

SEATTLE PACIFIC UNIVERSITY

Falcon News

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Slightly Shaken, SPU Aims To Make A Stir Falcons Seek First Regional Title Since '98; 3 Honored by GNAC

Five wins away. Seattle Pacific University is one of 32 men's soccer teams now five wins away from lifting the NCAA Division II championship trophy, having earned a record 30th trip to the postseason. The Falcons (12-6-0), ranked No. 17, hope for a return to midseason form when they open play at the Far West Regional against Cal State L.A. (12-8-1) Thursday (Nov. 2) in Carson, Calif. If they advance, the winner of host and No. 8 Cal State Dominguez Hills (12-8-1) and Seattle University (11-7-0) awaits Saturday night (Nov. 4).

Let's get it started. The team that rolled into October like a wrecking ball still exists, although it's been swinging and missing for much of the last couple weeks. Two months ago, Coach **Cliff McCrath** thought he had all the necessary ingredients for a run at the national title, and now is the time to bring it to a boil. SPU has lost four of six games since a car crash canceled one game and sent two starters to the sidelines. No excuses, but the squad hasn't been the same since. If they can resurrect the form exhibited during a seven-game win streak, they truly could contend for their sixth NCAA crown and first since 1993.

Road to Pensacola. If McCrath & Co. can just get to the final four in Pensacola, Florida, maybe the rest will be history. Four of Seattle Pacific's national titles have been won in the Sunshine State. The south side of Los Angeles—specifically Carson—has been another matter. The last three postseason games have been played there, and other than a neutral field win over Sonoma State a year ago, it's marked the end of the road with losses to Dominguez Hills in 2000 and '05. The Toros have prevailed in the last five meetings, including a 2-0 win at Interbay Stadium Aug. 29 which may have determined the top seed for the regional.

Building block. Soccer is a simple game, and the key statistics tend to be just as simple. Score first and your odds of winning rise, evidenced by the Falcons going 11-1 this season when doing so. When the defense has stood firm, even for just a half, good things have happened, such as the 10-1 record when keeping teams scoreless for the first 45 minutes. And when either **James Coggan** (Jr., San Jose, Ca./Valley Christian) or **Andy Willis** (Sr., Gig Harbor, Wa./Gig Harbor) score a goal, the result is nine wins, no losses.

All that. Certainly the opposition thinks the the Falcons have the right stuff. Coaches in the Great Northwest Athletic Conference voted seven players to the all-league team. Taking individual honors were McCrath as coach of the year, central midfielder **Justin Abel** (Jr., Snohomish, Wa./Snohomish) newcomer of the year and defender **Josh Burnside** (Fr., Black Diamond, Wa./Kennedy) co-freshman of the year. There were two repeat selections, goalkeeper **Kellen Rosten** (Jr., Colorado Springs, Co./Doherty) and sweeper **Matt Kemper** (Jr., Colorado Springs, Co./Palmer). Joining them were forwards **Colin Rigby** (Sr., Mercer Island, Wa.) and Coggan and midfielders Abel, **Michael Morris** (Sr., Bothell, Wa./Blanchet) and **Jeff Hallenbeck** (Jr., Redmond, Wa./Inglemoor).

Experience counts. Aside from the coaching staff, no one knows what it's like to win a national championship. However, 16 players got a taste of postseason experience a year ago, when SPU advanced to the second round of the tournament. Following a 2-0 win over Sonoma, they went up 1-0 on Dominguez Hills before succumbing 2-1 in overtime.

2006 MEN'S SOCCER

SPU Quick Facts

2006 Record— 12-6-0 (3-1-0 GNAC)

Coach— Cliff McCrath, 37th year

Coach's SPU Record— 504-183-80

Coach's Career Record— 589-225-88

This Week's Games

Thr. & Sat., Nov. 2 & 4

NCAA Far West Regional
Toro Stadium, Carson, Ca.

Thr. Nov. 2

SPU v Cal State L.A., 4 p.m.

Cal St. Dom. Hills v Seattle U., 7 p.m.

Sat., Nov. 4, 7 p.m.

Regional Championship Game

Last Week's Results

at Seattle University 3, SPU 1

Streaks & Such

Seattle Pacific has played its last three postseason games in Carson, Calif.

Stat de jour

The Falcons are 10-1 when holding teams scoreless in the first half and 11-1 when scoring first

National Rankings

1. Dowling (NY)
2. Fort Lewis (Co.)

also

8. Cal State Dominguez Hills
17. Seattle Pacific
20. Sonoma State

GNAC Standings

	Conf.			Season		
	W	L	T	W	L	T
Seattle Pacific	3	1	0	12	6	0
Seattle Univ.	3	1	0	11	7	0
Western Wash.	0	4	0	2	17	1

Opponent/series notes. Seattle Pacific has won six of seven in the series with Cal State L.A., the region's giant killer. The Golden Eagles recovered from a 2-4-1 to twice beat Dominguez Hills and finish second in the CCAA. SPU beat CSLA 1-0 in a 1992 playoff and 7-0 in 1994. Willis and Morris scored second-half goals in a 2-0 win at Rohnert Park Sept. 2...Cal State Dominguez Hills lost five of six after a 6-0 start but has won four straight going into the tournament. The Toros have won five in a row against SPU to lead the series 7-4-1...Seattle U. split the season series with the Falcons. This would mark the first postseason contest in 65 meetings going back to 1968. The Redhawks lost 2-1 at Interbay Oct. 14 and won 3-1 on the strength of penalty kicks early each half Oct. 28 at Championship Field.

Throw-ins. LiveStats will be available online for all regional games this week, with a link at The Falcons Online (www.spu.edu/falconsonline)...The Far West champion will face the Midwest winner Nov. 11 or 12 at a site to be determined. Defending national champion and No. 2-ranked Fort Lewis (Co.) is the top seed in the Midwest...Ironically, the last time an SPU team lost six times and made the playoffs, it advanced to the semifinal stage. The Falcons have the fewest losses of the four Far West teams...The shared GNAC title is the first for Seattle Pacific since 2000...California has served as a home-away-from-home for the Falcons each September, and they have fared rather well, going 4-1 in the state this season and 12-3-2 over three-plus years...The loss at Seattle U. marked the first consecutive defeats since 2003...The defense has allowed three goals four times—the most since 2002. Last season no opponent scored more than twice and 13 were held scoreless...SPU has outscored opponents 19-7 in the first half...Kemper has now started 58 consecutive games. The others to start all 18 games this season are **David Reuhl** (Sr., Bothell, Wa./Bothell-Bellevue CC), Hallenbeck, Rosten and Abel...Morris scored his first goal since Sept. 25 and fifth of the year at Seattle U., and Coggan earned his team-leading sixth assist. He's tied for second in the conference. Rigby is tied for third in goals with seven. Rosten is No. 1 in shutouts (5) and GAA (1.16).

Missing links. For the latest and best information on Seattle Pacific University athletics, click on the Falcons Online (www.spu.edu/falconsonline). For updated standings and statistics, see the Great Northwest Athletic Conference web site at www.gnacsports.com.

Coaching staff. Cliff McCrath is the Division II leader in career coaching victories. In 2002 he surpassed San Francisco's retired Steve Negoesco to briefly become collegiate soccer's leader for all divisions. McCrath has led SPU to a record 29 NCAA playoff appearances, including berths in 18 of the last 22 years, and five national titles (1978, '83, '85, '86 and '93).

2006 Men's Soccer Roster

No	Name	Pos	Hgt	Yr	Exp	Hometown (High School/Last College)
0	Kellen Rosten	G	6-0	Jr	2V	Colorado Springs, Co. (Doherty)
1	Andy Willis	F	6-0	Sr	3V	Gig Harbor, Wa. (Gig Harbor)
2	Drew Macha	D	6-1	Jr	2V	Eugene, Or. (Marist)
3	Colin Rigby	F	6-2	Sr	1V	Mercer Island, Wa. (Mercer Is./Denver)
4	Jono Henness	D	5-10	So	1V	Casa Grande, Az. (Casa Grande Union)
5	Matt Kemper	D/M	6-1	Jr	2V	Colorado Springs, Co. (Palmer)
6	James Coggan	F/M	5-11	Jr	2V	San Jose, Ca. (Valley Christian)
7	Michael Morris	M	5-8	Sr	3V	Bothell, Wa. (Blanchet)
8	Ben Pliskin	D	6-1	So	1V	Corvallis, Or. (Crescent Valley)
9	Alec Nelson	M	5-11	Fr	HS	Lynnwood, Wa. (Meadowdale)
10	Jeff Hallenbeck	M/F	5-8	Jr	2V	Redmond, Wa. (Inglemoor)
11	Colin Kosco	D	5-11	So	1V	Edmonds, Wa. (Meadowdale)
12	Justin Abel	M	5-11	Jr	TR	Snohomish, Wa. (Snohomish/St. John's)
13	Brandon Crutchfield	M/F	5-10	Fr	HS	Snohomish, Wa. (Snohomish)
14	Daniel Carpenter	M	6-0	So	1V	Santa Cruz, Ca. (Harbor)
16	Steve Spencer	F/M	5-9	Sr	1V	Scottsdale, Az. (Chaparral/Paradise Valley CC)
17	David Reuhl	D/M	6-0	Sr	1V	Bothell, Wa. (Bothell/Bellevue CC)
18	Josh Burnside	M/D	6-2	Fr	HS	Black Diamond, Wa. (Kennedy)
19	David Addison	G	5-11	Fr	HS	Mercer Island, Wa. (Mercer Island)
20	Ben Lovelace	G	5-10	So	1V	Cupertino, Ca. (Monta Vista)
21	Jordan Dettmer	G	5-11	Fr	HS	Snohomish, Wa. (Snohomish)
24	Cory Sinsler	M	6-0	Fr	HS	Bellevue, Wa. (Eastside Catholic)
25	Michael Thompson	G	5-10	Fr	HS	Centennial, Co. (Grandview)
29	Nate Elmenhurst	M	5-11	Jr	2V	Bothell, Wa. (Woodinville)

Head Coach: C. Cliff McCrath

Assistant Coaches: Mark Collings, Mark Metzger, Sergio Soriano

2006 Season Schedule

Date	Opponent	Time/Res.
Aug. 26	CHICO STATE	W, 3-0
Aug. 29	CAL ST. DOMINGUEZ HILLS	L, 0-2
Sept. 2	Cal State L.A. (Rohnert Park, Ca.)	W, 2-0
Sept. 4	at Sonoma State	W, 3-0
Sept. 6	at San Francisco State	L, 1-3
Sept. 8	at Cal State Stanislaus	W, 1-0
Sept. 12	at Cal State Monterey Bay	W, 3-1
Sept. 16	at Western Washington*	W, 4-1
Sept. 22	GRAND CANYON	W, 4-3ot
Sept. 25	NOTRE DAME de NAMUR	W, 2-1ot
Sept. 29	REGIS	W, 2-0
Oct. 5	at UC Colorado Springs	W, 4-0
Oct. 7	Hawaii Pacific (Phoenix)	canc.
Oct. 10	at Grand Canyon	L, 2-3ot
Oct. 14	SEATTLE UNIVERSITY*	W, 2-1
Oct. 16	SIMON FRASER	L, 1-2
Oct. 20	WESTERN WASHINGTON*	W, 3-1
Oct. 24	at Incarnate Word	L, 0-1
Oct. 28	at Seattle University*	L, 1-3
Nov. 2	Cal State L.A. (NCAA 1st Rnd.)	4:00
Nov. 4	Regional Final (Carson, Ca.)	7:00
Nov. 11	NCAA Quarterfinals	
Nov. 16	NCAA Semifinals (Pensacola, Fl.)	
Nov. 18	NCAA Championship (Pensacola, Fl.)	

*Great Northwest Athletic Conference games
All times are Pacific

2006 Statistical Leaders

Goals

Colin Rigby	7
James Coggan	6
Andy Willis	5
Michael Morris	5
Jeff Hallenbeck	4

Assists

James Coggan	6
Brandon Crutchfield	5
Jeff Hallenbeck	3
Josh Burnside	3
Colin Rigby	3

Points

James Coggan	18
Colin Rigby	17
Jeff Hallenbeck	13
Andy Willis	12
Michael Morris	12

Goals Against Average

Kellen Rosten	1.16
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Team	Gls	Shots	1st	2nd	OT
SPU	38	255	19	16	2
Opp.	22	216	7	14	1

The Automated ScoreBook For Soccer
 Seattle Pacific Combined Team Statistics (as of Oct 28, 2006)
 All games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES.....	(12- 6- 0)	(6- 2- 0)	(5- 4- 0)	(1- 0- 0)
CONFERENCE.....	(3- 1- 0)	(2- 0- 0)	(1- 1- 0)	(0- 0- 0)
NON-CONFERENCE.....	(9- 5- 0)	(4- 2- 0)	(4- 3- 0)	(1- 0- 0)

DATE	OPPONENT	W/L	SCORE	ATT	#	PLAYER	GP	G	A	Pts	Sh	Shot%	SOG	SOG%	GW	PK-AT
Aug 26	CHICO STATE	W	3-0	210	6	Coggan,James	17	6	6	18	31	.194	14	.452	2	0-0
Aug 29	#5 CS DOMINGUEZ HILLS	L	0-2	155	3	Rigby,Colin	18	7	3	17	38	.184	11	.289	3	0-0
Sep 02	vs Cal State LA	W	2-0	106	10	Hallenbeck,Jeff	18	5	3	13	32	.156	17	.531	1	0-0
Sep 04	at #17 Sonoma State	W	3-0	579	7	Morris,Michael	15	5	2	12	39	.128	17	.436	1	1-1
Sep 06	at San Francisco State	L	1-3	225	1	Willis,Andy	18	5	2	12	23	.217	15	.652	3	0-0
Sep 08	at Cal State Stanislaus	W	1-0	512	13	Crutchfield,Brandon	16	1	5	7	15	.067	4	.267	0	0-0
Sep 12	at Cal St. Monterey Bay	W	3-1	100	12	Abel,Justin	18	3	0	6	16	.188	7	.438	0	0-0
*9/16/06	at Western Washington	W	4-1	287	9	Nelson,Alec	18	2	2	6	10	.200	8	.333	0	0-0
Sep 22	GRAND CANYON	W	02 4-3	315	5	Kemper,Matt	18	2	2	6	9	.222	5	.556	1	0-0
Sep 25	NOTRE DAME DE NAMUR	W	02 2-1	190	16	Spencer,Steve	13	1	1	3	9	.111	6	.667	0	0-0
Sep 29	REGIS	W	2-0	265	18	Burnside,Josh	18	0	3	3	11	.000	3	.273	0	0-0
Oct 05	at UC-Colorado Springs	W	4-0	240	2	Macha,Drew	16	1	0	2	6	.167	2	.333	0	0-0
Oct 10	at Grand Canyon	LOT	2-3	45	21	Dettmer,Jordan	14	0	2	2	3	.000	1	.333	0	0-0
*Oct 14	#15 SEATTLE UNIVERSITY	W	2-1	775	14	Carpenter,Daniel	10	0	1	1	6	.000	3	.500	0	0-0
Oct 16	SIMON FRASER	L	1-2	123	17	Reuhl,David	18	0	1	1	5	.000	2	.400	0	0-0
*Oct 20	WESTERN WASHINGTON	W	3-1	319	29	Elmenhurst,Nate	8	0	0	0	1	.000	0	.000	0	0-0
Oct 24	at #19 Incarnate Word	L	0-1	123	11	Kosco,Colin	12	0	0	0	1	.000	0	.000	0	0-0
*Oct 28	at Seattle University	L	1-3	1140	24	Sinsler,Cory	2	0	0	0	0	.000	0	.000	0	0-0
					20	Lovelace,Ben	2	0	0	0	0	.000	0	.000	0	0-0
					8	Pliskin,Ben	10	0	0	0	0	.000	0	.000	0	0-0
					4	Hennessey,Jono	7	0	0	0	0	.000	0	.000	0	0-0
					0	Rosten,Kellen	18	0	0	0	0	.000	0	.000	0	0-0
						Total.....	18	38	33	109	255	.149	116	.455	12	1-1
						Opponents.....	18	22	23	67	216	.102	83	.384	6	2-2

TEAM STATISTICS	SPU	OPP
SHOT STATISTICS.....		
Goals-Shot attempts....	38-255	22-216
Goals scored average....	2.08	1.20
Shot pct.....	.149	.102
Shots on goal-Attempts.	116-255	83-216
SOG pct.....	.455	.384
Shots/Game.....	14.2	12.0
Assists.....	33	23
CORNER KICKS.....	82	65
PENALTY KICKS.....	1-1	2-2
OFFSIDES.....	40	27
PENALTIES.....		
Fouls.....	254	292
Yellow cards.....	23	40
Red cards.....	3	0
ATTENDANCE.....		
Total.....	2352	3251
Dates/Avg Per Date....	8/294	9/361
Neutral Site #/Avg....	1/106	

#	GOALTENDERS	-GOAL AVERAGE-				-SAVES-					
		GP	Minutes	GA	Avg	Sv	Pct	W	L	T	Sho
25	Thompson,Michael	1	3:25	0	0.00	0	.000	0	0	0	0
0	Rosten,Kellen	18	1628:52	21	1.16	60	.741	12	5	0	5
20	Lovelace,Ben	1	14:00	1	6.43	1	.500	0	0	0	0
	Total.....	18	1646:17	22	1.20	61	.735	12	5	0	6
	Opponents.....	18	1646:17	38	2.08	78	.672	5	12	0	2

GOALS BY PERIOD	1st	2nd	OT	OT2	Total
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Seattle Pacific.....	19	17	0	2	38
Opponents.....	7	14	1	0	22

SHOTS BY PERIOD	1st	2nd	OT	OT2	Total
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Seattle Pacific.....	137	112	2	4	255
Opponents.....	106	105	5	0	216

SAVES BY PERIOD	1st	2nd	OT	OT2	Total
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Seattle Pacific.....	27	34	0	0	61
Opponents.....	45	33	0	0	78

CORNER KICKS BY PRD	1st	2nd	OT	OT2	Total
-----	-----	-----	-----	-----	-----
Seattle Pacific.....	39	43	0	0	82
Opponents.....	32	33	0	0	65

FOULS BY PERIOD	1st	2nd	OT	OT2	Total
-----	-----	-----	-----	-----	-----
Seattle Pacific.....	115	137	1	1	254
Opponents.....	142	140	8	2	292

The Automated ScoreBook For Soccer
 Seattle Pacific Game Results (as of Oct 28, 2006)
 All games

Date	Opponent	Score	Overall	Conf	Attend	Goals scored
Aug 26, 2006	CHICO STATE	W 3-0	1- 0- 0	0- 0- 0	210	Kemper, Matt (unassisted) Morris, Michael (unassisted) Spencer, Steve (Burnside, Josh)
Aug 29, 2006	#5 CS DOMINGUEZ HILLS	0-2 L	1- 1- 0	0- 0- 0	155	-
Sep 02, 2006	vs Cal State LA	W 2-0	2- 1- 0	0- 0- 0	106	Willis, Andy (Hallenbeck, Jeff) Morris, Michael (Coggan, James; Crutchfield, Brandon)
Sep 04, 2006	at #17 Sonoma State	W 3-0	3- 1- 0	0- 0- 0	579	Rigby, Colin (Coggan, James) Abel, Justin (Morris, Michael) Coggan, James (unassisted)
Sep 06, 2006	at San Francisco State	1-3 L	3- 2- 0	0- 0- 0	225	Abel, Justin (Crutchfield, Brandon)
Sep 08, 2006	at Cal State Stanislaus	W 1-0	4- 2- 0	0- 0- 0	512	Nelson, Alec (Hallenbeck, Jeff)
Sep 12, 2006	at Cal St. Monterey Bay	W 3-1	5- 2- 0	0- 0- 0	100	Coggan, James (Spencer, Steve) Hallenbeck, Jeff (unassisted) Willis, Andy (Coggan, James)
* 9/16/06	at Western Washington	W 4-1	6- 2- 0	1- 0- 0	287	Morris, Michael (Coggan, James) Willis, Andy (Reuhl, David) Nelson, Alec (unassisted) Rigby, Colin (unassisted)
Sep 22, 2006	GRAND CANYON	W 4-3	02 7- 2- 0	1- 0- 0	315	Crutchfield, Brandon (unassisted) Willis, Andy (Nelson, Alec) Kemper, Matt (Coggan, James; Morris, Michael) Rigby, Colin (Dettmer, Jordan; Burnside, Josh)
Sep 25, 2006	NOTRE DAME DE NAMUR	W 2-1	02 8- 2- 0	1- 0- 0	190	Hallenbeck, Jeff (Rigby, Colin; Crutchfield, Brandon) Morris, Michael (penalty kick)
Sep 29, 2006	REGIS	W 2-0	9- 2- 0	1- 0- 0	265	Coggan, James (Willis, Andy) Coggan, James (Burnside, Josh; Hallenbeck, Jeff)
Oct 05, 2006	at UC-Colorado Springs	W 4-0	10- 2- 0	1- 0- 0	240	Rigby, Colin (unassisted) Hallenbeck, Jeff (Kemper, Matt) Coggan, James (Crutchfield, Brandon) Macha, Drew (unassisted)
Oct 10, 2006	at Grand Canyon	2-3 L OT	10- 3- 0	1- 0- 0	45	Rigby, Colin (Nelson, Alec) Hallenbeck, Jeff (Willis, Andy)
* Oct 14, 2006	#15 SEATTLE UNIVERSITY	W 2-1	11- 3- 0	2- 0- 0	775	Rigby, Colin (Crutchfield, Brandon) Willis, Andy (Rigby, Colin)
Oct 16, 2006	SIMON FRASER	1-2 L	11- 4- 0	2- 0- 0	123	Rigby, Colin (Carpenter, Daniel; Dettmer, Jordan)
* Oct 20, 2006	WESTERN WASHINGTON	W 3-1	12- 4- 0	3- 0- 0	319	Abel, Justin (Rigby, Colin) Coggan, James (unassisted) Hallenbeck, Jeff (unassisted)
Oct 24, 2006	at #19 Incarnate Word	0-1 L	12- 5- 0	3- 0- 0	123	-
* Oct 28, 2006	at Seattle University	1-3 L	12- 6- 0	3- 1- 0	1140	Morris, Michael (Coggan, James; Kemper, Matt)

TEAM RECORD	W-L-T	ATTEND	Dates	Total	Average
Overall:	12- 6- 0	Total:	18	5709	317
Conference:	3- 1- 0	Home:	8	2352	294
Home:	6- 2- 0	Away:	9	3251	361
Away:	5- 4- 0	Neutral:	1	106	106
Neutral:	1- 0- 0				
Overtime:	2- 1- 0				