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SPU Track & Field: Just Wait 'Til Next Year Randolph, Marsh Take GNAC Awards; 3 All-America

Just a hint. Giving just a hint of what's in store for 2005, the Seattle Pacific University track & field contingent returned from the NCAA Championships with three All-Americans and five athletes who will be all the better and wiser when they return. The Falcons won a women's conference indoor title, took second outdoors and both teams lose a total of only six seniors.

Oh, so young. Seattle Pacific sent seven athletes to indoor and outdoor national meets this season and each will be back in '05, including All-Americans **Chris Randolph** (So., Lone Tree, Co./Denver Christian), **Danielle Ayers-Stamper** (So., LaCrosse, Wa.) and **Sara Johnson** (Jr., Kennewick, Wa./Kennewick-Spokane CC). Randolph finished third in the NCAA decathlon, scoring a Great Northwest Athletic Conference record 7030 points to also earn a share of GNAC track & field athlete of the year. Ayers-Stamper, who missed all but two meets with a back injury, was fourth in the national heptathlon (4955) and Johnson threw for sixth (145-3) in the javelin. **Jennifer Marsh** (Fr., Kirkland, Wa./Juanita), who was 11th overall in the 800 meters (2:12.41) and conference champion, was voted GNAC freshman of the year.

Just the beginning. Coach **Jack Hoyt** will no doubt have expectations of a return to the nation's top 10 for the women, plus some individuals with realistic aspirations of winning NCAA titles. With neither of the finishers ahead of him due to return next season, Randolph could become the decathlon favorite. Similarly, Ayers-Stamper and Johnson were among fields dominated by seniors. Five of the seven indoor and outdoor qualifiers were underclassmen, including Marsh, pole vaulter **Allie Hedges** (So., Richland, Wa.) and 10,000-meter runner **Karen Dickson** (Fr., El Dorado Hills, Ca./Oak Ridge). Hedges finished tied for 10th in the pole vault (11-7 3/4) and Dickson ran 12th (36:45.46). **Paul Mach** (Sr., Seattle, Wa./King's), ninth in the indoor 800, and **Ally Studer** (Sr., Redmond, Wa./Redmond), 11th in the indoor pole vault, opted to redshirt outdoors and finish in '05.

Can't complain. While it was a five-month rollercoaster ride in terms of health and relative potential in the postseason, the Falcons fared pretty well, all things considered. Randolph and Ayers-Stamper, who scored 11 of the program's 14 points at nationals, were injured and thought out for the season in mid-April. Randolph returned from an ankle sprain in time to qualify, and Ayers-Stamper made a last-minute decision to shed her redshirt status. Still, Hoyt was missing Studer and Mach the entire outdoor season, and 41 of the other 54 roster athletes were freshmen or sophomores.

For the record books. Few of the outdoor records was seriously challenged, yet there were several new all-time top five marks, particularly in the women's pole vault and hammer throw. Randolph's NCAA decathlon score rates No. 4 and, along with a No. 5 400 time of 56.22 by **Kinyatta Leonhardt** (Fr., Petaluma, Ca./St. Vincent), was the most impressive. Hedges improved her No. 2 all-time vault to 12-2 3/4, while **Amy Harris** (So., Philomath, Or.) brought her No. 3 standard to 11-5 3/4. In the hammer, the Falcons finally filled-out the top five, including **Jennifer Urrutia** (Fr., Sunnyside, Wa.) at No. 2 (130-7).

For the textbooks. Mach became the first SPU male in six years to become a Verizon Academic All-America selection, earning a place on the third team for the college division (non-Div. I). Earlier, Mach, **Tim LeCount** (Jr.,

2004 TRACK & FIELD

SPU Quick Facts

Coach—Jack Hoyt, 5th year
Assistant—Doris Heritage
Assistant—Algerian Hart
Assistant—Erika Daligcon
Assistant—Kelly LaBounty
Assistant—Laura Widman
Assistant—Howie Kellogg

First Events For 2004-05

Sat., Sept. 11

Cross Country at Emerald City Open
Lower Woodland Park, Seattle, Wa.

Sun., Jan. 16

Washington Indoor Open No. 1
Dempsey Indoor, Seattle, Wa.

Stat de jur

Chris Randolph broke GNAC records for the decathlon, decathlon javelin and decathlon high jump this season

Season Highlights

- Chris Randolph took third place in the NCAA decathlon with the No. 4 score in school history
- Danielle Ayers-Stamper was fourth in the NCAA heptathlon after missing all but two meets
- Sara Johnson won seven of 11 javelin competitions and was sixth at nationals
- Paul Mach was named Verizon Academic All-America
- Seattle Pacific won the women's GNAC indoor championship and the cross country title last fall
- Randolph was voted GNAC co-athlete of the year and Jennifer Marsh was freshman of the year

Battle Ground, Wa.) **Linda Blake** (So., Richland, Wa.) and **Jamie Witt** (Jr. Folsom, Ca.) were voted to the Academic All-District VIII team. Mach, the only repeat selection for the Falcons, is a computer science major with a 3.72 grade point average. The GNAC indoor 800 champion this past winter, he is the first Academic All-America for the men since Matt Cooper in 1998 and the program's fourth overall. LeCount, the GNAC outdoor 5000 winner, is a history major with a 3.66 GPA. Blake won the conference heptathlon and is a chemistry major with a 3.96 GPA. Witt won the GNAC indoor mile and was the conference cross country runner-up last fall. She is an English major with a 3.85. All four were previously named to the Academic All-GNAC team announced earlier.

More applause, more awards. Witt was among those honored at the annual athletic awards ceremony June 3. Eligible to return for competition but electing to graduate instead, Witt received the Falcon Award for Excellence for career achievement in athletics, academics and leadership. A four-year squad member and three-year letterwinner, she was a two-time all-conference selection in both cross country and track. Last fall Witt served as cross country team captain, and was voted most inspirational and team MVP. For team awards, Johnson was the outdoor MVP and Marsh the MVP indoors. Dickson was most inspirational and co-most improved with Victoria Perkins. Studer was team captain. The men's outdoor MVP was Randolph and Mach was indoor MVP. Randolph was most improved, LeCount was most inspirational and Mach was the captain.

Help on the way. Hoyt has signed four recruits to national letters of intent for next season. Lauren VerMulm, one of the top javelin throwers in the state from Mount Vernon, was third (138-7) in the state 4A championships last month. Karin Rohde, a standout distance runner from Deming's Mount Baker High School, took third in last fall's 2A cross country championships after winning her district crown. She was runner-up as a sophomore. On the track, Rohde scored in three events at the 2004 state track championships, taking second in the 3200, fourth in the 1600 and eighth in the 800. Bridgette Sexton of La Center, Wa., will join the heptathlon group after being one of the top 2A runners from 200-800 meters for the past three years. For the men, Brian Cronrath of Battle Ground was fourth in the 4A 1600 and eighth in the 3200.

Go camping this summer. Space is growing tight for cross country head coach **Doris Heritage's** Falcon Running Camp on Whidbey Island this summer. The resident camp is July 25-30 at the Casey Conference Center and the cost is \$340. For a registration form, call (@06) 281-2085 or go to the FalconsOnline (spu.edu/falconsonline) and click on sports camps.

Fractions. The 2005 NCAA Championships will be hosted by Abilene Christian, marking a return to Abilene, Tx., for the first time since 1993. The indoor championships remain in Boston next winter. The GNAC indoor meet will be held again in Nampa, Id., while Bellingham is tentatively designated as the outdoor site with the multi-events at Ellensburg...Cross country gets underway with the Emerald City Open Sept. 11 at Lower Woodland Park. The GNAC Championships are at Arcata, Ca., and the West Regional will be held in Bellingham.

SPU Coaches. Jack Hoyt is now in his fifth season as head coach after succeeding the legendary Ken Foreman. His teams have won two outdoor conference titles and this year's GNAC indoor crown. Hoyt is a former All-America decathlete at SPU and served as an assistant to Foreman for seven years. Heritage, the coach of cross country and track runners from 800 meters up, is a member of eight halls of fame for both athletes and coaches. Algerian Hart, former Long Beach State star, is in his third year as hurdles/sprints coach. Among the other assistants are Kelly LaBounty, a two-time Olympian in the heptathlon, and Laura Widman, a two-time All-America in the heptathlon.

NCAA Championship Results

Women	Event	Mark	Place
Jennifer Marsh	800	2:12.41	10
Karen Dickson	10,000	36:45.46	12
Allie Hedges	Pole	11-7 ^{3/4}	10
Sara Johnson	Jav	145-3	6
Danielle Ayers-Stamper	Hep	4955	4
Men	Event	Mark	Place
Chris Randolph	Dec	7030	3

2004 Outdoor Best Marks

Women's

100-Jean Kolb, 12.66
 200-Kinyatta Leonhardt, 25.34 √
 400-Kinyatta Leonhardt, 56.22 √ (PQ)
 800-Jennifer Marsh, 2:12.41 √ (PQ)
 1500-Jennifer Marsh, 4:41.42 √
 Steeple-
 3000-Abby Groth, 10:30.2
 5000-Karen Dickson, 17:49.55 √ (PQ)
 10,000-Karen Dickson, 36:09.66 √ (PQ)
 100H-Danielle Ayers-Stamper, 14.56 √
 400H-Janna Schaafsma, 1:03.38 √ (PQ)
 4x100-Gleason, Schaafsma, Kolb, Leonhardt, 47.87 √ (PQ)
 4x400-Gleason, Kolb, Marsh, Leonhardt, 3:51.03 √ (PQ)
 Hj-Dianna Grossglass/Sharon Bjella, 5-4 √
 Pv-Allie Hedges, 12-2 ^{3/4} √ (PQ)
 Lj-Danielle Ayers-Stamper, 17-7 ^{1/2} √
 Tj-Danae Clark, 34-9 ^{3/4}
 Sp-Danielle Ayers-Stamper, 36-6 ^{1/2} √
 Dt-Lauren Kooy, 128-8 √
 Ht-Jennifer Urrutia, 130-7
 Jt-Sara Johnson, 149-0 √ (PQ)
 Hep-Danielle Ayers-Stamper, 4955 √ (PQ)

Men's

100-Chris Randolph, 11.45
 200-Eddie Strickler, 23.09
 400-Eddie Strickler, 49.36 √
 800-Eddie Strickler, 1:54.56
 1500-Tim LeCount, 4:01.0
 Steeple-Aaron Libadisos, 10:35.26
 5000-Tim LeCount, 14:58.98
 10,000-James Rosser, 34:22.25
 110H-Chris Randolph, 15.58
 400H-Micah Kelcy, 55.16 √
 4x100-Randolph, Radel, Reeves, Kelcy, 44.97 √
 4x400-Randolph, Kelcy, Radel, Strickler, 3:29.36 √
 Hj-Chris Randolph, 6-7
 Pv-Chris Randolph, 13-9 ^{1/4}
 Lj-Chris Randolph, 21-8 ^{1/4}
 Tj-Tyrone Hattingh, 42-8 ^{1/4}
 Sp-Philip Bayley, 42-4 ^{1/4}
 Dt-Philip Bayley, 136-10
 Ht-
 Jt-Chris Randolph, 179-0
 Dec-Chris Randolph, 7030 √ (PQ)

PQ-NCAA Provisional Qualifier
 √-GNAC Automatic Qualifier

2004 Seattle Pacific University Women's Outdoor Performance List

<i>100m (11.50/12.15)</i>	<i>PR</i>	<i>Season Best</i>	Linda Blake	1:06.84 (03)	1:11.42 (5)
Kinyatta Leonhardt	12.0 (03)	12.7 (2)	Dianna Grossglass	1:07.38 (04)	1:07.38 (9)
Jean Kolb	12.39 (02)	12.66 (8)	<i>400m Relay (45.50/47.90)</i>		
Kristin Janney	12.76 (03)	13.07 (9)	Gleason, Schaafsma, Kolb, Leonhardt		47.87 (10)
Kelsey Gleason	12.95 (04)	12.95 (4)	<i>1600 Relay (3:42.00/3:52.00)</i>		
Allie Hedges	14.06 (03)	14.37 (3)	Gleason, Kolb, Marsh, Leonhardt		3:51.03 (8)
Amy Harris	14.29 (03)	14.31 (3)	<i>High Jump (5-10 1/2/5-6)</i>		
<i>200m (23.80/24.90)</i>			Danielle Ayers-Stamper	5-7 (03)	(1.68m) 5-6 (12)
Kinyatta Leonhardt	25.34 (04)	25.34 (6)	Dianna Grossglass	5-6 1/2 (03)	(1.62m) 5-4 (3)
Kristin Janney	25.9 (02)	26.05 (11)	Sharon Bjella	5-6 (03)	(1.63m) 5-4 1/4 (10/11)
Jean Kolb	26.03 (02)	26.24 (2)	Linda Blake	5-5 (03)	(1.57m) 5-1 3/4 (1)
Julienne Durringer	26.0 (03)	26.85 (2)	Kristin Janney	5-0 1/4 (04)	(1.53m) 5-0 1/4 (9)
Danielle Ayers-Stamper	26.45 (02)	27.06 (11)	<i>Pole Vault (13-1 1/2/11-5 3/4)</i>		
Ashley Marshall	26.63 (04)	27.45 (6)	Allie Hedges	12-2 3/4 (04)	(3.70m) 12-2 3/4 (11)
Linda Blake	26.7 (03)	27.05 (8a)	Amy Harris	11-5 1/4 (04)	(3.50m) 11-5 3/4 (5/7/10)
Sharon Bjella	28.75 (04)	28.75 (4a)	Amber Rose	10-6 (04)	(3.20m) 10-6 (2/4)
<i>400m (54.00/56.90)</i>			Alena Schlumpf	10-6 (00)	(3.05m) 10-0 (10)
Kinyatta Leonhardt	56.22 (04)	56.22 (7)	<i>Long Jump (20-6 1/4/18-8)</i>		
Breanne Rohm	58.0 (01)	1:04.5 (2)	Danielle Ayers-Stamper	18-9 (02)	(5.39m) 17-8 1/2 (11)
Jennifer Marsh	58.34 (04)	58.34 (3)	Kristin Janney	18-0 1/4 (02)	(5.21m) 17-1 1/4 (10)
Julienne Durringer	59.15 (04)	59.15 (10)	Danae Clark	17-10 (02)	(5.26m) 17-3 1/4 (1)
Ashley Marshall	1:00.1 (04)	1:00.1 (2)	Linda Blake	17-0 (02)	(5.06m) 16-7 1/4 (8a)
<i>800m (2:08.00/2:14.50)</i>			Kinyatta Leonhardt	16-5 (04)	(5.00m) 16-5 (7)
Jennifer Marsh	2:12.41 (04)	2:12.41 (12)	Sharon Bjella	14-10 3/4 (04)	(4.54m) 14-10 3/4 (4a)
Victoria Perkins	2:16.92 (04)	2:16.92 (10)	<i>Triple Jump (41-0 1/4/38-0 3/4)</i>		
Brandi McCoy	2:18.08 (04)	2:18.08 (9)	Dianna Grossglass	36-6 3/4 (03)	(10.26m) 33-8 (1)
Danielle Ayers-Stamper	2:26.01 (03)	2:26.58 (12)	Amber Rose	36-4 1/2 (00)	(10.61m) 34-9 3/4 (1)
Abby Groth	2:27.71 (04)	2:27.71 (4)	Danae Clark	35-7 3/4 (02)	(10.32m) 33-10 1/4 (10)
Linda Blake	2:27.76 (04)	2:27.76 (8a)	Ashley Marshall	33-10 1/4 (04)	(9.87m) 32-4 1/4 (6)
Kristin Janney	2:29.54 (04)	2:29.54 (8a)	Sara Johnson	32-4 1/4 (04)	
Breanne Rohm	2:30.51 (04)	2:30.51 (9)	<i>Shot Put (50-0/43-6)</i>		
Sharon Bjella	2:37.70 (04)	2:37.70 (4a)	Danielle Ayers-Stamper	41-5 1/4 (03)	(11.13m) 36-6 1/4 (11)
<i>1500m (4:27.00/4:41.00)</i>			Lauren Kooy	36-11 1/4 (02)	(11.08m) 36-4 1/4 (5)
Jennifer Marsh	4:41.42 (04)	4:41.42 (5)	Jennifer Urrutia	35-6 3/4 (04)	(10.84m) 35-6 3/4 (10)
Jamie Witt	4:49.87 (03)		Gabrielle Robinson-Spaulling	33-6 (04)	(10.21m) 33-6 (9)
Abby Groth	4:51.4 (04)	4:51.4 (2)	Linda Blake	34-4 (03)	(9.95m) 32-7 3/4 (8a)
Brandi McCoy	4:58.59 (04)	4:58.59 (3)	Kristin Janney	31-2 1/2 (04)	(9.51m) 31-2 1/2 (11)
Nikki Jensen	5:12.0 (02)		Sharon Bjella	28-11 1/4 (04)	(8.82m) 28-11 1/4 (4a)
Ruth Harbaugh	5:16.7 (04)	5:16.7 (2)	<i>Discus (166-0/141-1)</i>		
Erica Preboski (1600m)	5:35.05 (03)		Lauren Kooy	138-2 (00)	(39.21m) 128-8 (1)
<i>3000m (9:40.00/10:18.00)</i>			Gabrielle Robinson-Spaulling	120-0 (03)	(35.41m) 116-2 (9)
Jamie Witt	10:06.21 (01)	10:55.4 (5)	Andrea Pennington	110-6 (04)	(33.68m) 110-6 (4)
Abby Groth	10:30.2 (04)	10:30.2 (5)	Jennifer Urrutia	105-7 (04)	(32.19m) 105-7 (2)
Brandi McCoy	11:03.6 (04)	11:03.6 (5)	<i>Hammer (185-0/155-0)</i>		
Nikki Jensen	11:08.0 (02)		Jennifer Urrutia	130-7 (04)	(39.81m) 130-7 (9)
Ruth Harbaugh	11:17.37 (03)	11:28.1 (5)	Lauren Kooy	125-9 (04)	(38.34m) 125-9 (9)
<i>3000 Steeplechase (10:20.00/11:30.00)</i>			Sara Johnson	121-10 (04)	(37.14m) 121-10 (2)
<i>5000m (16:40.00/17:50.00)</i>			Gabrielle Robinson-Spaulling	118-8 (04)	(36.18m) 118-8 (9)
Jamie Witt	17:29.62 (01)		Andrea Pennington	108-1 (04)	(32.94m) 108-1 (3)
Karen Dickson	17:49.55 (04)	17:49.55 (10)	<i>Javelin (155-0/134-0)</i>		
Ruth Harbaugh	19:33.44 (04)	19:33.44 (4)	Sara Johnson	149-0 (04)	(45.41m) 149-0 (11)
Becky Knox	19:43.66 (04)	19:43.66 (6)	Danielle Ayers-Stamper	134-2 (03)	(35.90m) 117-9 (11)
<i>10,000m (35:00.00/38:00.00)</i>			Molly Hornbuckle	132-0 (03)	(38.41m) 126-0 (4)
Karen Dickson	36:09.66 (04)	36:46.19 (8)	Andrea Pennington	131-5 (04)	(40.17m) 131-5 (2)
Nikki Jensen	40:04.13 (04)	40:04.13 (1)	Kristin Janney	118-5 (04)	(36.09m) 118-5 (8a)
Becky Knox	40:50.6 (04)	40:50.6 (5)	Gabrielle Robinson-Spaulling	117-4 (04)	(35.77m) 117-4
Erica Preboski	42:25.15 (04)	42:25.15 (1)	Linda Blake	110-9 (03)	(33.77m) 110-9 (2)
<i>100mH (13.80/14.65)</i>			Sharon Bjella	90-4 (04)	(27.53m) 90-4 (3)
Danielle Ayers-Stamper	14.56 (04)	14.56 (12)	<i>Heptathlon (5250/4400)</i>		
Janna Schaafsma	15.03 (02)	15.12 (4)	Danielle Ayers-Stamper	5149 (03)	4955 (12)
Linda Blake	15.02 (04)	15.02 (8a)	Linda Blake	4593 (04)	4593 (8a)
Dianna Grossglass	15.20 (04)	15.20 (7)	Kristin Janney	4494 (04)	4494 (11)
Kristin Janney	15.28 (04)	15.28 (9)	Sharon Bjella	3629 (03)	3315 (4a)
Sharon Bjella	17.09 (04)	17.09 (4a)	<i>400mH (59.00/1:03.70)</i>		
<i>400mH (59.00/1:03.70)</i>			Janna Schaafsma	1:03.38 (04)	1:03.38 (8)
Janna Schaafsma	1:03.38 (04)	1:03.38 (8)	Kelsey Gleason	1:04.39 (04)	1:04.39 (10)
Kelsey Gleason	1:04.39 (04)	1:04.39 (10)	Victoria Perkins	1:04.58 (04)	1:04.58 (8)
Victoria Perkins	1:04.58 (04)	1:04.58 (8)			

2004 Seattle Pacific University Men's Outdoor Performance List

<i>100m (10.30/10.70)</i>		<i>PR</i>	<i>Season Best</i>	<i>High Jump (7-1/6-9 3/4)</i>	
Chris Randolph	11.45 (04)		11.45 (12)	Chris Randolph	6-7 (04) (2.01m) 6-7 (12)
Dan Larimer	11.98 (04)		11.98 (4a)	Dan Larimer	6-4 (02) (1.83m) 6-0 (4a)
Philip Bayley	12.04 (04)		12.04 (7a)	Philip Bayley	6-2 1/4 (04) (1.89m) 6-2 1/4 (6)
				Jason Radel	5-8 (03)
<i>200m (20.65/21.55)</i>				<i>Pole Vault (17-0/15-9)</i>	
Eddie Strickler	23.09 (04)		23.09 (9)	Chris Randolph	13-9 1/4 (04) (4.20m) 13-9 1/4 (11)
Chris Randolph	23.54 (03)			Dan Larimer	12-9 1/2 (04) (3.90m) 12-9 1/2 (4a)
				Philip Bayley	6-11 3/4 (04) (2.13m) 6-11 3/4 (7a)
<i>400m (46.50/48.00)</i>				<i>Long Jump (25-4/23-8)</i>	
Eddie Strickler	48.9 (03)		49.36 (10)	Chris Randolph	21-8 1/4 (04) (6.61m) 21-8 1/4 (12)
Paul Mach	49.79 (03)			Dan Larimer	19-5 1/2 (04) (5.93m) 19-5 1/2 (4a)
Micah Kelley	50.20 (03)			Philip Bayley	18-10 (04) (5.74m) 18-10 (7a)
Chris Randolph	50.36 (04)		50.36 (11)	Tyrone Hattingh	20-1 3/4 (04) (6.14m) 20-1 3/4 (5)
Dan Larimer	52.40 (04)		52.40 (4a)	Greg Flowers	18-8 3/4 (04) (5.71m) 18-8 3/4 (9)
Jason Radel	52.6 (03)				
Philip Bayley	54.54 (04)		54.54 (7a)	<i>Triple Jump (51-0/48-0)</i>	
Tim Reeves	55.36 (03)			Tyrone Hattingh	42-8 1/4 (04) (13.01m) 42-8 1/4 (6)
Tyrone Hattingh	56.4 (03)			Greg Flowers	40-2 3/4 (04) (12.26m) 40-2 3/4 (9)
<i>800m (1:49.40/1:52.30)</i>				<i>Shot Put (60-0 1/4/52-6)</i>	
Paul Mach	1:53.94 (03)			Philip Bayley	42-4 1/2 (04) (12.63m) 42-4 1/2 (5)
Eddie Strickler	1:54.56 (04)		1:54.56 (6/11)	Tyrone Hattingh	38-6 (04) (11.74m) 38-6 1/4 (2)
Tim LeCount	1:57.50 (02)		2:01.18 (7)	Chris Randolph	38-10 1/4 (04) (11.84m) 38-10 1/4 (11)
Michael Gavareski	2:00.87 (03)		2:02.6 (2)	Dan Larimer	33-8 3/4 (04) (10.28m) 33-8 3/4 (4a)
Bjorn Bostrom	2:02.64 (03)		2:03.58 (7)		
Clint Bjella	2:09.90 (04)		2:09.90 (4c)	<i>Discus (180-0/161-0)</i>	
<i>1500m (3:47.00/3:54.00)</i>				Philip Bayley	136-10 (04) (41.71m) 136-10 (6)
Tim LeCount	3:55.72 (02)		4:01.0 (7)	Chris Randolph	134-0 (04) (40.85m) 134-0 (1)
Eddie Strickler	4:06.46 (04)		4:06.46 (5)	Dan Larimer	93-8 (04) (28.55m) 93-8 (5)
Bjorn Bostrom	4:08.26 (04)		4:08.26 (95)	Philip Bayley	87-2 (04) (26.59m) 87-2 (7a)
Clint Bjella	4:19.3 (04)		4:19.3 (2)		
Ryan Phillips	4:24.12 (04)		4:24.12 (11)	<i>Hammer (200-0/172-0)</i>	
Dan Larimer	4:32.38 (04)		4:32.38 (4a)		
Chris Randolph	4:32.61 (03)		4:40.63 (11)	<i>Javelin (218-0/193-0)</i>	
Aaron Libadisos			4:37.10 (5)	Chris Randolph	179-0 (04) (54.55m) 179-0 (11)
<i>3000 Steeplechase (9:00.00/9:25.00)</i>				Dan Larimer	141-1 (04) (43.00m) 141-1 (1)
Aaron Libadisos	10:21.1 (02)		10:35.26 (6)	<i>Decathlon (7000/6400)</i>	
Ryan Phillips	10:45.5 (04)		10:45.5 (2)	Chris Randolph	7030 (04) 7030 (12)
<i>5000m (14:00.00/14:50.00)</i>				Dan Larimer	5867 (04) 5867 (4a)
Tim LeCount	14:58.98 (04)		14:58.98 (10)	Philip Bayley	4652 (04) 4652 (7a)
Bjorn Bostrom	15:34.92 (04)		15:34.92 (11)		
James Rosser	16:34.01 (04)		16:34.01 (9)	<i>Legend</i>	
Lee O'Connor	16:56.42 (04)		16:56.42 (9)	1 3/6 Puget Sound/Lewis & Clark	Tacoma, Wa.
<i>10,000m (29:20.00/31:20.00)</i>				2 3/13 Salzman Invitational	Tacoma, Wa.
James Rosser	34:22.25 (04)		34:22.25 (11)	3 3/20 Panther/Stam Wright Invit.	Sacramento, Ca.
Lee O'Connor	34:56.24 (04)		34:56.24 (1)	3a 3/20 Oregon Preview	Eugene, Or.
<i>110mH (13.90/14.75)</i>				4a 3/24-25 Cal Multi-Event	Berkeley, Ca.
Chris Randolph	15.58 (04)		15.58 (12)	4b 3/26-27 Stanford Invitational	Palo Alto, Ca.
Jason Radel	16.31 (02)			4 3/27 Hornet Invitational	Sacramento, Ca.
Dan Larimer	16.84 (04)		16.84 (4a)	4c 3/27 Spring Break Open	Edmonds, Wa.
Philip Bayley	18.14 (04)		18.14 (7a)	5 4/3 Vernacchia Team Classic	Bellingham, Wa.
<i>400mH (51.70/53.55)</i>				6 4/10 Shotwell Invitational	Tacoma, Wa.
Paul Mach	52.91 (03)			7a 4/12-13 Saint Martin's Multi-Event	Lacey, Wa.
Micah Kelley	54.68 (03)		55.16 (7)	7 4/17 Spike Arlt Invitational	Ellensburg, Wa.
Tim Reeves	58.54 (04)		58.54 (10)	8a 4/22-23 GNAC Multi-Event Champs.	Monmouth, Or.
Jason Radel	59.59 (04)		59.59 (1)	8 4/24 Oregon Invitational	Eugene, Or.
Greg Flowers	1:00.69 (04)		1:00.69 (6)	8b 4/24 Western Oregon Open	Monmouth, Or.
<i>400 Relay (40.00/41.25)</i>				9 4/30 Western Washington Twilight	Bellingham, Wa.
Randolph, Radel, Reeves, Kelley			44.97 (1)	10 5/8 GNAC Championships	Monmouth, Or.
<i>1600 Relay (3:09.00/3:14.00)</i>				11 5/14-15 Ken Foreman Invitational	Seattle, Wa.
Randolph, Kelcy, Radel, Strickler			3:29.36 (1)	12 5/27-29 NCAA Championships	Walnut, Ca.