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## Take A Shotwell: SPU Is Back In Tacoma Women Win At WWU; Dickson, Harris Qualify

**Where it all began.** As the track & field season hits the halfway point, Seattle Pacific University sends its troops south to where the campaign began six weeks ago. The Falcons will compete Saturday (Apr. 10) at the J.D. Shotwell Invitational in Tacoma, where they will be joined by, among others, Central Washington, Pacific Lutheran, Saint Martin's, Seattle University, Western Washington and host Puget Sound. The Spike Arlt Invitational is next weekend in Ellensburg.

**Make it five.** Despite losing three of last year's NCAA qualifiers to the redshirt list this spring, the SPU women's team keeps chugging along, getting the job done. They overcame the absence of still more performers last week to win their fifth consecutive Vernacchia Invitational team title, and they now have five provisional national qualifiers—just one shy of last year's total—at this point. Joining the list were **Karen Dickson** (Fr., El Dorado Hills, Ca./Oak Ridge) in the 10,000-meter run and **Amy Harris** (So., Philomath, Or./Crescent Valley) in the pole vault. Dickson improved her personal record by 78 seconds and finished fourth at the Vernacchia. It was the No. 8 qualifying mark in Div. II. Harris vaulted a career-best 11 feet, 5 3/4 inches to earn first place by virtue of a tiebreaker with teammate **Allie Hedges** (So., Richland, Wa.), who had qualified at the same height Mar. 6.

**Who would've thunk it?** With so many missing, Coach **Jack Hoyt** wasn't concerned so much with scoring points at the Vernacchia. He was without four potential scorers on the women's side, while the men's squad was decimated by the absence of multi-event star **Chris Randolph** (So., Lone Tree, Co./Denver Christian), hurdler **Miach Kelley** (Sr., Lakewood, Wa./Clover Park), half-miler **Paul Mach** (Sr., Seattle, Wa./King's) and top distance runner **Tim LeCount** (Jr., Battle Ground, Wa.). Hoyt used the meet to try people in some different events, leaving such staple races as the 800 and 5000 without a single SPU entry, man or woman. Still, somehow things worked out. The Falcons finished with a slight, 103-97, edge over Central Washington women and the men, given the circumstances, took a respectable sixth.

**Bearing the load.** The unsung stars may have been relay sprinters **Kelsey Gleason** (So., Salem, Or.), **Kinyatta Leonhardt** (Fr., Petaluma, Ca./St. Vincent) and **Jean Kolb** (So., Eugene, Or.), who ran on both quartets, including the 1600 which set a meet record of 3 minutes, 54.02 seconds and clinched the team title. The 400 relay was timed in a season-best 48.52 seconds despite some shaky exchanges. Kolb also took second in the 100 dash (13.01) and sixth in the 200 (26.92). Gleason was third in the 100 (13.06) and fourth in the the 400 hurdles (1:05.48). **Jennier Marsh** (Fr., Kirkland, Wa./Juanita) ran the long relay's anchor leg. Earlier, Marsh had come from behind in the final 400 meters to win her debut in the 1500 in 4:41.42—less than a second off the provisional minimum. She already has qualified for the NCAA 800 this season. Other victors were **Sara Johnson** (Jr., Kennewick, Wa.), who won her fourth javelin title (141-5); **Abby Groth** (So., Roseburg, Or./Glide), running a 19-second PR in the 3000 (10:30.2); and **Dianna Grossglass** (So., La Conner, Wa.) in the high jump (5-2 1/4).

**Fractions.** The men got three third-place finishes: **Eddie Strickler** (Fr., Richland, Wa.) in the 1500 (4:06.46), **Tyrone Hattingh** (Fr., Redmond, Wa./King's) in the long jump (a 28-inch PR of 20-1 3/4), and **James Rosser**

## 2004 TRACK & FIELD

### SPU Quick Facts

Coach—Jack Hoyt, 5th year  
Assistant—Doris Heritage  
Assistant—Algerian Hart  
Assistant—Erika Daligcon  
Assistant—Kelly LaBounty  
Assistant—Laura Widman  
Assistant—Howie Kellogg

### This Week's Schedule

Sat., Apr. 10, 9 a.m. (races at 12 noon)  
Shotwell Invitational  
Baker Stadium, Tacoma, Wa.

### Stat de jur

Despite several injuries and key redshirts, the women have only one less NCAA qualifier (5) than at the same stage of the season in 2003

### Streaks & Such

The Falcon women's 1600 relay has won four of five races and set a meet record at the Vernacchia Invitational

### 2004 Outdoor Schedule

Mar. 6 Puget Sound/Lewis & Clark  
Mar. 13 Salzman Invitational  
Mar. 20 Panther/Stam Wright Invit.  
M. 24-25 California Multi-Event  
Mar. 27 Spring Break Open  
Mar. 27 Hornet Invitational  
Apr. 3 Vernacchia Invitational  
Apr. 10 Shotwell Invitational  
Apr. 17 Spike Arlt Invitational  
A. 22-23 GNAC Multi-Event Champs.  
Apr. 24 Oregon Invitational  
Apr. 30 Western Wash. Twilight  
May 8 GNAC Championships  
May 15 Foreman Invitational  
M. 27-29 NCAA Championships

(Fr.,Seattle, Wa./Highline) in the 10,000 (35:04.9)...**Jamie Witt** (Jr., Folsom, Ca.) made her outdoor debut in the 3000 and ran fourth (10:55.4)...**Victoria Perkins** (Fr., Kent, Wa./Kentwood) ran third in the 400 hurdles in a PR of 1:05.43...Two decathletes attained PRs, with **Dan Larimer** (Fr., Libby, Mt.) clearing 12-9 1/2 in the pole vault and **Philip Bayley** (Jr., Seattle, Wa./King's) throwing the discus 135-5 and the shot 42-4 1/4...Larimer and **Linda Blake** (So., Salem, Or./Salem Academy) were the busiest, each competing in five open events...The women's 1600 relay has won four of five meets.

## 2004 Track & Field Roster

<i>Women's Team</i>	<i>Events</i>	<i>Yr</i>	<i>Hometown (High School)</i>
Danielle Ayers-Stamper	Hep/Lj/Jav	So	LaCrosse, Wa. (LaCrosse)
Sharon Bjella	Hj/Hep	Fr	Everett, Wa. (Everett)
Linda Blake	Hep/400H	So	Richland, Wa. (Liberty Christian/Richland)
Danae Clark	Lj/Tj/400	Fr	Hillsboro, Or. (Glencoe)
Kelsey Cooley	Hep/Hj	Fr	Missoula, Mt. (Hellgate)
Karen Dickson	3000/5000	Fr	El Dorado Hills, Ca. (Oak Ridge)
Julienne Durringer	400	Fr	Monroe, Wa. (Monroe)
Kelsey Gleason	100H/400H	So	Salem, Or. (Salem Academy)
Dianna Grossglass	Hj/Tj/400H	So	LaConner, Wa. (LaConner)
Abby Groth	1500/3000	So	Roseburg, Or. (Glide)
Ruth Harbaugh	3000/5000	So	Gig Harbor, Wa. (Gig Harbor)
Amy Harris	Pv	So	Philomath, Or. (Crescent Valley)
Allison Hedges	Pv	So	Richland, Wa. (Richland)
Molly Hornbuckle	Jav/Dt	Fr	Burien, Wa. (Highline)
Kristin Janney	Hep/Tj	Fr	White Salmon, Wa. (Columbia)
Nikki Jensen	3000/5000	Fr	Portland, Or. (St. Mary's Academy)
Sara Johnson	Jav/Ham/Tj	Jr	Kennewick, Wa. (K'wick/Spok. Fls CC)
Becky Knox	1500	So	Denver, Co. (Denver Christian)
Jean Kolb	100/200	So	Eugene, Or. (South Eugene)
Lauren Kooy	Dt/Ht	Sr	George, Wa. (Quincy)
Josie Lavin	800/1500	Jr	Bremerton, Wa. (Bremerton)
Kinyatta Leonhardt	100/200/400	Fr	Petaluma, Ca. (St. Vincent)
Jennifer Marsh	400/800/1500	Fr	Kirkland, Wa. (Juanita)
Ashley Marshall	400/800	Fr	Bellingham, Wa. (Meridian)
Brandi McCoy	1500/3000	Fr	Richland, Wa. (Richland)
Andrea Pennington	Jav/Dt	Sr	Bellingham, Wa. (Bell'ham/Whatcom CC)
Victoria Perkins	400H	Fr	Kent, Wa. (Kentwood)
Erica Preboski	Steeple	Fr	Camano Is., Wa. (Stanwood)
Gabrielle Robinson-Spaulling	Dt/Ht	Fr	Redding, Ca. (Shasta)
Breanne Rohm	400	Jr	Juneau, Ak. (Juneau-Douglas)
Amber Rose	Tj/Pv	Sr	Olympia, Wa. (Capital)
Janna Schaafsma	100H/400H	So	Soldotna, Ak. (Soldotna)
Alena Schlumpf	Pv	Sr	Las Vegas, Nv. (Green Valley)
Janelle Stevens	800/1500	So	Soquel, Ca. (Soquel)
Ally Studer	Pv/Lj	Sr	Redmond, Wa. (Redmond)
Hillary Tayet	800/Steeple	So	Lakewood, Wa. (Cascade Christian)
Jennifer Urrutia	Dt/Ht	Fr	Sunnyside, Wa. (Sunnyside)
Jamie Witt	3000/5000	Jr	Folsom, Ca. (Folsom)
<i>Men's Team</i>	<i>Events</i>	<i>Yr</i>	<i>Hometown (High School)</i>
Philip Bayley	Dec	Jr	Seattle, Wa. (King's/PLU)
Clint Bjella	1500/5000	Jr	Everett, Wa. (Everett)
Bjorn Bostrom	1500/5000	Fr	La Conner, Wa. (Bellingham)
Greg Flowers	200/400H	Fr	Seattle, Wa. (King's)
Michael Gavareski	800/1500	Fr	Bellingham, Wa. (Bellingham)
Tyrone Hattingh	Tj	Fr	Redmond, Wa. (King's)
Micah Kelcy	400H	Sr	Lakewood, Wa. (Clover Park)
Dan Larimer	Dec	Fr	Libby, Mt. (Libby)
Tim LeCount	1500/5000	Jr	Battle Ground, Wa. (Battle Ground)
Aaron Libadisos	Steeple	Jr	Kailua-Kona, Hi. (Kealakehe)
Paul Mach	400H/800	Sr	Seattle, Wa. (King's)
Lee O'Connor	5000/10k	Fr	Indianapolis, In. (Ben Davis)
Ryan Phillips	1500/5000	Fr	West Linn, Or. (West Linn)
Chris Randolph	Dec	So	Lone Tree, Co. (Denver Christian)
Jason Radel	Dec/400H	So	Flathead, Mt. (Flathead)
Tim Reeves	400H	So	Beaverton, Or. (Beaverton)
James Rosser	5000/10k	Fr	Seattle, Wa. (Highline)
Eddie Strickler	400/800	Fr	Richland, Wa. (Richland)

## NCAA Outdoor Qualifiers

<i>Women</i>	<i>Event</i>	<i>Mark</i>
Jennifer Marsh	800	2:13.41
Karen Dickson	10,000	37:22.6
Allie Hedges	Pole	11-5 3/4
Amy Harris	Pole	11-5 3/4
Sara Johnson	Jav	147-7

## 2004 Outdoor Best Marks

### Women's

100–Jean Kolb, 12.90  
 200–Kenyatta Leonhardt, 25.82 √  
 400–Kenyatta Leonhardt, 57.53 √  
 800–Jennifer Marsh, 2:13.41 √  
 1500–Jennifer Marsh, 4:41.42 √  
 Steeple–  
 3000–Abby Groth, 10:30.2  
 5000–Karen Dickson, 18:19.29 √  
 10,000–Karen Dickson, 37:22.6 √ (PQ)  
 100H–Janna Schaafsma, 15.12 √  
 400H–Janna Schaafsma, 1:05.0 √  
 4x100–Gleason, Schaafsma, Kolb, Leonhardt, 48.52 √  
 4x400–Gleason, Kolb, Leonhardt, Marshall, 3:54.02 √  
 Hj–Dianna Grossglass/Sharon Bjella, 5-4 √  
 Pv–Allie Hedges/Amy Harris, 11-5 3/4 √ (PQ)  
 Lj–Danae Clark, 17-3 1/4 √  
 Tj–Danae Clark, 34-9 3/4  
 Sp–Lauren Kooy, 36-4 1/4 √  
 Dt–Lauren Kooy, 128-8 √  
 Ht–Lauren Kooy, 124-9  
 Jt–Sara Johnson, 147-7 √ (PQ)  
 Hep–Linda Blake, 4032 √

### Men's

100–Dan Larimer, 11.98  
 200–  
 400–Eddie Strickler, 50.00 √  
 800–Eddie Strickler, 1:54.5  
 1500–Tim LeCount, 4:03.73  
 Steeple–Ryan Phillips, 10:45.5  
 5000–Tim LeCount, 15:09.4  
 10,000–Lee O'Connor, 34:56.24  
 110H–Chris Randolph, 15.82  
 400H–Micah Kelcy, 55.41 √  
 4x100–Randolph, Radel, Reeves, Kelcy, 44.97 √  
 4x400–Randolph, Kelcy, Radel, Strickler, 3:29.36 √  
 Hj–Dan Larimer, 6-0  
 Pv–Dan Larimer, 12-9 1/2  
 Lj–Tyrone Hattingh, 20-1 3/4  
 Tj–Tyrone Hattingh, 42-1 1/4  
 Sp–Philip Bayley, 42-4 1/4  
 Dt–Chris Randolph, 134-0  
 Ht–  
 Jt–Chris Randolph, 162-1  
 Dec–Dan Larimer, 5867 √

PQ–NCAA Provisional Qualifier  
 √–GNAC Automatic Qualifier

## 2004 Seattle Pacific University Women's Indoor Performance List

<i>100m (11.50/12.15)</i>	<i>PR</i>	<i>Season Best</i>	Linda Blake	15.12/14.92w (03)	15.2 (2)
Kinyatta Leonhardt	12.0 (03)	12.7 (2)	Kristin Janney	15.83 (04)	15.83 (4a)
Jean Kolb	12.39 (02)	12.90 (4)	Victoria Perkins	16.4 (03)	
Kristin Janney	12.76 (03)		Sharon Bjella	17.09 (04)	17.09 (4a)
Kelsey Gleason	12.95 (04)	12.95 (4)	<i>400mH (59.00/1:03.70)</i>		
Danae Clark	12.96 (03)		Kelsey Gleason	1:04.84 (03)	1:05.48 (5)
Allie Hedges	14.06 (03)	14.37 (3)	Janna Schaafsma	1:05.0 (04)	1:05.0 (2)
Amy Harris	14.29 (03)	14.31 (3)	Victoria Perkins	1:05.43 (04)	1:05.43 (5)
			Linda Blake	1:06.84 (03)	1:11.42 (5)
<i>200m (23.80/24.90)</i>			<i>400m Relay (45.50/47.90)</i>		
Kinyatta Leonhardt	25.2 (03)	25.82 (3)	Gleason, Schaafsma, Kolb, Leonhardt		48.52 (5)
Kristin Janney	25.9 (02)	27.31 (4a)	<i>1600 Relay (3:42.00/3:52.00)</i>		
Jean Kolb	26.03 (02)	26.24 (2)	Gleason, Kolb, Leonhardt, Marsh		3:54.02 (5)
Julienne Durringer	26.0 (03)	26.85 (2)	<i>High Jump (5-10 1/2/5-6)</i>		
Danae Clark	26.3 (03)		Dianna Grossglass	5-6 1/2 (03)	(1.62m) 5-4 (3)
Jennifer Marsh	26.3 (03)		Sharon Bjella	5-6 (03)	(1.62m) 5-4 (3)
Dianna Grossglass	27.62 (03)		Linda Blake	5-5 (03)	(1.57m) 5-1 3/4 (1)
Ashley Marshall	26.63 (02)	27.66 (2)	Kelsey Cooley	5-4 (02)	
Linda Blake	26.7 (03)	27.32 (4a)	Kristin Janney	4-9 (04)	(1.45m) 4-9 (4a)
Sharon Bjella	28.75 (04)	28.75 (4a)	Julienne Durringer	4-8 (03)	
<i>400m (54.00/56.90)</i>			<i>Pole Vault (13-1 1/2/11-5 3/4)</i>		
Kinyatta Leonhardt	57.0 (03)	57.53 (3)	Allie Hedges	11-9 (03)	(3.50m) 11-5 3/4 (1)
Breanne Rohm	58.0 (01)	1:04.5 (2)	Amy Harris	11-5 1/4 (04)	(3.50m) 11-5 3/4 (5)
Jennifer Marsh	58.34 (04)	58.34 (3)	Amber Rose	10-6 (04)	(3.20m) 10-6 (2/4)
Julienne Durringer	59.5 (04)	59.5 (2)	Alena Schlumpf	10-6 (00)	(2.75m) 9-0 1/4 (4c/5)
Jean Kolb	59.91 (03)		<i>Long Jump (20-6 1/4/18-8)</i>		
Kristin Janney	1:00.1 (01)		Kristin Janney	18-0 1/4 (02)	(4.64m) 15-2 3/4 (4a)
Ashley Marshall	1:00.1 (04)	1:00.1 (2)	Danae Clark	17-10 (02)	(5.26m) 17-3 1/4 (1)
			Linda Blake	17-0 (02)	(4.79m) 15-8 3/4 (2)
<i>800m (2:08.00/2:14.50)</i>			Kelsey Cooley	16-6 (01)	
Jennifer Marsh	2:13.41 (04)	2:13.41 (4)	Sharon Bjella	14-10 3/4 (04)	(4.54m) 14-10 3/4 (4a)
Brandi McCoy	2:19.3 (04)	2:19.3 (2)	<i>Triple Jump (41-0 1/4/38-0 3/4)</i>		
Victoria Perkins	2:20.0 (04)	2:20.0 (2)	Kristin Janney	37-0 3/4 (02)	
Janelle Stevens	2:23.0 (02)		Dianna Grossglass	36-6 3/4 (03)	
Hillary Tayet	2:27.0 (02)		Amber Rose	36-4 1/2 (00)	(10.26m) 33-8 (1)
Abby Groth	2:27.71 (04)	2:27.71 (4)	Danae Clark	35-7 3/4 (02)	(10.61m) 34-9 3/4 (1)
Erica Preboski	2:28.0 (00)		Kelsey Cooley	35-3 (02)	
Linda Blake	2:33.86 (03)	2:34.22 (1)	Ashley Marshall		32-8 1/4 (5)
Nikki Jensen	2:35.0 (03)		Sara Johnson		32-2 3/4 (5)
Sharon Bjella	2:37.70 (04)	2:37.70 (4a)	<i>Shot Put (50-0/43-6)</i>		
Kristin Janney	2:39.69 (04)	2:39.69 (4a)	Lauren Kooy	36-11 1/4 (02)	(11.08m) 36-4 1/4 (5)
<i>1500m (4:27.00/4:41.00)</i>			Gabrielle Robinson-Spaulding	35-5 (03)	
Jennifer Marsh	4:41.42 (04)	4:41.42 (5)	Linda Blake	34-4 (03)	(9.57m) 31-4 3/4 (5)
Jamie Witt	4:49.87 (03)		Kristin Janney	31-1 3/4 (04)	(9.49m) 31-1 3/4 (1)
Abby Groth	4:51.4 (04)	4:51.4 (2)	Sharon Bjella	28-11 1/4 (04)	(8.82m) 28-11 1/4 (4a)
Brandi McCoy	4:58.59 (04)	4:58.59 (3)	<i>Discus (166-0/141-1)</i>		
Nikki Jensen	5:12.0 (02)		Lauren Kooy	138-2 (00)	(39.21m) 128-8 (1)
Ruth Harbaugh	5:16.7 (04)	5:16.7 (2)	Gabrielle Robinson-Spaulding	120-0 (03)	(33.28m) 109-2 (2)
Erica Preboski (1600m)	5:35.05 (03)		Andrea Pennington	110-6 (04)	(33.68m) 110-6 (4)
			Jennifer Urrutia	105-7 (04)	(32.19m) 105-7 (2)
<i>3000m (9:40.00/10:18.00)</i>			<i>Hammer (185-0/155-0)</i>		
Jamie Witt	10:06.21 (01)	10:55.4 (5)	Lauren Kooy	118-1 (00)	(38.03m) 124-9 (1)
Abby Groth	10:30.2 (04)	10:30.2 (5)	Jennifer Urrutia	124-9 (04)	(37.90m) 124-4 (2)
Brandi McCoy	11:03.6 (04)	11:03.6 (5)	Sara Johnson	121-10 (04)	(37.14m) 121-10 (2)
Nikki Jensen	11:08.0 (02)		Gabrielle Robinson-Spaulding	117-4 (04)	(35.77m) 117-4 (1)
Ruth Harbaugh	11:17.37 (03)	11:28.1 (5)	Andrea Pennington	108-1 (04)	(32.94m) 108-1 (3)
Hillary Tayet	11:37.78 (03)		<i>Javelin (155-0/134-0)</i>		
<i>3000 Steeplechase (10:20.00/11:30.00)</i>			Sara Johnson	147-7 (04)	(44.98m) 147-7 (1)
Hillary Tayet	12:05.27 (03)		Molly Hornbuckle	132-0 (03)	(38.41m) 126-0 (4)
<i>5000m (16:40.00/17:50.00)</i>			Andrea Pennington	131-5 (04)	(40.17m) 131-5 (2)
Jamie Witt	17:29.62 (01)		Gabrielle Robinson-Spaulding	117-4 (04)	(35.77m) 117-4
Karen Dickson	18:19.29 (04)	18:19.29 (2)	Linda Blake	110-9 (03)	(33.77m) 110-9 (2)
Ruth Harbaugh	19:33.44 (04)	19:33.44 (4)	Kristin Janney	108-2 (04)	(32.97m) 108-2 (1)
Abby Groth	20:00.80 (03)		Sharon Bjella	90-4 (04)	(27.53m) 90-4 (3)
Becky Knox	20:08.33 (03)		<i>Heptathlon (5250/4400)</i>		
<i>10,000m (35:00.00/38:00.00)</i>			Linda Blake	4446 (03)	4032 (4a)
Karen Dickson	37:22.6 (04)	37:22.6 (5)	Kristin Janney	3847 (04)	3847 (4a)
Nikki Jensen	40:04.13 (04)	40:04.13 (1)	Sharon Bjella	3629 (03)	3315 (4a)
Becky Knox	40:50.6 (04)	40:50.6 (5)			
Erica Preboski	42:25.15 (04)	42:25.15 (1)			
<i>100mH (13.80/14.65)</i>					
Janna Schaafsma	15.03 (02)	15.12 (4)			

## 2004 Seattle Pacific University Men's Outdoor Performance List

<i>100m (10.30/10.70)</i>	<i>PR</i>	<i>Season Best</i>	Randolph, Kelcy, Radel, Strickler	3:29.36 (1)
Chris Randolph	11.88 (03)			
Dan Larimer	11.98 (04)	11.98 (4a)	<i>High Jump (7-1/6-9 3/4)</i>	
Jason Radel	12.0 (03)		Chris Randolph	6-6 (02)
			Dan Larimer	6-4 (02)
			Jason Radel	5-8 (03)
<i>200m (20.65/21.55)</i>				(1.83m) 6-0 (4a)
Chris Randolph	23.54 (03)			
Tyrone Hattingh	25.6 (03)		<i>Pole Vault (17-0/15-9)</i>	
			Chris Randolph	12-9 1/2 (03)
			Dan Larimer	12-9 1/2 (04)
			Jason Radel	12-3 1/2 (03)
<i>400m (46.50/48.00)</i>				(3.90m) 12-9 1/2 (4a)
Eddie Strickler	48.9 (03)	50.00 (1)		
Paul Mach	49.79 (03)		<i>Long Jump (25-4/23-8)</i>	
Micah Kelley	50.20 (03)		Chris Randolph	21-2 1/2 (03)
Chris Randolph	51.07 (03)		Dan Larimer	19-5 1/2 (04)
Dan Larimer	52.40 (04)	52.40 (4a)	Jason Radel	18-10 (03)
Jason Radel	52.6 (03)		Tyrone Hattingh	20-1 3/4 (04)
Tim Reeves	55.36 (03)			(6.14m) 20-1 3/4 (5)
Tyrone Hattingh	56.4 (03)		<i>Triple Jump (51-0/48-0)</i>	
			Tyrone Hattingh	39-3 3/4 (03)
<i>800m (1:49.40/1:52.30)</i>				(12.83m) 42-1 1/4 (2)
Paul Mach	1:53.94 (03)		<i>Shot Put (60-0 1/4/52-6)</i>	
Eddie Strickler	1:54.5 (04)	1:54.5 (2)	Philip Bayley	42-4 1/2 (04)
Tim LeCount	1:57.50 (02)		Tyrone Hattingh	38-6 (04)
Michael Gavareski	2:00.87 (03)	2:02.6 (2)	Chris Randolph	37-3 (04)
Bjorn Bostrom	2:02.64 (03)	2:08.17 (1)	Dan Larimer	33-8 3/4 (04)
Clint Bjella	2:09.90 (04)	2:09.90 (4c)	Jason Radel	31-4 1/4 (03)
				(12.63m) 42-4 1/2 (5)
				(11.74m) 38-6 1/4 (2)
				(11.35m) 37-3 (3)
				(10.28m) 33-8 3/4 (4a)
<i>1500m (3:47.00/3:54.00)</i>			<i>Discus (180-0/161-0)</i>	
Tim LeCount	3:55.72 (02)	4:03.73 (1)	Philip Bayley	135-5 (04)
Eddie Strickler	4:06.46 (04)	4:06.46 (5)	Chris Randolph	134-0 (04)
Bjorn Bostrom	4:08.26 (04)	4:08.26 (95)	Dan Larimer	93-8 (04)
Clint Bjella	4:19.3 (04)	4:19.3 (2)	Jason Radel	85-1 3/4 (03)
Dan Larimer	4:32.38 (04)	4:32.38 (4a)		(41.27m) 135-5 (5)
Chris Randolph	4:32.61 (03)		<i>Hammer (200-0/172-0)</i>	(40.85m) 134-0 (1)
Aaron Libadisos		4:37.10 (5)		(28.55m) 93-8 (5)
Jason Radel	4:38.64 (03)		<i>Javelin (218-0/193-0)</i>	
			Chris Randolph	162-1 (04)
<i>3000 Steeplechase (9:00.00/9:25.00)</i>			Dan Larimer	141-1 (04)
Aaron Libadisos	10:21.1 (02)		Jason Radel	109-5 (03)
Ryan Phillips	10:45.5 (04)	10:45.5 (2)		(49.41) 162-1 (1)
				(43.00m) 141-1 (1)
<i>5000m (14:00.00/14:50.00)</i>			<i>Decathlon (7000/6400)</i>	
Tim LeCount	15:09.4 (04)	15:09.4 (2)	Chris Randolph	6288 (03)
Bjorn Bostrom	15:49.5 (04)	15:49.5 (2)	Dan Larimer	5867 (04)
			Jason Radel	5459 (03)
				5867 (4a)
<i>10,000m (29:20.00/31:20.00)</i>			<i>Legend</i>	
Lee O'Connor	34:56.24 (04)	34:56.24 (1)	1 3/6 Puget Sound/Lewis & Clark	Tacoma, Wa.
James Rosser	35:05.9 (04)	35:04.9 (5)	2 3/13 Salzman Invitational	Tacoma, Wa.
			3 3/20 Panther/Stam Wright Invit.	Sacramento, Ca.
<i>110mH (13.90/14.75)</i>			3a 3/20 Oregon Preview	Eugene, Or.
Chris Randolph	15.61 (03)	15.82 (3)	4a 3/24-25 Cal Multi-Event	Berkeley, Ca.
Jason Radel	16.31 (02)		4b 3/26-27 Stanford Invitational	Palo Alto, Ca.
Dan Larimer	16.84 (04)	16.84 (4a)	4 3/27 Hornet Invitational	Sacramento, Ca.
			4c 3/27 Spring Break Open	Edmonds, Wa.
<i>400mH (51.70/53.55)</i>			5 4/3 Vernacchia Team Classic	Bellingham, Wa.
Paul Mach	52.91 (03)		6 4/10 Shotwell Invitational	Tacoma, Wa.
Micah Kelley	54.68 (03)	55.41 (3)	7 4/17 Spike Arlt Invitational	Ellensburg, Wa.
Jason Radel	59.59 (04)	59.59 (1)	8a 4/22-23 GNAC Multi-Event Champs.	Monmouth, Or.
Tim Reeves	1:00.62 (04)	1:00.62 (5)	8 4/24 Oregon Invitational	Eugene, Or.
Greg Flowers	1:00.94 (04)	1:00.94 (5)	8b 4/24 Western Oregon Open	Monmouth, Or.
			9 4/30 Western Washington Twilight	Bellingham, Wa.
<i>400 Relay (40.00/41.25)</i>			10 5/8 GNAC Championships	Monmouth, Or.
Randolph, Radel, Reeves, Kelcy		44.97 (1)		
<i>1600 Relay (3:09.00/3:14.00)</i>				