

206/281-2772 voice | 206/281-2266 fax | frmacdon@spu.edu | www.spu.edu/falconsonline

SPU Track Sends Its Best To Oregon Leonhardt Sparks Another Win By Women

Multiple events. Three days, two meets and a select group of athletes from Seattle Pacific University will be found in central Oregon later this week as the track & field season turns for the home stretch. First, the Falcons are sending a handful of men and women to the Great Northwest Athletic Conference Multi-Event Championships, which begin Thursday (Apr. 22) in Monmouth. On Saturday (Apr. 24), the scene shifts south to legendary Hayward Field in Eugene for the Oregon Invitational. Next week's fare is the Western Washington Twilight meet Apr. 30 in Bellingham.

Points to remember. Seattle Pacific's bid to regain the GNAC women's outdoor team title will begin at a quiet McArthur Field with the first day of the heptathlon. Defending champion and host Western Oregon remains the team to beat and the Wolves have the top three heptathlon scores this spring. Still, Coach **Jack Hoyt** hopes to keep the individual title at SPU for the third year in a row and give his squad some momentum going into the full GNAC Championships May 8, also at Monmouth. His top contender is **Linda Blake** (So., Salem, Or./Salem Academy), who will be joined by **Kristin Janney** (White Salmon, Wa./Columbia) and **Sharon Bjella** (Fr., Everett, Wa./Everett). Blake was second in the conference heptathlon as a freshman. In the decathlon, **Dan Larimer** (Fr., Libby, Mt.) and **Philip Bayley** (Jr., Seattle, Wa./King's) will represent the Falcons. Notable by their absence from this year's meet are **Danielle Ayers-Stamper** (So., LaCrosse, Wa.), the defending heptathlon champ, and **Chris Randolph** (So., Lone Tree, Co./Denver Christian), the runner-up in the decathlon. Ayers-Stamper is a redshirt and Randolph, who has been out four weeks with an ankle sprain, is questionable for a return next month.

A peak performance opp. The Oregon Invitational affords an opportunity for Hoyt's top people to push for some top marks against some elite opposition in a great setting. The region's best collegiate and club athletes annually congregate at before several thousand fans at Hayward Field for this meet, which is split into day and twilight sessions. Among the Falcons' accepted entries are the six NCAA provisional qualifiers: 400-meter sprinter **Kinyatta Leonhardt** (Fr., Petaluma, Ca./St. Vincent), 800 runner **Jennifer Marsh** (Fr., Kirkland, Wa./Juanita), distance ace **Karen Dickson** (Fr., El Dorado Hills, Ca./Oak Ridge), pole vaulters **Allie Hedges** (So., Richland, Wa.) and **Amy Harris** (So., Philomath, Or./Crescent Valley) and javelin thrower **Sara Johnson** (Jr., Kennewick, Wa.).

Make it five straight. Leonhardt sparked the women's fifth straight scored meet victory and earned a share of GNAC athlete of the week at the Arlt Invitational. Leonhardt won both the 400—in a meet and personal record of 56.22 seconds—and long jump (her collegiate debut), and anchored the winning 400 relay to a season-best time (48.2). Elsewhere, Hedges virtually assured herself a spot at nationals by clearing 12 feet, 1 1/2 inches—a career-best clearance by over seven inches. It was her fifth win in six meets. SPU won seven events altogether to defeat host Central Washington 174-153 for the women's crown.

Fractions. Marsh missed last week with a sore leg. Also missing were distance prospects **Jamie Witt** (Jr., Folsom, Ca.) and **Abby Groth** (So., Roseburg, Or./Glide)...Harris was second behind Hedges, matching her PR at 11-5 3/4. Notching her fifth victory of the season was Johnson in the javelin, (135-8). Dickson, running much of the 5000 by herself, won by 59 seconds in

2004 TRACK & FIELD

SPU Quick Facts

Coach—Jack Hoyt, 5th year
Assistant—Doris Heritage
Assistant—Algerian Hart
Assistant—Erika Daligcon
Assistant—Kelly LaBounty
Assistant—Laura Widman
Assistant—Howie Kellogg

This Week's Schedule

Thr.-Fri., Apr. 22-23, 10 & 9 a.m.
GNAC Multi-Event Championships
McArthur Field, Monmouth, Or.

Sat., Apr. 24, 10 a.m.

Oregon Invitational
Hayward Field, Eugene, Or.

Stat de jour

Allie Hedges raised her NCAA qualifying mark in the pole vault to 12-1 1/2—a PR by nearly 8 inches

Streaks & Such

An SPU woman has won the last two GNAC heptathlon titles

Last Week's Highlight

Kenyatta Leonhardt ran a meet record and provisional qualifying time of 56.22 in the 400 last week. Another win in the long jump and 400 relay earned her GNAC co-athlete of the week.

2004 Outdoor Schedule

Mar. 6 Puget Sound/Lewis & Clark
Mar. 13 Salzman Invitational
Mar. 20 Panther/St. Vincent Invit.
M. 24-25 California Multi-Event
Mar. 27 Spring Break Open
Mar. 27 Hornet Invitational
Apr. 3 Vernacchia Invitational
Apr. 10 Shotwell Invitational
Apr. 17 Spike Arlt Invitational
A. 22-23 GNAC Multi-Event Champs.
Apr. 24 Oregon Invitational
Apr. 30 Western Wash. Twilight
May 8 GNAC Championships
May 15 Foreman Invitational
M. 27-29 NCAA Championships

18:00.16. **Kelsey Gleason** (So., Salem, Or./Salem Acad.) got the win in the 400 hurdles in 1:04.75, just ahead of **Janna Schaafsma** (So., Soldotna, Ak.).

Dianna Grossglass (So., LaConner, Wa.) took second place in a pair of events, clocking a career-best 15.20 seconds in the 100 hurdles and high-jumping 5-3, the same height cleared by the winner...**Tim LeCount** (Jr., Battle Ground, Wa.) and **Micah Kelley** (Sr., Lakewood, Wa./Clover Park) had the top placements from the men. LeCount ran second in the 1500 in a season-best of 4:01.0 and Kelley was third in the 400 hurdles in a season-best of 55.16...Hoyt won last week's Saint Martin's decathlon with 5966 points. Bayley was third with 4652.

2004 Track & Field Roster

<i>Women's Team</i>	<i>Events</i>	<i>Yr</i>	<i>Hometown (High School)</i>
Danielle Ayers-Stamper	Hep/Lj/Jav	So	LaCrosse, Wa. (LaCrosse)
Sharon Bjella	Hj/Hep	Fr	Everett, Wa. (Everett)
Linda Blake	Hep/400H	So	Richland, Wa. (Liberty Christian/Richland)
Danae Clark	Lj/Tj/400	Fr	Hillsboro, Or. (Glencoe)
Kelsey Cooley	Hep/Hj	Fr	Missoula, Mt. (Hellgate)
Karen Dickson	3000/5000	Fr	El Dorado Hills, Ca. (Oak Ridge)
Julienne Durringer	400	Fr	Monroe, Wa. (Monroe)
Kelsey Gleason	100H/400H	So	Salem, Or. (Salem Academy)
Dianna Grossglass	Hj/Tj/400H	So	LaConner, Wa. (LaConner)
Abby Groth	1500/3000	So	Roseburg, Or. (Glide)
Ruth Harbaugh	3000/5000	So	Gig Harbor, Wa. (Gig Harbor)
Amy Harris	Pv	So	Philomath, Or. (Crescent Valley)
Allison Hedges	Pv	So	Richland, Wa. (Richland)
Molly Hornbuckle	Jav/Dt	Fr	Burien, Wa. (Highline)
Kristin Janney	Hep/Tj	Fr	White Salmon, Wa. (Columbia)
Nikki Jensen	3000/5000	Fr	Portland, Or. (St. Mary's Academy)
Sara Johnson	Jav/Ham/Tj	Jr	Kennewick, Wa. (K'wick/Spok. Fls CC)
Becky Knox	1500	So	Denver, Co. (Denver Christian)
Jean Kolb	100/200	So	Eugene, Or. (South Eugene)
Lauren Kooy	Dt/Ht	Sr	George, Wa. (Quincy)
Josie Lavin	800/1500	Jr	Bremerton, Wa. (Bremerton)
Kinyatta Leonhardt	100/200/400	Fr	Petaluma, Ca. (St. Vincent)
Jennifer Marsh	400/800/1500	Fr	Kirkland, Wa. (Juanita)
Ashley Marshall	400/800	Fr	Bellingham, Wa. (Meridian)
Brandi McCoy	1500/3000	Fr	Richland, Wa. (Richland)
Andrea Pennington	Jav/Dt	Sr	Bellingham, Wa. (Bell'ham/Whatcom CC)
Victoria Perkins	400H	Fr	Kent, Wa. (Kentwood)
Erica Preboski	Steeple	Fr	Camano Is., Wa. (Stanwood)
Gabrielle Robinson-Spaulding	Dt/Ht	Fr	Redding, Ca. (Shasta)
Breanne Rohm	400	Jr	Juneau, Ak. (Juneau-Douglas)
Amber Rose	Tj/Pv	Sr	Olympia, Wa. (Capital)
Janna Schaafsma	100H/400H	So	Soldotna, Ak. (Soldotna)
Alena Schlumpf	Pv	Sr	Las Vegas, Nv. (Green Valley)
Janelle Stevens	800/1500	So	Soquel, Ca. (Soquel)
Ally Studer	Pv/Lj	Sr	Redmond, Wa. (Redmond)
Hillary Tayet	800/Steeple	So	Lakewood, Wa. (Cascade Christian)
Jennifer Urrutia	Dt/Ht	Fr	Sunnyside, Wa. (Sunnyside)
Jamie Witt	3000/5000	Jr	Folsom, Ca. (Folsom)

<i>Men's Team</i>	<i>Events</i>	<i>Yr</i>	<i>Hometown (High School)</i>
Philip Bayley	Dec	Jr	Seattle, Wa. (King's/PLU)
Clint Bjella	1500/5000	Jr	Everett, Wa. (Everett)
Bjorn Bostrom	1500/5000	Fr	La Conner, Wa. (Bellingham)
Greg Flowers	200/400H	Fr	Seattle, Wa. (King's)
Michael Gavareski	800/1500	Fr	Bellingham, Wa. (Bellingham)
Tyrone Hattingh	Tj	Fr	Redmond, Wa. (King's)
Micah Kelley	400H	Sr	Lakewood, Wa. (Clover Park)
Dan Larimer	Dec	Fr	Libby, Mt. (Libby)
Tim LeCount	1500/5000	Jr	Battle Ground, Wa. (Battle Ground)
Aaron Libadisos	Steeple	Jr	Kailua-Kona, Hi. (Kealakehe)
Paul Mach	400H/800	Sr	Seattle, Wa. (King's)
Lee O'Connor	5000/10k	Fr	Indianapolis, In. (Ben Davis)
Ryan Phillips	1500/5000	Fr	West Linn, Or. (West Linn)
Chris Randolph	Dec	So	Lone Tree, Co. (Denver Christian)
Jason Radel	Dec/400H	So	Flathead, Mt. (Flathead)
Tim Reeves	400H	So	Beaverton, Or. (Beaverton)
James Rosser	5000/10k	Fr	Seattle, Wa. (Highline)
Eddie Strickler	400/800	Fr	Richland, Wa. (Richland)

NCAA Outdoor Qualifiers

<i>Women</i>	<i>Event</i>	<i>Mark</i>
Kinyatta Leonhardt	400	56.22
Jennifer Marsh	800	2:13.41
Karen Dickson	10,000	37:22.6
Allie Hedges	Pole	12-1 1/2
Amy Harris	Pole	11-5 3/4
Sara Johnson	Jav	147-7

2004 Outdoor Best Marks

Women's

100–Jean Kolb, 12.90
 200–Kenyatta Leonhardt, 25.34 ✓
 400–Kenyatta Leonhardt, 56.22 ✓ (PQ)
 800–Jennifer Marsh, 2:13.24 ✓
 1500–Jennifer Marsh, 4:41.42 ✓
 Steeple–
 3000–Abby Groth, 10:30.2
 5000–Karen Dickson, 18:00.16 ✓
 10,000–Karen Dickson, 37:22.6 ✓ (PQ)
 100H–Janna Schaafsma, 15.12 ✓
 400H–Janna Schaafsma, 1:04.26 ✓
 4x100–Gleason, Schaafsma, Kolb, Leonhardt, 48.2 ✓
 4x400–Gleason, Kolb, Leonhardt, Marshall, 3:53.56 ✓
 Hj–Dianna Grossglass/Sharon Bjella, 5-4 ✓
 Pv–Allie Hedges, 12-1 1/2 ✓ (PQ)
 Lj–Danae Clark, 17-3 1/4 ✓
 Tj–Danae Clark, 34-9 3/4
 Sp–Lauren Kooy, 36-4 1/4 ✓
 Dt–Lauren Kooy, 128-8 ✓
 Ht–Jennifer Urrutia, 126-8
 Jt–Sara Johnson, 147-7 ✓ (PQ)
 Hep–Linda Blake, 4032 ✓

Men's

100–Dan Larimer, 11.98
 200–
 400–Eddie Strickler, 50.00 ✓
 800–Eddie Strickler, 1:54.56
 1500–Tim LeCount, 4:01.0
 Steeple–Aaron Libadisos, 10:35.26
 5000–Tim LeCount, 15:06.13
 10,000–Lee O'Connor, 34:56.24
 110H–Chris Randolph, 15.82
 400H–Micah Kelley, 55.16 ✓
 4x100–Randolph, Radel, Reeves, Kelly, 44.97 ✓
 4x400–Randolph, Kelley, Radel, Strickler, 3:29.36 ✓
 Hj–Philip Bayley, 6-2 1/4
 Pv–Dan Larimer, 12-9 1/2
 Lj–Tyrone Hattingh, 20-1 3/4
 Tj–Tyrone Hattingh, 42-8 1/4
 Sp–Philip Bayley, 42-4 1/4
 Dt–Philip Bayley, 136-10
 Ht–
 Jt–Chris Randolph, 162-1
 Dec–Dan Larimer, 5867 ✓

PQ–NCAA Provisional Qualifier
 ✓–GNAC Automatic Qualifier

2004 Seattle Pacific University Women's Outdoor Performance List

<i>100m (11.50/12.15)</i>	<i>PR</i>	<i>Season Best</i>	Kristin Janney	15.32 (04)	15.32 (7)
Kinyatta Leonhardt	12.0 (03)	12.7 (2)	Victoria Perkins	16.4 (03)	
Jean Kolb	12.39 (02)	12.90 (4)	Sharon Bjella	17.09 (04)	17.09 (4a)
Kristin Janney	12.76 (03)	13.25 (6)			
Kelsey Gleason	12.95 (04)	12.95 (4)	<i>400mH (59.00/1:03.70)</i>		
Danae Clark	12.96 (03)		Janna Schaafsma	1:04.26 (04)	1:04.26 (6)
Allie Hedges	14.06 (03)	14.37 (3)	Kelsey Gleason	1:04.84 (03)	1:05.48 (5)
Amy Harris	14.29 (03)	14.31 (3)	Victoria Perkins	1:05.43 (04)	1:05.43 (5)
			Linda Blake	1:06.84 (03)	1:11.42 (5)
			Dianna Grossglass	1:07.78 (04)	1:07.78 (7)
<i>200m (23.80/24.90)</i>			<i>400m Relay (45.50/47.90)</i>		
Kinyatta Leonhardt	25.34 (04)	25.34 (6)	Gleason, Schaafsma, Kolb, Leonhardt		48.2 (7)
Kristin Janney	25.9 (02)	27.31 (4a)			
Jean Kolb	26.03 (02)	26.24 (2)	<i>1600 Relay (3:42.00/3:52.00)</i>		
Julienne Durringer	26.0 (03)	26.85 (2)	Gleason, Kolb, Leonhardt, Marsh		3:53.56 (6)
Danae Clark	26.3 (03)				
Jennifer Marsh	26.3 (03)		<i>High Jump (5-10 1/2/5-6)</i>		
Dianna Grossglass	27.62 (03)		Dianna Grossglass	5-6 1/2 (03)	(1.62m) 5-4 (3)
Ashley Marshall	26.63 (04)	27.45 (6)	Sharon Bjella	5-6 (03)	(1.62m) 5-4 (3)
Linda Blake	26.7 (03)	27.32 (4a)	Linda Blake	5-5 (03)	(1.57m) 5-1 3/4 (1)
Sharon Bjella	28.75 (04)	28.75 (4a)	Kristin Janney	4-9 (04)	(1.45m) 4-9 (4a)
<i>400m (54.00/56.90)</i>			<i>Pole Vault (13-1 1/2/11-5 3/4)</i>		
Kinyatta Leonhardt	56.22 (04)	56.22 (7)	Allie Hedges	12-1 1/2 (04)	(3.70m) 12-1 1/2 (7)
Breanne Rohm	58.0 (01)	1:04.5 (2)	Amy Harris	11-5 1/4 (04)	(3.50m) 11-5 3/4 (5/7)
Jennifer Marsh	58.34 (04)	58.34 (3)	Amber Rose	10-6 (04)	(3.20m) 10-6 (2/4)
Julienne Durringer	59.5 (04)	59.5 (2)	Alena Schlumpf	10-6 (00)	(2.89m) 9-5 3/4 (6)
Jean Kolb	59.91 (03)		<i>Long Jump (20-6 1/4/18-8)</i>		
Kristin Janney	1:00.1 (01)		Kristin Janney	18-0 1/4 (02)	(4.64m) 15-2 3/4 (4a)
Ashley Marshall	1:00.1 (04)	1:00.1 (2)	Danae Clark	17-10 (02)	(5.26m) 17-3 1/4 (1)
			Linda Blake	17-0 (02)	(5.02m) 16-5 3/4 (6)
<i>800m (2:08.00/2:14.50)</i>			Kinyatta Leonhardt	16-5 (04)	(5.00m) 16-5 (7)
Jennifer Marsh	2:13.24 (04)	2:13.24 (6)	Sharon Bjella	14-10 3/4 (04)	(4.54m) 14-10 3/4 (4a)
Victoria Perkins	2:17.94 (04)	2:17.94 (7)	<i>Triple Jump (41-0 1/4/38-0 3/4)</i>		
Brandi McCoy	2:19.3 (04)	2:19.3 (2)	Kristin Janney	37-0 3/4 (02)	
Janelle Stevens	2:23.0 (02)		Dianna Grossglass	36-6 3/4 (03)	(10.26m) 33-8 (1)
Hillary Tayet	2:27.0 (02)		Amber Rose	36-4 1/2 (00)	
Abby Groth	2:27.71 (04)	2:27.71 (4)	Danae Clark	35-7 3/4 (02)	(10.61m) 34-9 3/4 (1)
Erica Preboski	2:28.0 (00)		Ashley Marshall	32-9 1/2 (04)	(9.99m) 32-9 1/2 (6)
Linda Blake	2:33.86 (03)	2:34.22 (1)	Sara Johnson	32-4 1/4 (04)	(9.87m) 32-4 1/4 (6)
Nikki Jensen	2:35.0 (03)		<i>Shot Put (50-0/43-6)</i>		
Sharon Bjella	2:37.70 (04)	2:37.70 (4a)	Lauren Kooy	36-11 1/4 (02)	(11.08m) 36-4 1/4 (5)
Kristin Janney	2:39.69 (04)	2:39.69 (4a)	Linda Blake	34-4 (03)	(9.57m) 31-4 3/4 (5)
			Kristin Janney	31-1 3/4 (04)	(9.49m) 31-1 3/4 (1)
<i>1500m (4:27.00/4:41.00)</i>			Sharon Bjella	28-11 1/4 (04)	(8.82m) 28-11 1/4 (4a)
Jennifer Marsh	4:41.42 (04)	4:41.42 (5)	<i>Discus (166-0/141-1)</i>		
Jamie Witt	4:49.87 (03)		Lauren Kooy	138-2 (00)	(39.21m) 128-8 (1)
Abby Groth	4:51.4 (04)	4:51.4 (2)	Gabrielle Robinson-Spaulling	120-0 (03)	(33.28m) 109-2 (2)
Brandi McCoy	4:58.59 (04)	4:58.59 (3)	Andrea Pennington	110-6 (04)	(33.68m) 110-6 (4)
Nikki Jensen	5:12.0 (02)		Jennifer Urrutia	105-7 (04)	(32.19m) 105-7 (2)
Ruth Harbaugh	5:16.7 (04)	5:16.7 (2)	<i>Hammer (185-0/155-0)</i>		
Erica Preboski (1600m)	5:35.05 (03)		Jennifer Urrutia	126-8 (04)	(38.62m) 126-8 (6)
			Lauren Kooy	124-9 (04)	(38.03m) 124-9 (1)
<i>3000m (9:40.00/10:18.00)</i>			Sara Johnson	121-10 (04)	(37.14m) 121-10 (2)
Jamie Witt	10:06.21 (01)	10:55.4 (5)	Gabrielle Robinson-Spaulling	117-4 (04)	(35.77m) 117-4 (1)
Abby Groth	10:30.2 (04)	10:30.2 (5)	Andrea Pennington	108-1 (04)	(32.94m) 108-1 (3)
Brandi McCoy	11:03.6 (04)	11:03.6 (5)	<i>Javelin (155-0/134-0)</i>		
Nikki Jensen	11:08.0 (02)		Sara Johnson	147-7 (04)	(44.98m) 147-7 (1)
Ruth Harbaugh	11:17.37 (03)	11:28.1 (5)	Molly Hornbuckle	132-0 (03)	(38.41m) 126-0 (4)
			Andrea Pennington	131-5 (04)	(40.17m) 131-5 (2)
<i>5000m (16:40.00/17:50.00)</i>			Gabrielle Robinson-Spaulling	117-4 (04)	(35.77m) 117-4
Jamie Witt	17:29.62 (01)		Kristin Janney	114-8 (04)	(34.96m) 114-8 (6)
Karen Dickson	18:00.16 (04)	18:00.16 (7)	Linda Blake	110-9 (03)	(33.77m) 110-9 (2)
Ruth Harbaugh	19:33.44 (04)	19:33.44 (4)	Sharon Bjella	90-4 (04)	(27.53m) 90-4 (3)
Becky Knox	19:43.66 (04)	19:43.66 (6)	<i>Heptathlon (5250/4400)</i>		
Abby Groth	20:00.80 (03)		Linda Blake	4446 (03)	4032 (4a)
			Kristin Janney	3847 (04)	3847 (4a)
<i>10,000m (35:00.00/38:00.00)</i>			Sharon Bjella	3629 (03)	3315 (4a)
Karen Dickson	37:22.6 (04)	37:22.6 (5)			
Nikki Jensen	40:04.13 (04)	40:04.13 (1)			
Becky Knox	40:50.6 (04)	40:50.6 (5)			
Erica Preboski	42:25.15 (04)	42:25.15 (1)			
<i>100mH (13.80/14.65)</i>					
Janna Schaafsma	15.03 (02)	15.12 (4)			
Linda Blake	15.12/14.92w (03)	15.2 (2)			
Dianna Grossglass	15.20 (04)	15.20 (7)			

2004 Seattle Pacific University Men's Outdoor Performance List

<i>100m (10.30/10.70)</i>	<i>PR</i>	<i>Season Best</i>	<i>High Jump (7-1/6-9 3/4)</i>		
Chris Randolph	11.88 (03)		Chris Randolph	6-6 (02)	
Dan Larimer	11.98 (04)	11.98 (4a)	Dan Larimer	6-4 (02)	(1.83m) 6-0 (4a)
Philip Bayley	12.04 (04)	12.04 (7a)	Philip Bayley	6-2 1/4 (04)	(1.89m) 6-2 1/4 (6)
Jason Radel	12.0 (03)		Jason Radel	5-8 (03)	
<i>200m (20.65/21.55)</i>			<i>Pole Vault (17-0/15-9)</i>		
Chris Randolph	23.54 (03)		Chris Randolph	12-9 1/2 (03)	
Tyrone Hattingh	25.6 (03)		Dan Larimer	12-9 1/2 (04)	(3.90m) 12-9 1/2 (4a)
<i>400m (46.50/48.00)</i>			Jason Radel	12-3 1/2 (03)	
Eddie Strickler	48.9 (03)	50.00 (1)	Philip Bayley	6-11 3/4 (04)	(2.13m) 6-11 3/4 (7a)
Paul Mach	49.79 (03)		<i>Long Jump (25-4/23-8)</i>		
Micah Kelcy	50.20 (03)		Chris Randolph	21-2 1/2 (03)	
Chris Randolph	51.07 (03)		Dan Larimer	19-5 1/2 (04)	(5.93m) 19-5 1/2 (4a)
Dan Larimer	52.40 (04)	52.40 (4a)	Philip Bayley	18-10 (04)	(5.74m) 18-10 (7a)
Jason Radel	52.6 (03)		Jason Radel	18-10 (03)	
Philip Bayley	54.54 (04)	54.54 (7a)	Tyrone Hattingh	20-1 3/4 (04)	(6.14m) 20-1 3/4 (5)
Tim Reeves	55.36 (03)		<i>Triple Jump (51-0/48-0)</i>		
Tyrone Hattingh	56.4 (03)		Tyrone Hattingh	42-8 1/4 (04)	(13.01m) 42-8 1/4 (6)
<i>800m (1:49.40/1:52.30)</i>			<i>Shot Put (60-0 1/4/52-6)</i>		
Paul Mach	1:53.94 (03)		Philip Bayley	42-4 1/2 (04)	(12.63m) 42-4 1/2 (5)
Eddie Strickler	1:54.56 (04)	1:54.56 (6)	Tyrone Hattingh	38-6 (04)	(11.74m) 38-6 1/4 (2)
Tim LeCount	1:57.50 (02)	2:01.18 (7)	Chris Randolph	37-3 (04)	(11.35m) 37-3 (3)
Michael Gavareski	2:00.87 (03)	2:02.6 (2)	Dan Larimer	33-8 3/4 (04)	(10.28m) 33-8 3/4 (4a)
Bjorn Bostrom	2:02.64 (03)	2:03.58 (7)	Jason Radel	31-4 1/4 (03)	
Clint Bjella	2:09.90 (04)	2:09.90 (4c)	<i>Discus (180-0/161-0)</i>		
<i>1500m (3:47.00/3:54.00)</i>			Philip Bayley	136-10 (04)	(41.71m) 136-10 (6)
Tim LeCount	3:55.72 (02)	4:01.0 (7)	Chris Randolph	134-0 (04)	(40.85m) 134-0 (1)
Eddie Strickler	4:06.46 (04)	4:06.46 (5)	Dan Larimer	93-8 (04)	(28.55m) 93-8 (5)
Bjorn Bostrom	4:08.26 (04)	4:08.26 (95)	Philip Bayley	87-2 (04)	(26.59m) 87-2 (7a)
Clint Bjella	4:19.3 (04)	4:19.3 (2)	Jason Radel	85-1 3/4 (03)	
Dan Larimer	4:32.38 (04)	4:32.38 (4a)	<i>Hammer (200-0/172-0)</i>		
Chris Randolph	4:32.61 (03)		<i>Javelin (218-0/193-0)</i>		
Aaron Libadisos		4:37.10 (5)	Chris Randolph	162-1 (04)	(49.41) 162-1 (1)
Jason Radel	4:38.64 (03)		Dan Larimer	141-1 (04)	(43.00m) 141-1 (1)
<i>3000 Steeplechase (9:00.00/9:25.00)</i>			Jason Radel	109-5 (03)	
Aaron Libadisos	10:21.1 (02)	10:35.26 (6)	<i>Decathlon (7000/6400)</i>		
Ryan Phillips	10:45.5 (04)	10:45.5 (2)	Chris Randolph	6288 (03)	
<i>5000m (14:00.00/14:50.00)</i>			Dan Larimer	5867 (04)	5867 (4a)
Tim LeCount	15:06.13 (04)	15:06.13 (6)	Jason Radel	5459 (03)	
Bjorn Bostrom	15:39.81 (04)	15:39.81 (6)	Philip Bayley	4652 (04)	4652 (7a)
Lee O'Connor	16:59.19 (04)	16:59.19 (6)	<i>Legend</i>		
James Rosser	17:00.38 (04)	17:00.38 (6)	1 3/6 Puget Sound/Lewis & Clark	Tacoma, Wa.	
<i>10,000m (29:20.00/31:20.00)</i>			2 3/13 Salzman Invitational	Tacoma, Wa.	
Lee O'Connor	34:56.24 (04)	34:56.24 (1)	3 3/20 Panther/Stam Wright Invit.	Sacramento, Ca.	
James Rosser	35:04.9 (04)	35:04.9 (5)	3a 3/20 Oregon Preview	Eugene, Or.	
<i>110mH (13.90/14.75)</i>			4a 3/24-25 Cal Multi-Event	Berkeley, Ca.	
Chris Randolph	15.61 (03)	15.82 (3)	4b 3/26-27 Stanford Invitational	Palo Alto, Ca.	
Jason Radel	16.31 (02)		4 3/27 Hornet Invitational	Sacramento, Ca.	
Dan Larimer	16.84 (04)	16.84 (4a)	4c 3/27 Spring Break Open	Edmonds, Wa.	
Philip Bayley	18.14 (04)	18.14 (7a)	5 4/3 Vernacchia Team Classic	Bellingham, Wa.	
<i>400mH (51.70/53.55)</i>			6 4/10 Shotwell Invitational	Tacoma, Wa.	
Paul Mach	52.91 (03)		7a 4/12-13 Saint Martin's Multi-Event	Lacey, Wa.	
Micah Kelley	54.68 (03)	55.16 (7)	7 4/17 Spike Arlt Invitational	Ellensburg, Wa.	
Tim Reeves	58.98 (04)	58.98 (6)	8a 4/22-23 GNAC Multi-Event Champs.	Monmouth, Or.	
Jason Radel	59.59 (04)	59.59 (1)	8 4/24 Oregon Invitational	Eugene, Or.	
Greg Flowers	1:00.69 (04)	1:00.69 (6)	8b 4/24 Western Oregon Open	Monmouth, Or.	
<i>400 Relay (40.00/41.25)</i>			9 4/30 Western Washington Twilight	Bellingham, Wa.	
Randolph, Radel, Reeves, Kelcy		44.97 (1)	10 5/8 GNAC Championships	Monmouth, Or.	
<i>1600 Relay (3:09.00/3:14.00)</i>			11 5/15 Ken Foreman Invitational	Seattle, Wa.	
Randolph, Kelcy, Radel, Strickler		3:29.36 (1)	12 5/27-29 NCAA Championships	Walnut, Ca.	