</i> Randolph, 400, 48.72; 110 hurdles, 15.06; discus, 155-1	Seattle, Wa.
Mar. 25	Spring Break Open <i>SPU Winners:</i> Randolph, 110 hurdles, 15.78; discus, 148-4	Edmonds, Wa.
Mar.31-A. 1	Stanford Invitational <i>SPU Winners:</i> none	Stanford, Ca.
Apr. 1	Vernacchia Team Classic <i>Scoring:</i> 1-Western Wash. 131.5, 2-British Columbia 93.5, 3-Central Wash. 63, 4-Simon Fraser 55, 5-Northwest 33, 6-Seattle University 18, 7-Saint Martin's 17, 8-Seattle Pacific 14 <i>SPU Winners:</i> Bayley, discus, 119-5	Bellingham, Wa.
Apr. 8	Shotwell Invitational <i>Scoring:</i> 1-Western Washington, 192.5; 2-Puget Sound, 172; 3-Pacific Lutheran, 96; 4-Highline CC, 59; 5-Saint Martin's, 45; 6-Seattle University, 43.5; 7-Northwest, 30; 8-Seattle Pacific, 24; 9-Central Washington, 13 <i>SPU Winners:</i> none	Tacoma, Wa.
Apr. 11-13	Mount SAC Relays <i>SPU Winners:</i> none	Walnut, Ca.
Apr. 15	Spike Arlt Invitational <i>Scoring:</i> 1-Central Washington, 203; 2-Western Washington, 174.50; 3-Northwest Nazarene, 77.5; 4-Eastern Oregon, 53; 5-Pacific Lutheran, 47; 6-Puget Sound, 42; 7-Seattle Pacific, 38; 8-Highline, CC 29; (4 others) <i>SPU Winners:</i> Strickler, 800, 1:55.28; Gibson, steeplechase, 9:35.8	Ellensburg, Wa.
Apr. 22	Cougar Invitational <i>SPU Winners:</i> none	Pullman, Wa.
Apr. 28	Western Washington Twilight <i>SPU Winners:</i> Randolph, discus, 161-9	Bellingham, Wa.
May 6	Great Northwest Athletic Conference Championships <i>Scoring:</i> 1-Central Washington 197; 2-Western Washington 180; 3-Western Oregon 107; 4-Alaska Anchorage, 68; 5-Northwest Nazarene, 60; 6-Humboldt State, 56; 7-Seattle Pacific 51; 8-Saint Martin's 41; 9-Seattle U., 13 <i>SPU Winners:</i> Randolph, 400, 48.27; Strickler, 800, 1:52.52	Monmouth, Or.
May 12-13	Ken Foreman Invitational <i>SPU Winners:</i> Strickler, 800, 1:53.20	Seattle, Wa.
May 25-27	NCAA Championships <i>Scoring:</i> 1-Abilene Christian, 80; 2-St. Augustine's 77 1/2; 3-Lincoln, 63; 4-South Dakota, 35; 29-Seattle Pacific, 10 <i>SPU Results:</i> Randolph, 1st, decathlon, 7872	Emporia, Ks.
June 21-22	USA Championships <i>SPU Results:</i> Randolph, decathlon, withdrew after 3 events	Indianapolis, In..

2006 TOP WOMEN'S OUTDOOR PERFORMERS

<i>100m (11.50/12.10)</i>			<i>PR</i>			<i>Season Best</i>			<i>10,000m (35:00.00/37:55.00)</i>		
Jean Kolb	12.39 (02)		12.39 (02)		13.09 (3)	Nikki Jensen	39:12.13 (06)		39:12.13 (10)		
Anna Soule	12.54 (03)		12.54 (03)		12.69 (6)	Becky Knox	39:59.6 (05)		40:42.84 (1)		
<i>200m (23.80/24.80)</i>									<i>100mH (13.80/14.65)</i>		
Kelsey Cooley	25.73 (05)		25.73 (05)		26.20 (12)	Kelsey Cooley	14.53 (06)		14.53 (12)		
Anna Soule	25.85 (06)		25.85 (06)		25.85 (10)	Linda Blake	14.72 (06)		14.72 (9a)		
Jean Kolb	26.03 (02)		26.03 (02)		27.50 (9)	Rosalyn Leitch	16.09 (06)		16.09 (9)		
Linda Blake	26.89 (06)		26.89 (06)		26.89 (12)	<i>400mH (59.00/1:03.30)</i>					
Suzie Strickler	27.67 (06)		27.67 (06)		27.67 (2)	Victoria Perkins	1:04.14 (06)		1:04.14 (3)		
Roslayn Leitch	28.20 (06)		28.20 (06)		28.20 (9)	<i>400m Relay (45.50/47.50)</i>					
<i>400m (54.00/56.60)</i>									<i>1600 Relay (3:42.00/3:52.00)</i>		
Anna Soule	58.05 (06)		58.05 (06)		58.05 (7)	V. Perkins, Lavin, Cooley, Soule			3:55.66 (10)		
Jennifer Marsh	58.34 (04)		58.34 (04)		1:03.34 (4)	<i>High Jump (5-10 1/2/5-6 1/2)</i>					
Suzie Strickler	58.5 (03)		58.5 (03)		1:00.16 (11)	Teona Perkins	5-7 3/4 (06)	(1.72m)	5-7 3/4 (9)		
Teona Perkins	59.03 (06)		59.03 (06)		59.03 (10)	Sharon Bjella	5-6 (03)	(1.60m)	5-3 1/4 (3/9/10)		
Jean Kolb	59.91 (03)		59.91 (03)		1:03.35 (5b)	Linda Blake	5-6 (05)	(1.65m)	5-5 (12)		
Brandi McCoy	62.35 (06)		62.35 (06)		1:02.35 (7)	Kelsey Cooley	5-4 1/2 (05/06)	(1.64m)	5-4 1/2 (10)		
<i>800m (2:08.00/2:15.00)</i>									<i>Pole Vault (13-1 1/2/11-7 3/4)</i>		
Jennifer Marsh	2:12.41 (04)		2:12.41 (04)		2:20.48 (10)	Allie Hedges	12-2 3/4 (04)	(3.50m)	11-5 3/4 (4/7/8/9)		
Teona Perkins	2:12.62 (05)		2:12.62 (05)		2:22.73 (1)	Amy Harris	12-2 (05)	(3.65m)	11-11 3/4 (9)		
Josie Lavin	2:15.07 (03)		2:15.07 (03)		2:19.69 (10)	Monica Anderson	11-8 (06)	(3.56m)	11-8 (11)		
Victoria Perkins	2:16.81 (06)		2:16.81 (06)		2:16.81 (11)	<i>Long Jump (20-6 1/4/18-8)</i>					
Suzie Strickler	2:17.73 (06)		2:17.73 (06)		2:17.73 (8)	Kelsey Cooley	18-3 (06)	(5.56m)	18-3 (9a)		
Kim Beaman	2:18.0 (04)		2:18.0 (04)		2:20.36 (11)	Linda Blake	17-0 3/4 (02/05)	(5.20m)	17-0 3/4 (12)		
Brandi McCoy	2:18.08 (04)		2:18.08 (04)		2:18.97 (9)	<i>Triple Jump (41-0 1/4/38-0 3/4)</i>					
Karin Rohde	2:20.39 (05)		2:20.39 (05)		2:20.90 (6)	Linda Blake	35-11 1/2 (06)	(10.96m)	35-11 1/2 (10)		
Janelle Stevens	2:23.25 (03)		2:23.25 (03)		2:24.69 (6)	Kelsey McBride	34-8 1/4 (05)	(10.52m)	34-6 1/4 (1)		
Mary Moriarty	2:24.05 (05)		2:24.05 (05)		2:26.69 (1)	<i>Shot Put (50-0/43-6)</i>					
Linda Blake	2:24.43 (05)		2:24.43 (05)		2:26.84 (9a)	Kelsey Cooley	36-2 (05)	(10.44m)	34-3 (11)		
Kelsey Cooley	2:24.86 (06)		2:24.86 (06)		2:24.86 (9a)	Linda Blake	35-4 1/2 (06)	(10.78m)	35-4 1/2 (7)		
Angela Weed	2:31.17 (06)		2:31.17 (06)		2:31.17 (9)	<i>Discus (166-0/144-4)</i>					
Corina James	2:33.11 (06)		2:33.11 (06)		2:33.11 (2)	<i>Hammer (185-0/158-9)</i>					
Maisha Seebeck	2:33.74 (06)		2:33.74 (06)		2:33.74 (9)	<i>Javelin (155-0/133-0)</i>					
<i>1500m (4:27.00/4:44.00)</i>									<i>Shot Put (50-0/43-6)</i>		
Jennifer Marsh	4:41.42 (04)		4:41.42 (04)		5:06.55 (2)	Kelsey Cooley	36-2 (05)	(10.44m)	34-3 (11)		
Mary Moriarty	4:43.74 (06)		4:43.74 (06)		4:43.74 (6)	Linda Blake	35-4 1/2 (06)	(10.78m)	35-4 1/2 (7)		
Karin Rohde	4:44.86 (06)		4:44.86 (06)		4:44.86 (6)	<i>Discus (166-0/144-4)</i>					
Janelle Stevens	4:48.17 (06)		4:48.17 (06)		4:48.17 (10)	<i>Hammer (185-0/158-9)</i>					
Brandi McCoy	4:49.85 (06)		4:49.85 (06)		4:49.85 (2)	<i>Javelin (155-0/133-0)</i>					
Megan Wrightman	4:54.0 (04)		4:54.0 (04)		4:58.04 (6)	Lauren VerMulm	154-3 (05)	(46.70m)	153-2 (12)		
Suzie Strickler	4:55.14 (06)		4:55.14 (06)		4:55.14 (6)	Molly Barnes	140-3 (05)	(41.50m)	136-2 (10)		
Teona Perkins	4:56.45 (06)		4:56.45 (06)		4:56.45 (3)	Kristin Janney	118-5 (04)	(33.63m)	110-4 (11)		
Kim Beaman	5:02.23 (06)		5:02.23 (06)		5:02.23 (9)	Linda Blake	110-9 (03)	(34.36m)	112-9 (1)		
Corina James	5:14.43 (06)		5:14.43 (06)		5:14.43 (1)	Kelsey Cooley	110-6 (06)	(33.69m)	110-6 (12)		
Angela Weed	5:18.7 (06)		5:18.7 (06)		5:18.7 (7)	<i>Heptathlon (5250/4475)</i>					
Katie Hart	5:22.29 (06)		5:22.29 (06)		5:22.29 (2)	Kelsey Cooley	4930 (06)		4930 (12)		
Maisha Seebeck	5:28.81 (06)		5:28.81 (06)		5:28.81 (6)	Linda Blake	4746 (06)		4746 (12)		
<i>3000m (9:40.00/10:18.00)</i>									<i>Legend</i>		
Mary Moriarty	10:06.03 (06)		10:06.03 (06)		10:06.03 (11)	1 3/4	Puget Sound/Lewis & Clark		Tacoma, Wa.		
Hanane Benanaya	10:39.67 (05)		10:39.67 (05)		11:37.38 (11)	2 3/11	Joe Peyton Invitational		Tacoma, Wa.		
Megan Wrightman	10:53.1 (06)		10:53.1 (06)		10:53.1 (10)	3 3/18	Husky Preview		Seattle, Wa.		
Kaitlin Rhode	11:11.09 (06)		11:11.09 (06)		11:11.09 (9)	4 3/25	Spring Break Open		Edmonds, Wa.		
Suzie Strickler	11:14.01 (06)		11:14.01 (06)		11:14.01 (11)	5a 3/29-30	Cal Multi-Event		Berkeley, Ca.		
Kim Beaman	11:14.36 (06)		11:14.36 (06)		11:14.36 (11)	5 3/31-4/1	Stanford Invitational		Palo Alto, Ca.		
Heidi Peterson	11:33.51 (06)		11:33.51 (06)		11:33.51 (9)	5b 4/1	Vernacchia Team Classic		Bellingham, Wa.		
Katie Hart	11:58.29 (06)		11:58.29 (06)		11:58.29 (7)	6 4/8	Shotwell Invitational		Tacoma, Wa.		
<i>3000 Steeplechase (10:20.00/11:27.00)</i>									<i>7a 4/11-12 California Invit. Multi-Event</i>		
Karin Rohde	10:58.7 (06)		10:58.7 (06)		10:58.7 (11)	7 4/12-14	Mt. SAC Relays		Azusa, Ca.		
Brandi McCoy	11:13.1 (06)		11:13.1 (06)		11:13.1 (11)	7b 4/15	Spike Arlt Invitational		Walnut, Ca.		
Corina James	12:14.73 (06)		12:14.73 (06)		12:14.73 (10)	8 4/22	Cougar Invitational		Pullman, Wa.		
<i>5000m (16:40.00/17:50.00)</i>									<i>9a 4/24-25 GNAC Multi-Event Champs.</i>		
Karin Rohde	18:00.79 (06)		18:00.79 (06)		18:00.79 (10)	9 4/28	Western Washington Twilight		Ellensburg, Wa..		
Becky Knox	18:42.44 (05)		18:42.44 (05)		19:20.09 (2)	10 5/6	GNAC Championships		Bellingham, Wa.		
Nikki Jensen	19:02.14 (06)		19:02.14 (06)		19:02.14 (6)	11 5/12-13	Ken Foreman Invitational		Monmouth, Or.		
Kaitlin Rhode	19:19.09 (05)		19:19.09 (05)		19:40.60 (6)	12 5/25-27	NCAA Championships		Seattle, Wa.		
Heidi Peterson	20:17.29 (06)		20:17.29 (06)		20:17.29 (2)	13 6/21-22	USATF Championships		Emporia, Ks.		
Katie Hart	21:11.21 (06)		21:11.21 (06)		21:11.21 (9)				Indianapolis, In.		
Hanane Benanaya	21:18.54 (06)		21:18.54 (06)		21:18.54 (6)						

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100m (10.34/10.65) PR
 Chris Randolph 11.19 (06) 11.19 (12)
 Adrian Mendez 13.78 (06) 13.78 (11)

200m (20.85/21.45)
 Eddie Strickler 23.09 (04) 23.24 (9)
 Michael Gavareski 25.43 (05) 25.99 (5b)

400m (46.50/48.00)
 Chris Randolph 48.27 (06) 48.27 (10)
 Eddie Strickler 48.9 (03) 50.28 (2)
 Greg Flowers 53.34 (06) 53.34 (6)
 Phil Bayley 54.54 (04) 54.71 (5b)
 Paul Henderson 56.29 (6)

800m (1:49.80/1:53.00)
 Eddie Strickler 1:52.52 (06) 1:52.52 (10)
 Mike Zetterberg 1:57.37 (05) 2:01.62 (6)
 Michael Gavareski 1:57.56 (05) 1:58.36 (8)
 Shane Lucey 1:58.96 (05) 2:03.79 (2)
 Brian Cronrath 1:59.88 (04) 2:00.53 (9)
 Bjorn Bostrom 2:02.64 (03) 2:07.15 (1)
 Doug Gibson 2:04.57 (06) 2:04.57 (7)
 Jeff Ayers 2:11.91 (4)
 Paul Henderson 2:23.41 (5)

1500m (3:47.00/3:54.00)
 Brian Cronrath 3:59.48 (05) 4:00.18 (9)
 Doug Gibson 4:01.98 (06) 4:01.98 (9)
 Michael Gavareski 4:02.01 (06) 4:02.01 (10)
 Bjorn Bostrom 4:05.73 (06) 4:05.73 (11)
 Eddie Strickler 4:06.46 (04) 4:09.67 (2)
 Ryan Phillips 4:20.12 (06) 4:20.12 (9)
 David Duke 4:21.70 (06) 4:21.70 (2)
 Chris Randolph 4:25.83 (06) 4:25.83 (7a)
 Jeff Ayers 4:26.62 (06) 4:26.62 (9)
 Dan Larimer 4:32.38 (04)

3000 Steeplechase (9:00.00/9:26.00)
 Doug Gibson 9:19.0 (06) 9:19.0 (11)

5000m (14:00.00/14:50.00)
 Bjorn Bostrom 15:15.95 (06) 15:15.95 (2)
 Brian Cronrath 15:21.41 (06) 15:21.41 (6)
 Doug Gibson 15:48.48 (06) 15:48.48 (6)

10,000m (29:30.00/31:10.00)
 James Rosser 34:12.10 (05) 34:26.15 (11)

110mH (13.90/14.70)
 Chris Randolph 14.82 (06) 14.82 (7a)
 Phil Bayley 17.09 (06) 17.09 (3)

400mH (51.70/53.30)
 Greg Flowers 58.76 (05) 59.86 (10)
 Dan Larimer 1:02.21 (06) 1:02.21 (9)
 Paul Henderson 1:03.25 (06) 1:03.25 (9)

400 Relay (40.25/41.30)

1600 Relay (3:09.40/3:14.40)
 Randolph, Gibson, Flowers, Strickler 3:26.03 (10)

High Jump (7-1/6-10 1/4)
 Chris Randolph 6-8 3/4 (06) (2.04m) 6-8 3/4 (12)
 Phil Bayley 6-2 1/4 (04) (1.80m) 5-10 3/4 (2)

Pole Vault (17-0/15-9)
 Chris Randolph 15-5 (06) (4.70m) 15-5 (12)

Long Jump (25-0/23-3 1/2)
 Chris Randolph 23-11 3/4 (06) (7.31m) 23-11 3/4 (12)
 Phil Bayley 19-9 3/4 (06) (6.04m) 19-9 3/4 (3)
 Adrian Mendez 17-0 (06) 17-0 (11)

Triple Jump (51-0/47-5)
 Tyrone Hattingh 42-8 1/4 (04) (12.07m) 39-7 1/4 (6)

Shot Put (59-10 1/2/52-2)
 Phil Bayley 42-4 1/2 (04) (11.21m) 36-9 1/2 (2)
 Chris Randolph 42-10 1/4 (06) (13.06m) 42-10 1/4 (13)

Discus (175-0/160-0)
 Chris Randolph 161-9 (06) (49.31m) 161-9 (9)
 Phil Bayley 136-10 (04) (37.00m) 121-5 (5b)

Hammer (195-0/171-7)
 Javelin (218-0/195-0)
 Chris Randolph 191-1 (06) (58.25m) 191-1 (12)

Decathlon (6920/6350)
 Chris Randolph 7872 (06) 7872 (12)

Legend

1	3/4	Puget Sound/Lewis & Clark	Tacoma, Wa.
2	3/11	Joe Peyton Invitational	Tacoma, Wa.
3	3/18	Husky Preview	Seattle, Wa.
4	3/25	Spring Break Open	Edmonds, Wa.
5a	3/29-30	Cal Multi-Event	Berkeley, Ca.
5	3/31-4/1	Stanford Invitational	Palo Alto, Ca.
5b	4/1	Vernacchia Team Classic	Bellingham, Wa.
6	4/8	Shotwell Invitational	Tacoma, Wa.
7a	4/11-12	California Invit. Multi-Event	Azusa, Ca.
7	4/12-14	Mt. SAC Relays	Walnut, Ca.
7b	4/15	Spike Arlt Invitational	Ellensburg, Wa.
8	4/22	Cougar Invitational	Pullman, Wa.
9a	4/24-25	GNAC Multi-Event Champs.	Ellensburg, Wa..
9	4/28	Western Washington Twilight	Bellingham, Wa.
10	5/6	GNAC Championships	Monmouth, Or.
11	5/12-13	Ken Foreman Invitational	Seattle, Wa.
12	5/25-27	NCAA Championships	Emporia, Ks.
13	6/23-24	USATF Championships	Indianapolis, In.

2006 WOMEN'S INDOOR PERFORMERS

2006 Women's Indoor Performance List

60m (7.48/7.76)				5000m (16:54.30/17:58.30)			
	<i>PR</i>		<i>Season Best</i>				
Anna Soule	8.12 (06)		8.12 (F)	Karin Rohde	18:18.70 (06)		18:18.70 (C)
Jean Kolb	8.17 (04)		8.37 (C/E)	Brandi McCoy	18:32.03 (06)		18:32.03 (C)
Kristin Janney	8.29 (05)			Nikki Jensen	19:17.27 (06)		19:17.27 (C)
Kelsey Cooley	8.33 (05)			Tracy Kuhn	19:29.38 (05)		
Julie Durringer	8.33 (04)			Kaitlin Rohde	19:37.65 (06)		19:37.65 (C)
Kelsey McBride	8.46 (06)		8.46 (F)	Heidi Peterson	20:09.72 (06)		20:09.72 (C)
Linda Blake	8.58 (05)			Corina James	20:22.40 (06)		20:22.40 (C)
200m (24.10/24.90)				60mH (8.65/8.99)			
Anna Soule	26.04 (06)		26.04 (F/G)	Linda Blake	9.10 (06)		9.10 (F)
Jean Kolb	26.43 (05)		27.44 (F)	Kristin Janney	9.18 (05)		
Kristin Janney	26.71 (05)			Kelsey Cooley	9.28 (05)		9.34 (F)
Julie Durringer	26.80 (04)			Rosalyn Leitch	9.92 (06)		9.92 (A)
Kelsey Cooley	27.23 (05)			1600 Relay (3:45.20/3:55.20)			
Linda Blake	27.86 (05)			V. Perkins, Blake, Lavin, Strickler			4:02.99 (F)
Rosalyn Leitch	28.80 (06)		28.80 (A)	Beaman, Strickler, T. Perkins, Marsh			4:08.09 (C)
400m (55.20/57.40)				Medley Relay (11:49.10/12:19.10)			
Teona Perkins	58.03 (06)		58.03 (F)	Soule, Beaman, T. Perkins, McCoy			12:30.0 (F)
Anna Soule	59.68 (06)		59.68 (C)	High Jump (1.76, 5-9 1/4/1.65, 5-5 1/4)			
Julie Durringer	59.86 (04)			Teona Perkins	5-8 (06)		(1.73m) 5-8 (G)
Jean Kolb	1:00.22 (05)			Sharon Bjella	5-3 1/4 (04)	(1.60m)	5-3 (A/C/F/G)
Victoria Perkins	1:01.86 (06)		1:01.86 (C)	Kelsey Cooley	5-3 (05)		(1.60m) 5-3 (B/F)
Breanne Rohm	1:04.47 (04)			Linda Blake	5-2 1/4 (05/06)	(1.58m)	5-2 1/4 (B)
600m (not an NCAA event)				Pole Vault (3.89, 12-9/3.50, 11-5 3/4)			
Josie Lavin			1:35.51 (C)	Amy Harris	12-1 1/4 (06)	(3.67m)	12-1 1/4 (E)
Jennifer Marsh			1:41.72 (C)	Allie Hedges	11-11 3/4 (05)	(3.41m)	11-2 1/4 (F)
800m (2:09.90/2:17.40)				Long Jump (6.15, 20-2 1/4/5.50, 18-1)			
Teona Perkins	2:13.11 (06)		2:13.11 (G)	Kelsey Cooley	17-6 1/4 (06)	(5.34m)	17-6 1/4 (E)
Jennifer Marsh	2:13.55 (04)		2:21.36 (E)	Linda Blake	17-4 1/4 (06)	(5.30m)	17-4 1/4 (G)
Josie Lavin	2:16.09 (05)		2:23.87 (E)	Kristin Janney	16-6 1/2 (05)		
Suzie Strickler	2:18.75 (06)		2:18.75 (E)	Triple Jump (12.40, 40-8 1/4/11.40, 37-5)			
Victoria Perkins	2:18.94 (04)		2:19.83 (F)	Kelsey McBride	35-2 (06)		(10.72m) 35-2 (G)
Brandi McCoy	2:19.34 (04)			Linda Blake	34-2 1/4 (05)		
Kim Beaman	2:21.78 (06)		2:21.78 (F)	Lauren VerMum	32-4 1/4 (05)		
Hanane Benanaya	2:24.49 (05)			Shot Put (14.95, 49-0 3/4/13.25, 43-5 3/4)			
Kelsey Cooley	2:27.42 (06)		2:27.42 (B)	Kelsey Cooley	35-7 1/4 (05)	(10.30m)	33-9 1/2 (B)
Kristin Janney	2:30.86 (05)			Linda Blake	35-2 (05)		(10.69m) 35-1 (B)
Linda Blake	2:29.32 (06)		2:29.32 (B)	Kristin Janney	33-10 3/4 (05)		
Sharon Bjella	2:35.84 (04)			20-lb. Weight (18.29, 60-0 1/4/15.85, 52-0)			
Mile (4:51.60/5:04.60)				Pentathlon (not an NCAA event)			
Mary Moriarty	5:00.37 (06)		5:00.37 (G)	Kelsey Cooley	3420 (06)		3420 (B)
Karin Rohde	5:03.75 (06)		5:03.75 (D)	Linda Blake	3415 (06)		3415 (B)
Brandi McCoy	5:16.44 (06)		5:16.44 (F)	Kristin Janney	3189 (05)		
Josie Lavin	5:18.47 (05)			Legend			
Kim Beaman	5:20.12 (06)		5:20.12 (C)	A	1/14	UW Indoor Preview	Seattle, Wa.
Hanane Benanaya	5:24.39 (05)			B	1/27-28	UW Pentathlon/Heptathlon	Seattle, Wa.
Kaitlin Rohde	5:26.66 (05)			C	1/29	UW Open #2	Seattle, Wa.
Megan Wrightman	5:28.65 (06)		5:28.65 (A)	D	2/11	Husky Classic	Seattle, Wa.
Tracy Kuhn	5:29.27 (05)			E	2/12	UW Open #3	Seattle, Wa.
Corina James	5:32.27 (06)		5:32.27 (E)	F	2/18	GNAC Championships	Nampa, Id.
3000m (not an NCAA event)				G	2/25	GNAC Last Chance	Seattle, Wa.
Mary Moriarty	10:17.69 (06)		10:17.69 (E)	U	3/4-5	USA Championships	Chapel Hill, N.C.
Karin Rohde	10:37.66 (05)			N	3/10-11	NCAA Championships	Boston, Ma.
Brandi McCoy	10:40.09 (06)		10:40.09 (E)				
Nikki Jensen	11:02.60 (04)		11:07.40 (A)				
Kaitlin Rohde	11:04.58 (06)		11:04.58 (E)				
Tracy Kuhn	11:20.91 (05)						
Ruth Harbaugh	11:23.36 (04)						
Corina James	11:29.22 (06)		11:29.22 (A)				
Heidi Peterson	11:35.08 (06)		11:35.08 (A)				

2006 MEN'S INDOOR PERFORMERS

2006 Men's Indoor Performance List

<i>60m (6.70/6.90)</i>	<i>PR</i>	<i>Season Best</i>	<i>Medley Relay (9:55.10/10:14.10)</i>	
Chris Randolph	7.23 (06)	7.23 (U)	Cronrath, Strickler, Gibosn, Randolph	10:28.71 (F)
Philip Bayley	7.60 (05)		<i>High Jump (2.16, 7-1/2.04, 6-8 1/4)</i>	
<i>200m (21.05/21.65)</i>			Chris Randolph	6-6 3/4 (04) (1.98m) 6-6 (F)
Philip Bayley	26.35 (06)	26.35 (G)	Philip Bayley	6-2 3/4 (04) (1.88m) 6-2 (G)
Mike Zetterberg	26.44 (06)	26.44 (G)	Dan Larimer	5-10 3/4 (04)
Adrian Mendez	29.04 (06)	29.04 (E)	<i>Pole Vault (5.10, 16-8 3/4/4.71, 15-5 1/2)</i>	
<i>400m (47.50/49.00)</i>			Chris Randolph	14-11 (06) (4.55m) 14-11 (B)
Chris Randolph	49.99 (05)		Philip Bayley	12-5 1/2 (04)
Eddie Strickler		50.85 (E)	Dan Larimer	11-11 3/4 (04)
Dan Larimer	51.70 (04)		<i>Long Jump (7.62, 25-0/7.0, 23-1 3/4)</i>	
<i>600m (not an NCAA event)</i>			Chris Randolph	22-11 (06) (6.98m) 22-11 (B)
Eddie Strickler		1:22.31 (C)	Philip Bayley	20-5 1/4 (05)
Michael Gavareski		1:27.64 (C)	Dan Larimer	18-8 (04)
<i>800m (1:50.70/1:53.90)</i>			<i>Triple Jump (15.70, 51-6 1/4/14.25, 46-9)</i>	
Eddie Strickler	1:53.54 (06)	1:53.54 (G)	Tyrone Hattingh	41-10 3/4 (04) (12.34m) 40-6 (G)
Chris Randolph	1:57.51 (04)		<i>Shot Put (17.68, 58-0 1/4/15.85, 52-0)</i>	
Michael Gavareski	1:58.13 (04)	1:58.39 (G)	Chris Randolph	42-3 1/4 (06) (12.88m) 42-3 1/4 (A)
Brian Cronrath	1:58.97 (06)	1:58.97 (E)	Philip Bayley	42-3 1/4 (04) (11.57m) 37-11 (A)
Mike Zetterberg	1:59.30 (06)	1:59.30 (E)	Jordan Chalifant	34-7 (06) (10.55m) 34-7 (A)
Shane Lucey	2:06.39 (06)	2:06.39 (E)	Dan Larimer	31-8 (04) (8.09m) 26-6 1/2 (A)
Ryan Phillips	2:06.61 (06)	2:06.61 (E)	<i>35-lb. Weight (19.50, 63-11 3/4/16.80, 55-1 1/2)</i>	
Jeff Ayers	2:12.53 (06)	2:12.53 (A)	Jordan Chalifant	(7.66m) 25-1 3/4 (A)
<i>1000m (not an NCAA event)</i>			<i>Heptathlon (not an NCAA event)</i>	
Chris Randolph	2:40.69 (06)	2:40.69 (U)	Chris Randolph	5508 (06) 5508 (B)
<i>Mile (4:07.10/4:15.10)</i>			<i>Legend</i>	
Brian Cronrath	4:14.41 (06)	4:14.41 (E)	A 1/14 UW Indoor Preview	Seattle, Wa.
Doug Gibson	4:18.30 (05)	4:20.13 (E)	B 1/27-28 UW Pentathlon/Heptathlon	Seattle, Wa.
Michael Gavareski	4:27.32 (06)	4:27.32 (E)	C 1/29 UW Open #2	Seattle, Wa.
Eddie Strickler	4:29.41 (05)		D 2/11 Husky Classic	Seattle, Wa.
Bjorn Bostrom	4:36.42 (04)		E 2/12 UW Open #3	Seattle, Wa.
Ryan Phillips	4:44.34 (06)	4:44.34 (F)	F 2/18 GNAC Championships	Nampa, Id.
Mike Zetterberg	4:45.87 (06)	4:45.87 (A)	G 2/25 GNAC Last Chance	Seattle, Wa.
<i>3000m (not an NCAA event)</i>			U 3/4-5 USA Championships	Chapel Hill, N.C.
Doug Gibson	8:47.35 (05)		N 3/10-11 NCAA Championships	Boston, Ma.
Brian Cronrath	8:52.59 (05)	9:00.32 (A)		
Bjorn Bostrom	9:12.55 (04)			
James Rosser	9:29.40 (05)	9:34.88 (A)		
<i>5000m (14:14.00/14:52.00)</i>				
Bjorn Bostrom		16:04.03 (C)		
James Rosser	16:34.41 (04)	16:31.51 (C)		
<i>60mH (7.93/8.24)</i>				
Chris Randolph	8.38 (06)	8.38 (F)		
Dan Larimer	9.52 (04)			
Philip Bayley	10.00 (06)	10.00		
<i>1600 Relay (3:11.60/3:18.10)</i>				
Zetterberg, Larimer, Strickler, Gibson		3:38.55 (A)		
Gavareski, Zetterberg, Phillips, Lucey		3:38.64 (F)		