

206/281-2772 voice | 206/281-2266 fax | frmacdon@spu.edu | www.spu.edu/falconsonline

## SPU Women Seek 5th Straight Vernacchia Title Marsh Qualifies In 800; Randolph Sidelined

**It's all about the team.** Performance marks take a back seat to scoring points Saturday (Apr. 3) as the Seattle Pacific University track & field teams venture to the 23rd annual Vernacchia Invitational meet in Bellingham. The Falcons will be joined by Central Washington, Pacific Lutheran, Saint Martin's, Seattle University, Simon Fraser, British Columbia and host Western Washington. The SPU women are seeking their fifth straight team title while the Viking men have won six in a row. Following the switchover to Daylight Savings Time, Seattle Pacific will send its teams to Tacoma and the Shotwell Invitational on Easter weekend.

**Add her to the list.** Another name was added to Seattle Pacific's list of national qualifiers over spring break. **Jennifer Marsh** (Fr., Kirkland, Wa./Juanita) ran the No. 5 time in NCAA Division II in the women's 800 at the Hornet Invitational in Sacramento. Marsh, racing for the second time in as many days, won in 2 minutes, 13.41 seconds. She had run a qualifying time of 2:13.82 at Stanford the previous day, taking sixth. Marsh was selected as the great Northwest Athletic Conference athlete of the week. She joins javelin thrower **Sara Johnson** (Jr., Kennewick, Wa./Kennewick-Spokane Falls CC) and pole vaulter **Allie Hedges** (So., Richland, Wa./Richland) as provisional qualifiers.

**Subtraction continues.** Unfortunately, Coach **Jack Hoyt** continues to lose people to injuries. The men's squad will be without **Chris Randolph** (So., Lone Tree, Co./Denver Christian) for the second week after the all-conference decathlete sprained his ankle Mar. 20. **Paul Mach** (Sr., Seattle, Wa./King's), first hampered by a hip injury and now illness, has yet to run outdoors and is questionable this week. Mach last competed in the 800 at the NCAA indoor championships Mar. 13. Meanwhile, the women's team has three redshirts, all of All-America caliber: **Danielle Ayers-Stamper** (So., LaCrosse, Wa.), last year's NCAA heptathlon runner-up; **Ally Studer** (Sr., Redmond, Wa./Redmond), a three-time All-America in the pole vault; and **Josie Lavin** (Jr., Bremerton, Wa./Bremerton), the GNAC cross country champion last fall.

**While they were away.** The travel squad which went to California over the break got a little bit of everything weather-wise, with the decathlon/heptathlon meet at Berkeley getting the brunt of the bad weather. The most balmy conditions and best marks came at Sacramento. In addition to Marsh's 800, **Janna Schaafsma** (So., Soldotna, Ak.) bolted to a season-best 100 hurdles time of 15.12 seconds last week, and **Karen Dickson** (Fr., El Dorado Hills, Ca.) ran third in the 5000 in 18:26.01. Both are No. 2 marks in the GNAC. In the Stan Wright Invitational the previous week, **Micah Kelcey** (Sr., Lakewood, Wa./Clover Park) ran a season-best 400 hurdles (55.41). In terms of victories, Johnson won each of her Sacramento meets in the javelin but her best throw of the trip (143-5) earned sixth place at Stanford.

**Fractions.** Making her outdoor debut this weekend will be the top distance threat, **Jamie Witt** (Jr., Folsom, Ca.). The conference indoor mile champ and cross country runner-up, Witt will run the 3000. She finished third in that event at last year's GNAC Championships and won the Vernacchia 5000...SPU edged Western Washington by eight points in last year's Vernacchia. The Falcons defeated The Vikings by 60 points in the Salzman Invitational Mar. 13...Seattle Pacific's men were fifth in the '03 Vernacchia...Randolph's injury occurred

## 2004 TRACK & FIELD

### SPU Quick Facts

Coach—Jack Hoyt, 5th year  
Assistant—Doris Heritage  
Assistant—Algerian Hart  
Assistant—Erika Daligcon  
Assistant—Kelly LaBounty  
Assistant—Laura Widman

### This Week's Schedule

*Fri., Apr. 2, 6 p.m.*  
Vernacchia Invitational (3 distance events)  
*Civic Stadium, Bellingham, Wa.*

*Sat., Apr. 3, 10 a.m.*  
Vernacchia Invitational  
*Civic Stadium, Bellingham, Wa.*

### Stat de jur

Sara Johnson has finished first in three of her four javelin competitions and ranks No. 3 among NCAA qualifiers

### Streaks & Such

SPU has won the last four Vernacchia women's team titles

### Spring Break Highlight

Jennifer Marsh won the Hornet Invitational 800 with the nation's No. 5 qualifying time to earn GNAC athlete of the week

### 2004 Outdoor Schedule

Mar. 6 Puget Sound/Lewis & Clark  
Mar. 13 Salzman Invitational  
Mar. 20 Panther/Stam Wright Invit.  
M. 24-25 California Multi-Event  
Mar. 27 Spring Break Open  
Mar. 27 Hornet Invitational  
Apr. 3 Vernacchia Invitational  
Apr. 10 Shotwell Invitational  
Apr. 17 Spike Arlt Invitational  
A. 22-23 GNAC Multi-Event Champs.  
Apr. 24 Oregon Invitational  
Apr. 30 Western Wash. Twilight  
May 8 GNAC Championships  
May 15 Foreman Invitational  
M. 27-29 NCAA Championships

during pole vault warm-ups at Sacramento Mar. 20...Hedges won the pole vault (11-0) and the women's 1600 relay was first at the Stan Wright meet. The long relay's time of 3:55.54 this past week was the Falcons' best in two seasons. Marsh anchored the team after legs by **Victoria Perkins** (Fr., Kent, Wa./Kentwood), **Jean Kolb** (So., Eugene, Or./South Eugene) and **Kinyatta Leonhardt** (Fr., Petaluma, Ca./St. Vincent)...At Cal, **Dan Larimer** (Fr., Libby, Mt.), **Linda Blake** (So., Richland, Wa.), **Kristin Janney** (Fr., White Salmon, Wa./Columbia) and **Sharon Bjella** (Fr., Everett, Wa./Everett) all automatically qualified for the GNAC multi-event championships Apr. 22-23.

## 2004 Track & Field Roster

<i>Women's Team</i>	<i>Events</i>	<i>Yr</i>	<i>Hometown (High School)</i>
Danielle Ayers-Stamper	Hep/Lj/Jav	So	LaCrosse, Wa. (LaCrosse)
Sharon Bjella	Hj/Hep	Fr	Everett, Wa. (Everett)
Linda Blake	Hep/400H	So	Richland, Wa. (Liberty Christian/Richland)
Danae Clark	Lj/Tj/400	Fr	Hillsboro, Or. (Glencoe)
Kelsey Cooley	Hep/Hj	Fr	Missoula, Mt. (Hellgate)
Karen Dickson	3000/5000	Fr	El Dorado Hills, Ca. (Oak Ridge)
Julienne Durringer	400	Fr	Monroe, Wa. (Monroe)
Kelsey Gleason	100H/400H	So	Salem, Or. (Salem Academy)
Dianna Grossglass	Hj/Tj/400H	So	LaConner, Wa. (LaConner)
Abby Groth	1500/3000	So	Roseburg, Or. (Glide)
Ruth Harbaugh	3000/5000	So	Gig Harbor, Wa. (Gig Harbor)
Amy Harris	Pv	So	Philomath, Or. (Crescent Valley)
Allison Hedges	Pv	So	Richland, Wa. (Richland)
Molly Hornbuckle	Jav/Dt	Fr	Burien, Wa. (Highline)
Kristin Janney	Hep/Tj	Fr	White Salmon, Wa. (Columbia)
Nikki Jensen	3000/5000	Fr	Portland, Or. (St. Mary's Academy)
Sara Johnson	Jav/Ham/Tj	Jr	Kennewick, Wa. (K'wick/Spok. Fls CC)
Becky Knox	1500	So	Denver, Co. (Denver Christian)
Jean Kolb	100/200	So	Eugene, Or. (South Eugene)
Lauren Kooy	Dt/Ht	Sr	George, Wa. (Quincy)
Josie Lavin	800/1500	Jr	Bremerton, Wa. (Bremerton)
Kinyatta Leonhardt	100/200/400	Fr	Petaluma, Ca. (St. Vincent)
Jennifer Marsh	400/800/1500	Fr	Kirkland, Wa. (Juanita)
Ashley Marshall	400/800	Fr	Bellingham, Wa. (Meridian)
Brandi McCoy	1500/3000	Fr	Richland, Wa. (Richland)
Andrea Pennington	Jav/Dt	Sr	Bellingham, Wa. (Bell'ham/Whatcom CC)
Victoria Perkins	400H	Fr	Kent, Wa. (Kentwood)
Erica Preboski	Steeple	Fr	Camano Is., Wa. (Stanwood)
Gabrielle Robinson-Spaulding	Dt/Ht	Fr	Redding, Ca. (Shasta)
Breanne Rohm	400	Jr	Juneau, Ak. (Juneau-Douglas)
Amber Rose	Tj/Pv	Sr	Olympia, Wa. (Capital)
Janna Schaafsma	100H/400H	So	Soldotna, Ak. (Soldotna)
Alena Schlumpf	Pv	Sr	Las Vegas, Nv. (Green Valley)
Janelle Stevens	800/1500	So	Soquel, Ca. (Soquel)
Ally Studer	Pv/Lj	Sr	Redmond, Wa. (Redmond)
Hillary Tayet	800/Steeple	So	Lakewood, Wa. (Cascade Christian)
Jennifer Urrutia	Dt/Ht	Fr	Sunnyside, Wa. (Sunnyside)
Jamie Witt	3000/5000	Jr	Folsom, Ca. (Folsom)
<i>Men's Team</i>	<i>Events</i>	<i>Yr</i>	<i>Hometown (High School)</i>
Philip Bayley	Dec	Jr	Seattle, Wa. (King's/PLU)
Clint Bjella	1500/5000	Jr	Everett, Wa. (Everett)
Bjorn Bostrom	1500/5000	Fr	La Conner, Wa. (Bellingham)
Gregg Flowers	200/400H	Fr	Seattle, Wa. (King's)
Michael Gavareski	800/1500	Fr	Bellingham, Wa. (Bellingham)
Tyrone Hattingh	Tj	Fr	Redmond, Wa. (King's)
Micah Kelley	400H	Sr	Lakewood, Wa. (Clover Park)
Dan Larimer	Dec	Fr	Libby, Mt. (Libby)
Tim LeCount	1500/5000	Jr	Battle Ground, Wa. (Battle Ground)
Aaron Libadisos	Steeple	Jr	Kailua-Kona, Hi. (Kealakehe)
Paul Mach	400H/800	Sr	Seattle, Wa. (King's)
Lee O'Connor	5000/10k	Fr	Indianapolis, In. (Ben Davis)
Ryan Phillips	1500/5000	Fr	West Linn, Or. (West Linn)
Chris Randolph	Dec	So	Lone Tree, Co. (Denver Christian)
Jason Radel	Dec/400H	So	Flathead, Mt. (Flathead)
Tim Reeves	400H	So	Beaverton, Or. (Beaverton)
James Rosser	5000/10k	Fr	Seattle, Wa. (Highline)
Eddie Strickler	400/800	Fr	Richland, Wa. (Richland)

## NCAA Outdoor Qualifiers

<i>Women</i>	<i>Event</i>	<i>Mark</i>
Jennifer Marsh	800	2:13.41
Allie Hedges	Pole	11-5 3/4
Sara Johnson	Jav	147-7

## 2004 Outdoor Best Marks

### Women's

100–Jean Kolb, 12.90  
 200–Kenyatta Leonhardt, 25.82 √  
 400–Kenyatta Leonhardt, 57.53 √  
 800–Jennifer Marsh, 2:13.41 √  
 1500–Abby Groth, 4:51.4  
 Steeple–  
 3000–  
 5000–Karen Dickson, 18:19.29 √  
 10,000–Karen Dickson, 38:40.37 √  
 100H–Janna Schaafsma, 15.12 √  
 400H–Janna Schaafsma, 1:05.0 √  
 4x100–Gleason, Schaafsma, Kolb, Leonhardt, 48.63 √  
 4x400–Perkins, Kolb, Leonhardt, Marshall, 3:55.54 √  
 Hj–Dianna Grossglass/Sharon Bjella, 5-4 √  
 Pv–Allie Hedges, 11-5 3/4 √ (PQ)  
 Lj–Danae Clark, 17-3 1/4 √  
 Tj–Danae Clark, 34-9 3/4  
 Sp–Lauren Kooy, 34-11  
 Dt–Lauren Kooy, 128-8 √  
 Ht–Lauren Kooy, 124-9  
 Jt–Sara Johnson, 147-7 √ (PQ)  
 Hep–Linda Blake, 4032 √

### Men's

100–Dan Larimer, 11.98  
 200–  
 400–Eddie Strickler, 50.00 √  
 800–Eddie Strickler, 1:54.5  
 1500–Tim LeCount, 4:03.73  
 Steeple–Ryan Phillips, 10:45.5  
 5000–Tim LeCount, 15:09.4  
 10,000–Lee O'Connor, 34:56.24  
 110H–Chris Randolph, 15.82  
 400H–Micah Kelley, 55.41 √  
 4x100–Randolph, Radel, Reeves, Kelly, 44.97 √  
 4x400–Randolph, Kelley, Radel, Strickler, 3:29.36 √  
 Hj–Dan Larimer, 6-0  
 Pv–Dan Larimer, 12-7 1/4  
 Lj–Dan Larimer, 19-5 1/2  
 Tj–Tyrone Hattingh, 42-1 1/4  
 Sp–Philip Bayley, 41-5 1/4  
 Dt–Chris Randolph, 134-0  
 Ht–  
 Jt–Chris Randolph, 162-1  
 Dec–Dan Larimer, 5867 √  
 PQ–NCAA Provisional Qualifier  
 √–GNAC Automatic Qualifier

## 2004 Seattle Pacific University Women's Indoor Performance List

<i>100m (11.50/12.15)</i>	<i>PR</i>	<i>Season Best</i>	Kristin Janney	15.83 (04)	15.83 (4a)
Kinyatta Leonhardt	12.0 (03)	12.7 (2)	Victoria Perkins	16.4 (03)	
Jean Kolb	12.39 (02)	12.90 (4)	Sharon Bjella	16.9 (04)	16.9 (4a)
Kristin Janney	12.76 (03)		<i>400mH (59.00/1:03.70)</i>		
Kelsey Gleason	12.95 (04)	12.95 (4)	Kelsey Gleason	1:04.84 (03)	1:05.54 (3)
Danae Clark	12.96 (03)		Janna Schaafsma	1:05.0 (04)	1:05.0 (2)
Allie Hedges	14.06 (03)	14.37 (3)	Victoria Perkins	1:05.91 (04)	1:05.91 (3)
Amy Harris	14.29 (03)	14.31 (3)	Linda Blake	1:06.84 (03)	
<i>200m (23.80/24.90)</i>			<i>400m Relay (45.50/47.90)</i>		
Kinyatta Leonhardt	25.2 (03)	25.82 (3)	Gleason, Schaafsma, Kolb, Leonhardt		48.63 (3)
Kristin Janney	25.9 (02)	27.31 (4a)			
Jean Kolb	26.03 (02)	26.24 (2)	<i>1600 Relay (3:42.00/3:52.00)</i>		
Julienne Durringer	26.0 (03)	26.85 (2)	Perkins, Kolb, Leonhardt, Marsh		3:55.54 (4)
Danae Clark	26.3 (03)		<i>High Jump (5-10 1/2/5-6)</i>		
Jennifer Marsh	26.3 (03)		Dianna Grossglass	5-6 1/2 (03)	(1.62m) 5-4 (3)
Dianna Grossglass	27.62 (03)		Sharon Bjella	5-6 (03)	(1.62m) 5-4 (3)
Ashley Marshall	26.63 (02)	27.66 (2)	Linda Blake	5-5 (03)	(1.57m) 5-1 3/4 (1)
Linda Blake	26.7 (03)	27.32 (4a)	Kelsey Cooley	5-4 (02)	
Sharon Bjella	28.75 (04)	28.75 (4a)	Kristin Janney	4-9 (04)	(1.45m) 4-9 (4a)
<i>400m (54.00/56.90)</i>			Julienne Durringer	4-8 (03)	
Kinyatta Leonhardt	57.0 (03)	57.53 (3)	<i>Pole Vault (13-1 1/2/11-5 3/4)</i>		
Breanne Rohm	58.0 (01)	1:04.5 (2)	Allie Hedges	11-9 (03)	(3.50m) 11-5 3/4 (1)
Jennifer Marsh	58.34 (04)	58.34 (3)	Amy Harris	11-4 1/4 (03)	(3.35m) 10-11 3/4 (4)
Julienne Durringer	59.5 (04)	59.5 (2)	Amber Rose	10-6 (04)	(3.20m) 10-6 (2/4)
Jean Kolb	59.91 (03)		Alena Schlumpf	10-6 (00)	(2.75m) 9-0 1/4 (4c)
Kristin Janney	1:00.1 (01)		<i>Long Jump (20-6 1/4/18-8)</i>		
Ashley Marshall	1:00.1 (04)	1:00.1 (2)	Kristin Janney	18-0 1/4 (02)	(4.64m) 15-2 3/4 (4a)
<i>800m (2:08.00/2:14.50)</i>			Danae Clark	17-10 (02)	(5.26m) 17-3 1/4 (1)
Jennifer Marsh	2:13.41 (04)	2:13.41 (4)	Linda Blake	17-0 (02)	(4.79m) 15-8 3/4 (2)
Brandi McCoy	2:19.3 (04)	2:19.3 (2)	Kelsey Cooley	16-6 (01)	
Victoria Perkins	2:20.0 (04)	2:20.0 (2)	Sharon Bjella	14-10 3/4 (04)	(4.54m) 14-10 3/4 (4a)
Janelle Stevens	2:23.0 (02)		<i>Triple Jump (41-0 1/4/38-0 3/4)</i>		
Hillary Tayet	2:27.0 (02)		Kristin Janney	37-0 3/4 (02)	
Abby Groth	2:27.71 (04)	2:27.71 (4)	Dianna Grossglass	36-6 3/4 (03)	
Erica Preboski	2:28.0 (00)		Amber Rose	36-4 1/2 (00)	(10.26m) 33-8 (1)
Linda Blake	2:33.86 (03)	2:34.22 (1)	Danae Clark	35-7 3/4 (02)	(10.61m) 34-9 3/4 (1)
Nikki Jensen	2:35.0 (03)		Kelsey Cooley	35-3 (02)	
Sharon Bjella	2:37.70 (04)	2:37.70 (4a)	<i>Shot Put (50-0/43-6)</i>		
Kristin Janney	2:39.69 (04)	2:39.69 (4a)	Lauren Kooy	36-11 1/4 (02)	(10.64m) 34-11 (1)
<i>1500m (4:27.00/4:41.00)</i>			Gabrielle Robinson-Spaulding	35-5 (03)	
Jamie Witt	4:49.87 (03)		Linda Blake	34-4 (03)	(9.02m) 29-7 1/4 (4a)
Abby Groth	4:51.4 (04)	4:51.4 (2)	Molly Hornbuckle	33-2 1/2 (00)	
Brandi McCoy	4:58.59 (04)	4:58.59 (3)	Kristin Janney	31-1 3/4 (04)	(9.49m) 31-1 3/4 (1)
Nikki Jensen	5:12.0 (02)		Sharon Bjella	28-11 1/4 (04)	(8.82m) 28-11 1/4 (4a)
Ruth Harbaugh	5:16.7 (04)	5:16.7 (2)	<i>Discus (166-0/141-1)</i>		
Erica Preboski (1600m)	5:35.05 (03)		Lauren Kooy	138-2 (00)	(39.21m) 128-8 (1)
<i>3000m (9:40.00/10:18.00)</i>			Gabrielle Robinson-Spaulding	120-0 (03)	(33.28m) 109-2 (2)
Jamie Witt	10:06.21 (01)		Andrea Pennington	110-6 (04)	(33.68m) 110-6 (4)
Abby Groth	10:49.58 (02)		Jennifer Urrutia	105-7 (04)	(32.19m) 105-7 (2)
Nikki Jensen	11:08.0 (02)		<i>Hammer (185-0/155-0)</i>		
Ruth Harbaugh	11:17.37 (03)		Lauren Kooy	118-1 (00)	(38.03m) 124-9 (1)
Hillary Tayet	11:37.78 (03)		Jennifer Urrutia	124-9 (04)	(37.90m) 124-4 (2)
<i>3000 Steeplechase (10:20.00/11:30.00)</i>			Sara Johnson	121-10 (04)	(37.14m) 121-10 (2)
Hillary Tayet	12:05.27 (03)		Gabrielle Robinson-Spaulding	117-4 (04)	(35.77m) 117-4 (1)
Erica Preboski			Andrea Pennington	108-1 (04)	(32.94m) 108-1 (3)
<i>5000m (16:40.00/17:50.00)</i>			<i>Javelin (155-0/134-0)</i>		
Jamie Witt	17:29.62 (01)		Sara Johnson	147-7 (04)	(44.98m) 147-7 (1)
Karen Dickson	18:19.29 (04)	18:19.29 (2)	Molly Hornbuckle	132-0 (03)	(38.41m) 126-0 (4)
Ruth Harbaugh	19:33.44 (04)	19:33.44 (4)	Andrea Pennington	131-5 (04)	(40.17m) 131-5 (2)
Abby Groth	20:00.80 (03)		Gabrielle Robinson-Spaulding	117-4 (04)	(35.77m) 117-4
Becky Knox	20:08.33 (03)		Linda Blake	110-9 (03)	(33.77m) 110-9 (2)
<i>10,000m (35:00.00/38:00.00)</i>			Kristin Janney	108-2 (04)	(32.97m) 108-2 (1)
Karen Dickson	38:40.37 (04)	38:40.37 (1)	Sharon Bjella	90-4 (04)	(27.53m) 90-4 (3)
Nikki Jensen	40:04.13 (04)	40:04.13 (1)	<i>Heptathlon (5250/4400)</i>		
Becky Knox	41:32.82 (04)	41:32.82 (1)	Linda Blake	4446 (03)	4032 (4a)
Erica Preboski	42:25.15 (04)	42:25.15 (1)	Kristin Janney	3847 (04)	3847 (4a)
<i>100mH (13.80/14.65)</i>			Sharon Bjella	3629 (03)	3315 (4a)
Janna Schaafsma	15.03 (02)	15.12 (4)			
Linda Blake	15.12/14.92w (03)	15.2 (2)			

## 2004 Seattle Pacific University Men's Outdoor Performance List

<i>100m (10.30/10.70)</i>	<i>PR</i>	<i>Season Best</i>	<i>High Jump (7-1/6-9 3/4)</i>		
Chris Randolph	11.88 (03)		Chris Randolph	6-6 (02)	
Dan Larimer	11.98 (04)	11.98 (4a)	Dan Larimer	6-4 (02)	(1.83m) 6-0 (4a)
Jason Radel	12.0 (03)		Jason Radel	5-8 (03)	
<i>200m (20.65/21.55)</i>			<i>Pole Vault (17-0/15-9)</i>		
Chris Randolph	23.54 (03)		Chris Randolph	12-9 1/2 (03)	
Tyrone Hattingh	25.6 (03)		Dan Larimer	12-7 1/2 (04)	(3.84m) 12-7 1/4 (4a)
			Jason Radel	12-3 1/2 (03)	
<i>400m (46.50/48.00)</i>			<i>Long Jump (25-4/23-8)</i>		
Eddie Strickler	48.9 (03)	50.00 (1)	Chris Randolph	21-2 1/2 (03)	
Paul Mach	49.79 (03)		Dan Larimer	19-5 1/2 (04)	(5.93m) 19-5 1/2 (4a)
Micah Kelley	50.20 (03)		Jason Radel	18-10 (03)	
Chris Randolph	51.07 (03)		Tyrone Hattingh	17-9 (04)	(5.41m) 17-9 (1)
Dan Larimer	52.40 (04)	52.40 (4a)			
Jason Radel	52.6 (03)		<i>Triple Jump (51-0/48-0)</i>		
Tim Reeves	55.36 (03)		Tyrone Hattingh	39-3 3/4 (03)	(12.83m) 42-1 1/4 (2)
Tyrone Hattingh	56.4 (03)				
<i>800m (1:49.40/1:52.30)</i>			<i>Shot Put (60-0 1/4/52-6)</i>		
Paul Mach	1:53.94 (03)		Philip Bayley	41-5 1/4 (04)	(12.63m) 41-5 1/4 (1)
Eddie Strickler	1:54.5 (04)	1:54.5 (2)	Tyrone Hattingh	38-6 (04)	(11.74m) 38-6 1/4 (2)
Tim LeCount	1:57.50 (02)		Chris Randolph	37-3 (04)	(11.35m) 37-3 (3)
Michael Gavareski	2:00.87 (03)	2:02.6 (2)	Dan Larimer	33-8 3/4 (04)	(10.28m) 33-8 3/4 (4a)
Bjorn Bostrom	2:02.64 (03)	2:08.17 (1)	Jason Radel	31-4 1/4 (03)	
Clint Bjella	2:09.90 (04)	2:09.90 (4c)			
<i>1500m (3:47.00/3:54.00)</i>			<i>Discus (180-0/161-0)</i>		
Tim LeCount	3:55.72 (02)	4:03.73 (1)	Chris Randolph	134-0 (04)	(40.85m) 134-0 (1)
Bjorn Bostrom	4:10.78 (04)	4:10.78 (1)	Philip Bayley	127-1 (04)	(38.75m) 127-1 (4c)
Clint Bjella	4:19.3 (04)	4:19.3 (2)	Jason Radel	85-1 3/4 (03)	
Dan Larimer	4:32.38 (04)	4:32.38 (4a)	Dan Larimer	83-11 (04)	(25.59m) 83-11 (4a)
Chris Randolph	4:32.61 (03)				
Jason Radel	4:38.64 (03)		<i>Hammer (200-0/172-0)</i>		
<i>3000 Steeplechase (9:00.00/9:25.00)</i>			<i>Javelin (218-0/193-0)</i>		
Aaron Libadisos	10:21.1 (02)		Chris Randolph	162-1 (04)	(49.41) 162-1 (1)
Ryan Phillips	10:45.5 (04)	10:45.5 (2)	Dan Larimer	141-1 (04)	(43.00m) 141-1 (1)
			Jason Radel	109-5 (03)	
<i>5000m (14:00.00/14:50.00)</i>			<i>Decathlon (7000/6400)</i>		
Tim LeCount	15:09.4 (04)	15:09.4 (2)	Chris Randolph	6288 (03)	
Bjorn Bostrom	15:49.5 (04)	15:49.5 (2)	Dan Larimer	5867 (04)	5867 (4a)
			Jason Radel	5459 (03)	
<i>10,000m (29:20.00/31:20.00)</i>			<i>Legend</i>		
Lee O'Connor	34:56.24 (04)	34:56.24 (1)	1 3/6 Puget Sound/Lewis & Clark	Tacoma, Wa.	
James Rosser	35:07.0 (04)	35:07.0 (2)	2 3/13 Salzman Invitational	Tacoma, Wa.	
<i>110mH (13.90/14.75)</i>			3 3/20 Panther/Stam Wright Invit.	Sacramento, Ca.	
Chris Randolph	15.61 (03)	15.82 (3)	3a 3/20 Oregon Preview	Eugene, Or.	
Jason Radel	16.31 (02)		4a 3/24-25 Cal Multi-Event	Berkeley, Ca.	
Dan Larimer	16.84 (04)	16.84 (4a)	4b 3/26-27 Stanford Invitational	Palo Alto, Ca.	
<i>400mH (51.70/53.55)</i>			4 3/27 Hornet Invitational	Sacramento, Ca.	
Paul Mach	52.91 (03)		4c 3/27 Spring Break Open	Edmonds, Wa.	
Micah Kelley	54.68 (03)	55.41 (3)	5 4/3 Vernacchia Team Classic	Bellingham, Wa.	
Jason Radel	59.59 (04)	59.59 (1)	6 4/10 Shotwell Invitational	Tacoma, Wa.	
Tim Reeves	1:00.73 (04)	1:00.73 (1)	7 4/17 Spike Arlt Invitational	Ellensburg, Wa.	
Gregg Flowers	1:04.0 (04)	1:04.0 (4c)	8a 4/22-23 GNAC Multi-Event Champs.	Monmouth, Or.	
<i>400 Relay (40.00/41.25)</i>			8 4/24 Oregon Invitational	Eugene, Or.	
Randolph, Radel, Reeves, Kelly		44.97 (1)	8b 4/24 Western Oregon Open	Monmouth, Or.	
<i>1600 Relay (3:09.00/3:14.00)</i>			9 4/30 Western Washington Twilight	Bellingham, Wa.	
Randolph, Kelly, Radel, Strickler		3:29.36 (1)	10 5/8 GNAC Championships	Monmouth, Or.	
			11 5/15 Ken Foreman Invitational	Seattle, Wa.	
			12 5/27-29 NCAA Championships	Walnut, Ca.	