

HISTORICAL



INTERNATIONAL HONORS

Women's International Honor Roll

Olympic Team Members

1956	Marcia Cosgrove*	100/200m
1964	Karen Frisch*	80mH
1968	Doris Heritage*	800m
	Karen Frisch*	80mH
1972	Doris Heritage*	1500m
1976	Pam Spencer	High Jump
	Sherron Walker	Long jump
1980	Pam Spencer	High Jump
	Lorna Griffin	Shot/Discus
1984	Lorna Griffin	Discus
	Bente Moe (Norway)	Marathon
	Pam Spencer	High Jump
1988	Bente Moe (Norway)	Marathon
1992	Gitte Karlshoj (Denmark)	3000m

Pan American Games

1967	Janet Johnson*	Pentathlon
	Doris Heritage*	800m
1971	Lynette Matthews	Discus
	Doris Heritage	800m
1975	Pam Spencer	High Jump
	Lynn Bjorklund*	3000m
	Cheryl Roulier*	100/200m
1979	Pam Spencer	High Jump

National Team Members (in addition)

1967	Janet Johnson*	Pentathlon
1969	Heku Tuayer*	Discus
1977	Denise Anderson	400mH
1977	Marcia Mecklenburg	Discus
1977	Theresa Smith	Heptathlon
1978	Debbie Quatier	3000m
1981	Julie Hansen	Discus
1984	Gail Volk	20k Road
1990	Charlotte Jensen (Denmark)	Distance
1987-94	Gitte Karlshoj (Denmark)	3000m
1987-89	Anita Sartin	Heptathlon
1992	Karin Grelsson (Sweden)	Triple Jump

*Falcon Track Club

Men's International Honor Roll

National Team Members

1973	Steve Gough	Decathlon
1990	Jack Hoyt	Decathlon



Doris Heritage competed in scores of major international meets, including the 1968 and '72 Olympic Games



Debbie Quatier represented the U.S. while running for SPU in the Seventies

NATIONAL CHAMPIONS

Women's Collegiate National Champions



Karin Grelsson won five NCAA track & field championships, and remains the only women to capture consecutive heptathlon crowns

NCAA/AIAW Champions

1973	Lynette Matthews *	Discus
1973	Lynette Matthews*	Shot
1973	Laurel Miller *	2 mile
1974	Lynette Matthews*	Shot
1976	Sherron Walker	Long Jump
1981	Cathy Wilson	Heptathlon
1985	Chris Klausman	800m
1986	Bente Moe	5000m
1987	Bente Moe	10,000m
1987	Anita Sartin	Heptathlon
1987	Gitte Karlshoj	3000m
1988	Bente Moe	5000m
1989	Bente Moe	10,000m
1990	Michelle DeVries	Javelin
1992	Karin Grelsson	Heptathlon
1992	Tiffany Colman	Javelin
1992	Karin Grelsson	Triple Jump
1993	Karin Grelsson (indoor)	Triple Jump
1993	Karin Grelsson	Heptathlon
1994	Karin Grelsson (indoor)	Triple Jump

*AIAW Championships

Men's Collegiate National Champions

NCAA/NAIA Champions

1953	Ben Moring	880
1954	Ben Moring	880
1968	Steve Gough	Triple Jump
1970	Steve Gough	Decathlon
1974	Steve Sooter	Steeplechase
1992	Mike Olson	Shot
1993	Mike Olson (indoor)	Shot

*NAIA Championships



Ben Moring first put the Falcons on the map by winning back-to-back NAIA 880 titles in the Fifties

ALL-AMERICA



Distance and cross country runner Bente Moe is the most decorated athlete in SPU history with five NCAA championships, 12 All-America honors and an NCAA Postgraduate Scholarship



Before making the U.S. Olympic team, Pam Spencer was a three-time All-American in the high jump

Women's All-America

- 1975 Lynette Matthews, shot, 3rd
Lynette Matthews, discus, 3rd
Denise Anderson, 400mH, 5th
Laurel Miller, 2 mile, 5th
- 1976 Sherron Walker, long jump, 1st
Pam Spencer, high jump, 2nd
Marcia Mecklenburg, shot, 2nd
Denise Anderson, 400mH, 2nd
Sonja Bennett, javelin, 3rd
Susie Griffith, 800m, 5th
Laurel Miller, 3 mile, 6th
- 1977 Lorna Griffin, discus, 2nd
Pam Spencer, high jump, 2nd
Lorna Griffin, shot, 5th
Julia Hansen, discus, 5th
Sonja Bennett, javelin, 5th
Debbie Quatier, 3000m, 6th
Marcia Mecklenburg, discus, 6th
- 1978 Pam Spencer, high jump, 3rd
Lorna Griffin, discus, 3rd
Julia Hansen, discus, 4th
Lorna Griffin, shot, 5th
Julia Hansen, discus, 3rd
- 1979 Julia Hansen, discus, 3rd
- 1981 Cathy Wilson, heptathlon, 1st
Anna Solomonson, heptathlon, 4th
Laurie Bannink, 800m, 5th
- 1982 Dottie Meyers, 10,000m, 3rd
Dottie Meyers, 5000m, 4th
Chris Klausman, 800m, 4th
Laurie Bannink, 800m, 6th
- 1983 Connie Benson, 10,000m, 3rd
Chris Klausman, 400mH, 4th
Rhonda Haag, javelin, 5th
Lisa Koelfgen, 1500m, 6th
- 1985 Chris Klausman, 800m, 1st
- 1986 Bente Moe, 5000m, 1st
Anita Sartin, heptathlon, 3rd
Bente Moe, 10,000m, 3rd
Bente Moe, 10,000m, 1st
Anita Sartin, heptathlon, 1st
Gitte Karlshoj, 3000m, 1st
Juli Van Pelt, heptathlon, 3rd
Anita Sartin, javelin, 3rd
Bente Moe, 5000m, 3rd
Juli Van Pelt, high jump, 6th
Kim Huey, long jump, 8th
- 1988 Bente Moe, 5000m, 1st
Bente Moe, 10,000m, 2nd
Gitte Karlshoj, 3000m, 2nd
Gitte Karlshoj, 1500m, 2nd
Michelle DeVries, javelin, 2nd
Juli Van Pelt, heptathlon, 3rd
Traci Baker, 800m, 5th
Juli Van Pelt, high jump, 6th
Gina Taylor, javelin, 7th
- 1989 Bente Moe, 10,000m, 1st
Bente Moe, 5000m, 2nd
Gitte Karlshoj, 3000m, 2nd
Gitte Karlshoj, 1500m, 3rd
Juli Van Pelt, heptathlon, 3rd
Traci Baker, 800m, 4th
Michelle DeVries, javelin, 4th
Karen Lauve, 100m, 4th
Gina Taylor, javelin, 5th
Juli Van Pelt, high jump, 6th
Karen Lauve, heptathlon, 7th
- 1990 Michelle DeVries, javelin, 1st
Karen Lauve, heptathlon, 2nd
Gina Taylor, javelin, 3rd
Jenny Vale, 400mH, 5th
Karen Lauve, 100mH, 5th
Eden Judd, javelin, 8th
- 1991 Charlotte Jensen, 1500m, 2nd
Gina Taylor, javelin, 3rd
Jennifer Norman, heptathlon, 5th
Charlotte Jensen, 3000m, 5th
Wendy Becker, 10,000m, 7th
Jenny Vale, 400mH, 8th
- 1992 Karin Grelsson, heptathlon, 1st
Tiffany Colman, javelin, 1st
Karin Grelsson, triple jump, 1st
Karin Grelsson, long jump, 2nd
Charlotte Jensen, 3000m, 2nd
Charlotte Jensen, 1500m, 2nd
Jennifer Norman, heptathlon, 6th
Eden Judd, javelin, 8th
- 1993 Karin Grelsson, heptathlon, 1st
Eden Judd, javelin, 2nd
Karin Grelsson, triple jump, 2nd
Heidi Hamlin, 800m, 3rd
Karin Grelsson, long jump, 4th
Jenny Vale, 400mH, 4th
Jennifer Norman, heptathlon, 6th
Jenny Vale
Jennifer Casto
Shavonne Colebrooke
Heidi Hamlin, 4 x 400m, 7th
- 1994 Heidi Hamlin, 800m, 4th
- 1995 Tiffany Colman, javelin, 2nd
Nicole Trammell, javelin, 4th
Shavonne Colebrooke
Joleen Schwarzmilller
Jennifer Casto
Lisa Malmin, 4 x 400m, 6th
- 1996 Tiffany Colman, javelin, 3rd
Shavonne Colebrooke, 100m, 4th
Ronelle Lamkin, high jump, 4th
Sarah Gerlitz
Lisa Malmin
Joleen Schwarzmilller
Shavonne Colebrooke, 4 x 100m, 7th
- 1997 Susie Keller, heptathlon, 8th
- 1998 Linnea Jarvits, heptathlon, 3rd
Julie Swann, 1500m, 6th
Susie Jacobsen, javelin, 8th
- 1999 Stephanie Huffman, heptathlon, 2nd
Laura Widman, heptathlon, 5th
Rachel Ross, 800m, 6th
Laura Widman, heptathlon, 2nd
Karen Summers, 400mH, 7th
Jennifer Pyeatt, 400mH, 8th
- 2000 Stephanie Huffman, javelin, 3rd
Rachel Ross, 1500m, 4th
Stephanie Huffman, heptathlon, 4th
Rachel Ross, 800m, 5th
Ally Studer, Pole vault, 5th
Karen Summers, 400mH, 6th
- 2002 Stephanie Huffman, heptathlon, 2nd
Stephanie Huffman, javelin, 3rd
Dionna Anderson, shot put, 7th
Ally Studer, pole vault, 7th
- 2003 Danielle Ayers-Stamper, heptathlon, 2nd
Sarah Kraybill, 800m, 3rd
- 2004 Danielle Ayers-Stamper, heptathlon, 4th
Sara Johnson, javelin, 6th

NOTE: Prior to 1982 SPU competed at the AIAW Championships

ALL-AMERICA



Steve Gough, shown here after winning the 1970 NCAA decathlon, is the only seven-time All-America for the SPU men's team



Mike Olson won both indoor and outdoor NCAA titles in the shot put

Men's All-America

- 1952 Ben Moring
Gene Peterson
Denton Palmer
Wes Thompson, mile relay, 3rd
- 1953 Ben Moring, 880, 1st
Gene Peterson, 880, 4th
- 1954 Ben Moring, 880, 1st
- 1956 Gordon Fee, 400mH, 3rd
Roy Duncan, 100m, 3rd
Lloyd Pugh, 1500m 5th
- 1957 Marlin Reimer, steeplechase, 3rd
Lloyd Pugh, steeplechase, 5th
Don Worrell, pole vault, 6th
Roy Duncan, 220, 6th
- 1958 Roy Duncan, 100, 3rd
- 1959 Don Worrell, pole vault, 2nd
Jim Douglas, high jump, 6th
- 1960 Jim Douglas, high jump, 3rd
- 1961 Bob O'Brien, steeplechase, 6th
- 1962 Bob Bartlett, 120yH, 4th
Bob Bartlett, 220yH, 7th
- 1968 Steve Gough, triple jump, 1st
Steve Gough, long jump, 4th
Jerry Bamburg, 1500m, 6th
- 1969 Steve Gough, triple jump, 5th
Steve Gough, javelin, 6th
Walt Notter, 3 mile, 5th
Bob Rorabaugh, 3 mile, 6th
- 1970 Steve Gough, decathlon, 1st
Steve Gough, triple jump, 3rd
Clyde Foreman, javelin, 5th
- 1971 Bill Spaet, decathlon, 3rd
Clyde Foreman, javelin, 4th
- 1972 Bill Spaet, pole vault, 5th
Bill Spaet, javelin, 6th
Steve Sooter, steeplechase, 6th
- 1973 Bill Spaet, pole vault, 2nd
Bill Spaet, javelin, 3rd
- 1974 Steve Sooter, steeplechase, 1st
Bill Thun, 880, 6th
- 1984 Terry Hodge, steeplechase, 5th
- 1987 Jack Hoyt, decathlon, 4th
- 1991 Ted Hamlin, 800m, 2nd
Mike Olson, shot, 3rd
- 1992 Mike Olson, shot, 1st
- 1994 Jon Holmen, decathlon, 4th
Mike Olson, shot, 7th
- 1995 Jon Swanson, 1500m, 8th
- 1996 Kyle Gough, decathlon, 3rd
- 1997 Kyle Gough, decathlon, 3rd
- 1998 Kyle Gough, decathlon, 8th
- 2002 Nathanael Castle, 1500m, 8th
- 2004 Chris Randolph, decathlon, 3rd

NOTE: Prior to 1962 SPU competed at the NAIA Championships

Women's Conference Champions

- 2000 Lindsey Stewart, 100m
Laura Widman, 200m, Hj, Lj
Sarah Kraybill, 400m
Rachel Ross, 800m, 1500m
Jennifer Pyeatt, 100mH, 400mH
Natalie Dorow, triple jump
Summers, Harder, Stewart, Bell,
4 x 100m Relay
Summers, Stewart, Bell, Kraybill,
4 x 400m Relay
- 2001 Karen Summers, 100m, 400mH
Cyrena Bell, 200m, 400m
Rachel Ross, 800m, 1500m
Stephanie Huffman, Lj, Javelin
Natalie Dorow, Tj
Dionna Anderson, shot put
Summers, Harder, Stewart, Bell
4x100m Relay
Bell, Kraybill, Ross, Summers
4x400m Relay
- 2002 Sarah Kraybill, 800m
Jawea Harder, 400mH
4x400 Relay
Stephanie Huffman, long jump
Dionna Anderson, shot put
Stephanie Huffman, javelin
Stephanie Huffman, heptathlon
Sarah Kraybill, 800m
- 2003 Sarah Kraybill, 1500m
Danielle Ayers-Stamper, 100mH
Dianna Grossglass, high jump
Danielle Ayers-Stamper, long jump
Ally Studer, pole vault
Danielle Ayers-Stamper, heptathlon
- 2004 Kinyatta Leonhardt (indoor), 60m
Kinyatta Leonhardt, (indoor), 200m
Jennifer Marsh (indoor), 800m
Jamie Witt (indoor), mile
Sharon Bjella (indoor), high jump
Medley relay (indoor)
Jennifer Marsh, 800;
Janna Schaafsma, 400H;
Sara Johnson, javelin;
Linda Blake, heptathlon;
4x400 relay

Men's Conference Champions

- 2001 Paul Mach, 400mH
- 2002 Nathanael Castle, 800m
Nathanael Castle, 1500m
Paul Mach, 400mH
- 2003 Paul Mach, 400mH
- 2004 Chris Randolph (indoor), long jump;
Paul Mach (indoor), 800m;
Tim LeCount, 5000m;

ACADEMIC/COACHING AWARDS

Academic Awards

Women

Academic All-America (CoSIDA)

1993 Karin Grelsson, first team
Eden Judd, third team
Heidi Hamlin, third team
1994 Karin Grelsson, first team
1997 Lisa Malmin, second team
1998 Lisa Malmin, second team
2003 Sarah Kraybill, third team

Academic All-District (CoSIDA)

1992 Karen Lauve
1993 Karin Grelsson
Eden Judd
1994 Karin Grelsson
Heidi Hamlin
1995 Jennifer Casto
1996 Lisa Malmin
1997 Ronelle Lamkin
Lisa Malmin
1998 Lisa Malmin
Julie Swann
2002 Stephanie Huffman
Laura Widman
Leah Wiest
2003 Sarah Kraybill
Laura Widman
Ally Studer
2004 Linda Blake
Jamie Witt

Men

Academic All-America (CoSIDA)

1992 Ted Hamlin , third team
1997 Matt Cooper, third team
1998 Matt Cooper, third team

Academic All-District (CoSIDA)

1992 Ted Hamlin
1997 Matt Cooper
1998 Matt Cooper
2002 Nathanael Castle
2003 Paul Mach
2004 Tim LeCount
Paul Mach

NCAA Woman of the Year

1994 Karin Grelsson (State)
1995 Heidi Hamlin (State/Nat'l Finalist)
1998 Lisa Malmin (State)

Postgraduate Scholarships

1989 Bente Moe , NCAA
1994 Karin Grelsson, NCWSF
1998 Lisa Malmin, NCAA
2001 Karen Summers, NCAA
2003 Laura Widman, NCAA

Coaching Awards

Women's National Coach of the Year

2000 Ken Foreman

Women's Regional Coach of the Year

1999 Ken Foreman
2000 Ken Foreman

Women's Conference Coach of the Year

2000 Jack Hoyt
2001 Jack Hoyt
2002 Jack Hoyt
2004 Jack Hoyt (indoor)

TEAM HISTORY

The Big Meets

Apr. 26, 1953 at DesMoines, Ia.

Drake Relays

Ben Moring-anchored mile relay takes fourth place. Moring goes on to win first of two NAIA titles in 880

June 7-8, 1968 at Hayward, Ca.

NCAA Championships

Men break into top 20 (11th) for first time, led by triple-jump champion Steve Gough

May 7-8, 1976 at Boise, Id.

NCWSA Regionals

Women's team wins 10 of 18 events, defeating second-place Oregon 149-82

May 14-15, 1976 at Manhattan, Ks.

AIAW Championships

Falcons finish second nationally (behind Prairie View A&M) among all schools, and long-jumper Sherron Walker becomes first women's collegiate champion

May 20-23, 1987 at Cape Girardeau, Mo.

NCAA Championships

Women crack top five for first time in 11 years with Bente Moe (10,000), Anita Sartin (heptathlon) and Gitte Karlshoj (3000) winning titles

Nov. 15, 1980 at Seattle

AIAW Championships

Women's cross country team hosts national meet at Tye Golf Course and finishes second in Div. II, with Lauri Shansby third overall

Nov. 17, 1985 at Marshalls Creek, Pa.

NCAA Championships

Norwegian Olympic marathoner Bente Moe wins cross country championship, the first of five national running titles during her career

May 23-25, 1992 at San Angelo, Tx.

NCAA Championships

Altogether, three men and women athletes--Tiffany Colman (javelin), Karin Grelsson (heptathlon, triple jump) and Mike Olson (shot put)--win four events. Grelsson sets meet and Swedish records in triple, and women are fourth overall

May 6, 2000, at Monmouth, Or.

Pacific West Championships

Laura Widman wins three events and Rachel Ross and Jennifer Pyeatt two each as the Falcon women win the inaugural conference meet by a margin of 90 points

Feb. 21, 2004, at Nampa, Id.

GNAC Indoor Championships

Kinyatta Leonhardt won the 60 and 200 dashes, sparking the Falcon women to the inaugural indoor championship. SPU got won six wins altogether to prevail by 23.5 points

Seattle Pacific Track & Field History

Seattle Pacific's celebrated track & field team first surfaced as a varsity sport in 1949, but it was a year later, after the arrival of Ken Foreman, when the Falcons began their ascent to a nationally-renowned program. Foreman, who had previously coached at Los Angeles Pacific High School, devoted 37 years as a mentor to generations of Falcons before retiring in 2000.

Within two years of Foreman's arrival, Seattle Pacific captured local attention by sending its promising men's 2-mile relay to the prestigious Drake Relays in 1953 where they finished fourth. Later that season, the mile relay qualified for the NAIA National Championships, with the foursome of Ben Moring, Gene Peterson, Denton Palmer and Wes Thompson taking third place. Moring was the catalyst for much of the early success; he won the NAIA 880-yard run in 1953 and repeated as champion in '54.

In 1955, Foreman became a forerunner in women's athletics by founding the Falcon Track Club, a team open to gifted females. Marcia Cosgrove, a 16-year-old Renton native, qualified for the AAU Indoor Championships. A year later, Cosgrove won the AAU 50-meter dash, then finished second in the 200 at the Olympic Trials and qualified for the U.S. Olympic Team.

Foreman returned to Los Angeles from 1957-60 to complete his doctorate. By 1962, when he resumed his position, the track & field program competed at the NCAA

Championships and the Falcon Track Club was becoming world famous. In 1964, Doris Brown set a world indoor record, running the first sub-5 minute mile, and Virginia Husted was second in the javelin at the Olympic Trials. Brown went on to establish world and American records for the 880 and 1500 meters, and make the 1968 and '72 U.S. Olympic teams. From 1967-71, she won five consecutive world cross country titles.

The men's program gained momentum once again with emergence of Steve Gough as, first, a NCAA champion triple jumper in 1968, and, in 1970, a winner in the decathlon. In fact, Gough would later challenge for a berth on the 1972 Olympic team.

In 1975, varsity status was given to the women's team and instantly Seattle Pacific was a respected power, dueling with the Division I likes of Tennessee and UCLA for the AIAW collegiate crown. At the 1976 nationals, the Falcons, with three future national team members, finished second. When the AIAW began sponsoring divisional championships, the SPU administration opted for Division II, and there were other changes in store as well. Foreman, who been named coach of the U.S. Olympic team, resigned and Doris Brown Heritage took over.

Foreman's return in 1985 ushered in an era when the Falcons put greater emphasis on multiple events and distance/middle-distance running. It was a fortuitous move as the women finished among the top 10 in the NCAA eight consecutive years from 1986-93. The 2000 season was one of significant change as Jack Hoyt, a protege' of both Heritage and Foreman, was named head coach, and SPU won it's first of three consecutive women's conference championships.

As the track & field program enters the 2005 season, the honor roll for both men and women lists 23 national and Olympic team members, 27 collegiate champions and 192 All-Americans.



The 1954 mile relay of Ben Moring, Denton Palmer, Charles Byers and Gene Peterson

WOMEN'S ALL-TIME ROSTER

Women's Track & Field All-Time Roster

Team MVP (High Points)

Women

1985	Leslie Ramstad, Dist.
1986	Anita Sartin, Hep.
1987	Anita Sartin, Hep.
1988	Bente Moe, Dist.
1989	Bente Moe, Dist.
	Karen Lauve, Hep.
	Gitte Karlshoj, Mid.
1990	Karen Lauve, Hep.
1991	Jennifer Norman, Hep.
1992	Karen Lauve, Hep.
	Karin Grelsson, Hep.
1993	Karin Grelsson, Hep.
1994	Heidi Hamlin, Mid.
1995	Shavonne Colebrooke, Spt.
1996	Shavonne Colebrooke, Spt.
1997	Susie Keller, Hep.
1998	Joleen Schwarzmilller, Spt.
1999	Rachel Ross, Mid.
	Laura Widman, Hep.
2000	Laura Widman, Hep.
2001	Stephanie Huffman, Hep.
	Rachel Ross, Mid.
2002	Stephanie Huffman, Hep.
2003	Sarah Kraybill, Mid. Dist.
2004	Sara Johnson, Throws

A

Altman, Sue 1983
 Anderson, Denise 1975,76,77,78
 Anderson Dionna 2001,02
 Anunson, Joan 1990
 Armstrong, Hailey 2001
 Austin, Ann 1979
 Ayco, Gina 1991,92
 Ayers-Stamper, Danielle 2003,04
B
 Bagby, Katie 1990
 Baker, Traci 1986,87,88,89
 Bannink, Laurie 1981,82,83,84
 Bates, Shirley 1979,80,81
 Baumgartner, Schaylee 1998,99,00,01
 Becker, Wendy 1991
 Beddell, Diane 1983
 Bell, Cyrena 1998,99,00,01
 Bennett, Sonja 1976,77
 Benson, Connie 1981,82,83,84
 Bethel, Tamara 1990
 Bjella, Sharon 2004
 Bjork, Kirsten, 2001,02,03
 Black, Diane 1984,85
 Blake, Linda 2003,04
 Blizzard, Tina 1978
 Bolibol, Jennifer 1994
 Botha, Erika 1997
 Boyd, Valerie 1999
 Brown, Trish 1985,86,87
 Brown, Celia 1979
 Bryant, Brandy 1989
 Buchanan, Michelle 1978
 Burggraaf, Janice 1979
 Byron, Annie 1979
C
 Cantrell, Dana 2001
 Carter, Debrah 1978,79,80,81
 Casto, Jennifer 1993,94,95
 Christoff, Melissa 1990,91
 Clark, Danae 2004
 Clark, Heidi 1992
 Clausen, Capri 1979
 Colebrooke, Shavonne 1993,94,95,96
 Colman, Tiffany 1992,94,95,96
 Corbin, Joan 1979
 Covington, Sarah 1997,98,99
 Cowden, Amy 1998,99,00,01
 Cray, Kathy 1987,88
 Crocker, Mary Kay 1980
 Crunican, Ashleigh 1997,98,99
 Cummings, Cyndie 1977,78,79
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 Damm, Jennifer 1990
 Daniel, Kirsten 1999
 de Marval, Sandrine 1988,89
 DeVine, Rachel 1995,96,97
 DeVries, Michelle 1988,89,90
 Dickson, Karen 2004
 Donely, Karen 1984
 Donner, 1975
 Dorow, Natalie 1998,00,01
 Doser, Lois 1979
 Duringer, Julie 2004
E
 Eldrenkamp, Diane 1979
 Eggers, Heidi 1993
 Elde, Kristin 2000
 Ennes, Laura 1991
 Ereminaitite, Marija 1997
F
 Farthing, Amber 2001
 Ferguson, Mindy Lee 1997
 Fernandez, Lisa 1997
 Frazee, Rene 1986,87,88,89
G
 Gabelein, Sandy 1982,83,84,85
 Gerlitz, Sarah 1996,97,98,99
 Gibbs, Rashel 1997
 Gilbert, Melinda 1996,98
 Gjerset, Ilene 1986,87,88,89
 Gleason, Kelsey 2003,04
 Goering, Christie 2000,01
 Graham, Dawn 1980
 Grelsson, Karin 1992,93
 Gribble, Heidi 1994
 Griffin, Lorna 1977,78
 Griffith, Sue 1975,76,77,78
 Grossglass, Dianna 2003,04
 Groth, Abby, 2003,04
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Haag, Rhonda 1982,83
 Hamlin (Bomengen), Heidi 1991,92,93,94
 Hankins, Joey 1992
 Hansen, Julie 1977,78,79
 Hansen, Penny 1997
 Hanseny, Karen 1982
 Harbaugh, Ruth, 2003,04
 Harder, Jawaea 1999,00,01,02
 Harris, Abby 1998,99,00,01
 Harris, Amy 2003,04
 Harris, Bethany 1990
 Harwood, Glynnette 1980,81
 Hawkinson, Ruth 2000,01,02,03
 Hedegees, Allie 2003,04
 Herrmann, Julie 1992
 Ho, Tara 1997
 Holthusen, Jacque 1997,98
 Hornbuckle, Molly 2004
 Howell, Brenda 1996
 Huey, Kim 1987,89
 Huffman, Stephanie 1998,99,01,02
I
 Iddings, Linda 1975
 Irwin, Linda 1978,79,80
 Issacs, Jessica 1997
J
 Janney, Kristin 2004
 Jarvits, Linnea 1994,96,97,98
 Jensen, Charlotte 1991,92
 Jensen, Nikki 2004
 Johnson, Lori 1987,88
 Johnson, Linda 1986,87
 Johnson, Lisa 1975,76
 Johnson, Sara 2004
 Jordan, Kris 1987
 Judd, Eden 1990,91,92,93
 Jung, Susan 1996,97
K
 Karlshoj, Gitte 1987,88,89
 Kearney, Brigid 1987
 Keller (Jacobsen), Susie 1996,97,98
 Kelly, Alice 1975
 Kincaid, Ashley 1997
 King, Tammie 1994
 Kirby, Pat 1985
 Kjaersgaard, Hanne 1988
 Klausman, Chris 1982,83,84,85
 Knox, Becky 2003,04
 Koelfgen, Lisa 1983,84
 Kolb, Jean 2003,04
 Kooy, Lauren 2001,02,03,04
 Kraybill, Sarah 2000,01,02,03
 Kuipers, Wendy 1999
L
 Lamkin, Ronelle 1994,95,96
 Larson, Lonna 1991,92
 Lauve, Karen 1988,89,90,92
 Lavallee, Sarah 1999,00
 Lavin, Josie 2002,03
 Leonhardt, Kinyatta 2004
 Levan, Marianne 1983,84,86,87
 Lindberg, Erica 1997
 Lindberg, Julie 1984,85
 Lindstrom, Krissy 1983
 Little, Brooke 2002
 Lush, Christine 1989
 Lyne, Sarah 2000,01
 Lyon, Alicia 1995,96,97,98
M
 Macaraig, Mimi 1992
 Malmin, Lisa 1995,96,97,98
 Marnach, Jennifer 1998
 Marsh, Jennifer 2004
 Marsh, Kelley 1994,95,96,97
 Marshall, Ashley 2004
 Marston, Camille 1989,90
 Maschmedt, Gena 1985
 Matthews, Lynette 1975
 McCabe, Annie 2000,01
 McClary, Amanda 2002
 McCormick, Sheri 1979,80
 McCoy, Brandi 2003,04
 McDowell, Janice 1983
 McGlade, Brenda 1980,81
 McMahon, Sue 1975
 Mecklenburg, Marcia 1976,77,78,79
 Medeiros, Lisa 1984
 Meyers, Dottie 1982
 Milcic, Jan 1980

Miller, Jenny 1989,90
 Miller, Kristie 1978
 Miller, Laurel 1975,76
 Moe, Bente 1986,87,88,89
 Mohr, Joy 1980
N
 Nelson, Missi 1981,82,83
 Newkirk, Martha 1981
 Newsom, Katrina 2000
 Ng, Jennifer 1999
 Nichols, Lory 1993
 Norman, Jennifer 1990,91,92,93
 Northwall, Lindsey 2001
O
 O'Brien, Mary 1987,88
 Ocampo, Angie 2002,03
 O'Conner, Stephanie 1989
 Ocken, Sue 1986
 Owens, Candy 2001,02
 Owens, Erica 2000,01
P
 Park, Ilene 1985,86,87,88
 Parrish, Kerri 1979,80,81
 Pennington, Andrea 2004
 Pepper, Kati 1985
 Perkins, Valerie 2004
 Petite, Jenny 1994
 Polk, Linn 1975
 Pothoff, Michelle 1984
 Preboski, Erica 2004
 Price, Jo 1986,87,88
 Probst, Rachae 1999,00,01
 Puckett, Danice 1985
 Pyeatt, Jennifer 2000,02,03
Q
 Quatier, Debbie 1977,78
 Quigley, Molly 1979
R
 Ramstad, Leslie 1984,85,86,87
 Ranta, Morgan 1999,00,01,02
 Ray, Judy 1980,81
 Ray, Shana 1998
 Reed, Jeannette 1990,91,92
 Lavin, Josie 2002
 Richard, Kara 2002,03
 Ritter, Gina 1994,95,96,97
 Robinson-Spaulding, Gabrielle 2004
 Rogers, MacKenzie 2001,02
 Rohm, Breanne 2002,03,04
 Rose, Amber 2001,02,03,04
 Ross, Rachel 1999,00,01,02
 Roulier, Cheryl 1981,82,83
S
 Sartin, Anita 1986,87
 Scandurra, Anita 1977,78
 Schaafsma, Janna 2003,04
 Schill, Linda 2000
 Schlumpf, Alena 1999,00
 Schroeder, Chris 1975,76
 Schroeder, Peggy 1975
 Schwarzmilller, Joleen 1995,96,97,98
 Scott, Amber 1999
 Seana, Nicole 2000,01,02,03
 Senger, Marnee 1991
 Setera, Jeanna 1981
 Shannon, Claudia 1993,94,95,96
 Shansby, Laurie 1981,82,83
 Simmons, Terri 1980,81
 Simon, Patti 1983,84,85
 Skinner, Carol 1983
 Skipper, Angela 1998
 Smathers, Shelley, 1990,91
 Smiley, Jeanette 1975,76
 Smith, Sharon 1980
 Smith, Theresa 1976,77,78,79
 Sokoloskis, Benita 1988,89,90
 Solomonson, Anna Marie 1980,81
 Sommer, Kathi 1979,80
 Spencer, Pam 1976,77,78
 Stevens, Janelle 2003,04
 Stewart, Lindsey 2000,02
 Strid, Laurey 1986,87
 Studer, Ally 2001,02,03
 Sturn, Vicki 1977,78
 Summers, Karen 1999,00,01
 Swann, Julie 1997,98,99
T
 Tayet Hillary 2003
 Taylor, Gina 1988,89,90,91
 Teeter, Janet 1981
 Templeman, Wendy 1984,86
 Terpstra, Brenda 1985,86
 Todd, Carrie 1980
 Townsend, Alisha 1999,00
 Tozier, Janet 1979,80
 Trammell, Nicole 1995
 Turner, Natalie 1994,95,96,97
 Tysseling, Amy 1992,94
U
 Underhill, Elisa 1980,81
 Urfer, Lynne 1990
 Urrutia, Jennifer 2004
V
 Vale, Jenny 1990,91,92,93
 Van Pelt, Juli 1986,87,88,89
 Vasey, Pam 1985
 Vaughn, Debra 1996,97
 Vick, Melinda 1987,88
 Volk, Gail 1980,81
W
 Waggoner, Dawn 1980
 Walker, Sherron 1976
 Wallace, Heather 1997,98,99,00
 Warawa, Lori 1981
 Wayman, Gina 1992,93
 Weinz, Becky 1998
 Weitz, Diane 1979
 Weitz, Janet 1981
 Weitz, Judy 1983,84,85
 Weyers, Emily 2002
 Whitbeck, Kelly 1986,87,88,89
 Whitehead, Simone 1988
 Whitfield, Jackie 1998,00
 Widman, Laura 1999,00,02,03
 Wiest, Leah 2002
 Wilburn, Rebecca 1983
 Williamson, Michelle 1978
 Wilson, Cathy 1980,81
 Winslow, Kim 1979
 Witt, Jamie 2001,03,04
 Wood, Paula 1979
Y
 Yeager, Rachel 1975,76,77,78
Z
 Zamora, Jasmine 2003
 Zender, Julie 1986

MEN'S ALL-TIME ROSTER

Men's Track & Field All-Time Roster

Team MVP Track & Field

Men

1985 Jack Hoyt, Dec.
1986 Brian Wick, 800m
1987 Jack Hoyt, Dec.
1988 Brent Ruby, Sprints
1989 Daunte Gouge, Spts.
1990 Ted Hamlin, Mid.
1991 Mike Olson, Throws
1992 Mike Olson, Throws
1993 Jon Swanson, Mid.
1994 Mike Olson, Throws
1995 Jon Swanson, Mid.
1996 Kyle Gough, Dec.
1997 Kyle Gough, Dec.
1998 Kyle Gough, Dec.
1999 Dan Snowden, Jumps
2000 Christian Berkey, Mid.
2001 Paul Mach, Hurdles
2001 Paul Mach, Hurdles
2002 Nathanael Castle, Mid.
2003 Paul Mach, Hurdles
2004 Chris Randolph, Dec.

A

Acob, Cliff 1993,94,95
Akins, Jim 1965
Al-Haddad, Musaed 1996
Anderson, Bob 1957,58
Anderson, Dennis 1964,65
Anderson, Dominic 2003
Anderson, Jeremy 1991
Anderson, Jim 1959
Anderson, Steve 1965
Andrews, Ed 1956
Archer, Jim 1969,70,71
Arendt, Chris 1990
Arksey, Matt 1983,84,85
Arnold, Dave 1966
Arnold, Rob 1971,72,73
B
Backen, Kelsey 1998,00,01
Baker, Dave 1965
Bamburg, Jerry 1965,66,67,68
Barber, Dusty 1968,69,70
Barrett, Brad 1981
Bartlett, Bob 1960,61,62,63
Bartlett, Doug 1962,64
Bass, Aaron 2000
Bates, Mike 1972,73,74,75
Bauer, John 1979
Bayley, Phil 2004
Beckett, Scott 1996
Beechick, Andy 1971,72,73,74
Bellmore, Jim 1951,52,53,54
Benner, Robert 1989
Bennett, John 1960,61
Bennett, Kirk 1981
Berkey, Christian 1997,98,99,00
Berry, Nick 2002
Berry, Rusty 1992
Bettger, Al 1955
Birnbaum, Mike 1996
Bixby, Marvin 1969
Bjella, Clint 2002,03,04
Bjornson, Ted 1956,57,58
Blackburn Gary 1972
Blackmen, Dan 1972
Blackwell, John 1967
Blowers, Steve 1963,64,65,66
Bolin, Paul 1974,75,76
Bone, Len 1974
Borton, John 1969,70
Bostrom, Bjorn 2004
Boucher, George, 1989
Bradford, Lee 1972,73
Bragg, Eric 1984
Brooks, Dean 1953,54
Brown, Don 1960,61,62,63
Brown, Jerry 1974
Bryson, Gerald 1967,68,69,70
Burgess, Tim 1979
Burke, Mike 1983
Burleson, Ryan 2002
Busby, Jeff 1964
Bush, Martin 1972
Byers, Charles 1953,54,55
C
Camp, John 1964
Cannon, Dave 1957,58,59,60
Card, Rob 1980
Carlson, Craig 1965,66,67,68
Carnevali, Gary 1962
Carter, Chuck 1952
Carter, Frank 1967
Carter, Mike 1983
Casebeer, Jon 1983
Castle, Nathanael 1999,00,01,02
Childers, Casey 1979
Christianson, Mark 1980
Clapp, Martin 1981,82,83
Clapp, Mike 1979
Cleveland, Richard 1996
Clubine, George 1995,96
Cole, Claire 1956
Cole, Paul 1988
Collins, Eric 1996,97,98,99
Comstock, John 1967,69,70
Conover, Bob 1969
Cooper, Matt 1996,97,98
Corn, Darrell 1978,79,80,81
Cornellison, Eric 1987,88
Costello, Steve 1997,98,99,00
Cottrill, Craig 1973,74

Courson, Jim 1979,80,81
Cowles, Dave 1963,64,65
Craig, Steve 1962,65
Creson, Dennis 1976
Crowston, Lloyd 1956
Cummings, Ralph 1963,64,65,66
Custer, Bryan 1986,87
Custer, Dave 1987
D
Dalziel, Don 1987,88,90,91
Daniel, Brent 1999
Davis, Ben 1984,85,87
Davis, Bob 1967,68,69
Dawn, Jonathan 1970,72
Deffenbaugh, Theo 1982,83,84
Delamarter, Harold 1967
Demmert, Bill 1955
Denniston, David 2001
Devers, Art 1974
Dexter, Roger 1961,62
Dickerson, Geoff 1977
Dietzman, Dale 1961,62,63,64
Douglas, Jim 1956,59,60,61
Dow, Jeremy 1999,00
Duncan, Roy 1955,56,57,58
Durand, Dave 1989,90
Dykes, Randy 1980,81,82,83
E
Eckert, Ron 1990
Edmondson, Matt 1996
Eggum, John 1962
Elkins, David 1987,88,89,90
Elmore, Jeff 1980
Endicott, Rick 1974
Endicott, Randy 1974,75,76
Erwin, Dave 1984
Ewing, Bob 1974,75
F
Fagan, Peter 1978
Fallon, Shannon 1991,92,93,94
Farris, Steve 1995,96,97,98
Fechter, Kirk 1973
Fee, Gordon 1953,54,55,56
Finkbeiner, John 1958
Flowers, Gregg 2004
Foreman, Chris 1997
Forbes, Ed 1959
Forbing, John 1962,64
Ford, Adam 1998
Ford, Mike 1968
Foreman, Clyde 1968,69,70,71
Fowler, Terry 1967
Fredrickson, Marty 1988
Freed, Rodney 1964
Fry, Jim 1969,70,71,72
Fryett, Neal 1999,00,01,02
Furst 1957
G
Galloway, Terry 1971,72
Gavareski, Michael 2004
Gerdes, Jeff 1991,92
Gilson, Jim 1954,55,56
Gibson, Keith 1952
Givens, Joel 1996
Glancy, John 1967,68,69,70
Glancy, Nick 1999
Goertz, Larry 1976
Goshorn, Ernie 1962,63
Gouge, Daunte 1989,90,91,92
Gough, Bryan 1993,95,96,97
Gough, Chris 1997,98,99,00
Gough, Kyle 1995,96,97,98
Gough, Steve 1967,68,69,70
Graham, Greg 1960
Grant, Dave 1964,65,66,67
Grant, Julius 1966
Gray, Merlin 1952
Greene, Ted 1990
Griffin, Paul 1983,84
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Groom, Lester 1981,82,83
Grove, Carl 1984
Guest, Robert 1988
Gustafson, Nate 1997
H
Haakenson, Erick 1970
Hagen, Wes 1967,69,70
Hahnemann, Marcus 1991
Hallman, Rod 1974,75
Hamblly, Jay 1969

Hamlin, Ted 1989,90,91,92
Hankinson, Mike 1986
Hansen, Dave 1973,74
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Hansen, Rick 1978
Hansen, Roger 1966,67,68,69
Hanson, Dave 1975
Hanson, Larry 1988,89
Hanson, Mark 1999
Hanssen, Jeff 2003
Hattingsh, Tyrone 2004
Hedges, Dick 1954,55,56,57
Henderson, Steve 2000
Heplews 1960
Hergert, Brett 1998
Heritage, Ralph 1956
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Hettmansperger, Greg 1976,77,78,79
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Hill, Mike 1986
Hill, Walt 1954,55
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Hilliard, Jim 1968
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Hodge, Terry 1981,82,83,84
Hodson, Don 1953
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Holmen, Dan 1991,92,93,94
Holmen, Jon 1993,94,95,96
Holmgren, Greg 1979,80
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Hopkins, Joe 1960
Hoppis, Adam 1988,89
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Houser, Wayne 1951,52
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Howell, Dennis 1972,73
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Hunter, Brian 2002,03
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I
Irwin, Dave 1984
Ishii, D. 1954
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J
Jackson, 1977
Jackson, Lonni 1983
Jacobsen, Eldon 1978
Jameison, John 1963
Jansen, Larry 1979
Johnson, Carl 1953,54
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Johnson, Ron 1959
Jolley, F. 1954
Jones, Jason 1992
Jounhson, Dwayne 1984
Jurgens, Bill 1950
Jurgensen, John 1962
K
Kaemingk, Wayne 1974
Keller, Bob 1962
Kellogg, Keith 1981,82,83,84
Kelley, Micah 2002,03,04
Kelly, Aaron 1995,96,98
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Kinzer, Scott 1978,79,80,81
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L
Lang, Tim 1999
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Larson, 1956
Larson, Dean 1984,85
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Leahy, Dave 1977
LeCount, Tim 2002,03,04
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Lemm, Bill 1966,67
Lepse, Bob 1952
Lewis, Duane 1963,65,66
Lewis, Randy 1971
Libadisos, Aaron 2002,03,04
Lindner, Peter 1980
Lingren, Lee 1975
Liscan, Mark 1978
Littlefield, Brandon 2001
Ljunghammer, Ralph 1972
Lotz, Thomas 1984
Louvier, Doug 1969,70,71
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Mach, Paul 2001,02,03
Macpherson, Jason 1992
Marston, Cliff 1965
Marston, Phil 1969,70
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Martin, Bruce 1971
Mason, Donald 1964
Masters, John 1983,84,85,86
Maxwell, Bill 1963
Maynes, Orlando 1974
McCormack, Brian 1982
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McDonald, Cal 1956,60
McGlothlam, Kirk 1971
McIntyre, Steve 1983,84,85,86
McMinn, Bob 1976
McNichols, Mel 1966
Meier, Nathan 1999
Millay, D.J. 1984
Miller, Frank 1964
Miller, Glen 1966,67,68,69
Miller, Ray 1954,55,56
Miller, Stan 1959,60,62,63
Miller, Will 1999
Milliken, Marv 1960
Mingus, Gary 1956
Miyabe, John 1967
Moffitt, Dave 1962,63,64,65
Moffitt, Roger 1965,66,67,68
Molinerio, Tony 1976
Monaghan, Kevin 1998
Moody, Colin 1992
Moon, Rick 1964
Moring, Ben 1952,53,54
Morrison, Darrell 1963,64
Morrison, Dwayne 1981
Morrison, Jerald 1981
Moulton, Rod 1970,71
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Munsell, Terry 1967
N
Nanka-Bruce, Richard 1957
Nash, Ryan 1999,00,01
Newcomer, David 1965
Newkirk, Marti 1979
Newsome, Pierre 1989
Newton, Ron 1952
Nienaber, Mark 1969
Noble, Ronald 1981
Nordtvedt, Tom 1964
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Protzman, Hughes 1962,63,64
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R
Radel, Jason 2003,04
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Reece, Tony 1987
Reeves, Tim 2003,04
Reid, Jerry 1953
Reimer, Albert 1980,81,82,83
Reimer, Marlin 1957,58
Rennick, Garry 1955
Righter, Kemper 1969
Robeck, Jim 1952,53,54
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Robinson, Ken 1989
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Rohn, Jeff 1979
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Rorabaugh, Mike 1970
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Rosser, James 2004
Rosser, Paul 1969
Ruby, Brent 1987,88,89
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Russi, Jim 1964
Rydman, Mike 1976,77
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Sandin, Sean 2002
Sargent, Jim 1951,52
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Schultz, Chuck 1988,89,90,92
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Sessler, Brad 1989,90
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Sharp, Trevor 1998,99,00,01
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Sheeks, Mark 1978
Shelton, Al 1976
Shepard, Zeph 2001
Sherrill, John 1968
Simpson, Bob 1956
Small, John 1973
Smith, Bill 1977,78
Snowden, Dan 1998,99
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Sooter, Steve 1971,72,73,74
Sorenson, Darren 1988
Spaet, Bill 1970,71,72,73
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Stark, Paul 1987
Stark, Rick 1969,70,71,72
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Steele, Aaron 1994
Steiner, Andrew 2000,01,02,03
Stemp, Andrew 1996,97,98
Stensland, Mark 1980
Stewart, Mike 2003
Stiles, Finney 1952
Stocker, Gary 1965
Strand, Greg 1977,78
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Sund, Brad 2000
Swanson, Dale 1960,61,62,63
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Swanson, Jim 1966,67,68,69
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Swinney, Rick 1975,77,78
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Takano, Dan 1985
Taylor, Pat 1977
Telfer, Tom 1980,81
Thomas, J. 1954
Thomas, Steve 1971
Thompson, Wes 1951,52
Threet, Gerald 1981

Thuline, Dale 1964
Thun, Bill 1971,72,73,74
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Tomsic, Joe 1993
Tucker, Darrell 1956,57
U
Utterback, Micha 1996,97
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Van Buskirk, Jay 1963,64
Van Hess, Scott 2000,01,02,03
VanWagner, DiRon 1990
Vinson, Ray 1992,94
Volburg, Ray 1957
W
Waddell, Gary 1973
Wagoner, Tim 1971,72
Wahl, Larry 1962,63,64,65
Walls, Forrest 1957,58
Warbinek, Mark 1976
Wassink, Kip 1996,97
Watkins, Ryan 1991,92
Watson, Max 1997
Wegner, Phil 1982,83
Wennerlind, Steve 1967,68,69,70
West, Ron 1960
Wette 1958
Whitehead, Matt 1978
Whitman, Blake, 2001
Whitney, Brent 1983,84
Wick, 1960
Wick, Steve 1983,84,85,86
Wick, Brian 1986,87,88,89
Wilhelm, Brett 1990
Willems, Andrew 1998
Williams, Dave 1984
Willis, Geoff 1994
Winckler, Gary 1973,74
Wirick, Randy 1980
Wirtz, Douglas 1984
Worrall, Don 1956,57,58,59
Worzner, Jens 1989
Wright, Eugene 1952
Y
Yeadon, Loren 1960
Yoder, Mike 1967
Youngren, Harold 1962,63,64
Z
Zatloukal, Jim 1971
Ziemann, Michael 2000

OUTDOOR CHAMPIONSHIP HISTORY

SPU at Nationals

Men's	Place	Pts	Meet
1952	26th	6	NAIA
1953	8th	14	NAIA
1954	14th	10	NAIA
1956	9th	14	NAIA
1957	19th	9	NAIA
1968	11th	15	NCAA
1969	33rd	6	NCAA
1970	11th	18	NCAA
1971	25th	10	NCAA
1972	38th	4	NCAA
1973	15th	14	NCAA
1974	20th	11	NCAA
1984	46th	8	NCAA
1987	33rd	5	NCAA
1991	20th	14	NCAA
1992	26th	10	NCAA
1994	28th	5	NCAA
1995	44th	1	NCAA
1996	31st	6	NCAA
1997	34th	6	NCAA
1998	51st	1	NCAA
2002	51st	1	NCAA
2004	32nd	6	NCAA

Women's	Place	Pts	Meet
1973	4th	21	AIAW*
1974	8th	15	AIAW*
1975	10th	16	AIAW*
1976	2nd	51	AIAW
1977	7th	24	AIAW
1978	11th	18	AIAW
1979	31st	6	AIAW
1981	12th	18	AIAW
1983	13th	38	NCAA
1985	18th	10	NCAA
1986	10th	22	NCAA
1987	4th	52	NCAA
1988	6th	55.5	NCAA
1989	3rd	62	NCAA
1990	7th	33	NCAA
1991	10th	25	NCAA
1992	4th	58	NCAA
1993	5th	47	NCAA
1994	28th	5	NCAA
1995	15th	16	NCAA
1996	12th	18	NCAA
1997	39th	1	NCAA
1998	22nd	10	NCAA
1999	16th	15	NCAA
2000	24th	11	NCAA
2001	9th	27	NCAA
2002	19th	17	NCAA
2003	16th	14	NCAA
2004	32nd	8	NCAA

*Falcon Track Club

NCAA Division II Championships

Year	Men's Champion	Women's Champion	Site
1963	Maryland-Eastern Shore		Chicago
1964	Fresno State		Fresno, Ca.
1965	San Diego State		Long Beach, Ca.
1966	San Diego State		Chicago
1967	Long Beach State		Ogden, Ut.
1968	Cal Poly SLO		Hayward, Ca.
1969	Cal Poly SLO		Ashland, Oh.
1970	Cal Poly SLO		St. Paul, Mn.
1971	Kentucky State		Sacramento
1972	Eastern Michigan		Ashland, Oh.
1973	Norfolk State	Texas Woman's*	Crawfordsville, Il.
1974	Eastern Illinois/Norfolk St.	Prairie View A&M*	Charleston, Il.
1975	Cal State Northridge	UCLA*	Sacramento
1976	UC Irvine	Prairie View A&M*	Slippery Rock, Pa.
1977	Cal State Hayward	UCLA*	Fargo, ND
1978	Cal State Los Angeles	Cal State Northridge*	Macomb, Il.
1979	Cal Poly SLO	Cal State Northridge*	Macomb, Il.
1980	Cal Poly SLO	Cal State Northridge*	Pomona, Ca.
1981	Cal Poly SLO	Cal Poly SLO+	Macomb, Il.
1982	Abilene Christian	Cal Poly SLO	Sacramento
1983	Abilene Christian	Cal Poly SLO	Cape Girardeau, Mo.
1984	Abilene Christian	Cal Poly SLO	Cape Girardeau, Mo.
1985	Abilene Christian	Abilene Christian	Los Angeles
1986	Abilene Christian	Abilene Christian	Los Angeles
1987	Abilene Christian	Abilene Christian	Cape Girardeau, Mo.
1988	Abilene Christian	Abilene Christian	San Angelo, Tx.
1989	St. Augustine's	Cal Poly SLO	Hampton, Va.
1990	St. Augustine's	Cal Poly SLO	Hampton, Va.
1991	St. Augustine's	Cal Poly SLO	San Angelo, Tx.
1992	St. Augustine's	Alabama A&M	San Angelo, Tx.
1993	St. Augustine's	Alabama A&M	Abilene, Tx.
1994	St. Augustine's	Alabama A&M	Raleigh, NC
1995	St. Augustine's	Abilene Christian	Emporia, Ks.
1996	Abilene Christian	Abilene Christian	Riverside, Ca.
1997	Abilene Christian	St. Augustine's	Edwardsville, Il.
1998	St. Augustine's	Abilene Christian	Edwardsville, Il.
1999	Abilene Christian	Abilene Christian	Emporia, Ks.
2000	Abilene Christian	St. Augustine's	Raleigh, NC
2001	St. Augustine's	St. Augustine's	Edwardsville, Il.
2002	Abilene Christian	St. Augustine's	San Angelo, Tx.
2003	Abilene Christian	Lincoln	Edwardsville, Il.
2004	Abilene Christian	Lincoln	Walnut, Ca.

*AIAW Champion (contested at different site than NCAA men)

+AIAW Div. II Champion (contested at different site than NCAA men)

Great Northwest Athletic Conference Championships

Year	Men's Champion	Women's Champion	Site
2000*	Western Oregon	Seattle Pacific	Monmouth, Or.
2001*	Western Oregon	Seattle Pacific	Monmouth, Or.
2002	Western Oregon	Seattle Pacific	Bellingham, Wa.
2003	Western Oregon	Western Oregon	Bellingham, Wa.
2004	Western Oregon	Western Oregon	Monmouth, Or.

*Pacific West Conference

INDOOR CHAMPIONSHIP HISTORY

SPU at Nationals

<i>Men's</i>	<i>Place</i>	<i>Pts</i>	<i>Meet</i>
1970	27th	4	NCAA Div. I
1993	9th	(tie) 10	NCAA
1994	15th	(tie) 6	NCAA

<i>Women's</i>	<i>Place</i>	<i>Pts</i>	<i>Meet</i>
1993	6th	(tie) 18	NCAA
1994	11th	(tie) 10	NCAA
2002	37th	(tie) 1	NCAA
2003	17th	9.5	NCAA

NCAA Division II Indoor Championships

<i>Year</i>	<i>Men's Champion</i>	<i>Women's Champion</i>	<i>Site</i>
1985	Southeast Missouri State	St. Augustine's	Fargo, ND
1987	St. Augustine's/Abilene Chr.	St. Augustine's	Fargo, ND
1988	Abilene Christian	Abilene Christian	Vermillion, SD
1989	St. Augustine's	Abilene Christian	Vermillion, SD
1990	St. Augustine's	Abilene Christian	Vermillion, SD
1991	St. Augustine's	Abilene Christian	Vermillion, SD
1992	St. Augustine's	Alabama A&M	University Center, Mi.
1993	Abilene Christian	Abilene Christian	Vermillion, SD
1994	Abilene Christian	Abilene Christian	Fargo, ND
1995	St. Augustine's	Abilene Christian	Indianapolis, In.
1996	Abilene Christian	Abilene Christian	Indianapolis, In.
1997	Abilene Christian	Abilene Christian	Indianapolis, In.
1998	Abilene Christian	Abilene Christian	Indianapolis, In.
1999	Abilene Christian	Abilene Christian	Indianapolis, In.
2000	Abilene Christian	Abilene Christian	Boston, Ma.
2001	St. Augustines's	St. Augustine's	Boston, Ma.
2002	Abilene Christian	North Dakota State	Boston, Ma.
2003	Abilene Christian	St. Augustine's	Boston, Ma.
2004	Abilene Christian	Lincoln	Boston, Ma.

Women's Indoor All-America

1993	Karin Grelsson, triple jump, 1st
	Karin Grelsson, long jump, 2nd
1994	Karin Grelsson, triple jump, 1st
2002	Dionna Anderson, shot put, 8th
2003	Sarah Kraybill, 800m, 4th
	Ally Studer, pv, 4th

Men's Indoor All-America

1970	Steve Gough, triple jump, 2nd
1993	Mike Olson, shot, 1st
1994	Mike Olson, shot, 3rd

GNAC Indoor Championships

<i>Year</i>	<i>Men's Champion</i>	<i>Women's Champion</i>	<i>Site</i>
2004	Western Oregon	Seattle Pacific	Nampa, Id.

Women's GNAC Champions

2004	Kinyatta Leonhardt, 60m
	Kinyatta Leonhardt, 200m
	Jennifer Marsh, 800m
	Jamie Witt, mile

Men's GNAC Champions

2004	Paul Mach, 800m
	Chris Randolph, long jump