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Rare Double: Pair, Novice 4 Win It All

Two Women's Crews Go Unbeaten; Light 4 Gets Bronze

Four in three. For the third year in a row the Seattle Pacific University women's rowing program won a national championship, only in 2002 the Falcons doubled their pleasure. Following varsity four titles in 2000 and '01, SPU took first place in the varsity pair and novice four categories at the Dad Vail Regatta, May 11 in Philadelphia, giving the program four crowns in the past three years.

Uncharted waters. Not only was the two championships unprecedented, so was the manner in which they were achieved. The pair and novice four became the first Seattle Pacific crews to finish a season unbeaten. The duo of **Kimberly Tschetter** (Sr., Sioux Falls, SD/Lincoln) and **Trisha Sawatzky** (Sr., Federal Way, Wa./Decatur) went 7-0 while the novice four was 12-0. Coach **Keith Jefferson** watched as the pair won the Dad Vail grand final by 10 seconds and the novices prevailed by 6.7 seconds. Rowing for the novices was stroke **Sarah Zorn** (Fr., Mercer Island, Wa./Lahser), **Shannon Buehler** (Fr., Yakima, Wa./Eisenhower), **Heidi Visser** (Fr., Wenatchee, Wa./Wenatchee) and **Andi Martineau** (So., Superior, Mt./Superior) with **Emily Thomas** (Fr., Grants Pass, Or./Grants Pass) as coxswain. In addition, the women's lightweight four captured a national bronze by taking third place. That lineup was stroke Andrea Reichert (So., Bloomington, Mn./Thomas Jefferson), **Julie Vieselmeyer** (Jr., Coeur d'Alene, Id./Lake City), **Elyse Cansler** (Longview, Wa./R.A. Long), **Erin Cox** (So., Olympia, Wa./Black Hills) and coxswain **Joanna Hodgkiss** (So., Tacoma, Wa./Puyallup).

Graduating with honors. While the novices (four freshmen and a sophomore) are all expected back, Tschetter and Sawatzky capped their respective careers with the national title. Sawatzky swept the postseason individual honors, earning all-conference, all-region, academic all-district and alternate for the Division II All-America team en route to sharing SPU Athlete of the Year award. She became the first female rower to win the award. For Tschetter, the stroke of the varsity four last season, it was her second trip to the top.

Sound minds. Seven members of the women's crew, including four members of the varsity light four, earned national scholar-athlete awards from the Collegiate Rowing Coaches Association. Named to the Division II team were Cansler (3.71, sociology major), Cox (3.62, nutrition science), Hodgkiss (3.78, business administration), Martineau (3.81, biology), Sawatzky (3.79, physics), Vieselmeyer (3.69, psychology/music) and Trish Weber (3.62, nursing). To be eligible, a rower or coxswain must have a 3.5 or higher grade point average and be participating in the sport for at least a second year.

Short strokes. In addition to the women's novice four and varsity pair, the varsity four won six regattas and finished second in its other two outings while the light four won six and took third twice. For the men, the light four posted three wins and three silvers while the varsity four had two wins, two silvers and a bronze. The men's pair won twice in four regattas...In four regattas, the women's novice four won with superior times to that of the winning varsity four boats over the same course.

Dad Vail results:

Preliminary Heats

Frosh/Novice 4: 1-Seattle Pacific 8:22.6; 2-Carnegie Mellon 8:31.7; 3-Fordham 8:32.1; 4-North Carolina State 8:35.2

2002 ROWING

SPU Quick Facts

Coach—Keith Jefferson, 12th year
Assistant—Josh Adam
Assistant—Jessie Pennington

Season Highlights

- The Falcons won their third and fourth national titles in three years as the varsity pair and novice four both went unbeaten
- The women's light four earned a bronze medal at Dad Vail
- Seattle Pacific won regional titles in the women's varsity pair, light four and novice four at the WIRA Championships
- The varsity four won its fourth straight NCRC crown
- SPU claimed the conference silver medal in the men's lightweight four
- Seven women rowers named national scholar athletes
- Senior Trisha Sawatzky earned SPU co-athlete of the year and is an alternate for All-America

Streaks & Such

The varsity pair (7-0) and novice four (12-0) became the first SPU crews to finish a season undefeated

Stat de jour

Trisha Sawatzky became the first female rower to earn a share of the SPU Athlete of the Year

2002 Season Schedule

Mar. 16	Puget Sound Dual
Mar. 23	Raptor Cup
Mar. 30	Daffodil Cup
Apr. 6	Husky Invitational
Apr. 13	Governor's Cup
Apr. 20	Blue Heron Redwood Sprints
Apr. 27	NCRC Championships
May 4-5	WIRA Championships
May 10-11	Dad Vail Regatta

Lightweight 4: 1-Seattle Pacific 8:17.3; 2-Tennessee-Chattanooga 8:22.7; 3-Central Florida 8:24.8; 4-Duquesne 8:34.1; 5-New York U. 8:35.9; 6-Amherst 8:37.4

Varsity Pair: 1-Seattle Pacific 8:51.6; 2-Penn State 8:54.0; 3-Washington U. 9:39.4; 4-Mary Washington 9:50.6; 5-Central Florida 10:02.3

Grand Finals

Women's Varsity Pair: 1-Seattle Pacific 8:08.1; 2-Bucknell 8:18.2; 3-New York U. 8:19.1; 4-Carnegie Mellon 8:24.6; 5-Penn State 8:41.2; 6-Tennessee-Knoxville 9:20.2

Women's Lightweight Four: 1-Georgia 7:25.3; 2-Carnegie Mellon 7:49.3; 3-Seattle Pacific 7:49.5; 4-Tennessee-Chattanooga 7:59.5; 5-New York Maritime 8:03.2; 6-Marrietta 8:11.2

Women's Frosh/Novice Four: 1-Seattle Pacific 7:24.7; 2-Georgia 7:31.4; 3-Massachusetts 7:36.7; 4-Bowdoin 7:38.3; 5-Loyola (Md.) 7:38.5; 6-Pittsburgh 7:53.0

Women's lineups.

Varsity 4: Stroke–Kimberly Tschetter; 3–Trisha Sawatzky; 2–Andi Martineau; Bow–Trisha Weber; Cox–Lindsay Dilschneider.

Varsity Light 4: Stroke–Andrea Reichert; 3–Julie Vieselmeyer; 2–Elyse Cansler; Bow–Erin Cox; Cox–Joanna Hodgkiss

Novice 4: Stroke–Sarah Zorn; 3–Shannon Buehler; 2–Heidi Visser; Bow–Andi Martineau; Cox–Emily Thomas.

Junior Varsity 4: Stroke–Andrea Reichert; 3–Julie Vieselmeyer; 2–Elyse Cansler; Bow–Erin Cox/Trisha Weber; Cox–Lindsay Dilschneider.

Varsity Pair: Stroke–Kimberly Tschetter; Bow–Trisha Sawatzky.

Men's lineups.

Varsity 4: Stroke–Mike Lucero; 3–Reid Shipley; 2–Tyler Van Stright; Bow–Trevor Winters; Cox–Jennifer Helseth.

Varsity Light 4: Stroke–Mike Lucero; 3–Trevor Winters; 2–Kyle Glines; Bow–Joel Braman; Cox–Jennifer Helseth.

Novice 4: Stroke–Phil Walter; 3–Peter Small; 2–David Johns; Bow–Brandon Cooper; Cox–Kristina Richards.

Varsity Pair: Stroke–Tyler Van Stright; Bow–Reid Shipley.

2002 Rowing Roster

<i>Women's Team</i>	<i>Yr</i>	<i>Pos</i>	<i>Exp</i>	<i>Hometown (High School)</i>
Shannon Buehler	Fr.	O	Nov	Yakima, Wa. (Eisenhower)
Elyse Cansler	So.	L	1V	Longview, Wa. (R.A. Long)
Erin Cox	So.	L	1V	Olympia, Wa. (Black Hills)
Lindsay Dilschneider	Jr.	Cox	2V	Yakima, Wa. (West Valley)
Diana Foster	Jr.	O	3V	Yakima, Wa. (East Valley)
Jennifer Helseth	Jr.	Cox	2V	Leavenworth, Wa. (Cascade)
Joanna Hodgkiss	So.	Cox	1V	Tacoma, Wa. (Puyallup)
Andi Martineau	So.	O	Nov	Superior, Mt. (Superior)
Andrea Reichert	So.	L	1V	Bloomington, Mn. (Thomas Jefferson)
Kristina Richards	So.	L	Nov	Boise, Id. (Timberline)
Trisha Sawatzky	Sr.	O	1V	Federal Way, Wa. (Decatur)
Emily Thomas	Fr.	O	Nov	Grants Pass, Or. (Grants Pass)
Kimberly Tschetter	Sr.	O	3V	Sioux Falls, SD (Lincoln)
Julie Vieselmeyer	Jr.	L	1V	Coeur d'Alene, Id. (Lake City)
Heidi Visser	Fr.	O	Nov	Wenatchee, Wa. (Wenatchee)
Trisha Weber	So.	L	1V	Selah, Wa. (Selah)
Sarah Zorn	Fr.	O	Nov	Mercer Island, Wa. (Lahser)
<i>Men's Team</i>				
Joel Braman	So.	L	1V	Wyoming, Mi. (Calvin Christian)
Brandon Cooper	Fr.	L	Nov	Gig Harbor, Wa. (Gig Harbor)
Kyle Glines	Jr.	L	1V	San Jose, Ca. (Tapestry Christian)
David Johns	Jr.	O	Nov	Seattle, Wa. (Kennedy)
Mike Lucero	Sr.	L	3V	Moses Lake, Wa. (Moses Lake)
Reid Shipley	Jr.	O	2V	Escondido, Ca. (An Pasqual)
Tyler Van Stright	So.	O	1V	Grand Rapids, Mi. (Grand Rapids Christian)
Phil Walter	Fr.	L	Nov	Tigard, Or. (Westside Christian)
Trevor Winters	So.	L	1V	Spokane, Wa. (North Central)
Peter Small	Fr.	L	Nov	Colorado Springs, Co. (C.S. Christian)

2002 Boat Lineups

Women's

Varsity 4

Stroke–Kimberly Tschetter
3–Trisha Sawatzky
2–Andi Martineau
Bow–Trisha Weber
Cox–Lindsay Dilschneider

Varsity Light 4

Stroke–Andrea Reichert
3–Julie Vieselmeyer
2–Elyse Cansler
Bow–Erin Cox
Cox–Joanna Hodgkiss

Novice 4

Stroke–Sarah Zorn
3–Shannon Buehler
2–Heidi Visser
Bow–Andi Martineau
Cox–Emily Thomas

Varsity Pair

Stroke–Kimberly Tschetter
Bow–Trisha Sawatzky

Junior Varsity 4

Stroke–Andrea Reichert
3–Julie Vieselmeyer
2–Elyse Cansler
Bow–Erin Cox/Trisha Weber
Cox–Lindsay Dilschneider

Men's

Varsity 4

Stroke–Mike Lucero
3–Reid Shipley
2–Tyler Van Stright
Bow–Trevor Winters
Cox–Jennifer Helseth

Varsity Light 4

Stroke–Mike Lucero
3–Trevor Winters
2–Kyle Glines
Bow–Joel Braman
Cox–Jennifer Helseth

Novice 4

Stroke–Phil Walter
3–Peter Small
2–David Johns
Bow–Brandon Cooper
Cox–Kristina Richards

Varsity Pair

Stroke–Tyler Van Stright
Bow–Reid Shipley

2002 Women's Crew Results

- Mar. 16 **Preseason Scrimmage** *American Lake/Tacoma, Wa.*
V4: 1-Seattle Pacific 8:51.2; 2-Pacific Lutheran 8:58.4; 3-Puget Sound 9:01.7.
L4: 1-Seattle Pacific 7:55.6; 2-Puget Sound 8:09.2; 3-Pacific Lutheran 8:32.8.
N4: 1-Seattle Pacific 8:28.7; 2-Pacific Lutheran 8:48.3; 3-Puget Sound 9:02.8; 4-Puget Sound B 11:41.2.
- Mar. 23 **Raptor Cup** *Fremont Ship Canal/Seattle, Wa.*
V2: 1-Seattle Pacific, 8:02; 2-Seattle University, 9:52
V4: 1-Seattle Pacific (LW); 8:02; 2-Seattle University, 8:45
N4: 1-Seattle Pacific, 7:58; 2-Seattle University, 9:21
V8: 1-Seattle Pacific, 7:31; 2-Seattle University, 8:23
- Mar. 30 **Daffodil Cup** *American Lake/Tacoma, Wa.*
V4: 1-Seattle Pacific 8:14; 2-Western Washington 8:18; 3-Puget Sound 8:42; 4-Western Washington B 8:44
L4: 1-Seattle Pacific 8:10; 2-Puget Sound 8:14; 3-Willamette 8:38
V2: 1-Seattle Pacific 8:36; 2-Puget Sound 9:29
N4: 1-Seattle Pacific 8:10; 2-Willamette 8:47; 3-Western Washington 9:02; 4-Puget Sound 9:15; 5-Puget Sound 9:18
JV4: 1-Seattle Pacific 8:12; 2-Western Washington 8:42; 3-Western Washington B 8:54; 4-Puget Sound 10:00
- Apr. 6 **Husky Invitational** *Seattle/Montlake Cut*
V4: 1-Washington 7:07; 2-Seattle Pacific 7:28; 3-Gonzaga 7:32; 4-Western Washington 7:39; 5-Seattle University 7:42
N4: 1-Seattle Pacific 7:41; 2-Gonzaga 8:02; 3- Evergreen 8:21
L4: 1-Seattle Pacific 7:48; 2-Oregon 8:00; 3-Puget Sound 8:42
- Apr. 13 **Governor's Cup** *Salem, Or./Willamette River*
N4: 1-Seattle Pacific 10:41; 2-Seattle University 12:32; 3-Puget Sound 12:54; 4-Portland 14:01
V4: 1-Seattle Pacific 10:19; 2-Pacific Lutheran 10:37; 3-Seattle University 10:56; 4-Portland 11:07
L4: 1-Seattle Pacific 9:55; 2-Seattle University 10:55; 3-Seattle University 11:32
- Apr. 20 **Blue Heron Redwood Sprints** *Eureka, Ca./Humboldt Bay*
Team Standings: 1-Humboldt State 61; 2-Willamette 32; 3-Seattle Pacific 27; 4-California 24; 5-Oregon 21; 6-Saint Mary's 9;
7-Mills 6
V2: 1-Seattle Pacific 7:32; 2-Willamette 7:41
V4: 1-Seattle Pacific 6:40; 2-Oregon 6:41; 3-Willamette 6:53; 4-Saint Mary's 6:55; 5-Humboldt State 7:09
L4: 1-Seattle Pacific 6:40; 2-Oregon 6:45; 3-Humboldt State 6:54; 4-California 6:58; 5-Saint Mary's 7:23
1X: 1-Seattle Pacific 7:56; 2-Humboldt State 11:15
N4: 1-Seattle Pacific 5:40; 2-Humboldt State 6:13; 3-Saint Mary's 6:16; 4-Oregon 6:22; 5-Mills 7:00; 6-Pacific 7:33
JV 4: 1-Seattle Pacific 7:33; 2-Oregon 7:44; 3-Humboldt State 7:59
- Apr. 27 **NCRC Championships** *Lake Stevens, Wa./Lake Stevens*
V4: 1-Seattle Pacific 7:47.3; 2-Pacific Lutheran 7:47.6; 3-Seattle 7:52.9; 4-Evergreen 8:05.6; 5-Humboldt State 8:16.6; 6-
Puget Sound 8:24.0; 7-Lewis & Clark 9:27.1; Western Washington DQ.
L4: 1-Humboldt State 7:54.2; 2-Puget Sound 7:54.6; 3-Seattle Pacific 7:55.1.
V2: 1-Seattle Pacific 8:15.8; 2-Willamette 8:38.0; 3-Puget Sound 8:42.1; 4-Pacific Lutheran 8:55.7; 5-Humboldt State 9:12.5.
N4: 1-Seattle Pacific 7:50.0; 2-Puget Sound 8:14.5; 3-Seattle Univ. 8:33.0; 4-Humboldt State 8:36.6; 5-Portland 8:42.0; 6-
Pacific Lutheran 9:01.5.
2N4: 1-Western Washington 8:15.6; 2-Humboldt State 8:22.2; 3-Seattle Pacific 8:27.9; 4-Willamette 8:30.4; 5-Puget Sound
8:32.0; 6-Pacific Lutheran 8:39.6; 7-Seattle 8:52.3; 8-Portland 9:08.8.
JV4: 1-Seattle Pacific 7:50.8; 2-Portland 8:02.4; 3-Puget Sound 8:03.2; 4-Pacific Lutheran 8:05.6; 5-Seattle 8:11.2; 6-
Willamette 8:17.6; 7-Western Washington 8:18.4; 8-Humboldt State 8:26.1.
- May 4 **WIRA Championships** *Rancho Cordova, Ca./Lake Natoma*
V4: 1-Pacific Lutheran 7:42; 2-Seattle Pacific 7:51; 3-UC Santa Barbara 7:54; 4-Seattle University 7:55; 5-Portland 8:05; 6-
Sacramento State 8:09
L4: 1-Seattle Pacific 7:55; 2-Humboldt State 7:56; 3-Puget Sound 8:00; 4-Colorado 8:13; 5-UC Santa Barbara 8:16; 6-
California 8:22
V2: 1-Seattle Pacific 8:22; 2-Puget Sound 8:45; 3-Willamette 8:45; 4-Colorado 8:57; 5-San Diego State 8:57
N4: 1-Seattle Pacific 7:33; 2-Gonzaga 7:42; 3-Loyola Marymount 7:56; 5-UC Santa Barbara 8:06; 6-Pacific Lutheran 8:22
- May 11 **Dad Vail Regatta** *Philadelphia, Pa./Schuylkill River*
V2 (Grand Final): 1-Seattle Pacific 8:08.1; 2-Bucknell 8:18.2; 3-New York U. 8:19.1; 4-Carnegie Mellon 8:24.6; 5-Penn State
8:41.2; 6-Tennessee-Knoxville 9:20.2
L4 (Grand Final): 1-Georgia 7:25.3; 2-Carnegie Mellon 7:49.3; 3-Seattle Pacific 7:49.5; 4-Tennessee-Chattanooga 7:59.5; 5-
New York Maritime 8:03.2; 6-Marrietta 8:11.2
N4 (Grand Final): 1-Seattle Pacific 7:24.7; 2-Georgia 7:31.4; 3-Massachusetts 7:36.7; 4-Bowdoin 7:38.3; 5-Loyola (Md.)
7:38.5; 6-Pittsburgh 7:53.0

2002 Men's Crew Results

- Mar. 16 **Preseason Scrimmage** *American Lake/Tacoma, Wa.*
V4: 1-Puget Sound 7:28.7; 2-Seattle Pacific, 7:41.6; 3-Pacific Lutheran 7:51.9.
L4: 1-Seattle Pacific 7:00.0; 2-Pacific Lutheran 7:05.8; 3-Puget Sound 7:40.0.
V2 1-Pacific Lutheran 7:38.1; 2-Seattle Pacific 7:40.8; 3-Pacific Lutheran 8:17.6.
N4: 1-Puget Sound 7:23.7; 2-Puget Sound B 7:33.2; 3-Seattle Pacific 7:39.6; 4-Pacific Lutheran 7:59.1
- Mar. 23 **Raptor Cup** *Fremont Ship Canal/Seattle, Wa.*
V2: 1-Seattle Pacific, 7:42; 2-Seattle University, 8:19
V4: 1-Seattle Pacific (LW), 7:09; 2-Seattle Pacific (Nov), 7:24; 3-Seattle University, 7:50
- Mar. 30 **Daffodil Cup** *American Lake/Tacoma, Wa.*
N4: 1-Puget Sound 7:34; 2-Seattle Pacific 7:35; 3-Puget Sound 7:45; 4-Western Washington 8:09; 5-Willamette 8:11
V2: 1-Seattle Pacific 7:56; 2-Puget Sound 8:19
L4: 1-Seattle Pacific 7:18; 2-Western Washington 7:26; 3-Puget Sound 7:40; 4-Willamette 7:44
- Apr. 6 **Husky Invitational** *Seattle/Montlake Cut*
V4: 1-Seattle Pacific 7:01; 2-Pacific Lutheran 7:12; 3-Washington 7:19; 4-Puget Sound 7:22; 5-Seattle University 7:38; 6-Lewis & Clark 7:45
L4: 1-Pacific Lutheran 7:04; 2-Seattle Pacific 7:08; 3-Oregon 7:47; 4-Portland A 8:06; 5-Portland B 8:30
N4: 1-Mt. Baker 6:51; 2-Western Washington 6:57; 3-Gonzaga 7:05; 4-Seattle Pacific 7:13; 5-Evergreen 7:22; 6-Willamette 7:37
- Apr. 13 **Governor's Cup** *Salem, Or./Willamette River*
L4: 1-Pacific Lutheran 8:09; 2-Seattle Pacific 8:41; 3-Portland 8:53; 4-Seattle University 9:38
- Apr. 20 **Blue Heron Redwood Sprints** *Eureka, Ca./Humboldt Bay*
Team Standings: 1-Willamette 27; 2-California 24; 3-Saint Mary's 22; 4-Seattle Pacific 13; 5-Oregon 6; 6-Humboldt State 4; 7-Mills 0
V4: 1-Willamette 6:18; 2-Seattle Pacific 6:28; 3-Saint Mary's 6:51; 4-Oregon 7:21
L4: 1-Seattle Pacific 6:33; 2-California 6:36; 3-Oregon 7:08; 4-Saint Mary's 7:19
N4: 1-Willamette 4:57; 2-Seattle Pacific 5:08; 3-Saint Mary's 5:09; 4-Humboldt State 6:06; 4-Pacific 6:15
- Apr. 27 **NCRC Championships** *Lake Stevens, Wa./Lake Stevens*
V4: 1-Puget Sound 6:51.1; 2-Pacific Lutheran 6:56.2; 3-Seattle Pacific 6:57.1; 4-Willamette 7:02.8; 5-Western Washington 7:03.5; 6-Lewis & Clark 7:13.5; 7-Seattle 7:41.8; 8-Evergreen 8:04.0.
L4: 1-Pacific Lutheran 6:48.2; 2-Seattle Pacific 6:58.0; 3-Western Washington 7:16.2; 4-Puget Sound 7:25.1; 5-Portland 7:30.7.
V2: 1-Puget Sound 7:34.6; 2-Pacific Lutheran 7:41.8; 3-Seattle Pacific 7:53.0; 4-Willamette 8:02.2; 5-Pacific Lutheran B 8:04.0; 6-Seattle Univ. 8:06.5; 7-Humboldt State 8:16.2.
N4: 1-Puget Sound 7:08.3; 2-Pacific Lutheran 7:14.9; 3-Willamette 7:17.0; 4-Seattle Pacific 7:17.8; 5-Lewis and Clark 7:22.0; 6-Western Washington 7:28.6; 7-Everett CC 7:58.9; 8-Humboldt State 8:27.5.
JV4: 1-Western Washington 6:57.0; 2-Pacific Lutheran 7:00.0; 3-Willamette 7:06.6; 4-Puget Sound 7:08.2; 5-Seattle Pacific 7:16.4; 6-Portland 7:39.1.
- May 4 **WIRA Championships** *Rancho Cordova, Ca./Lake Natoma*
L4 (Grand Final): 1-California 6:47; 2-Pacific Lutheran 6:49; 3-San Diego 6:53; 4-Seattle Pacific 6:59; 5-Santa Clara 7:03; 6-Puget Sound 7:20
V2 (Grand Final): 1-Saint Mary's 7:28; 2-Loyola Marymount 7:30; 3-Sacramento State 7:33; 4-Seattle Pacific 7:35; 5-Willamette 7:46; 6-Uc Irvine 7:48
N4 (Petite Final): 1-Pacific Lutheran 7:21; 2-Chapman 7:28; 3-Seattle Pacific 7:29; 4-Loyola Marymount 7:30; 5-Colorado 7:42; 6-Sacramento State 7:43; 7-Humboldt State 8:35