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Will Boston Be All-America City For Falcons? Mach, Marsh & Studer At NCAA Indoor; Rest To Salzman

First final exam. Winter quarter final exams begin next week in the Seattle Pacific University classrooms, but in the forum of track & field they begin Friday (Mar. 12), when the NCAA Division II Indoor Championships open in Boston. The Falcons are sending three athletes to the east Coast while the rest of the squads return to the Tacoma area Saturday (Mar. 13) for the Salzman Invitational. Following finals, select members of the team will train and compete in the Sacramento area during spring break.

Going for the gold. For the second year in a row, SPU is sending a cadre of three to Boston. Pole vaulter **Ally Studer** (Sr., Redmond, Wa./Redmond) is making her second trip to indoor nationals and it will be her fifth NCAA meet, counting outdoor appearances. Studer owns the No. 6 qualifying mark (12 feet, 4 inches) and was fourth a year ago indoors. **Paul Mach** (Sr., Seattle, Wa./King's) becomes the first male to represent SPU indoors since thrower Mike Olson in 1994. Mach ran the 800-meter field's fifth-fastest time, a school-record 1:51.49, in winning the Great Northwest Athletic Conference title. **Jennifer Marsh** (Fr., Kirkland, Wa./Juanita) is No. 9 in the women's 800 field (2:13.55). Last season, Sarah Kraybill finished fourth in the 800. The last Falcon to win an NCAA indoor crown was Karin Grelsson in the 1994 triple jump.

Meanwhile, on the road to Pomona. While Coach **Jack Hoyt** has Mach, Marsh and Studer wrapping-up the indoor season, two of their teammates are already on the road to the NCAA outdoor championships in May. **Sara Johnson** (Jr., Kennewick, Wa./Kennewick-Spokane Falls CC) let go with a javelin throw of 147-7 last week at the triangular meet in Tacoma to go more than 13 feet beyond beyond the provisional qualifying cutoff in that event, and pole vaulter **Allie Hedges** (So., Richland, Wa./Richland) made the minimum provisional height of 11-6. Both were winning marks, and Johnson earned GNAC athlete of the week for her effort.

Flexing muscles in first outing. The first outdoor meet was a team success story as well. The women won their triangular handily over host Puget Sound and Lewis & Clark. Seattle Pacific won 15 of 19 events and finished with 128 points. Puget Sound had 38 and the Lewis & Clark 28. Sprinter **Jean Kolb** (So., Eugene, Or./South Eugene) bolted to wins in the 100-(12.91) and 200-meter (26.66) dashes; **Linda Blake** (So., Richland, Wa.) took the 100 hurdles (15.66) and high jump (5-1 3/4) and **Lauren Kooy** (Sr., George, Wa./Quincy) made first-place throws in the shot put (34-11) and discus (128-8). Kooy's latter mark was a collegiate best and she also placed second in the hammer (124-9).

Men at work. The SPU men, without Mach, finished second (64 points) to the Loggers (75.5) while the Pioneers had 59.5. **Eddie Strickler** (Fr., Richland, Wa.) captured both the 400 (50.00) and 800 (2:01.79) and ran a leg of the winning 4 x 400 relay. **Chris Randolph** (So., Lone Tree, Co./Denver Christian) took first in the 110 hurdles (16.02) and discus (134-0), and ran on both relays. His throw was a personal record of more than 26 feet and he was runner-up in the javelin with a PR of 162-1. In all, the men won nine events.

Fractions. Marsh and Mach will run qualifying heats Friday. The top two finishers in each of two heats, plus the next five fastest times move to Saturday's final. The pole vault competition is Saturday...The fastest entry time in the men's 800 is 1:50.57. Marsh will be in a pack of eight entries with times between

2004 TRACK & FIELD

SPU Quick Facts

Coach—Jack Hoyt, 5th year
Assistant—Doris Heritage
Assistant—Algerian Hart
Assistant—Erika Daligcon
Assistant—Kelly LaBounty
Assistant—Laura Widman

This Week's Schedule

Fri.-Sat., Mar. 12-13
NCAA Indoor Championships
Reggie Lewis Center, Boston, Ma.

Sat., Mar. 13, 10 a.m.
Salzman Invitational
PLU Campus, Tacoma, Wa.

Streaks & Such

Pole vaulter Ally Studer is making her fifth trip to an NCAA Championship meet. She was fourth at the 2003 indoor

Last Week's Highlights

- Sara Johnson (javelin) and Allie Hedges (pole vault) met NCAA provisional qualifying standards at the UPS triangular
- The Falcons, with 128 points, won the triangular with Puget Sound (38) and Lewis & Clark (25)
- SPU (64) finished second to UPS (75.5) in the men's scoring
- Linda Blake, Jean Kolb, Lauren Kooy, Chris Randolph and Eddie Strickler each won two events

2004 Outdoor Schedule

Mar. 6 Puget Sound/Lewis & Clark
Mar. 13 Salzman Invitational
Mar. 20 Panther/Stam Wright Invit.
M. 24-25 California Multi-Event
Mar. 27 Spring Break Open
Mar. 27 Hornet Invitational
Apr. 3 Vernacchia Invitational
Apr. 4-5 Spring Forward Multi-Event
Apr. 10 Shotwell Invitational
Apr. 17 Spike Arlt Invitational
A. 22-23 GNAC Multi-Event Champs.
Apr. 24 Oregon Invitational
Apr. 30 Western Wash. Twilight
May 8 GNAC Championships
May 15 Foreman Invitational
M. 27-29 NCAA Championships

2:11.37 and 12:14.05. The pole vault field includes two 13-footers...Olson won the school's only men's indoor title, taking the shot put prize in 1993. Grelsson also won the women's triple jump in 1993...Other triangular winners for the women were **Kenyatta Leonhardt** (Fr., Petaluma, Ca.) in the 400 (58.83), Marsh in the 800 (2:15.66), **Abby Groth** (So., Roseburg, Or./Glide) in the 1500 (4:55.87), **Kelsey Gleason** (So., Salem, Or.) in the 400 hurdles (1:06.17) and **Danae Clark** (Fr., Hillsboro, Or./Glencoe) in the long jump (17-3 1/4). For the men, **Tim LeCount** (Jr., Battle Ground, Wa.) won the 1500 (4:03.73), **Micah Kelley** (Sr., Lakewood, Wa./Clover Park) the 400 hurdles (57.43) and **Philip Bayley** (Jr., Seattle, Wa./Kings) the shot put (41-5 1/4).

2004 Track & Field Roster

Women's Team	Events	Yr	Hometown (High School)
Danielle Ayers-Stamper	Hep/Lj/Jav	So	LaCrosse, Wa. (LaCrosse)
Sharon Bjella	Hj/Hep	Fr	Everett, Wa. (Everett)
Linda Blake	Hep/400H	So	Richland, Wa. (Liberty Christian/Richland)
Danae Clark	Lj/Tj/400	Fr	Hillsboro, Or. (Glencoe)
Kelsey Cooley	Hep/Hj	Fr	Missoula, Mt. (Hellgate)
Karen Dickson	3000/5000	Fr	El Dorado Hills, Ca. (Oak Ridge)
Julienne Durringer	400	Fr	Monroe, Wa. (Monroe)
Kelsey Gleason	100H/400H	So	Salem, Or. (Salem Academy)
Dianna Grossglass	Hj/Tj/400H	So	LaConner, Wa. (LaConner)
Abby Groth	1500/3000	So	Roseburg, Or. (Glide)
Ruth Harbaugh	3000/5000	So	Gig Harbor, Wa. (Gig Harbor)
Amy Harris	Pv	So	Philomath, Or. (Crescent Valley)
Allison Hedges	Pv	So	Richland, Wa. (Richland)
Molly Hornbuckle	Jav/Dt	Fr	Burien, Wa. (Highline)
Kristin Janney	Hep/Tj	Fr	White Salmon, Wa. (Columbia)
Nikki Jensen	3000/5000	Fr	Portland, Or. (St. Mary's Academy)
Sara Johnson	Jav/Ham/Tj	Jr	Kennewick, Wa. (K'wick/Spok. Fls CC)
Becky Knox	1500	So	Denver, Co. (Denver Christian)
Jean Kolb	100/200	So	Eugene, Or. (South Eugene)
Lauren Kooy	Dt/Ht	Sr	George, Wa. (Quincy)
Josie Lavin	800/1500	Jr	Bremerton, Wa. (Bremerton)
Kinyatta Leonhardt	100/200/400	Fr	Petaluma, Ca. (St. Vincent)
Jennifer Marsh	400/800/1500	Fr	Kirkland, Wa. (Juanita)
Ashley Marshall	400/800	Fr	Bellingham, Wa. (Meridian)
Brandi McCoy	1500/3000	Fr	Richland, Wa. (Richland)
Andrea Pennington	Jav/Dt	Sr	Bellingham, Wa. (Bell'ham/Whatcom CC)
Victoria Perkins	400H	Fr	Kent, Wa. (Kentwood)
Erica Preboski	Steeple	Fr	Camano Is., Wa. (Stanwood)
Gabrielle Robinson-Spaulling	Dt/Ht	Fr	Redding, Ca. (Shasta)
Breanne Rohm	400	Jr	Juneau, Ak. (Juneau-Douglas)
Amber Rose	Tj/Pv	Sr	Olympia, Wa. (Capital)
Janna Schaafsma	100H/400H	So	Soldotna, Ak. (Soldotna)
Janelle Stevens	800/1500	So	Soquel, Ca. (Soquel)
Ally Studer	Pv/Lj	Sr	Redmond, Wa. (Redmond)
Hillary Tayet	800/Steeple	So	Lakewood, Wa. (Cascade Christian)
Jennifer Urrutia	Dt/Ht	Fr	Sunnyside, Wa. (Sunnyside)
Jamie Witt	3000/5000	Jr	Folsom, Ca. (Folsom)

Men's Team	Events	Yr	Hometown (High School)
Philip Bayley	Dec	Jr	Seattle, Wa. (King's/PLU)
Clint Bjella	1500/5000	Jr	Everett, Wa. (Everett)
Bjorn Bostrom	1500/5000	Fr	La Conner, Wa. (Bellingham)
Gregg Flowers	200/400H	Fr	Seattle, Wa. (King's)
Michael Gavareski	800/1500	Fr	Bellingham, Wa. (Bellingham)
Tyrone Hattingh	Tj	Fr	Redmond, Wa. (King's)
Micah Kelley	400H	Sr	Lakewood, Wa. (Clover Park)
Dan Larimer	Dec	Fr	Libby, Mt. (Libby)
Tim LeCount	1500/5000	Jr	Battle Ground, Wa. (Battle Ground)
Aaron Libadisos	Steeple	Jr	Kailua-Kona, Hi. (Kealakehe)
Paul Mach	400H/800	Sr	Seattle, Wa. (King's)
Lee O'Connor	5000/10k	Fr	Indianapolis, In. (Ben Davis)
Ryan Phillips	1500/5000	Fr	West Linn, Or. (West Linn)
Chris Randloph	Dec	So	Lone Tree, Co. (Denver Christian)
Jason Radel	Dec/400H	So	Flathead, Mt. (Flathead)
Tim Reeves	400H	So	Beaverton, Or. (Beaverton)
James Rosser	5000/10k	Fr	Seattle, Wa. (Highline)
Eddie Strickler	400/800	Fr	Richland, Wa. (Richland)

NCAA Indoor Qualifiers

Women	Event	Mark	Seed
Jennifer Marsh	800	2:13.55	9
Ally Studer	Pole	12-4	6

Men	Event	Mark	Seed
Paul Mach	800	1:51.49	5

NCAA Outdoor Qualifiers

Women	Event	Mark
Sara Johnson	Jav	147-7
Allie Hedges	Pole	11-6

2004 Outdoor Best Marks

Women's

100–Jean Kolb, 12.91
 200–Jean Kolb, 26.66
 400–Kenyatta Leonhardt, 58.83
 800–Jennifer Marsh, 2:15.66 √
 1500–Abby Groth, 4:55.87
 Steeple–
 3000–
 5000–
 10,000–Karen Dickson, 38:40.37 √
 100H–Linda Blake, 15.66
 400H–Kelsey Gleason, 1:06.17
 4x100–Gleason, Durringer, Kolb, Leonhardt, 49.13
 4x400–Durringer, McCoy, Marshall, Leonhardt, 4:07.81
 Hj–Linda Blake, 5-1 3/4
 Pv–Allie Hedges, 11-6 √ (PQ)
 Lj–Danae Clark, 17-3 1/4 √
 Tj–Danae Clark, 34-9 3/4
 Sp–Lauren Kooy, 34-11
 Dt–Lauren Kooy, 128-8 √
 Ht–Lauren Kooy, 124-9
 Jt–Sara Johnson, 147-7 √ (PQ)
 Hep–

Men's

100–
 200–
 400–Eddie Strickler, 50.00 √
 800–Eddie Strickler, 2:01.79
 1500–Tim LeCount, 4:03.73
 Steeple–Ryan Phillips, 11:01.45
 5000–
 10,000–Lee O'Connor, 34:56.24
 110H–Chris Randolph, 16.02
 400H–Micah Kelley, 57.43
 4x100–Randolph, Radel, Reeves, Kelly, 44.97
 4x400–Randolph, Kelly, Radel, Strickler, 3:29.36
 Hj–
 Pv–
 Lj–Tyrone Hattingh, 17-9
 Tj–Tyrone Hattingh, 38-6 1/4
 Sp–Philip Bayley, 41-5 1/4
 Dt–Chris Randolph, 134-0
 Ht–
 Jt–Chris Randolph, 162-1
 Dec–

PQ–NCAA Provisional Qualifier
 √–GNAC Automatic Qualifier