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Track's NCAA Travel Party: A 6 Pack To Go Ayers-Stamper, Randolph & Johnson Contenders

To the promised land. With five of the six qualifying marks coming in the most recent meet, Seattle Pacific University's travel party for the NCAA Division II Track & Field Championships appears to be peaking at precisely the right time. Five women and one male will represent the Falcons when the meet begins Thursday (May 27) in L.A. suburb of Walnut, Ca. Action runs through Saturday (May 29) at the site of the renowned Mount SAC Relays, Hilmer Lodge Stadium. The SPU women are seeking to finish in the top 20 for the fourth year in a row, and claim their first individual championship since 1993.

California girls. Seattle Pacific possesses championship potential in at least two women's the vents, the heptathlon and javelin. **Danielle Ayers-Stamper** (So., LaCrosse, Wa.) made the sudden transformation from redshirt to title hopeful with a heptathlon score of 4855 points at the May 15 Foreman Invitational. That was the No. 4 score in the nation, and Ayers-Stamper, the NCAA runner-up as a freshman, figures to have a few hundred more points in her arsenal. She has a career-best score of 5149 and the top qualifying total is 5105. Javelin thrower **Sara Johnson** (Jr., Kennewick, Wa./Kennewick-Spokane CC) rates fifth among the qualifiers. Johnson's flail of 149 feet at the Foreman was a season-best and earned her seventh victory in 10 meets. Also entered in the meet are pole vaulter **Allie Hedges** (So., Richland, Wa.), 10,000-meter runner **Karen Dickson** (Fr., El Dorado Hills, Ca./Oak Ridge) and 800 runner **Jennifer Marsh** (Fr., Kirkland, Wa./Juanita).

One guy, 10 events. Rivaling the comeback of Ayers-Stamper is the story of **Chris Randolph** (So., Lone Tree, Co./Denver Christian), who could become the Falcons' seventh All-America in the decathlon since 1970, and first since 1998. After missing six weeks with an ankle sprain, Randolph and Coach **Jack Hoyt** considered applying for a medical hardship. Instead, they opted to go for broke. In his second meet back, Randolph scored 6881 points—the No. 5 total in school history—to earn the No. 4 seed. The top three NCAA decathlon entries have scores in excess of 7150.

Think first. This could be the first year of a resurgence by the SPU women at the national level. Four of the five qualifiers are underclassmen and several more are in the pipeline for 2005. Ayers-Stamper is among those seeking to become Seattle Pacific's 28th collegiate champion and the first outdoors since Karin Grelsson won the 1993 heptathlon. SPU is aiming to improve on last year's tie for 16th place. Fifteen times the Falcons have finished among the top 20 since 1983, including a run of eight straight top 10 placements from 1986-93.

The racing form. Following a midseason lull in terms of distance, Johnson achieved a PR by 17 inches last week. She threw 140-plus in five meets. Hedges vaulted 12-1 or higher in her last three meets, winning two and clearing a PR of 12-2 3/4 last week. That ties her for 10th in the field. A No. 13 seed, Dickson continued her season-long improvement at the Foreman meet, winning in 36:09.66—her third straight PR and an improvement of 36 seconds over the last. Ayers-Stamper should realize her biggest gains in the field events where she was well off her PRs. Randolph is coming off five PRs and a gain of 593 points in his career-best score. Marsh, a No. 16 seed, is the only Falcon who must run a qualifying race to advance to a Saturday final. She ran under 2:14 in her last five meets in which she didn't double, including a PR of 2:13.24 Apr. 10. She won three races, including the GNAC title.

2004 TRACK & FIELD

SPU Quick Facts

Coach—Jack Hoyt, 5th year
Assistant—Doris Heritage
Assistant—Algerian Hart
Assistant—Erika Daligcon
Assistant—Kelly LaBounty
Assistant—Laura Widman
Assistant—Howie Kellogg

Next Week's Schedule

Thr.-Sat., May 27-29
NCAA Division II Championships
Hilmer Lodge Stadium, Walnut, Ca.

Schedule of SPU Events

Thursday, May 27

- Heptathlon (100H, High jump, Shot put, 200), 10:30 a.m.
- Decathlon (100, Long Jump, Shot put, High Jump, 400), 11 a.m.
- Women's 10,000 (final), 6:50 p.m.

Friday, May 28

- Decathlon (110H, Discus, Pole vault, Javelin, 1500), 10 a.m.
- Heptathlon (Long jump, Javelin, 800), 11 a.m.
- Women's Pole Vault (final), 4 p.m.
- Women's 800 (prelim), 5 p.m.

Saturday, May 29

- Women's Javelin (final), 12 noon
- Women's 800 (final), 5:30 p.m.

Stat de jur

Seattle Pacific has finished among the top 20 women's teams 15 times since 1983

Streaks & Such

Since 1986, the Falcons have qualified 27 women in the heptathlon, 22 in the javelin and six men in the decathlon

NCAA Qualifier Notes

- Danielle Ayers-Stamper, the No. 4 seed in the heptathlon, was runner-up a year ago at both the NCAA and USA Juniors
- Chris Randolph, the No. 4 qualifier in the decathlon, is coming off the fifth-best score in school history
- Sara Johnson won seven of 10 javelin competitions and is a No. 5 seed
- Allie Hedges has vaulted 12-1 or higher in her last three meets
- Karen Dickson came on strong, winning the Foreman 10k with a 36-second PR
- Jennifer Marsh is the GNAC champion in the 800

Return to the West. The NCAA Championships will be hosted by Cal Poly Pomona but located about a mile away on the campus of Mount San Antonio Junior College. It's the first time the national meet has been on the West Coast since 1996 at Riverside. Results will be available on the Web at csupomona.edu/~athletic/championship/results.html. Weather forecasts call for high temperatures in the high-70s and only a slight chance of showers Friday.

No matter the weather. Despite some breezy, cool weather, conditions at the Ken Foreman Invitational were sufficient for the Falcons to achieve wins in four events and a total of 14 personal records. Randolph was the SPU athlete of the meet and the GNAC male performer of the week. He smashed several of his PRs: the javelin by 17 feet to 179-0, the pole vault by a foot to 13-9 1/2, the shot put by 19 inches to 3810 1/4 and the long jump by five inches to 21-7 1/2. More than 500 athletes participated and two new meet records were set: Portland's Julie Elliott won the heptathlon with a total of 5170 and Margaret Butler of British Columbia's Kajaks was timed in 10:28.37 for the women's steeplechase. Besides the wins by Randolph, Johnson, Dickson and Hedges, there were second-place marks for Ayers-Stamper and the women's 400 relay (48.65). Taking third were Marsh (2:13.74), **Sharon Bjella** (Fr., Everett, Wa./Everett) in the high jump (5-4 1/4) and **James Rosser** (Fr., Seattle, Wa./Highline) in the 10,000 (34:22.25).

Running with a crowd. Undoubtedly, the most memorable event at the Foreman meet was **Doris Heritage**, head coach of cross country and assistant for track, running the mile with some 200 friends and former athletes. Heritage, the two-time Olympian and five-time world cross country champion, was running her final race. Hip replacement surgery next month will prompt her to stop pounding the pavement, tracks and trails. The mile race raised nearly \$6000 for the Heritage Scholarship endowment for SPU runners. Heritage will meet the Falcons in California Thursday after going to Washington, D.C., for the American Running Association honors gala Wednesday night.

Fractions. Seattle Pacific's entries include several staple events for the Falcons. Ayers-Stamper is the 13th heptathlon qualifier in eight years. Johnson is seeking to become the 17th javelin All-America. There have been 27 heptathlon qualifiers and 22 in the javelin since 1986. In the middle distances, there have been eight 800 qualifiers in the last six seasons. The last 10k runner to qualify was in 1991. The pole vault became an NCAA women's event in 1999 and Hedges is the fourth qualifier in as many years. **Ally Studer** (Sr., Redmond, Wa./Redmond), a four-time All-America indoors and outdoors, is a redshirt...Of the eight other provisional qualifying marks, two came close to making the final cut. **Linda Blake** (So., Richland, Wa.), the GNAC heptathlon champion, was 23 points short at 4593. She scored 4373 at the Foreman. **Kinyatta Leonhardt** (Fr., Petaluma, Ca./St. Vincent) missed making the 400 field by 0.11 seconds. Leonhardt strained a hamstring while running the anchor leg of the 400 relay...The SPU women have finished in the NCAA top 20 for 15 of the last 20 years. It will likely require 17-20 points to do so again. Last season's top finishes were Ayers-Stamper in the heptathlon and Sarah Kraybill (third) in the 800...Ayers-Stamper was the GNAC female athlete of the week. Her key events are the 100 hurdles-where she ran a wind-aided 14.19 last year-the high jump (a PR of 5-7) and long jump (PR of 18-9)...Past SPU national champions in the heptathlon are Cathy Wilson (1981), Anita Sartin (1987) and Grelsson (1992-93). Other javelin winners were Michelle DeVries (1990) and Tiffany Colman (1992)...Grelsson and Bente Moe each won a total of five career NCAA titles.

SPU Coaches. Jack Hoyt is now in his fifth season as head coach after succeeding the legendary Ken Foreman. His teams have won two outdoor conference titles and this year's GNAC indoor crown. Hoyt is a former All-America decathlete at SPU and served as an assistant to Foreman for seven years. Heritage, the coach of cross country and track runners from 800 meters up, is a member of eight halls of fame for both athletes and coaches. Algerian Hart, former Long Beach State star, is in his third year as hurdles/sprints coach. Among the other assistants are Kelly LaBounty, a two-time Olympian in the heptathlon, and Laura Widman, a two-time All-America in the heptathlon.

NCAA Championship Entries

Women	Event	Mark	Seed
Jennifer Marsh	800	2:13.24	16
Karen Dickson	10,000	36:09.66	13
Allie Hedges	Pole	12-2 3/4	10
Sara Johnson	Jav	149-0	5
Danielle Ayers-Stamper	Hep	4855	4
Men	Event	Mark	Seed
Chris Randolph	Dec	6881	4

2004 Outdoor Best Marks

Women's

100-Jean Kolb, 12.66
 200-Kinyatta Leonhardt, 25.34 √
 400-Kinyatta Leonhardt, 56.22 √ (PQ)
 800-Jennifer Marsh, 2:13.24 √ (PQ)
 1500-Jennifer Marsh, 4:41.42 √
 Steeple-
 3000-Abby Groth, 10:30.2
 5000-Karen Dickson, 17:49.55 √ (PQ)
 10,000-Karen Dickson, 36:09.66 √ (PQ)
 100H-Danielle Ayers-Stamper, 14.99 √
 400H-Janna Schaafsma, 1:03.38 √ (PQ)
 4x100-Gleason, Schaafsma, Kolb, Leonhardt, 47.87 √ (PQ)
 4x400-Gleason, Kolb, Marsh, Leonhardt, 3:51.03 √ (PQ)
 Hj-Dianna Grossglass/Sharon Bjella, 5-4 √
 Pv-Allie Hedges, 12-2 3/4 √ (PQ)
 Lj-Danielle Ayers-Stamper, 17-7 1/2 √
 Tj-Danae Clark, 34-9 3/4
 Sp-Danielle Ayers-Stamper, 36-6 1/2 √
 Dt-Lauren Kooy, 128-8 √
 Ht-Jennifer Urrutia, 130-7
 Jt-Sara Johnson, 149-0 √ (PQ)
 Hep-Danielle Ayers-Stamper, 4855 √ (PQ)

Men's

100-Chris Randolph, 11.94
 200-Eddie Strickler, 23.09
 400-Eddie Strickler, 49.36 √
 800-Eddie Strickler, 1:54.56
 1500-Tim LeCount, 4:01.0
 Steeple-Aaron Libadisos, 10:35.26
 5000-Tim LeCount, 14:58.98
 10,000-James Rosser, 34:22.25
 110H-Chris Randolph, 15.82
 400H-Micah Kelcy, 55.16 √
 4x100-Randolph, Radel, Reeves, Kelcy, 44.97 √
 4x400-Randolph, Kelcy, Radel, Strickler, 3:29.36 √
 Hj-Chris Randolph, 6-4 1/4
 Pv-Chris Randolph, 13-9 1/4
 Lj-Chris Randolph, 21-7 1/2
 Tj-Tyrone Hattingh, 42-8 1/4
 Sp-Philip Bayley, 42-4 1/4
 Dt-Philip Bayley, 136-10
 Ht-
 Jt-Chris Randolph, 179-0
 Dec-Chris Randolph, 6881 √ (PQ)

PQ-NCAA Provisional Qualifier
 √-GNAC Automatic Qualifier

2004 Seattle Pacific University Women's Outdoor Performance List

<i>100m (11.50/12.15)</i>	<i>PR</i>	<i>Season Best</i>	Linda Blake	1:06.84 (03)	1:11.42 (5)
Kinyatta Leonhardt	12.0 (03)	12.7 (2)	Dianna Grossglass	1:07.38 (04)	1:07.38 (9)
Jean Kolb	12.39 (02)	12.66 (8)	<i>400m Relay (45.50/47.90)</i>		
Kristin Janney	12.76 (03)	13.07 (9)	Gleason, Schaafsma, Kolb, Leonhardt		47.87 (10)
Kelsey Gleason	12.95 (04)	12.95 (4)	<i>1600 Relay (3:42.00/3:52.00)</i>		
Allie Hedges	14.06 (03)	14.37 (3)	Gleason, Kolb, Marsh, Leonhardt		3:51.03 (8)
Amy Harris	14.29 (03)	14.31 (3)	<i>High Jump (5-10 1/2/5-6)</i>		
<i>200m (23.80/24.90)</i>			Danielle Ayers-Stamper	5-7 (03)	(1.62m) 5-3 3/4 (11)
Kinyatta Leonhardt	25.34 (04)	25.34 (6)	Dianna Grossglass	5-6 1/2 (03)	(1.62m) 5-4 (3)
Kristin Janney	25.9 (02)	26.05 (11)	Sharon Bjella	5-6 (03)	(1.63m) 5-4 1/4 (10/11)
Jean Kolb	26.03 (02)	26.24 (2)	Linda Blake	5-5 (03)	(1.57m) 5-1 3/4 (1)
Julienne Durringer	26.0 (03)	26.85 (2)	Kristin Janney	5-0 1/4 (04)	(1.53m) 5-0 1/4 (9)
Danielle Ayers-Stamper	26.45 (02)	27.06 (11)	<i>Pole Vault (13-1 1/2/11-5 3/4)</i>		
Ashley Marshall	26.63 (04)	27.45 (6)	Allie Hedges	12-2 3/4 (04)	(3.70m) 12-2 3/4 (11)
Linda Blake	26.7 (03)	27.05 (8a)	Amy Harris	11-5 1/4 (04)	(3.50m) 11-5 3/4 (5/7/10)
Sharon Bjella	28.75 (04)	28.75 (4a)	Amber Rose	10-6 (04)	(3.20m) 10-6 (2/4)
<i>400m (54.00/56.90)</i>			Alena Schlumpf	10-6 (00)	(3.05m) 10-0 (10)
Kinyatta Leonhardt	56.22 (04)	56.22 (7)	<i>Long Jump (20-6 1/4/18-8)</i>		
Breanne Rohm	58.0 (01)	1:04.5 (2)	Danielle Ayers-Stamper	18-9 (02)	(5.37m) 17-7 1/2 (11)
Jennifer Marsh	58.34 (04)	58.34 (3)	Kristin Janney	18-0 1/4 (02)	(5.21m) 17-1 1/4 (10)
Julienne Durringer	59.15 (04)	59.15 (10)	Danae Clark	17-10 (02)	(5.26m) 17-3 1/4 (1)
Ashley Marshall	1:00.1 (04)	1:00.1 (2)	Linda Blake	17-0 (02)	(5.06m) 16-7 1/4 (8a)
<i>800m (2:08.00/2:14.50)</i>			Kinyatta Leonhardt	16-5 (04)	(5.00m) 16-5 (7)
Jennifer Marsh	2:13.24 (04)	2:13.24 (6)	Sharon Bjella	14-10 3/4 (04)	(4.54m) 14-10 3/4 (4a)
Victoria Perkins	2:16.92 (04)	2:16.92 (10)	<i>Triple Jump (41-0 1/4/38-0 3/4)</i>		
Brandi McCoy	2:18.08 (04)	2:18.08 (9)	Dianna Grossglass	36-6 3/4 (03)	(10.26m) 33-8 (1)
Danielle Ayers-Stamper	2:26.01 (03)	2:30.22 (11)	Amber Rose	36-4 1/2 (00)	(10.61m) 34-9 3/4 (1)
Abby Groth	2:27.71 (04)	2:27.71 (4)	Danae Clark	35-7 3/4 (02)	(10.32m) 33-10 1/4 (10)
Linda Blake	2:27.76 (04)	2:27.76 (8a)	Ashley Marshall	33-10 1/4 (04)	(9.87m) 32-4 1/4 (6)
Kristin Janney	2:29.54 (04)	2:29.54 (8a)	Sara Johnson	32-4 1/4 (04)	
Breanne Rohm	2:30.51 (04)	2:30.51 (9)	<i>Shot Put (50-0/43-6)</i>		
Sharon Bjella	2:37.70 (04)	2:37.70 (4a)	Danielle Ayers-Stamper	41-5 1/4 (03)	(11.13m) 36-6 1/4 (11)
<i>1500m (4:27.00/4:41.00)</i>			Lauren Kooy	36-11 1/4 (02)	(11.08m) 36-4 1/4 (5)
Jennifer Marsh	4:41.42 (04)	4:41.42 (5)	Jennifer Urrutia	35-6 3/4 (04)	(10.84m) 35-6 3/4 (10)
Jamie Witt	4:49.87 (03)		Gabrielle Robinson-Spaulling	33-6 (04)	(10.21m) 33-6 (9)
Abby Groth	4:51.4 (04)	4:51.4 (2)	Linda Blake	34-4 (03)	(9.95m) 32-7 3/4 (8a)
Brandi McCoy	4:58.59 (04)	4:58.59 (3)	Kristin Janney	31-2 1/2 (04)	(9.51m) 31-2 1/2 (11)
Nikki Jensen	5:12.0 (02)		Sharon Bjella	28-11 1/4 (04)	(8.82m) 28-11 1/4 (4a)
Ruth Harbaugh	5:16.7 (04)	5:16.7 (2)	<i>Discus (166-0/141-1)</i>		
Erica Preboski (1600m)	5:35.05 (03)		Lauren Kooy	138-2 (00)	(39.21m) 128-8 (1)
<i>3000m (9:40.00/10:18.00)</i>			Gabrielle Robinson-Spaulling	120-0 (03)	(35.41m) 116-2 (9)
Jamie Witt	10:06.21 (01)	10:55.4 (5)	Andrea Pennington	110-6 (04)	(33.68m) 110-6 (4)
Abby Groth	10:30.2 (04)	10:30.2 (5)	Jennifer Urrutia	105-7 (04)	(32.19m) 105-7 (2)
Brandi McCoy	11:03.6 (04)	11:03.6 (5)	<i>Hammer (185-0/155-0)</i>		
Nikki Jensen	11:08.0 (02)		Jennifer Urrutia	130-7 (04)	(39.81m) 130-7 (9)
Ruth Harbaugh	11:17.37 (03)	11:28.1 (5)	Lauren Kooy	125-9 (04)	(38.34m) 125-9 (9)
<i>3000 Steeplechase (10:20.00/11:30.00)</i>			Sara Johnson	121-10 (04)	(37.14m) 121-10 (2)
<i>5000m (16:40.00/17:50.00)</i>			Gabrielle Robinson-Spaulling	118-8 (04)	(36.18m) 118-8 (9)
Jamie Witt	17:29.62 (01)		Andrea Pennington	108-1 (04)	(32.94m) 108-1 (3)
Karen Dickson	17:49.55 (04)	17:49.55 (10)	<i>Javelin (155-0/134-0)</i>		
Ruth Harbaugh	19:33.44 (04)	19:33.44 (4)	Sara Johnson	149-0 (04)	(45.41m) 149-0 (11)
Becky Knox	19:43.66 (04)	19:43.66 (6)	Danielle Ayers-Stamper	134-2 (03)	(35.90m) 117-9 (11)
<i>10,000m (35:00.00/38:00.00)</i>			Molly Hornbuckle	132-0 (03)	(38.41m) 126-0 (4)
Karen Dickson	36:09.66 (04)	36:46.19 (8)	Andrea Pennington	131-5 (04)	(40.17m) 131-5 (2)
Nikki Jensen	40:04.13 (04)	40:04.13 (1)	Kristin Janney	118-5 (04)	(36.09m) 118-5 (8a)
Becky Knox	40:50.6 (04)	40:50.6 (5)	Gabrielle Robinson-Spaulling	117-4 (04)	(35.77m) 117-4
Erica Preboski	42:25.15 (04)	42:25.15 (1)	Linda Blake	110-9 (03)	(33.77m) 110-9 (2)
<i>100mH (13.80/14.65)</i>			Sharon Bjella	90-4 (04)	(27.53m) 90-4 (3)
Danielle Ayers-Stamper	14.69/14.19w (03)	14.99 (11)	<i>Heptathlon (5250/4400)</i>		
Janna Schaafsma	15.03 (02)	15.12 (4)	Danielle Ayers-Stamper	5149 (03)	4855 (11)
Linda Blake	15.02 (04)	15.02 (8a)	Linda Blake	4593 (04)	4593 (8a)
Dianna Grossglass	15.20 (04)	15.20 (7)	Kristin Janney	4494 (04)	4494 (11)
Kristin Janney	15.28 (04)	15.28 (9)	Sharon Bjella	3629 (03)	3315 (4a)
Sharon Bjella	17.09 (04)	17.09 (4a)	<i>400mH (59.00/1:03.70)</i>		
<i>400mH (59.00/1:03.70)</i>			Janna Schaafsma	1:03.38 (04)	1:03.38 (8)
Janna Schaafsma	1:03.38 (04)	1:03.38 (8)	Kelsey Gleason	1:04.39 (04)	1:04.39 (10)
Kelsey Gleason	1:04.39 (04)	1:04.39 (10)	Victoria Perkins	1:04.58 (04)	1:04.58 (8)
Victoria Perkins	1:04.58 (04)	1:04.58 (8)			

2004 Seattle Pacific University Men's Outdoor Performance List

<i>100m (10.30/10.70)</i>		<i>PR</i>	<i>Season Best</i>	<i>High Jump (7-1/6-9 3/4)</i>	
Chris Randolph	11.88 (03)		11.94 (11)	Chris Randolph	6-6 (02) (1.94m) 6-4 1/2 (11)
Dan Larimer	11.98 (04)		11.98 (4a)	Dan Larimer	6-4 (02) (1.83m) 6-0 (4a)
Philip Bayley	12.04 (04)		12.04 (7a)	Philip Bayley	6-2 1/4 (04) (1.89m) 6-2 1/4 (6)
				Jason Radel	5-8 (03)
<i>200m (20.65/21.55)</i>				<i>Pole Vault (17-0/15-9)</i>	
Eddie Strickler	23.09 (04)		23.09 (9)	Chris Randolph	13-9 1/4 (04) (4.20m) 13-9 1/4 (11)
Chris Randolph	23.54 (03)			Dan Larimer	12-9 1/2 (04) (3.90m) 12-9 1/2 (4a)
				Philip Bayley	6-11 3/4 (04) (2.13m) 6-11 3/4 (7a)
<i>400m (46.50/48.00)</i>				<i>Long Jump (25-4/23-8)</i>	
Eddie Strickler	48.9 (03)		49.36 (10)	Chris Randolph	21-7 1/2 (04) (6.59m) 21-7 1/2 (11)
Paul Mach	49.79 (03)			Dan Larimer	19-5 1/2 (04) (5.93m) 19-5 1/2 (4a)
Micah Kelley	50.20 (03)			Philip Bayley	18-10 (04) (5.74m) 18-10 (7a)
Chris Randolph	50.36 (04)		50.36 (11)	Tyrone Hattingh	20-1 3/4 (04) (6.14m) 20-1 3/4 (5)
Dan Larimer	52.40 (04)		52.40 (4a)	Greg Flowers	18-8 3/4 (04) (5.71m) 18-8 3/4 (9)
Jason Radel	52.6 (03)				
Philip Bayley	54.54 (04)		54.54 (7a)	<i>Triple Jump (51-0/48-0)</i>	
Tim Reeves	55.36 (03)			Tyrone Hattingh	42-8 1/4 (04) (13.01m) 42-8 1/4 (6)
Tyrone Hattingh	56.4 (03)			Greg Flowers	40-2 3/4 (04) (12.26m) 40-2 3/4 (9)
<i>800m (1:49.40/1:52.30)</i>				<i>Shot Put (60-0 1/4/52-6)</i>	
Paul Mach	1:53.94 (03)			Philip Bayley	42-4 1/2 (04) (12.63m) 42-4 1/2 (5)
Eddie Strickler	1:54.56 (04)		1:54.56 (6/11)	Tyrone Hattingh	38-6 (04) (11.74m) 38-6 1/4 (2)
Tim LeCount	1:57.50 (02)		2:01.18 (7)	Chris Randolph	38-10 1/4 (04) (11.84m) 38-10 1/4 (11)
Michael Gavareski	2:00.87 (03)		2:02.6 (2)	Dan Larimer	33-8 3/4 (04) (10.28m) 33-8 3/4 (4a)
Bjorn Bostrom	2:02.64 (03)		2:03.58 (7)		
Clint Bjella	2:09.90 (04)		2:09.90 (4c)	<i>Discus (180-0/161-0)</i>	
				Philip Bayley	136-10 (04) (41.71m) 136-10 (6)
<i>1500m (3:47.00/3:54.00)</i>				Chris Randolph	134-0 (04) (40.85m) 134-0 (1)
Tim LeCount	3:55.72 (02)		4:01.0 (7)	Dan Larimer	93-8 (04) (28.55m) 93-8 (5)
Eddie Strickler	4:06.46 (04)		4:06.46 (5)	Philip Bayley	87-2 (04) (26.59m) 87-2 (7a)
Bjorn Bostrom	4:08.26 (04)		4:08.26 (95)		
Clint Bjella	4:19.3 (04)		4:19.3 (2)	<i>Hammer (200-0/172-0)</i>	
Ryan Phillips	4:24.12 (04)		4:24.12 (11)		
Dan Larimer	4:32.38 (04)		4:32.38 (4a)	<i>Javelin (218-0/193-0)</i>	
Chris Randolph	4:32.61 (03)		4:40.63 (11)	Chris Randolph	179-0 (04) (54.55m) 179-0 (11)
Aaron Libadisos			4:37.10 (5)	Dan Larimer	141-1 (04) (43.00m) 141-1 (1)
<i>3000 Steeplechase (9:00.00/9:25.00)</i>				<i>Decathlon (7000/6400)</i>	
Aaron Libadisos	10:21.1 (02)		10:35.26 (6)	Chris Randolph	6881 (04) 6881 (11)
Ryan Phillips	10:45.5 (04)		10:45.5 (2)	Dan Larimer	5867 (04) 5867 (4a)
				Philip Bayley	4652 (04) 4652 (7a)
<i>5000m (14:00.00/14:50.00)</i>				<i>Legend</i>	
Tim LeCount	14:58.98 (04)		14:58.98 (10)	1 3/6	Puget Sound/Lewis & Clark Tacoma, Wa.
Bjorn Bostrom	15:34.92 (04)		15:34.92 (11)	2 3/13	Salzman Invitational Tacoma, Wa.
James Rosser	16:34.01 (04)		16:34.01 (9)	3 3/20	Panther/Stam Wright Invit. Sacramento, Ca.
Lee O'Connor	16:56.42 (04)		16:56.42 (9)	3a 3/20	Oregon Preview Eugene, Or.
				4a 3/24-25	Cal Multi-Event Berkeley, Ca.
<i>10,000m (29:20.00/31:20.00)</i>				4b 3/26-27	Stanford Invitational Palo Alto, Ca.
James Rosser	34:22.25 (04)		34:22.25 (11)	4 3/27	Hornet Invitational Sacramento, Ca.
Lee O'Connor	34:56.24 (04)		34:56.24 (1)	4c 3/27	Spring Break Open Edmonds, Wa.
				5 4/3	Vernacchia Team Classic Bellingham, Wa.
<i>110mH (13.90/14.75)</i>				6 4/10	Shotwell Invitational Tacoma, Wa.
Chris Randolph	15.61 (03)		15.82 (3)	7a 4/12-13	Saint Martin's Multi-Event Lacey, Wa.
Jason Radel	16.31 (02)			7 4/17	Spike Arlt Invitational Ellensburg, Wa.
Dan Larimer	16.84 (04)		16.84 (4a)	8a 4/22-23	GNAC Multi-Event Champs. Monmouth, Or.
Philip Bayley	18.14 (04)		18.14 (7a)	8 4/24	Oregon Invitational Eugene, Or.
				8b 4/24	Western Oregon Open Monmouth, Or.
<i>400mH (51.70/53.55)</i>				9 4/30	Western Washington Twilight Bellingham, Wa.
Paul Mach	52.91 (03)			10 5/8	GNAC Championships Monmouth, Or.
Micah Kelley	54.68 (03)		55.16 (7)	11 5/14-15	Ken Foreman Invitational Seattle, Wa.
Tim Reeves	58.54 (04)		58.54 (10)	12 5/27-29	NCAA Championships Walnut, Ca.
Jason Radel	59.59 (04)		59.59 (1)		
Greg Flowers	1:00.69 (04)		1:00.69 (6)		
<i>400 Relay (40.00/41.25)</i>					
Randolph, Radel, Reeves, Kelley			44.97 (1)		
<i>1600 Relay (3:09.00/3:14.00)</i>					
Randolph, Kelcy, Radel, Strickler			3:29.36 (1)		