

## Lisa Anderberg

Freshman | Edmonds, WA

**SPU:** Signed national letter of intent April 26, 2006...One-year letterwinner in cross country. **Kamiak High School:** Lettered four years in distance running...Qualified for state 4A cross country each year.

**Personal:** Lisa Michelle Anderberg was born September 24, 1987 in Kirkland, Washington...Father, Michael, ran for Central Washington... Political science major.

**Personal records:** 800m-2:17.3, 2006; 1600m-5:14.0, 2006



## Monica Anderson

Junior | Bremerton, WA

**SPU:** Two-year letterwinner in pole vault...All-conference and academic all-conference as a sophomore. **Sophomore:** Finished strong, clearing 11 feet in final three meets, including career-best 11-8 to take second in final outing.

Also was runner-up in GNAC outdoor. Won Vernacchia Classic...Fourth in GNAC indoor. **Freshman:** Most success came early, clearing 11- 3/4 in first two outdoor meets, and finishing second and first. Placed sixth in GNAC Championships outdoors, fourth in indoors. **Personal:** Psychology major.

**Personal Records:** Pole Vault-11-8, 2006



## Molly Barnes

Senior | Burien, WA

**SPU:** Three-year letterwinner in javelin...Academic all-conference as a sophomore and junior. **Junior:** Four meets with throws in excess of 130 feet, with season-best 136-2 to make provisional standard and place fourth in GNAC. Won a total of four meets, all during first half of season. **Sophomore:** Qualified for NCAA Championships, finishing 10<sup>th</sup> (134-7)...Consistently threw over 130, with PR winning first meet. **Freshman:** Finished among top four in four meets with a season-best of 127-9...Took sixth in GNAC. **Highline High School:** Four-year letterwinner in javelin and shot...Qualified for state 3A meet as a junior and senior, placing ninth in final year...Holds school javelin record...Also lettered three years in basketball, one year in volleyball and one year in cheer. **Personal:** Molly Marlene Hornbuckle was born August 19, 1985 in Seattle, Washington...Married to Chris Barnes...Exercise science major.

**Personal Bests:** Javelin-140-3, 2005



## Kim Beaman

**Sophomore | Emily, MN**

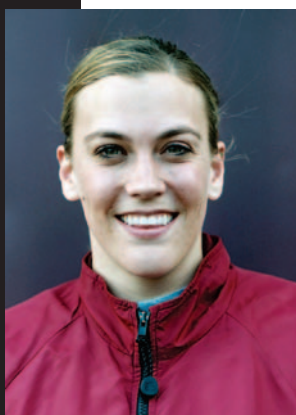
**SPU:** One-year letterwinner in middle distances and two years in cross country. **Sophomore:** No. 8 scorer in fall. **Freshman:** Primarily ran 800s, finishing 11<sup>th</sup> outdoors and fifth indoors in GNAC. Stretched to 1500 and 3000 during second half of season...Raced in five meets and finished as team's No. 6 scorer, taking 23<sup>rd</sup> in GNAC Championships. **Crosby-Ironton High School:** Four-year letter winner in distance and five-years in cross country...Placed 29<sup>th</sup> in state cross country meet as well as 18<sup>th</sup> in state 800m as a sophomore...Placed fifth in state track meet on the 800... Also lettered one year in softball. **Personal:** Kimberly Marie Beaman was born February 27, 1987 in St. Louis Park, Minnesota...Biology major. **Personal Records:** 800m-2:18.0, 2004; 1500m-5:02.23, 2006; 3000m-11:14.36, 2006



## Brittany Bekins

**Junior | Everett, WA**

**SPU:** Transferred in 2006 after attending Everett Community College and Washington State. **Cascade High School:** Lettered four years in multiple events...Finished sixth in 2002 state 4A 300 hurdles as junior, setting school records in both hurdles, javelin and heptathlon...Did not participate as senior due to injury...Also lettered in basketball and volleyball, earning all-Wesco in each. **Personal:** Brittany Victoria Bekins was born May 18, 1985 in Seattle...Physical education major. **Personal records:** 200m-27.1, 2002; 100m Hurdles-15.79, 2002; Javelin-117-0, 2002



## Kelsey Cooley

**Junior | Missoula, MT**

**SPU:** Two-year letterwinner outdoors... All-American and all-conference as freshman and sophomore...Academic all-conference in '05 and '06... Named GNAC Freshman of the Year in 2005... Most improved in 2005. **Sophomore:** Sixth in NCAA heptathlon with career-high score, reaching PRs in 200, hurdles and javelin....Second in GNAC heptathlon (4880) with long jump PR...Third in conference hurdles and earned 23 points across four events outdoors. Long jump runner-up indoors. **Freshman:** After seeing limited action indoors and eventually claiming outdoor redshirt in 2004, put together solid 2005. Six of her seven heptathlon event PRs came in final four meets, including four at nationals, where she took eighth place. Added over 400 points to heptathlon score between March and late May...Took second

*Kelsey Cooley continued*

in GNAC heptathlon (4842), getting five PRs in the process. **Hellgate High School:** Three-year letter winner in long jump, triple jump and high jump...Won state 2A high jump as a junior. Finished third in triple as a junior and in high jump as a sophomore...Also lettered four years in swimming and two in basketball...Finished as high as second in state 50 freestyle as sophomore. **Personal:** Kelsey Lynn Cooley was born April 14, 1984 in Missoula, Montana...Exercise science major.

**Personal Bests:** 200m–25.73.0, 2005; 800m–2:24.86, 2006; 100m Hurdles–14.53, 2006; High jump–5-4 1/2, 2006; Long jump–18-3, 2006; Shot Put–36-2, 2005; Javelin–110-6, 2006; Heptathlon–4930, 2006



## Kysa Cronrath

Freshman | Odessa, WA

**SPU:** Signed national letter of intent April 18, 2006...Lettered in cross country as freshman. **Odessa High School:** Lettered four years in middle distances...Finished fifth in both 1600 and 3200 at State B meets as senior. **Personal:** Kysa Marie Cronrath was born September 11, 1987 in Spokane... Mother, Doris, ran track at Idaho State...Bioengineering major.



## Latasha Essien

Freshman | Portland, OR

**SPU:** Signed national letter of intent April 18, 2006. **Reynolds High School:** Took third in 100 and fifth in 200 as junior. **Personal Records:** 100m–11.83, 2006; 200m–25.33, 2006



## Kate Harline

**Freshman | Orem, UT**

**SPU:** Signed national letter of intent May 8, 2006...One-year letterwinner in cross country, finishing as No. 7 scorer. **Orem High School:** Lettered three years in distance running, winning state 4A title in 1600 and finishing second in 3200 as senior, when Tigers won Utah championship... Twice placed among top six in state cross country...took fourth in 1600 and 3200 as junior. **Personal:** Kate Kelly Harline was born July 18, 1988 in Moscow, Idaho...Older brother Jonny plays football for BYU and grandfather ran for Utah...Education major.

**Personal records:** 1600m–5:13.67, 2006; 3200m–11:29.25, 2006; 5000m–19:01.0, 2006



## Katie Hart

**Sophomore | Pasadena, CA**

**SPU:** One-year letterwinner in middle distances and two years in cross country...Academic all-conference in cross country as sophomore.

**Sophomore:** Participated in four fall meets. **Freshman:** Ran 1500s for first half of season before stretching to 3000 and 5000. **Los Angeles Baptist High School:** Four-year letter-winner in distance and four years in cross-country ...No. 3 scorer in cross country as a freshman for the Knights... All-Alpha League each year. **Personal:** Katherine Louise Hart was born April 3, 1987 in Pasadena, California...Undecided major.

**Personal records:** 800m–2:38.0, 2004; 1500m–5:22.29, 2006; 3000m–11:58.29, 2006; 5000m–20:02.0, 2004



## Jessica Hinton

**Freshman | Lake Stevens, WA**

**SPU:** Signed national letter in intent July 25, 2005. **Lake Stevens High School:** Finished eighth in state 4A 100 as junior in 2004 and also qualified for 200. **Personal:** Jessica Maria Hinton was born November 5, 1986 in Everett, Washington...Communication major.

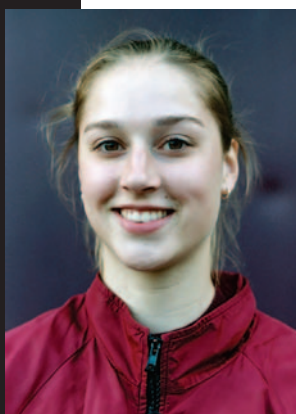
**Personal records:** 100m–12.58, 2004; 200m–25.63, 2004



## Corina James

Sophomore | Madera, CA

**SPU:** One-year letterwinner in cross country. **Madera High School:** Four-year letter-winner in cross-country and three years in track and field for Poodles...MVP in both cross country and track ...Named All-Valley all four years...Placed 50<sup>th</sup> in state for cross-country...Placed second both in league and Valley Championship as a freshman and junior...Placed 10<sup>th</sup> state in as a junior. **Personal:** Corina Michelle James was born September 22, 1987 in Cherry Point, North Carolina...Nursing major.



## Kristin Janney

Senior | White Salmon, WA

**SPU:** Two-year letterwinner in multiple events...All-conference outdoors as freshman, indoors as a sophomore...Academic all-conference as a sophomore. **Junior:** Missed virtually entire season due to X injury. Only competition came in final outdoor meet, throwing the javelin. **Sophomore:** Plagued by injuries, competed in four meets outdoors...Ran third in GNAC indoor 60 hurdles. **Freshman:** Consistent progress in building a foundation for heptathlon. Took third place in GNAC and made national provisional list by end of season...Also scored in three open events at GNAC meet, including third in 100 hurdles. **Columbia High School:** Four-year letter winner in linear jumps and sprints...Won state 2A title in triple jump as junior while also second in long jump to earn athlete of the meet. Finished third in both events as senior...Scored at state four times in triple, three times in 400 and twice in 100, 200 and long jump...Also lettered three years in volleyball and basketball. **Personal:** Kristin Cathleen Janney was born November 14, 1984 in White Salmon, Washington...Brother, David Janney was a baseball player at Pacific Lutheran ...Father, James Janney, swam at Dartmouth...Food and nutritional sciences major.

**Personal Bests:** 100m-12.76, 2003; 200m-25.9, 2002; 400m-60.1, 2001; 800m-2:29.54, 2004; High jump-5-0 1/4, 2004; Long jump-18-0 1/4, 2002; Triple jump-37-0 3/4, 2002; Shot put-32-2 1/4, 2005; Javelin-118-5, 2004; Heptathlon-4494, 2004



## Nikki Jensen

Senior | Portland, OR

**SPU:** Four-year letterwinner in cross country and three years in distance running...All-conference in track as junior and academic all-conference in cross country as a senior. **Senior:** No. 8 scorer over first four meets in fall. **Junior:** Runner-up in GNAC 10,000 after dropping time by 52 seconds...Won Western Twilight 5000, knocking 37 seconds off PR. **Sophomore:** Finished eighth in GNAC 10,000, and as high as fourth in two other meets...No. 5 scorer in cross country, placing 37<sup>th</sup> in conference. **Freshman:** Ran the 10,000 twice early in season...No. 8 scorer in cross-country. **St. Mary's Academy:** Two-year letter winner in middle distance running and cross-country. **Personal:** Nicole Mary Jensen was born July 6, 1985 in Portland, Oregon... Food and nutritional sciences major. **Personal Bests:** 800m-2:35.0, 2003; 1500m-5:12.0, 2002; 3000m-11:08.0, 2002; 5000m-19:02.14, 2006; 10,000m-39:12.13, 2006



## Jane Larson

Freshman | Fall City, WA

**SPU:** Signed national letter of intent April 24, 2006...One-year letterwinner in cross country...All-region and all-conference as a freshman, finishing 14<sup>th</sup> and ninth, respectively...No. 3 scorer for GNAC champion and sixth-place team in NCAA. **Cedar Park Christian High School:** Lettered four years in middle distances...Won a total of 11 state 1A titles including career sweeps of 1600 and 3200. Eagles won state championship in 2006...Also won cross country as junior and senior. **Personal:** Jane Marie Larson was born July 11, 1988 in Bellevue, Washington...Plans to major in English. **Personal Records:** 800m-2:14.91, 2006; 1500m-4:35.01, 2006; 1600m-4:55.4, 2006; 3200m-10:42.8, 2006



## Tracie Lundsten

**Freshman | Banks, OR**

**Banks High School:** Lettered four years in pole vault...Three-time all-Cowapa League and took fifth in state 3A meet as senior, fourth as junior.

**Personal:** Tracie Janelle Lundsten was born April 17, 1988 in Hillsboro, Oregon...Senior class Valedictorian...Plans to major in food and nutritional sciences.

**Personal Records:** Pole vault–11-0, 2005



## Jennifer Marsh

**Senior | Kirkland, WA**

**SPU:** Three-year letterwinner in middle distances and two years in cross country...All-conference as freshman and sophomore...Academic all-conference as a sophomore and junior...Team indoor MVP as freshman ...Missed 2004 and '05 cross country seasons due to injuries. **Junior:**

Unable to approach previous levels following comeback from injuries, running a season-best 2:20.48 to take sixth in GNAC. ..Finished as high as second in two meets. **Sophomore:** Recovered from injuries to win three late-season 800s, including GNAC title (2:19.00). Just missed provisional standard in final outing (2:15.67). **Freshman:** Qualified for both NCAA indoor and outdoor 800, placing 11th and 10<sup>th</sup>, respectively...Her 800 time broke her previous PR by 2.6 seconds and was the best by a freshman since Rachel Ross in 1999...Won three 800s and a 1500 outdoors. **Juanita High School:** Three-year letter winner in sprints and middle distance and three years in cross country...Sixth in 800 at 4A state meet as senior...Member of state champion 400 relay as sophomore and also took eighth in 400...Five-time All-America at junior nationals, finishing as high as fifth in 800 as ninth-grader...Ran for club team, Eastside Track Team, in Redmond.

**Personal:** Jennifer Claire Marsh was born July 28, 1985 in Kirkland, Washington... Father, Alan Marsh, played basketball at UCLA...Exercise science major.

**Personal Bests:** 200m–26.1, 2003; 400m–58.34, 2004; 800m–2:12.41 (outdoor), 2004; 2:13.55 (indoor), 2004; 1500m–4:41.42, 2004

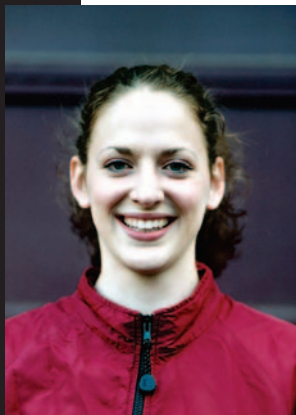


## Teona Perkins

Senior | Spokane, WA

**SPU:** Two-year letterwinner in multiple events and cross country...All-America and team MVP in indoor high jump as junior. **Junior:** Voted GNAC indoor athlete of the year after winning conference and finishing sixth in NCAA...Qualified for outdoor high jump and indoor 800, taking 16<sup>th</sup> and 12<sup>th</sup>, respectively...Second in GNAC indoor 400 and outdoor high jump...Won a total of four high jump meets, indoors and out. **Spokane Falls Community College:** Won NWAACC 800 title and was runner-up in heptathlon, high jump and 4x400 in 2005...Placed first in 800 as well as setting a NWAC record in 800 for the heptathlon at the NWAC nationals. **Northwest University:** All-American in both NAIA high jump and 4 x 800 relay in 2004, finishing sixth and third, respectively. **Kennewick High School:** Four-year letter-winner in cross country and track ...Three-time state qualifier in cross country and high jump. **Personal:** Teona Mae Perkins was born May 5, 1985 in Kennewick, Washington...European studies and Spanish major.

**Personal Records:** 200m—27.29, 2005; 400m—59.03, 2006; 800m—2:12.62, 2005 (outdoors); 2:13.11, 2006 (indoors); 1500m—4:56.45, 2006; 3000m—11:45.50, 2005; 100m Hurdles—16.73, 2005; Long jump—16-3, 2005; High jump—5-7 3/4, 2006; Javelin—96-1, 2005; Heptathlon—4492, 2005



## Victoria Perkins

Junior | Kent, WA

**SPU:** Three-year letterwinner in intermediate hurdles and steeplechase and one in cross country. ...All-conference as a freshman and sophomore . Academic all-conference as sophomore and junior...Team's co-most improved as a freshman. **Junior:** Took a surprising third in GNAC indoor 800 and ran a solid time (2:16.81) in one outdoor race. Otherwise, concentrated on intermediate hurdles, taking first or second in four meets. Placed fourth in conference. **Sophomore:** Transitioned to steeplechase, finishing seventh in GNAC in both that and 400 hurdles. **Freshman:** Consistent progress, taking 4 seconds off both 800 and 400 hurdles by season's end....Runner-up in GNAC 800, both outdoors and indoors... Finished among top four in eight of nine combined races. **Kentwood High School:** Three-year letter winner in high jump, long jump, sprints and hurdles and two years in cross country...As a senior, took fourth in SPSL South and West Central District meets in 300 hurdles, and qualified for state 4A meet. **Personal:** Victoria Alena Perkins was born August 16, 1985 in Fairbanks, Alaska...Biology major.

**Personal Bests:** 800m—2:16.81, 2006; 3000m steeplechase-11:48.7, 2005; 400m Hurdles—1:04.14, 2006



## Heidi Peterson

**Sophomore | Edmonds, WA**

**SPU:** One-year letterwinner in distance running and two years in cross country...Academic all-conference in cross country as a sophomore.

**Freshman:** Primarily ran 5-10k, taking eighth in latter at GNAC. **King's**

**High School:** Four-year letterwinner in distance and three years in cross country for the Knights. **Personal:** Heidi Gretchen Peterson was born October 31, 1986 in Seattle, Washington... Food and nutritional sciences major.

**Personal Records:** 3000m–11:33.51, 2006; 5000m–20:17.29, 2006; 10,000m–42:01.11, 2006



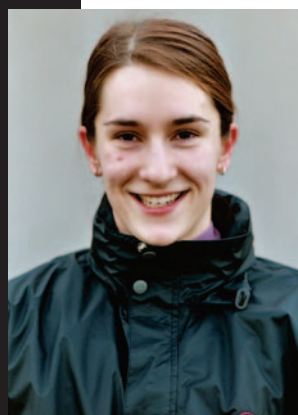
## Jessica Pixler

**Freshman | Sammamish, WA**

**SPU:** Signed national letter of intent November 11, 2005. **Freshman:** Lettered as freshman in cross country and soccer...All-American, finishing 10<sup>th</sup> in both NCAA Championships and USA Junior Nationals...Won both West Regional and GNAC titles, as well as two other races, while primarily concentrating on soccer. Appeared in seven games as a reserve defender.

**Eastlake High School:** Lettered three years in track, winning state 4A 800 title and taking second in 1600 as senior. Finished among top four in 1600 as junior and senior...Lettered two years in soccer, making all-Kingco as junior...Wolves made state 4A tournament as sophomore. **Personal:** Jessica Elise Pixler was born April 8, 1988 in Colorado...Both parents ran track at Colorado...Intends to major in English.

**Personal Records:** 800m–2:12.64, 2006; 1600m–4:56.42, 2006



## Kaitlin Rohde

**Junior | Bellingham, WA**

**SPU:** Three-year letterwinner in cross country and two years in distance running...Academic all-conference as sophomore and junior. **Junior:**

No. 9 scorer in cross country. **Sophomore:** Seventh in GNAC 10,000, establishing PRs in both 3 and 10k. **Freshman:** Alternated between 5k and 10k, taking ninth in GNAC in 10,000....A miler indoors, finishing eighth in the GNAC...No. 5 scorer in cross country, finishing 37<sup>th</sup> in GNAC Championships. **Mount Baker High School:** Three-year letter winner in middle distance, relays and pole vault ...Placed 12<sup>th</sup> in 3200m at state 2A meet... Mountaineers placed first in 2002 state meet, second in 2003 ...Three-year letter in soccer, making all-North Cascade Conference.

**Personal:** Kaitlin Alice Rohde was born February 10, 1986 in Bellingham, Washington...Twin sister Karin is a teammate... Psychology major.

**Personal Bests:** 3000m–11:11.09, 2006; 5000m–19:19.09, 2005; 10,000m–41:08.9, 2006



## Karin Rohde

Junior | Bellingham, WA

**SPU:** Three-year letterwinner in cross country and two years in middle-distance running...All-America indoors as freshman as member of medley relay...All-conference in track as freshman and sophomore and in cross country as junior...GNAC freshman of the year in cross country...Holds school steeplechase record...Academic all-conference as a sophomore and junior...Scholastic All-America and team's most inspirational as freshman.

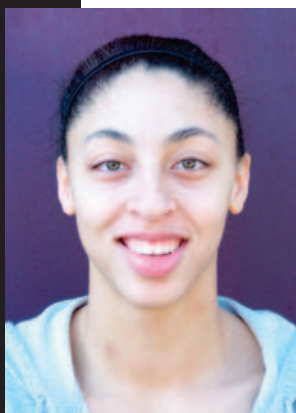
..Most inspirational and team captain of cross country as junior. **Junior:** Continued progress from previous spring by becoming a solid No. 3 scorer and taking seventh in GNAC and 16<sup>th</sup> at West Regional...Helped team win GNAC, finish second in regional and sixth nationally. **Sophomore:** Won GNAC steeplechase and qualified for nationals with consistent improvement, taking 36 seconds off time during the season. Won a total of four steeples and two 5000s...Runner-up in GNAC indoor mile and third in 5000...No. 3 scorer in fall, taking 12<sup>th</sup> in GNAC and 21<sup>st</sup> in West Regional.

**Freshman:** Finished outdoor season with promising debut in steeplechase after taking third in GNAC 3000...Won GNAC indoor 5k and was named freshman of the meet. Also ran on indoor medley relay which took seventh nationally...Team's No. 2 scorer in cross country and finished among top 10 in four meets, including seventh in GNAC and 14<sup>th</sup> in West Regional.

**Mount Baker High School:** Four-year letter winner in distance events and three years in cross-country...Scored at state 2A level four times as senior. Runner-up in cross country and 3200, fourth in 1600 and eighth in 800...Mountaineers won state meet her first two seasons and were second as junior...Also all-state in cross country as sophomore and junior.

**Personal:** Karin Ada Rohde was born February 10, 1986 in Bellingham, Washington...Twin sister Kaitlin is a teammate...Nursing major.

**Personal Bests:** 800m-2:20.39, 2005; 1500m-4:44.86, 2006; Mile-5:03.75 (indoor), 2006; 3000m-10:31.53, 2005; 3000m Steeplechase-10:58.7, 2006; 5000m-18:00.79, 2006



## NyEma Sims

Freshman | Portland, OR

**SPU:** Signed national letter of intent April 24, 2006. **Jefferson High School:** Lettered foru years in sprints...Won state 4A titles in both 100 and 200 as senior after finishing second in each as junior. runner-up in the state 100 and fourth in the 200. She was third in both as sophomore

**Personal:** NyEma Regina Sims was born February 10, 1988 in Portland, Oregon...Plans to major in family and consumer sciences.

**Personal Records:** 100m-12.04, 2006; 200m-24.66, 2006



## Suzie Strickler

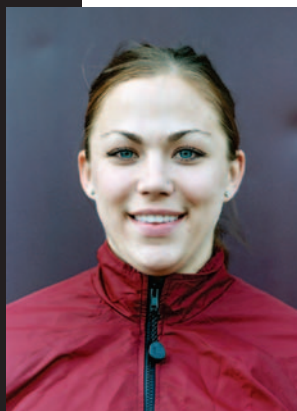
**Sophomore | Richland, WA**

**SPU:** One-year letterwinner in middle distances and two years in cross country...All-conference as freshman...Academic all-conference in cross country as sophomore...Most improved as sophomore in cross country.

**Sophomore:** Finished as team's No. 4 scorer, helping it win GNA, take second in region and sixth nationally...Placed 11<sup>th</sup> in GNAC and 17<sup>th</sup> in regional. **Freshman:** Runner-up in GNAC outdoor 800 and fourth indoors...

Ran a variety of events, from 200-3000 but mostly 800...No. 5 scorer in cross country. **Richland High School:** Finished 20<sup>th</sup> in state 4A cross country meet and qualified for 800 in track as senior. **Personal:** Suzanne Janel Strickler was born November 11, 1986 in Richland, Washington...Older brother, Eddie, is member of SPU men's team...Exercise science major.

**Personal Records:** 200m-27.67, 2006; 400m-58.5, 2003; 800m-2:17.73, 2006; 1500m-4:55.14, 2006; 3000m-11:14.01, 2006



## Lauren VerMulum

**Junior | Mount Vernon, WA**

**SPU:** Two-year letterwinner in javelin...All-America and GNAC champion as freshman and sophomore...Academic all-conference and team MVP as sophomore. **Sophomore:** Despite some injuries, won four meets and finished fifth at NCAA Championships, throwing a season-best 153-2...

Four meets with throws over 144. **Freshman:** Won a total of four meets, including GNAC (145-4) and finished among top four of the remaining five regular season meets. Threw 144-10 to take fifth in NCAA and 143-6, placing eighth in USA Junior Championships. **Mount Vernon High School:** Finished third in state 4A championship javelin...Also qualified for state meet as junior at Mountlake Terrace. **Personal:** Lauren Danae VerMulum was born February 10, 1986 in Mount Vernon, Washington...Nursing major.

**Personal Records:** Javelin-154-3, 2005



## Anna Walters

**Freshman | Spokane, WA**

**SPU:** Signed national letter of intent April 14, 2006. **North Central High School:** Lettered four years in sprints, finishing second in state 3A 400 and third in 200 as senior for Indians, who won state championship. Also a member of two relays which were in top four...Runner-up in 400 and eighth in 200 as junior when team was also second...Twice made all-Greater Spokane League...Lettered three years in volleyball, making all-GSL.

**Personal:** Anna Elizabeth Walters was born June 13, 1988 in Spokane... Plans to major in education.

**Personal records:** 100m–12.2, 2005; 200m–25.2, 2006; 400m–57.13, 2006



## Megan Wrightman

**Junior | Bend, OR**

**SPU:** Three-year letterwinner in cross country and two years in middle-distances...Academic all-conference in cross country as sophomore and junior...Co-most improved as junior in cross country. **Junior:** Noticeable improvement earned her No. 6 role in fall, placing 15<sup>th</sup> in conference and 22<sup>nd</sup> in West Regional. **Sophomore:** Stretched from 1500 to 3000 at midseason and sliced 34 seconds by end of outdoor campaign...Took fifth in GNAC 3000 and eighth in 1500...Team's No. 8 scorer in fall. **Freshman:** Concentrated on 1500 raced in only four late-season meets...Promising cross country season cut short after three meets. **Bend High School:** Four-year letter winner in distance and two years in cross-country... Won district 1500 and qualified for state 4A meet as senior...Also lettered three years in cross country skiing and two in soccer...Won district skiing title and was fourth state. **Personal:** Megan M. Wrightman was born January 16, 1986 in Bend, Oregon...Biology major.

**Personal Records:** 800m–2:22.0, 2004; 1500m–4:54.0, 2004; 3000m–10:53.1, 2006

Seattle Pacific University

# Athlete Profiles

Women's Track & Field 2007