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## Friday's Twilight Meet A Last Chance For Some SPU Up To 10 NCAA Qualifiers; Blake Wins GNAC

**The season's twilight.** Rare are the times when track & field meets are held in the evening, and the entire team gets a Saturday off. But such is the case for Seattle Pacific University athletes this week as the Falcons send a portion of their men's and women's squads to the Western Washington Twilight meet Friday (Apr. 30) in Bellingham. Afterwards, everyone gets the weekend off to rest and prepare for next week's Great Northwest Athletic Conference Championships in Monmouth, Ore.

**Some, not all.** This represents the final opportunity for some people to prolong their season. It is the last chance to qualify for the GNAC Championships or hit a mark enabling Coach **Jack Hoyt** to post an entry in the final regular season meet, the Ken Foreman Invitational. Under the circumstances, Hoyt is giving several key performers (many having competed at Oregon last week) the weekend off altogether. Among the featured entries for Western are pole-vaulter **Amy Harris** (So., Philomath, Or./Crescent Valley), metric half-miler **Eddie Strickler** (Fr., Richland, Wa.) and middle-distance runner **Abby Groth** (So., Roseburg, Or./Glide). Harris is focused on clearing the bar at 12 feet while Groth, ranked No. 3 in the GNAC 3000, is returning to the oval after missing three meets with an injury. Strickler seeks to break 1:54, a time he'll likely need to run to challenge for the GNAC title. In the women's high jump, **Sharon Bjella** (Fr., Everett, Wa./Everett) and **Dianna Grossglass** (So., LaConner, Wa.) have a target of 5-6.

**Well-deserved rest.** Given all the injuries so far this season, last week was a great one for the Falcons and the women's squad in particular. They picked up four new NCAA provisional qualifying marks and improved a fifth. SPU now has 10 provisionals and the potential to add still more. In addition to meeting standards, Seattle Pacific also picked-up some prizes. **Linda Blake** (So., Salem, Or./Salem Academy) won the GNAC heptathlon title, becoming the third Falcon to do so in as many years. Blake's victory and the third-place showing by **Kristin Janney** (White Salmon, Wa./Columbia) give SPU a slight 18-16 advantage in points over Western Oregon going into the greater conference meet. Blake, with 4593 points, and Janney, with 4446, surpassed the provisional minimum in the heptathlon. Several hours later, **Karen Dickson** (Fr., El Dorado Hills, Ca./Oak Ridge) moved up the 10,000-meter list by dropping her time by 36 seconds at the Oregon Invitational. Also at that meet, **Janna Schaafsma** (So., Soldotna, Ak.) won the daytime session of the 400 hurdles in a qualifying time of 1:03.38 and the 1600 relay improved its best time by 2.53 seconds to 3:51.03.

**Peaks in the Willamette Valley.** Certainly Blake set the tone for last weekend with her second-day surge from fourth to first place in the heptathlon. She hit career-best marks in two events and season-bests in four others, taking the lead going into the seventh and final event. Janney, who missed much of the indoor and early outdoor season while recovering from an ankle fracture, made a similar leap, also getting two PRs. Dickson got things going in Eugene, taking third place in the 10k in 36:46.19. In addition to Schaafsma's win, **Jean Kolb** (So., Eugene, Or./South Eugene) bolted to the top conference time in the 100 (12.66). She also ran on both relays. The 400 got second in a season-best 48.27 and the long relay, with a strong anchor leg from **Kinyatta Leonhardt** (Fr., Petaluma, Ca./St. Vincent), was third.

## 2004 TRACK & FIELD

### SPU Quick Facts

Coach—Jack Hoyt, 5th year  
Assistant—Doris Heritage  
Assistant—Algerian Hart  
Assistant—Erika Daligcon  
Assistant—Kelly LaBounty  
Assistant—Laura Widman  
Assistant—Howie Kellogg

### This Week's Schedule

*Fri., Apr. 30, 4 p.m.*  
Western Washington Twilight  
Viking Field, Bellingham, Wa.

### Stat de jur

With four new NCAA provisional qualifying marks last week, the SPU women now have 10 altogether

### Streaks & Such

Linda Blake became the third SPU woman to win the GNAC heptathlon title in as many years

### Last Week's Highlight

Blake won the GNAC heptathlon crown and was the first of four new NCAA provisional qualifiers, to be later joined by Kristin Janney, Janna Schaafsma and the 1600 women's relay, all at the Oregon Invitational

### 2004 Outdoor Schedule

Mar. 6 Puget Sound/Lewis & Clark  
Mar. 13 Salzman Invitational  
Mar. 20 Panther/Stam Wright Invit.  
M. 24-25 California Multi-Event  
Mar. 27 Spring Break Open  
Mar. 27 Hornet Invitational  
Apr. 3 Vernacchia Invitational  
Apr. 10 Shotwell Invitational  
Apr. 17 Spike Arlt Invitational  
A. 22-23 GNAC Multi-Event Champs.  
Apr. 24 Oregon Invitational  
Apr. 30 Western Wash. Twilight  
May 8 GNAC Championships  
May 15 Foreman Invitational  
M. 27-29 NCAA Championships

**Fractions. Jennifer Marsh** (Fr., Kirkland, Wa./Juanita) ran near her season-best at Oregon, placing fifth (2:13.68) in the twilight 800. In the pole vault, **Allie Hedges** (So., Richland, Wa.) and Harris tied for third at 11-3 3/4...The javelin throwers will take this weekend off due to the grass approaches in Bellingham...**Dan Larimer** (Fr., Libby, Mt.) earned the men three points by finishing sixth in the GNAC decathlon. Slowed by a abdominal strain, Larimer scored 4936 points, well under his season best of 5867...Blake's 100 hurdles time of 15.02 last week ranks No. 3 in the conference. Schaafsma's intermediate hurdles time ranks No. 1.

## 2004 Track & Field Roster

<i>Women's Team</i>	<i>Events</i>	<i>Yr</i>	<i>Hometown (High School)</i>
Danielle Ayers-Stamper	Hep/Lj/Jav	So	LaCrosse, Wa. (LaCrosse)
Sharon Bjella	Hj/Hep	Fr	Everett, Wa. (Everett)
Linda Blake	Hep/400H	So	Richland, Wa. (Liberty Christian/Richland)
Danae Clark	Lj/Tj/400	Fr	Hillsboro, Or. (Glencoe)
Kelsey Cooley	Hep/Hj	Fr	Missoula, Mt. (Hellgate)
Karen Dickson	3000/5000	Fr	El Dorado Hills, Ca. (Oak Ridge)
Julienne Duringer	400	Fr	Monroe, Wa. (Monroe)
Kelsey Gleason	100H/400H	So	Salem, Or. (Salem Academy)
Dianna Grossglass	Hj/Tj/400H	So	LaConner, Wa. (LaConner)
Abby Groth	1500/3000	So	Roseburg, Or. (Glide)
Ruth Harbaugh	3000/5000	So	Gig Harbor, Wa. (Gig Harbor)
Amy Harris	Pv	So	Philomath, Or. (Crescent Valley)
Allison Hedges	Pv	So	Richland, Wa. (Richland)
Molly Hornbuckle	Jav/Dt	Fr	Burien, Wa. (Highline)
Kristin Janney	Hep/Tj	Fr	White Salmon, Wa. (Columbia)
Nikki Jensen	3000/5000	Fr	Portland, Or. (St. Mary's Academy)
Sara Johnson	Jav/Ham/Tj	Jr	Kennewick, Wa. (K'wick/Spok. Fls CC)
Becky Knox	1500	So	Denver, Co. (Denver Christian)
Jean Kolb	100/200	So	Eugene, Or. (South Eugene)
Lauren Kooy	Dt/Ht	Sr	George, Wa. (Quincy)
Josie Lavin	800/1500	Jr	Bremerton, Wa. (Bremerton)
Kinyatta Leonhardt	100/200/400	Fr	Petaluma, Ca. (St. Vincent)
Jennifer Marsh	400/800/1500	Fr	Kirkland, Wa. (Juanita)
Ashley Marshall	400/800	Fr	Bellingham, Wa. (Meridian)
Brandi McCoy	1500/3000	Fr	Richland, Wa. (Richland)
Andrea Pennington	Jav/Dt	Sr	Bellingham, Wa. (Bell'ham/Whatcom CC)
Victoria Perkins	400H	Fr	Kent, Wa. (Kentwood)
Erica Preboski	Steeple	Fr	Camano Is., Wa. (Stanwood)
Gabrielle Robinson-Spaulding	Dt/Ht	Fr	Redding, Ca. (Shasta)
Breanne Rohm	400	Jr	Juneau, Ak. (Juneau-Douglas)
Amber Rose	Tj/Pv	Sr	Olympia, Wa. (Capital)
Janna Schaafsma	100H/400H	So	Soldotna, Ak. (Soldotna)
Alena Schlumpf	Pv	Sr	Las Vegas, Nv. (Green Valley)
Janelle Stevens	800/1500	So	Soquel, Ca. (Soquel)
Ally Studer	Pv/Lj	Sr	Redmond, Wa. (Redmond)
Hillary Tayet	800/Steeple	So	Lakewood, Wa. (Cascade Christian)
Jennifer Urrutia	Dt/Ht	Fr	Sunnyside, Wa. (Sunnyside)
Jamie Witt	3000/5000	Jr	Folsom, Ca. (Folsom)

<i>Men's Team</i>	<i>Events</i>	<i>Yr</i>	<i>Hometown (High School)</i>
Philip Bayley	Dec	Jr	Seattle, Wa. (King's/PLU)
Clint Bjella	1500/5000	Jr	Everett, Wa. (Everett)
Bjorn Bostrom	1500/5000	Fr	La Conner, Wa. (Bellingham)
Greg Flowers	200/400H	Fr	Seattle, Wa. (King's)
Michael Gavareski	800/1500	Fr	Bellingham, Wa. (Bellingham)
Tyrone Hattingh	Tj	Fr	Redmond, Wa. (King's)
Micah Kelley	400H	Sr	Lakewood, Wa. (Clover Park)
Dan Larimer	Dec	Fr	Libby, Mt. (Libby)
Tim LeCount	1500/5000	Jr	Battle Ground, Wa. (Battle Ground)
Aaron Libadisos	Steeple	Jr	Kailua-Kona, Hi. (Kealakehe)
Paul Mach	400H/800	Sr	Seattle, Wa. (King's)
Lee O'Connor	5000/10k	Fr	Indianapolis, In. (Ben Davis)
Ryan Phillips	1500/5000	Fr	West Linn, Or. (West Linn)
Chris Randolph	Dec	So	Lone Tree, Co. (Denver Christian)
Jason Radel	Dec/400H	So	Flathead, Mt. (Flathead)
Tim Reeves	400H	So	Beaverton, Or. (Beaverton)
James Rosser	5000/10k	Fr	Seattle, Wa. (Highline)
Eddie Strickler	400/800	Fr	Richland, Wa. (Richland)

## NCAA Outdoor Qualifiers

<i>Women</i>	<i>Event</i>	<i>Mark</i>
Kinyatta Leonhardt	400	56.22
Jennifer Marsh	800	2:13.41
Karen Dickson	10,000	36:46.19
Janna Schaafsma	400H	1:03.38
Gleason, Kolb,	1600	
Leonhardt, Marsh	Relay	3:51.03
Allie Hedges	Pole	12-1 1/2
Amy Harris	Pole	11-5 3/4
Sara Johnson	Jav	147-7
Linda Blake	Hep	4593
Kristin Janney	Hep	4446

## 2004 Outdoor Best Marks

### Women's

100–Jean Kolb, 12.66  
 200–Kenyatta Leonhardt, 25.34 √  
 400–Kenyatta Leonhardt, 56.22 √ (PQ)  
 800–Jennifer Marsh, 2:13.24 √ (PQ)  
 1500–Jennifer Marsh, 4:41.42 √  
 Steeple–  
 3000–Abby Groth, 10:30.2  
 5000–Karen Dickson, 18:00.16 √  
 10,000–Karen Dickson, 36:46.19 √ (PQ)  
 100H–Janna Schaafsma, 15.12 √  
 400H–Janna Schaafsma, 1:03.38 √ (PQ)  
 4x100–Gleason, Schaafsma, Kolb, Leonhardt, 48.27 √  
 4x400–Gleason, Kolb, Marsh, Leonhardt, 3:51.03 √ (PQ)  
 Hj–Dianna Grossglass/Sharon Bjella, 5-4 √  
 Pv–Allie Hedges, 12-1 1/2 √ (PQ)  
 Lj–Danae Clark, 17-3 1/4 √  
 Tj–Danae Clark, 34-9 3/4  
 Sp–Lauren Kooy, 36-4 1/4 √  
 Dt–Lauren Kooy, 128-8 √  
 Ht–Jennifer Urrutia, 126-8  
 Jt–Sara Johnson, 147-7 √ (PQ)  
 Hep–Linda Blake, 4593 √ (PQ)

### Men's

100–Dan Larimer, 11.98  
 200–  
 400–Eddie Strickler, 50.00 √  
 800–Eddie Strickler, 1:54.56  
 1500–Tim LeCount, 4:01.0  
 Steeple–Aaron Libadisos, 10:35.26  
 5000–Tim LeCount, 15:06.13  
 10,000–Lee O'Connor, 34:56.24  
 110H–Chris Randolph, 15.82  
 400H–Micah Kelley, 55.16 √  
 4x100–Randolph, Radel, Reeves, Kelly, 44.97 √  
 4x400–Randolph, Kelley, Radel, Strickler, 3:29.36 √  
 Hj–Philip Bayley, 6-2 1/4  
 Pv–Dan Larimer, 12-9 1/2  
 Lj–Tyrone Hattingh, 20-1 3/4  
 Tj–Tyrone Hattingh, 42-8 1/4  
 Sp–Philip Bayley, 42-4 1/4  
 Dt–Philip Bayley, 136-10  
 Ht–  
 Jt–Chris Randolph, 162-1  
 Dec–Dan Larimer, 5867 √

PQ–NCAA Provisional Qualifier  
 √–GNAC Automatic Qualifier

## 2004 Seattle Pacific University Women's Outdoor Performance List

<i>100m (11.50/12.15)</i>	<i>PR</i>	<i>Season Best</i>	Dianna Grossglass	15.20 (04)	15.20 (7)
Kinyatta Leonhardt	12.0 (03)	12.7 (2)	Kristin Janney	15.32 (04)	15.32 (7)
Jean Kolb	12.39 (02)	12.66 (8)	Victoria Perkins	16.4 (03)	
Kristin Janney	12.76 (03)	13.25 (6)	Sharon Bjella	17.09 (04)	17.09 (4a)
Kelsey Gleason	12.95 (04)	12.95 (4)			
Danae Clark	12.96 (03)		<i>400mH (59.00/1:03.70)</i>		
Allie Hedges	14.06 (03)	14.37 (3)	Janna Schaafsma	1:03.38 (04)	1:03.38 (8)
Amy Harris	14.29 (03)	14.31 (3)	Victoria Perkins	1:04.58 (04)	1:04.58 (8)
			Kelsey Gleason	1:04.84 (03)	1:05.48 (5)
<i>200m (23.80/24.90)</i>			Linda Blake	1:06.84 (03)	1:11.42 (5)
Kinyatta Leonhardt	25.34 (04)	25.34 (6)	Dianna Grossglass	1:07.78 (04)	1:07.78 (7)
Kristin Janney	25.9 (02)	26.57 (8a)			
Jean Kolb	26.03 (02)	26.24 (2)	<i>400m Relay (45.50/47.90)</i>		
Julienne Durringer	26.0 (03)	26.85 (2)	Gleason, Schaafsma, Kolb, Leonhardt		48.27 (8)
Danae Clark	26.3 (03)				
Jennifer Marsh	26.3 (03)		<i>1600 Relay (3:42.00/3:52.00)</i>		
Dianna Grossglass	27.62 (03)		Gleason, Kolb, Marsh, Leonhardt		3:51.03 (8)
Ashley Marshall	26.63 (04)	27.45 (6)			
Linda Blake	26.7 (03)	27.05 (8a)	<i>High Jump (5-10 1/2/5-6)</i>		
Sharon Bjella	28.75 (04)	28.75 (4a)	Dianna Grossglass	5-6 1/2 (03)	(1.62m) 5-4 (3)
			Sharon Bjella	5-6 (03)	(1.62m) 5-4 (3)
<i>400m (54.00/56.90)</i>			Linda Blake	5-5 (03)	(1.57m) 5-1 3/4 (1)
Kinyatta Leonhardt	56.22 (04)	56.22 (7)	Kristin Janney	4-9 (04)	(1.45m) 4-9 (4a)
Breanne Rohm	58.0 (01)	1:04.5 (2)			
Jennifer Marsh	58.34 (04)	58.34 (3)	<i>Pole Vault (13-1 1/2/11-5 3/4)</i>		
Julienne Durringer	59.5 (04)	59.5 (2)	Allie Hedges	12-1 1/2 (04)	(3.70m) 12-1 1/2 (7)
Jean Kolb	59.91 (03)		Amy Harris	11-5 1/4 (04)	(3.50m) 11-5 3/4 (5/7)
Kristin Janney	1:00.1 (01)		Amber Rose	10-6 (04)	(3.20m) 10-6 (2/4)
Ashley Marshall	1:00.1 (04)	1:00.1 (2)	Alena Schlumpf	10-6 (00)	(2.89m) 9-5 3/4 (6)
<i>800m (2:08.00/2:14.50)</i>			<i>Long Jump (20-6 1/4/18-8)</i>		
Jennifer Marsh	2:13.24 (04)	2:13.24 (6)	Kristin Janney	18-0 1/4 (02)	(4.92m) 16-1 3/4 (8a)
Victoria Perkins	2:17.94 (04)	2:17.94 (7)	Danae Clark	17-10 (02)	(5.26m) 17-3 1/4 (1)
Brandi McCoy	2:19.3 (04)	2:19.3 (2)	Linda Blake	17-0 (02)	(5.06m) 16-7 1/4 (8a)
Janelle Stevens	2:23.0 (02)		Kinyatta Leonhardt	16-5 (04)	(5.00m) 16-5 (7)
Hillary Tayet	2:27.0 (02)		Sharon Bjella	14-10 3/4 (04)	(4.54m) 14-10 3/4 (4a)
Abby Groth	2:27.71 (04)	2:27.71 (4)			
Linda Blake	2:27.76 (04)	2:27.76 (8a)	<i>Triple Jump (41-0 1/4/38-0 3/4)</i>		
Erica Preboski	2:28.0 (00)		Kristin Janney	37-0 3/4 (02)	
Kristin Janney	2:29.54 (04)	2:29.54 (8a)	Dianna Grossglass	36-6 3/4 (03)	
Nikki Jensen	2:35.0 (03)		Amber Rose	36-4 1/2 (00)	(10.26m) 33-8 (1)
Sharon Bjella	2:37.70 (04)	2:37.70 (4a)	Danae Clark	35-7 3/4 (02)	(10.61m) 34-9 3/4 (1)
			Ashley Marshall	32-9 1/2 (04)	(9.99m) 32-9 1/2 (6)
<i>1500m (4:27.00/4:41.00)</i>			Sara Johnson	32-4 1/4 (04)	(9.87m) 32-4 1/4 (6)
Jennifer Marsh	4:41.42 (04)	4:41.42 (5)			
Jamie Witt	4:49.87 (03)		<i>Shot Put (50-0/43-6)</i>		
Abby Groth	4:51.4 (04)	4:51.4 (2)	Lauren Kooy	36-11 1/4 (02)	(11.08m) 36-4 1/4 (5)
Brandi McCoy	4:58.59 (04)	4:58.59 (3)	Linda Blake	34-4 (03)	(9.95m) 32-7 3/4 (8a)
Nikki Jensen	5:12.0 (02)		Kristin Janney	31-1 3/4 (04)	(9.49m) 31-1 3/4 (1)
Ruth Harbaugh	5:16.7 (04)	5:16.7 (2)	Sharon Bjella	28-11 1/4 (04)	(8.82m) 28-11 1/4 (4a)
Erica Preboski (1600m)	5:35.05 (03)				
			<i>Discus (166-0/141-1)</i>		
<i>3000m (9:40.00/10:18.00)</i>			Lauren Kooy	138-2 (00)	(39.21m) 128-8 (1)
Jamie Witt	10:06.21 (01)	10:55.4 (5)	Gabrielle Robinson-Spaulling	120-0 (03)	(33.28m) 109-2 (2)
Abby Groth	10:30.2 (04)	10:30.2 (5)	Andrea Pennington	110-6 (04)	(33.68m) 110-6 (4)
Brandi McCoy	11:03.6 (04)	11:03.6 (5)	Jennifer Urrutia	105-7 (04)	(32.19m) 105-7 (2)
Nikki Jensen	11:08.0 (02)				
Ruth Harbaugh	11:17.37 (03)	11:28.1 (5)	<i>Hammer (185-0/155-0)</i>		
			Jennifer Urrutia	126-8 (04)	(38.62m) 126-8 (6)
<i>3000 Steeplechase (10:20.00/11:30.00)</i>			Lauren Kooy	124-9 (04)	(38.03m) 124-9 (1)
			Sara Johnson	121-10 (04)	(37.14m) 121-10 (2)
<i>5000m (16:40.00/17:50.00)</i>			Gabrielle Robinson-Spaulling	117-4 (04)	(35.77m) 117-4 (1)
Jamie Witt	17:29.62 (01)		Andrea Pennington	108-1 (04)	(32.94m) 108-1 (3)
Karen Dickson	18:00.16 (04)	18:00.16 (7)			
Ruth Harbaugh	19:33.44 (04)	19:33.44 (4)	<i>Javelin (155-0/134-0)</i>		
Becky Knox	19:43.66 (04)	19:43.66 (6)	Sara Johnson	147-7 (04)	(44.98m) 147-7 (1)
Abby Groth	20:00.80 (03)		Molly Hornbuckle	132-0 (03)	(38.41m) 126-0 (4)
			Andrea Pennington	131-5 (04)	(40.17m) 131-5 (2)
<i>10,000m (35:00.00/38:00.00)</i>			Kristin Janney	118-5 (04)	(36.09m) 118-5 (8a)
Karen Dickson	36:46.19 (04)	36:46.19 (8)	Gabrielle Robinson-Spaulling	117-4 (04)	(35.77m) 117-4
Nikki Jensen	40:04.13 (04)	40:04.13 (1)	Linda Blake	110-9 (03)	(33.77m) 110-9 (2)
Becky Knox	40:50.6 (04)	40:50.6 (5)	Sharon Bjella	90-4 (04)	(27.53m) 90-4 (3)
Erica Preboski	42:25.15 (04)	42:25.15 (1)			
			<i>Heptathlon (5250/4400)</i>		
<i>100mH (13.80/14.65)</i>			Linda Blake	4593 (04)	4593 (8a)
Janna Schaafsma	15.03 (02)	15.12 (4)	Kristin Janney	4446 (04)	4446 (8a)
Linda Blake	15.02 (04)	15.02 (8a)	Sharon Bjella	3629 (03)	3315 (4a)

## 2004 Seattle Pacific University Men's Outdoor Performance List

<i>100m (10.30/10.70)</i>	<i>PR</i>	<i>Season Best</i>	<i>High Jump (7-1/6-9 3/4)</i>		
Chris Randolph	11.88 (03)		Chris Randolph	6-6 (02)	
Dan Larimer	11.98 (04)	11.98 (4a)	Dan Larimer	6-4 (02)	(1.83m) 6-0 (4a)
Philip Bayley	12.04 (04)	12.04 (7a)	Philip Bayley	6-2 1/4 (04)	(1.89m) 6-2 1/4 (6)
Jason Radel	12.0 (03)		Jason Radel	5-8 (03)	
<i>200m (20.65/21.55)</i>			<i>Pole Vault (17-0/15-9)</i>		
Chris Randolph	23.54 (03)		Chris Randolph	12-9 1/2 (03)	
Tyrone Hattingh	25.6 (03)		Dan Larimer	12-9 1/2 (04)	(3.90m) 12-9 1/2 (4a)
<i>400m (46.50/48.00)</i>			Jason Radel	12-3 1/2 (03)	
Eddie Strickler	48.9 (03)	50.00 (1)	Philip Bayley	6-11 3/4 (04)	(2.13m) 6-11 3/4 (7a)
Paul Mach	49.79 (03)		<i>Long Jump (25-4/23-8)</i>		
Micah Kelcy	50.20 (03)		Chris Randolph	21-2 1/2 (03)	
Chris Randolph	51.07 (03)		Dan Larimer	19-5 1/2 (04)	(5.93m) 19-5 1/2 (4a)
Dan Larimer	52.40 (04)	52.40 (4a)	Philip Bayley	18-10 (04)	(5.74m) 18-10 (7a)
Jason Radel	52.6 (03)		Jason Radel	18-10 (03)	
Philip Bayley	54.54 (04)	54.54 (7a)	Tyrone Hattingh	20-1 3/4 (04)	(6.14m) 20-1 3/4 (5)
Tim Reeves	55.36 (03)		<i>Triple Jump (51-0/48-0)</i>		
Tyrone Hattingh	56.4 (03)		Tyrone Hattingh	42-8 1/4 (04)	(13.01m) 42-8 1/4 (6)
<i>800m (1:49.40/1:52.30)</i>			<i>Shot Put (60-0 1/4/52-6)</i>		
Paul Mach	1:53.94 (03)		Philip Bayley	42-4 1/2 (04)	(12.63m) 42-4 1/2 (5)
Eddie Strickler	1:54.56 (04)	1:54.56 (6)	Tyrone Hattingh	38-6 (04)	(11.74m) 38-6 1/4 (2)
Tim LeCount	1:57.50 (02)	2:01.18 (7)	Chris Randolph	37-3 (04)	(11.35m) 37-3 (3)
Michael Gavareski	2:00.87 (03)	2:02.6 (2)	Dan Larimer	33-8 3/4 (04)	(10.28m) 33-8 3/4 (4a)
Bjorn Bostrom	2:02.64 (03)	2:03.58 (7)	Jason Radel	31-4 1/4 (03)	
Clint Bjella	2:09.90 (04)	2:09.90 (4c)	<i>Discus (180-0/161-0)</i>		
<i>1500m (3:47.00/3:54.00)</i>			Philip Bayley	136-10 (04)	(41.71m) 136-10 (6)
Tim LeCount	3:55.72 (02)	4:01.0 (7)	Chris Randolph	134-0 (04)	(40.85m) 134-0 (1)
Eddie Strickler	4:06.46 (04)	4:06.46 (5)	Dan Larimer	93-8 (04)	(28.55m) 93-8 (5)
Bjorn Bostrom	4:08.26 (04)	4:08.26 (95)	Philip Bayley	87-2 (04)	(26.59m) 87-2 (7a)
Clint Bjella	4:19.3 (04)	4:19.3 (2)	Jason Radel	85-1 3/4 (03)	
Dan Larimer	4:32.38 (04)	4:32.38 (4a)	<i>Hammer (200-0/172-0)</i>		
Chris Randolph	4:32.61 (03)		<i>Javelin (218-0/193-0)</i>		
Aaron Libadisos		4:37.10 (5)	Chris Randolph	162-1 (04)	(49.41) 162-1 (1)
Jason Radel	4:38.64 (03)		Dan Larimer	141-1 (04)	(43.00m) 141-1 (1)
<i>3000 Steeplechase (9:00.00/9:25.00)</i>			Jason Radel	109-5 (03)	
Aaron Libadisos	10:21.1 (02)	10:35.26 (6)	<i>Decathlon (7000/6400)</i>		
Ryan Phillips	10:45.5 (04)	10:45.5 (2)	Chris Randolph	6288 (03)	
<i>5000m (14:00.00/14:50.00)</i>			Dan Larimer	5867 (04)	5867 (4a)
Tim LeCount	15:06.13 (04)	15:06.13 (6)	Jason Radel	5459 (03)	
Bjorn Bostrom	15:39.81 (04)	15:39.81 (6)	Philip Bayley	4652 (04)	4652 (7a)
Lee O'Connor	16:59.19 (04)	16:59.19 (6)	<i>Legend</i>		
James Rosser	17:00.38 (04)	17:00.38 (6)	1 3/6 Puget Sound/Lewis & Clark	Tacoma, Wa.	
<i>10,000m (29:20.00/31:20.00)</i>			2 3/13 Salzman Invitational	Tacoma, Wa.	
Lee O'Connor	34:56.24 (04)	34:56.24 (1)	3 3/20 Panther/Stn Wright Invit.	Sacramento, Ca.	
James Rosser	35:04.9 (04)	35:04.9 (5)	3a 3/20 Oregon Preview	Eugene, Or.	
<i>110mH (13.90/14.75)</i>			4a 3/24-25 Cal Multi-Event	Berkeley, Ca.	
Chris Randolph	15.61 (03)	15.82 (3)	4b 3/26-27 Stanford Invitational	Palo Alto, Ca.	
Jason Radel	16.31 (02)		4 3/27 Hornet Invitational	Sacramento, Ca.	
Dan Larimer	16.84 (04)	16.84 (4a)	4c 3/27 Spring Break Open	Edmonds, Wa.	
Philip Bayley	18.14 (04)	18.14 (7a)	5 4/3 Vernacchia Team Classic	Bellingham, Wa.	
<i>400mH (51.70/53.55)</i>			6 4/10 Shotwell Invitational	Tacoma, Wa.	
Paul Mach	52.91 (03)		7a 4/12-13 Saint Martin's Multi-Event	Lacey, Wa.	
Micah Kelley	54.68 (03)	55.16 (7)	7 4/17 Spike Arlt Invitational	Ellensburg, Wa.	
Tim Reeves	58.98 (04)	58.98 (6)	8a 4/22-23 GNAC Multi-Event Champs.	Monmouth, Or.	
Jason Radel	59.59 (04)	59.59 (1)	8 4/24 Oregon Invitational	Eugene, Or.	
Greg Flowers	1:00.69 (04)	1:00.69 (6)	8b 4/24 Western Oregon Open	Monmouth, Or.	
<i>400 Relay (40.00/41.25)</i>			9 4/30 Western Washington Twilight	Bellingham, Wa.	
Randolph, Radel, Reeves, Kelcy		44.97 (1)	10 5/8 GNAC Championships	Monmouth, Or.	
<i>1600 Relay (3:09.00/3:14.00)</i>			11 5/15 Ken Foreman Invitational	Seattle, Wa.	
Randolph, Kelcy, Radel, Strickler		3:29.36 (1)	12 5/27-29 NCAA Championships	Walnut, Ca.	