

Seattle Pacific University Women's Volleyball 2007 Preseason Prospectus



Institution – Seattle Pacific University
Address – 3307 Third Avenue West, Seattle, WA 98119
Founded – 1891
Enrollment – 4,000
Nickname – Falcons
Colors – Maroon & White
Affiliation – NCAA Division II
Conference – Great Northwest Athletic Conference
President – Dr. Philip Eaton (Whitworth '65)
Athletic Director – Tom Box (Biola '74)
Email – twb@spu.edu
Athletic Department Office – 206-281-2085
Athletics Web Site – www.spu.edu/falconsonline
Ass't AD/Sports Information Director – Frank MacDonald
Office – 206-281-2772 *Home* – 206-938-2244
FAX – 206-281-2266 *Email* – frmacdon@spu.edu

Head Coach – Chris Johnson (Westmont '02)
Record at SPU – 46-9 (2 years)
Overall Record – 46-9 (2 years)
Office – 206-281-2263 *Email* – vbchris@spu.edu
Assistants – Crystal Ames, Johnny Lai, Jill Spratt
Office – 206-281-2854 *Email* – amesc@spu.edu
Athletic Trainer – Bob Grams
Office – 206-281-2768 *Email* – bgrams@spu.edu

2006 Season Record – 24-3 (No. 18, final AVCA poll)
2006 Conference Record – 16-0 (1st)
2006 Honors – 1st round, NCAA tournament; GNAC champion
Previous Honors – NAIA Playoffs: 1987, 89, 90; Pacific West Conf. Tournament, 1998-00; NCAA playoffs 2000-01, 05-06

Home Court – Brougham Pavilion (2,650)
Starters Returning/Lost – 3/4
Letterwinners Returning/Lost – 8/5

| <i>Returning Starters</i> | <i>Hgt</i> | <i>Pos</i> | <i>Cl</i> | <i>Stats</i> | <i>Honors</i> |
|---------------------------|------------|------------|-----------|--------------|---------------|
| Rachel Biornstad | 6-0 | MH | Sr | 1.09 blk | All-GNAC |
| Alyssa Given | 5-10 | OH | Sr | 4.52 kills | All-Region |
| Angie Wodrich | 5-10 | MH | Sr | 2.74 kills | |

| <i>Other Key Returnees</i> | <i>Hgt</i> | <i>Pos</i> | <i>Cl</i> | <i>Stats</i> |
|----------------------------|------------|------------|-----------|--------------|
| Jessica Bettencourt | 5-11 | OH | So | 0.55 blk |
| Robin De Jong | 5-10 | MH | So | |
| Nikki Finley | 5-9 | OH | So | 2.67 kills |
| Torii Mount | 5-2 | L | Jr | 3.13 dig |
| Alexa Vondrak | 5-9 | OH | So | |

| <i>Starters Lost</i> | <i>Hgt</i> | <i>Pos</i> | <i>Cl</i> | <i>Honors</i> |
|----------------------|------------|------------|-----------|-----------------------|
| Tiffany Butac | 5-2 | L | Sr | 5.02 dig |
| Whitney Dibble | 6-1 | MH | Sr | 0.65 blk |
| Shelby Gihring | 5-10 | MH | Sr | 3.24 kills |
| Jenna Von Moos | 5-10 | S | Sr | 13.09 ast All-America |

| <i>Others Lost</i> | <i>Hgt</i> | <i>Pos</i> | <i>Cl</i> | <i>Stats</i> |
|--------------------|------------|------------|-----------|--------------|
| Stephanie Wayt | 5-7 | S | Sr | 0.50 ast |

| <i>Key Freshmen</i> | <i>Pos</i> | <i>Hgt</i> | <i>Hometown (Last School)</i> |
|---------------------|------------|------------|----------------------------------|
| Courtney Alberi | OH | 5-11 | Castaic, Ca. (Valencia) |
| Kylie Johnson (RS) | MH | 6-0 | Tucson, Az. (C'lina Foothills) |
| Nikki Osuna | L | 5-5 | Bellflower, Ca. (Los Alamitos) |
| Joelle Perez | S | 5-8 | Vancouver, Wa. (Heritage) |
| Sarah Rlsser | OH | 5-9 | Santa Barbara, Ca. (Dos Pueblos) |

First year of women's volleyball – 1986
All-time record – 365-280
No. of years in NCAA Tourn./last – 3/2005
Last postseason opponent – Cal State L.A.
Highest Finish – NCAA 1st round

Primary Print Media

The Seattle Times *Web* – www.seattletimes.com
Fax – 206-464-3255 *Office* – 206-464-2276
Email – sports@seattletimes.com
 Seattle Post-Intelligencer *Web* – www.seattlepi.com
Fax – 206-448-8164 *Office* – 206-448-8370
Email – sports@seattlepi.com

2007 Tentative Schedule

| <i>Date</i> | <i>Opponent</i> | <i>Time</i> |
|-------------|--------------------------------------|-------------|
| Aug. 23-25 | Coyote Classic (San Bernardino, Ca.) | |
| Aug. 23 | SPU at Cal State San Bernardino | 7:30 |
| Aug. 24 | SPU v UC San Diego | 2:30 |
| Aug. 25 | SPU v Fort Lewis | 10am |
| | SPU v Cal State Dominguez Hills | 2:30 |
| A. 30-Se. 1 | Otter Invitational (Seaside, Ca.) | |
| Aug. 30 | Saginaw Valley State | 1:30 |
| | at Cal State Monterey Bay | 6:00 |
| Sept. 1 | Tampa | 11 am |
| | Notre Dame de Namur | 3:00 |
| Sept. 6 | Seattle University* | 7:00 |
| Sept. 8 | Montana State Billings* | 7:00 |
| Sept. 15 | Northwest Nazarene* | 7:00 |
| Sept. 20 | at Western Oregon* | 7:00 |
| Sept. 22 | at Saint Martin's* | 3:00 |
| Sept. 27 | Alaska Anchorage * | 7:00 |
| Sept. 29 | Alaska Fairbanks * | 7:00 |
| Oct. 4 | at Central Washington* | 7:00 |
| Oct. 6 | at Western Washington* | 7:00 |
| Oct. 13 | at Northwest Nazarene* | 6:00 |
| Oct. 18 | Saint Martin's * | 7:00 |
| Oct. 20 | Western Oregon * | 7:00 |
| Oct. 25 | at Alaska Fairbanks* | 8:00 |
| Oct. 27 | at Alaska Anchorage* | 8:00 |
| Nov. 3 | Western Washington * | 7:00 |
| Nov. 1 | Central Washington * | 3:00 |
| Nov. 8 | at Montana State Billings* | 6:00 |
| Nov. 10 | at Seattle University* | 7:00 |
| Nov. 15-17 | NCAA Pacific Regional | |
| N. 30-D. 2 | NCAA Championships | |

All times are Pacific
 *Great Northwest Athletic Conference matches