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SPU Aims To Take The 5th At GNAC Meet Young Falcons Seek Individual, Women's Titles

Contenders nevertheless. They may not be at full-strength, but so far that hasn't stopped the Seattle Pacific University track & field teams. The Falcons, beset by injuries to several key performers this season, will nonetheless be seeking several individual titles as well as the women's overall crown Saturday (May 8) at the Great Northwest Athletic Conference Championships in Monmouth, Ore. The final opportunity for national qualifying marks will come next week, when SPU hosts the Ken Foreman Invitational May 15.

Poised to take five. It's been a phenomenal year for Falcon women at the conference level, with four teams seizing GNAC championships, including those by the cross country and indoor track squads. Now Coach **Jack Hoyt** has SPU poised to take the fifth. Despite the absence of two All-America and another conference champion this spring, Seattle Pacific is the chief threat to defending champion and host Western Oregon. The Wolves, who ended the Falcons' three-year conference reign by three points last year, are particularly strong in the linear jumps and throws. Seattle Pacific is competitive in virtually all the races, as well as the pole vault and javelin. Key events where SPU and Western Oregon go head-to-head are the relays, 200-meter dash and 800 run. A year ago, the GNAC title was determined in the final race, the 1600 relay.

Leaders of the pack. The Falcon women feature six individuals who are ranked No. 1 in the conference. In addition, they own the top times in both relays and have No. 2 marks in five events. Frontrunners include **Jean Kolb** (So., Eugene, Or./South Eugene) in the 100, **Jennifer Marsh** (Fr., Kirkland, Wa./Juanita) in the 800, **Karen Dickson** (Fr., El Dorado Hills, Ca./Oak Ridge) in the 10,000, **Janna Schaafsma** (So., Soldotna, Ak.) in the 400 hurdles, **Allie Hedges** (So., Richland, Wa.) in the pole vault and **Sara Johnson** (Jr., Kennewick, Wa.) in the javelin. Five of the six are freshmen or sophomores and Johnson is a transfer. Another newcomer, **Kinyatta Leonhardt** (Fr., Petaluma, Ca./St. Vincent), who led SPU to the indoor conference title in February, is No. 2 in both the 200 and 400. She and Kolb run on both relays. **Danielle Ayers-Stamper** (So., LaCrosse, Wa.) accounted for three victories and 43 points at the GNAC meet last year, but is an '04 redshirt, along with All-America pole-vaulter **Ally Studer** (Sr., Redmond, Wa.) and **Josie Lavin** (Jr., Bremerton, Wa.), the conference cross country champion last fall.

Their best shot. The men's team is also experiencing depleted resources, yet still has a few contenders. **Eddie Strickler** (Fr., Richland, Wa.) ranks third in the 800, as does **Micah Kelley** (Sr., Lakewood, Wa./Clover Park) in the 400 hurdles. The latter event title has been the sole property of **Paul Mach** (Sr., Seattle, Wa./King's) the past three seasons. But Mach, the indoor 800 champ, is a redshirt due to a hip injury. Multi-event threat **Chris Randolph** (So., Lone Tree, Co./Denver Christian), who has missed six weeks with an ankle sprain, is questionable. If cleared, Randolph could be in three events. **Tim LeCount** (Jr., Battle Ground, Wa.) is among the GNAC leaders in the 5000.

They're everywhere. A key factor in Seattle Pacific's past success both at the conference and national level has been its multi-event athletes. GNAC heptathlon champion **Linda Blake** (So., Richland, Wa.) and bronze medalist **Kristin Janney** (White Salmon, Wa./Columbia) will be busy picking-up points here and there. Blake is entered in the 100 hurdles, high jump and long jump.

2004 TRACK & FIELD

SPU Quick Facts

Coach—Jack Hoyt, 5th year
Assistant—Doris Heritage
Assistant—Algerian Hart
Assistant—Erika Daligcon
Assistant—Kelly LaBounty
Assistant—Laura Widman
Assistant—Howie Kellogg

This Week's Schedule

Sat., May 8, 9 a.m. (first race 10:45)
GNAC Championships
McArthur Field, Monmouth, Or.

Stat de jur

Seattle Pacific women's teams have won four GNAC championships so far in 2003-04, including titles for both cross country and indoor track & field

Streaks & Such

The Falcon women have won the conference meet three of the last four years. They finished second to Western Oregon by three points in 2003

Last Week's Highlights

At the Western Washington Twilight meet, SPU winners included Eddie Strickler (400), Brandi McCoy (800), Kristin Janney (100 hurdles) and Dianna Grossglass (400 hurdles)

2004 Outdoor Schedule

Mar. 6 Puget Sound/Lewis & Clark
Mar. 13 Salzman Invitational
Mar. 20 Panther/Stam Wright Invit.
M. 24-25 California Multi-Event
Mar. 27 Spring Break Open
Mar. 27 Hornet Invitational
Apr. 3 Vernacchia Invitational
Apr. 10 Shotwell Invitational
Apr. 17 Spike Arlt Invitational
A. 22-23 GNAC Multi-Event Champs.
Apr. 24 Oregon Invitational
Apr. 30 Western Wash. Twilight
May 8 GNAC Championships
May 15 Ken Foreman Invitational
M. 27-29 NCAA Championships

Fractions. **Jamie Witt** (Jr., Folsom, Ca.) won the GNAC indoor mile as a wildcard entry, and could prove a contender in the 3000, although she ran only one race to date...Marsh may double in the 800 and 1500...At last week's Western Washington Twilight meet, Janney won the 100 hurdles in a PR of 15.28 seconds. She competed in five events, altogether. Other victors included Strickler in the 400 (50.04), **Dianna Grossglass** (So., LaConner, Wa.) in the 400 hurdles (1:07.38) and **Brandi McCoy** (Fr., Richland, Wa.) in the 800 (2:18.08)...Conference results will be updated throughout the meet and posted at the GNAC web site (www.gnacsports.com).

2004 Track & Field Roster

<i>Women's Team</i>	<i>Events</i>	<i>Yr</i>	<i>Hometown (High School)</i>
Danielle Ayers-Stamper	Hep/Lj/Jav	So	LaCrosse, Wa. (LaCrosse)
Sharon Bjella	Hj/Hep	Fr	Everett, Wa. (Everett)
Linda Blake	Hep/400H	So	Richland, Wa. (Liberty Christian/Richland)
Danae Clark	Lj/Tj/400	Fr	Hillsboro, Or. (Glencoe)
Kelsey Cooley	Hep/Hj	Fr	Missoula, Mt. (Hellgate)
Karen Dickson	3000/5000	Fr	El Dorado Hills, Ca. (Oak Ridge)
Julienne Duringer	400	Fr	Monroe, Wa. (Monroe)
Kelsey Gleason	100H/400H	So	Salem, Or. (Salem Academy)
Dianna Grossglass	Hj/Tj/400H	So	LaConner, Wa. (LaConner)
Abby Groth	1500/3000	So	Roseburg, Or. (Glide)
Ruth Harbaugh	3000/5000	So	Gig Harbor, Wa. (Gig Harbor)
Amy Harris	Pv	So	Philomath, Or. (Crescent Valley)
Allison Hedges	Pv	So	Richland, Wa. (Richland)
Molly Hornbuckle	Jav/Dt	Fr	Burien, Wa. (Highline)
Kristin Janney	Hep/Tj	Fr	White Salmon, Wa. (Columbia)
Nikki Jensen	3000/5000	Fr	Portland, Or. (St. Mary's Academy)
Sara Johnson	Jav/Ham/Tj	Jr	Kennewick, Wa. (K'wick/Spok. Fls CC)
Becky Knox	1500	So	Denver, Co. (Denver Christian)
Jean Kolb	100/200	So	Eugene, Or. (South Eugene)
Lauren Kooy	Dt/Ht	Sr	George, Wa. (Quincy)
Josie Lavin	800/1500	Jr	Bremerton, Wa. (Bremerton)
Kinyatta Leonhardt	100/200/400	Fr	Petaluma, Ca. (St. Vincent)
Jennifer Marsh	400/800/1500	Fr	Kirkland, Wa. (Juanita)
Ashley Marshall	400/800	Fr	Bellingham, Wa. (Meridian)
Brandi McCoy	1500/3000	Fr	Richland, Wa. (Richland)
Andrea Pennington	Jav/Dt	Sr	Bellingham, Wa. (Bell'ham/Whatcom CC)
Victoria Perkins	400H	Fr	Kent, Wa. (Kentwood)
Erica Preboski	Steeple	Fr	Camano Is., Wa. (Stanwood)
Gabrielle Robinson-Spaulding	Dt/Ht	Fr	Redding, Ca. (Shasta)
Breanne Rohm	400	Jr	Juneau, Ak. (Juneau-Douglas)
Amber Rose	Tj/Pv	Sr	Olympia, Wa. (Capital)
Janna Schaafsma	100H/400H	So	Soldotna, Ak. (Soldotna)
Alena Schlumpf	Pv	Sr	Las Vegas, Nv. (Green Valley)
Janelle Stevens	800/1500	So	Soquel, Ca. (Soquel)
Ally Studer	Pv/Lj	Sr	Redmond, Wa. (Redmond)
Hillary Tayet	800/Steeple	So	Lakewood, Wa. (Cascade Christian)
Jennifer Urrutia	Dt/Ht	Fr	Sunnyside, Wa. (Sunnyside)
Jamie Witt	3000/5000	Jr	Folsom, Ca. (Folsom)

<i>Men's Team</i>	<i>Events</i>	<i>Yr</i>	<i>Hometown (High School)</i>
Philip Bayley	Dec	Jr	Seattle, Wa. (King's/PLU)
Clint Bjella	1500/5000	Jr	Everett, Wa. (Everett)
Bjorn Bostrom	1500/5000	Fr	La Conner, Wa. (Bellingham)
Greg Flowers	200/400H	Fr	Seattle, Wa. (King's)
Michael Gavareski	800/1500	Fr	Bellingham, Wa. (Bellingham)
Tyrone Hattingh	Tj	Fr	Redmond, Wa. (King's)
Micah Kelley	400H	Sr	Lakewood, Wa. (Clover Park)
Dan Larimer	Dec	Fr	Libby, Mt. (Libby)
Tim LeCount	1500/5000	Jr	Battle Ground, Wa. (Battle Ground)
Aaron Libadisos	Steeple	Jr	Kailua-Kona, Hi. (Kealakehe)
Paul Mach	400H/800	Sr	Seattle, Wa. (King's)
Lee O'Connor	5000/10k	Fr	Indianapolis, In. (Ben Davis)
Ryan Phillips	1500/5000	Fr	West Linn, Or. (West Linn)
Chris Randolph	Dec	So	Lone Tree, Co. (Denver Christian)
Jason Radel	Dec/400H	So	Flathead, Mt. (Flathead)
Tim Reeves	400H	So	Beaverton, Or. (Beaverton)
James Rosser	5000/10k	Fr	Seattle, Wa. (Highline)
Eddie Strickler	400/800	Fr	Richland, Wa. (Richland)

NCAA Outdoor Qualifiers

<i>Women</i>	<i>Event</i>	<i>Mark</i>
Kinyatta Leonhardt	400	56.22
Jennifer Marsh	800	2:13.41
Karen Dickson	10,000	36:46.19
Janna Schaafsma	400H	1:03.38
Gleason, Kolb,	1600	
Leonhardt, Marsh	Relay	3:51.03
Allie Hedges	Pole	12-1 1/2
Amy Harris	Pole	11-5 3/4
Sara Johnson	Jav	147-7
Linda Blake	Hep	4593
Kristin Janney	Hep	4446

2004 Outdoor Best Marks

Women's

100–Jean Kolb, 12.66
 200–Kinyatta Leonhardt, 25.34 √
 400–Kinyatta Leonhardt, 56.22 √ (PQ)
 800–Jennifer Marsh, 2:13.24 √ (PQ)
 1500–Jennifer Marsh, 4:41.42 √
 Steeple–
 3000–Abby Groth, 10:30.2
 5000–Karen Dickson, 18:00.16 √
 10,000–Karen Dickson, 36:46.19 √ (PQ)
 100H–Janna Schaafsma, 15.12 √
 400H–Janna Schaafsma, 1:03.38 √ (PQ)
 4x100–Gleason, Schaafsma, Kolb, Leonhardt, 48.27 √
 4x400–Gleason, Kolb, Marsh, Leonhardt, 3:51.03 √ (PQ)
 Hj–Dianna Grossglass/Sharon Bjella, 5-4 √
 Pv–Allie Hedges, 12-1 1/2 √ (PQ)
 Lj–Danae Clark, 17-3 1/4 √
 Tj–Danae Clark, 34-9 3/4
 Sp–Lauren Kooy, 36-4 1/4 √
 Dt–Lauren Kooy, 128-8 √
 Ht–Jennifer Urrutia, 130-7
 Jt–Sara Johnson, 147-7 √ (PQ)
 Hep–Linda Blake, 4593 √ (PQ)

Men's

100–Dan Larimer, 11.98
 200–Eddie Strickler, 23.09
 400–Eddie Strickler, 50.00 √
 800–Eddie Strickler, 1:54.56
 1500–Tim LeCount, 4:01.0
 Steeple–Aaron Libadisos, 10:35.26
 5000–Tim LeCount, 15:06.13
 10,000–Lee O'Connor, 34:56.24
 110H–Chris Randolph, 15.82
 400H–Micah Kelley, 55.16 √
 4x100–Randolph, Radel, Reeves, Kelly, 44.97 √
 4x400–Randolph, Kelley, Radel, Strickler, 3:29.36 √
 Hj–Philip Bayley, 6-2 1/4
 Pv–Dan Larimer, 12-9 1/2
 Lj–Tyrone Hattingh, 20-1 3/4
 Tj–Tyrone Hattingh, 42-8 1/4
 Sp–Philip Bayley, 42-4 1/4
 Dt–Philip Bayley, 136-10
 Ht–
 Jt–Chris Randolph, 162-1
 Dec–Dan Larimer, 5867 √

PQ–NCAA Provisional Qualifier
 √–GNAC Automatic Qualifier

2004 Seattle Pacific University Women's Outdoor Performance List

<i>100m (11.50/12.15)</i>	<i>PR</i>	<i>Season Best</i>	Kristin Janney	15.28 (04)	15.28 (9)
Kinyatta Leonhardt	12.0 (03)	12.7 (2)	Victoria Perkins	16.4 (03)	
Jean Kolb	12.39 (02)	12.66 (8)	Sharon Bjella	17.09 (04)	17.09 (4a)
Kristin Janney	12.76 (03)	13.07 (9)			
Kelsey Gleason	12.95 (04)	12.95 (4)	<i>400mH (59.00/1:03.70)</i>		
Danae Clark	12.96 (03)		Janna Schaafsma	1:03.38 (04)	1:03.38 (8)
Allie Hedges	14.06 (03)	14.37 (3)	Victoria Perkins	1:04.58 (04)	1:04.58 (8)
Amy Harris	14.29 (03)	14.31 (3)	Kelsey Gleason	1:04.84 (03)	1:05.48 (5)
			Linda Blake	1:06.84 (03)	1:11.42 (5)
<i>200m (23.80/24.90)</i>			Dianna Grossglass	1:07.38 (04)	1:07.38 (9)
Kinyatta Leonhardt	25.34 (04)	25.34 (6)			
Kristin Janney	25.9 (02)	26.57 (8a)	<i>400m Relay (45.50/47.90)</i>		
Jean Kolb	26.03 (02)	26.24 (2)	Gleason, Schaafsma, Kolb, Leonhardt		48.27 (8)
Julienne Durringer	26.0 (03)	26.85 (2)			
Danae Clark	26.3 (03)		<i>1600 Relay (3:42.00/3:52.00)</i>		
Jennifer Marsh	26.3 (03)		Gleason, Kolb, Marsh, Leonhardt		3:51.03 (8)
Dianna Grossglass	27.62 (03)				
Ashley Marshall	26.63 (04)	27.45 (6)	<i>High Jump (5-10 1/2/5-6)</i>		
Linda Blake	26.7 (03)	27.05 (8a)	Dianna Grossglass	5-6 1/2 (03)	(1.62m) 5-4 (3)
Sharon Bjella	28.75 (04)	28.75 (4a)	Sharon Bjella	5-6 (03)	(1.62m) 5-4 (3)
			Linda Blake	5-5 (03)	(1.57m) 5-1 3/4 (1)
<i>400m (54.00/56.90)</i>			Kristin Janney	5-0 1/4 (04)	(1.53m) 5-0 1/4 (9)
Kinyatta Leonhardt	56.22 (04)	56.22 (7)			
Breanne Rohm	58.0 (01)	1:04.5 (2)	<i>Pole Vault (13-1 1/2/11-5 3/4)</i>		
Jennifer Marsh	58.34 (04)	58.34 (3)	Allie Hedges	12-1 1/2 (04)	(3.70m) 12-1 1/2 (7)
Julienne Durringer	59.5 (04)	59.5 (2)	Amy Harris	11-5 1/4 (04)	(3.50m) 11-5 3/4 (5/7)
Jean Kolb	59.91 (03)		Amber Rose	10-6 (04)	(3.20m) 10-6 (2/4)
Kristin Janney	1:00.1 (01)		Alena Schlumpf	10-6 (00)	(2.89m) 9-5 3/4 (6)
Ashley Marshall	1:00.1 (04)	1:00.1 (2)			
<i>800m (2:08.00/2:14.50)</i>			<i>Long Jump (20-6 1/4/18-8)</i>		
Jennifer Marsh	2:13.24 (04)	2:13.24 (6)	Kristin Janney	18-0 1/4 (02)	(4.92m) 16-1 3/4 (8a)
Victoria Perkins	2:17.94 (04)	2:17.94 (7)	Danae Clark	17-10 (02)	(5.26m) 17-3 1/4 (1)
Brandi McCoy	2:18.08 (04)	2:18.08 (9)	Linda Blake	17-0 (02)	(5.06m) 16-7 1/4 (8a)
Janelle Stevens	2:23.0 (02)		Kinyatta Leonhardt	16-5 (04)	(5.00m) 16-5 (7)
Abby Groth	2:27.71 (04)	2:27.71 (4)	Sharon Bjella	14-10 3/4 (04)	(4.54m) 14-10 3/4 (4a)
Linda Blake	2:27.76 (04)	2:27.76 (8a)			
Erica Preboski	2:28.0 (00)		<i>Triple Jump (41-0 1/4/38-0 3/4)</i>		
Kristin Janney	2:29.54 (04)	2:29.54 (8a)	Kristin Janney	37-0 3/4 (02)	
Breanne Rohm	2:30.51 (04)	2:30.51 (9)	Dianna Grossglass	36-6 3/4 (03)	(10.26m) 33-8 (1)
Nikki Jensen	2:35.0 (03)		Amber Rose	36-4 1/2 (00)	(10.61m) 34-9 3/4 (1)
Sharon Bjella	2:37.70 (04)	2:37.70 (4a)	Danae Clark	35-7 3/4 (02)	(10.29m) 33-9 1/4 (9)
			Ashley Marshall	33-9 1/4 (04)	(9.87m) 32-4 1/4 (6)
<i>1500m (4:27.00/4:41.00)</i>			Sara Johnson	32-4 1/4 (04)	
Jennifer Marsh	4:41.42 (04)	4:41.42 (5)			
Jamie Witt	4:49.87 (03)		<i>Shot Put (50-0/43-6)</i>		
Abby Groth	4:51.4 (04)	4:51.4 (2)	Lauren Kooy	36-11 1/4 (02)	(11.08m) 36-4 1/4 (5)
Brandi McCoy	4:58.59 (04)	4:58.59 (3)	Jennifer Urrutia	35-3 (04)	(10.74m) 35-3 (9)
Nikki Jensen	5:12.0 (02)		Gabrielle Robinson-Spaulding	33-6 (04)	(10.21m) 33-6 (9)
Ruth Harbaugh	5:16.7 (04)	5:16.7 (2)	Linda Blake	34-4 (03)	(9.95m) 32-7 3/4 (8a)
Erica Preboski (1600m)	5:35.05 (03)		Kristin Janney	31-1 3/4 (04)	(9.49m) 31-1 3/4 (1)
			Sharon Bjella	28-11 1/4 (04)	(8.82m) 28-11 1/4 (4a)
<i>3000m (9:40.00/10:18.00)</i>					
Jamie Witt	10:06.21 (01)	10:55.4 (5)	<i>Discus (166-0/141-1)</i>		
Abby Groth	10:30.2 (04)	10:30.2 (5)	Lauren Kooy	138-2 (00)	(39.21m) 128-8 (1)
Brandi McCoy	11:03.6 (04)	11:03.6 (5)	Gabrielle Robinson-Spaulding	120-0 (03)	(35.41m) 116-2 (9)
Nikki Jensen	11:08.0 (02)		Andrea Pennington	110-6 (04)	(33.68m) 110-6 (4)
Ruth Harbaugh	11:17.37 (03)	11:28.1 (5)	Jennifer Urrutia	105-7 (04)	(32.19m) 105-7 (2)
<i>3000 Steeplechase (10:20.00/11:30.00)</i>			<i>Hammer (185-0/155-0)</i>		
			Jennifer Urrutia	130-7 (04)	(39.81m) 130-7 (9)
<i>5000m (16:40.00/17:50.00)</i>			Lauren Kooy	125-9 (04)	(38.34m) 125-9 (9)
Jamie Witt	17:29.62 (01)		Sara Johnson	121-10 (04)	(37.14m) 121-10 (2)
Karen Dickson	18:00.16 (04)	18:00.16 (7)	Gabrielle Robinson-Spaulding	118-8 (04)	(36.18m) 118-8 (9)
Ruth Harbaugh	19:33.44 (04)	19:33.44 (4)	Andrea Pennington	108-1 (04)	(32.94m) 108-1 (3)
Becky Knox	19:43.66 (04)	19:43.66 (6)			
Abby Groth	20:00.80 (03)		<i>Javelin (155-0/134-0)</i>		
			Sara Johnson	147-7 (04)	(44.98m) 147-7 (1)
<i>10,000m (35:00.00/38:00.00)</i>			Molly Hornbuckle	132-0 (03)	(38.41m) 126-0 (4)
Karen Dickson	36:46.19 (04)	36:46.19 (8)	Andrea Pennington	131-5 (04)	(40.17m) 131-5 (2)
Nikki Jensen	40:04.13 (04)	40:04.13 (1)	Kristin Janney	118-5 (04)	(36.09m) 118-5 (8a)
Becky Knox	40:50.6 (04)	40:50.6 (5)	Gabrielle Robinson-Spaulding	117-4 (04)	(35.77m) 117-4
Erica Preboski	42:25.15 (04)	42:25.15 (1)	Linda Blake	110-9 (03)	(33.77m) 110-9 (2)
			Sharon Bjella	90-4 (04)	(27.53m) 90-4 (3)
<i>100mH (13.80/14.65)</i>					
Janna Schaafsma	15.03 (02)	15.12 (4)	<i>Heptathlon (5250/4400)</i>		
Linda Blake	15.02 (04)	15.02 (8a)	Linda Blake	4593 (04)	4593 (8a)
Dianna Grossglass	15.20 (04)	15.20 (7)	Kristin Janney	4446 (04)	4446 (8a)
			Sharon Bjella	3629 (03)	3315 (4a)

2004 Seattle Pacific University Men's Outdoor Performance List

<i>100m (10.30/10.70)</i>	<i>PR</i>	<i>Season Best</i>	<i>High Jump (7-1/6-9 3/4)</i>	
Chris Randolph	11.88 (03)		Chris Randolph	6-6 (02)
Dan Larimer	11.98 (04)	11.98 (4a)	Dan Larimer	6-4 (02) (1.83m) 6-0 (4a)
Philip Bayley	12.04 (04)	12.04 (7a)	Philip Bayley	6-2 1/4 (04) (1.89m) 6-2 1/4 (6)
Jason Radel	12.0 (03)		Jason Radel	5-8 (03)
<i>200m (20.65/21.55)</i>			<i>Pole Vault (17-0/15-9)</i>	
Eddie Strickler	23.09 (04)	23.09 (9)	Chris Randolph	12-9 1/2 (03)
Chris Randolph	23.54 (03)		Dan Larimer	12-9 1/2 (04) (3.90m) 12-9 1/2 (4a)
Tyrone Hattingh	25.6 (03)		Jason Radel	12-3 1/2 (03)
			Philip Bayley	6-11 3/4 (04) (2.13m) 6-11 3/4 (7a)
<i>400m (46.50/48.00)</i>			<i>Long Jump (25-4/23-8)</i>	
Eddie Strickler	48.9 (03)	50.00 (1)	Chris Randolph	21-2 1/2 (03)
Paul Mach	49.79 (03)		Dan Larimer	19-5 1/2 (04) (5.93m) 19-5 1/2 (4a)
Micah Kelcy	50.20 (03)		Philip Bayley	18-10 (04) (5.74m) 18-10 (7a)
Chris Randolph	51.07 (03)		Jason Radel	18-10 (03)
Dan Larimer	52.40 (04)	52.40 (4a)	Tyrone Hattingh	20-1 3/4 (04) (6.14m) 20-1 3/4 (5)
Jason Radel	52.6 (03)		Greg Flowers	18-8 3/4 (04) (5.71m) 18-8 3/4 (9)
Philip Bayley	54.54 (04)	54.54 (7a)		
Tim Reeves	55.36 (03)		<i>Triple Jump (51-0/48-0)</i>	
Tyrone Hattingh	56.4 (03)		Tyrone Hattingh	42-8 1/4 (04) (13.01m) 42-8 1/4 (6)
			Greg Flowers	40-2 3/4 (04) (12.26m) 40-2 3/4 (9)
<i>800m (1:49.40/1:52.30)</i>			<i>Shot Put (60-0 1/4/52-6)</i>	
Paul Mach	1:53.94 (03)		Philip Bayley	42-4 1/2 (04) (12.63m) 42-4 1/2 (5)
Eddie Strickler	1:54.56 (04)	1:54.56 (6)	Tyrone Hattingh	38-6 (04) (11.74m) 38-6 1/4 (2)
Tim LeCount	1:57.50 (02)	2:01.18 (7)	Chris Randolph	37-3 (04) (11.35m) 37-3 (3)
Michael Gavareski	2:00.87 (03)	2:02.6 (2)	Dan Larimer	33-8 3/4 (04) (10.28m) 33-8 3/4 (4a)
Bjorn Bostrom	2:02.64 (03)	2:03.58 (7)	Jason Radel	31-4 1/4 (03)
Clint Bjella	2:09.90 (04)	2:09.90 (4c)		
			<i>Discus (180-0/161-0)</i>	
<i>1500m (3:47.00/3:54.00)</i>			Philip Bayley	136-10 (04) (41.71m) 136-10 (6)
Tim LeCount	3:55.72 (02)	4:01.0 (7)	Chris Randolph	134-0 (04) (40.85m) 134-0 (1)
Eddie Strickler	4:06.46 (04)	4:06.46 (5)	Dan Larimer	93-8 (04) (28.55m) 93-8 (5)
Bjorn Bostrom	4:08.26 (04)	4:08.26 95)	Philip Bayley	87-2 (04) (26.59m) 87-2 (7a)
Clint Bjella	4:19.3 (04)	4:19.3 (2)	Jason Radel	85-1 3/4 (03)
Dan Larimer	4:32.38 (04)	4:32.38 (4a)		
Chris Randolph	4:32.61 (03)		<i>Hammer (200-0/172-0)</i>	
Aaron Libadisos		4:37.10 (5)		
Jason Radel	4:38.64 (03)		<i>Javelin (218-0/193-0)</i>	
			Chris Randolph	162-1 (04) (49.41) 162-1 (1)
<i>3000 Steeplechase (9:00.00/9:25.00)</i>			Dan Larimer	141-1 (04) (43.00m) 141-1 (1)
Aaron Libadisos	10:21.1 (02)	10:35.26 (6)	Jason Radel	109-5 (03)
Ryan Phillips	10:45.5 (04)	10:45.5 (2)		
			<i>Decathlon (7000/6400)</i>	
<i>5000m (14:00.00/14:50.00)</i>			Chris Randolph	6288 (03)
Tim LeCount	15:06.13 (04)	15:06.13 (6)	Dan Larimer	5867 (04) 5867 (4a)
Bjorn Bostrom	15:39.81 (04)	15:39.81 (6)	Jason Radel	5459 (03)
James Rosser	16:34.01 (04)	16:34.01 (9)	Philip Bayley	4652 (04) 4652 (7a)
Lee O'Connor	16:56.42 (04)	16:56.42 (9)		
			<i>Legend</i>	
<i>10,000m (29:20.00/31:20.00)</i>			1 3/6 Puget Sound/Lewis & Clark	Tacoma, Wa.
Lee O'Connor	34:56.24 (04)	34:56.24 (1)	2 3/13 Salzman Invitational	Tacoma, Wa.
James Rosser	35:04.9 (04)	35:04.9 (5)	3 3/20 Panther/Stn Wright Invit.	Sacramento, Ca.
			3a 3/20 Oregon Preview	Eugene, Or.
<i>110mH (13.90/14.75)</i>			4a 3/24-25 Cal Multi-Event	Berkeley, Ca.
Chris Randolph	15.61 (03)	15.82 (3)	4b 3/26-27 Stanford Invitational	Palo Alto, Ca.
Jason Radel	16.31 (02)		4 3/27 Hornet Invitational	Sacramento, Ca.
Dan Larimer	16.84 (04)	16.84 (4a)	4c 3/27 Spring Break Open	Edmonds, Wa.
Philip Bayley	18.14 (04)	18.14 (7a)	5 4/3 Vernacchia Team Classic	Bellingham, Wa.
			6 4/10 Shotwell Invitational	Tacoma, Wa.
<i>400mH (51.70/53.55)</i>			7a 4/12-13 Saint Martin's Multi-Event	Lacey, Wa.
Paul Mach	52.91 (03)		7 4/17 Spike Arlt Invitational	Ellensburg, Wa.
Micah Kelcy	54.68 (03)	55.16 (7)	8a 4/22-23 GNAC Multi-Event Champs.	Monmouth, Or.
Tim Reeves	58.98 (04)	58.98 (6)	8 4/24 Oregon Invitational	Eugene, Or.
Jason Radel	59.59 (04)	59.59 (1)	8b 4/24 Western Oregon Open	Monmouth, Or.
Greg Flowers	1:00.69 (04)	1:00.69 (6)	9 4/30 Western Washington Twilight	Bellingham, Wa.
			10 5/8 GNAC Championships	Monmouth, Or.
<i>400 Relay (40.00/41.25)</i>			11 5/15 Ken Foreman Invitational	Seattle, Wa.
Randolph, Radel, Reeves, Kelcy		44.97 (1)		
<i>1600 Relay (3:09.00/3:14.00)</i>				
Randolph, Kelcy, Radel, Strickler		3:29.36 (1)		