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Falcon Rowers Look To Continue Streak In Cut SPU Wins 7 Of 8; Light Fours To Defend Husky Invite Titles

Unbeaten streaks on line. Unbeatable so far this spring, the Seattle Pacific University women's crews test themselves against the best in the Northwest Saturday (Apr. 6) at the Husky Invitational in the Montlake Cut. The entire fleet of SPU women's boats is undefeated through three regattas while the men's lightweight four has done likewise. Next week the Falcons row in Salem, Ore., at the Governor's Cup.

The usual cast and crews. Out along the starting line in Lake Washington will be boats from Washington, Oregon, Willamette, Western Washington, Lewis & Clark, Puget Sound and Seattle University. The SPU light fours are defending Husky Invitational champions. The women's team will be at full strength at this regatta for the first time since 1996 as Coach **Keith Jefferson** has opted not to send a squad to the San Diego Crew Classic .

Seven of eight ain't bad. At last week's Daffodil Cup, the Falcons prevailed in seven of the eight races in which they participated, including all five women's entries. SPU defeated Western Washington's split eight by just over a boat-length in the women's varsity four and the lightweight four finished ahead of Puget Sound by a similar margin. The novice four had plenty of open water on Willamette in that race. Neither the women's varsity nor novice four has lost on American Lake since March of 2000. For the men, the Seattle Pacific light four won by a little more than two lengths over Western

Last week's results:

Women's Results

Varsity 4: 1-Seattle Pacific 8:14; 2-Western Washington 8:18; 3-Puget Sound 8:42; 4-Western Washington B 8:44
Lightweight 4: 1-Seattle Pacific 8:10; 2-Puget Sound 8:14; 3-Willamette 8:38
Varsity 2: 1-Seattle Pacific 8:36; 2-Puget Sound 9:29
Novice 4: 1-Seattle Pacific 8:10; 2-Willamette 8:47; 3-Western Washington 9:02; 4-Puget Sound 9:15; 5-Puget Sound 9:18
Junior Varsity 4: 1-Seattle Pacific 8:12; 2-Western Washington 8:42; 3-Western Washington B 8:54; 4-Puget Sound 10:00

Men's Results

Novice 4: 1-Puget Sound 7:34; 2-Seattle Pacific 7:35; 3-Puget Sound 7:45; 4-Western Washington 8:09; 5-Willamette 8:11
Varsity 2: 1-Seattle Pacific 7:56; 2-Puget Sound 8:19
Lightweight 4: 1-Seattle Pacific 7:18; 2-Western Washington 7:26; 3-Puget Sound 7:40; 4-Willamette 7:44

Short strokes. Never before has the entire women's program emerged unscathed through its first three regattas. The varsity and light fours, the top two boats, are almost identical in composition and are stroked by **Andrea Reichert** (So., Bloomington, Mn./Jefferson)...Three of the four oarsmen in the undefeated men's light four, including stroke **Mike Lucero** (Sr., Moses Lake, Wa.), have experience in national championships.

Women's lineups.

Varsity 4: Stroke—Andrea Reichert; 3—Julie Vieselmeyer; 2—Elyse Cansler;

2002 ROWING

SPU Quick Facts

Coach—Keith Jefferson, 12th year
Assistant—Josh Adam
Assistant—Jessie Pennington

This Week's Schedule

Sat., Apr. 6, 7 a.m.
Husky Invitational
Montlake Cut, Seattle, Wa.

Last Week's Highlights

Seattle Pacific won seven of its eight events at the Daffodil Cup, with the women's varsity and novice fours extending their American Lake win strings to five races since March of 2000

Streaks & Such

Each of the SPU women's crews—varsity four, light four, novice four and pair—are unbeaten in three regattas this season, as are the men's light four

Stat de jour

Both the men's and women's lightweight fours are defending Husky Invitational champions

2002 Season Schedule

Mar. 16	Puget Sound Dual
Mar. 23	Raptor Cup
Mar. 30	Daffodil Cup
Apr. 6	Husky Invitational
Apr. 13	Governor's Cup
Apr. 20	Blue Heron Redwood Sprints
Apr. 27	Cascade Sprints
May 4-5	WIRA Championships
May 10-11	Dad Vail Regatta
May 12	Avaya Championships

Bow–Trisha Weber; Cox–Lindsay Dilschneider.

Varsity Light 4: Stroke–Andrea Reichert; 3–Julie Vieselmeyer; 2–Elyse Cansler;

Bow–Erin Cox; Cox–Joanna Hodgkiss

Novice 4: Stroke–Sarah Zorn; 3–Shannon Buehler; 2–Heidi Visser; Bow–Andi Martineau; Cox–Emily Thomas.

Junior Varsity 4: Stroke–Kimberly Tschetter; 3–Trisha Sawatzky; 2–Heidi Visser; Bow–Shannon Buehler; Cox–Lindsay Dilschneider.

Varsity Pair: Stroke–Kimberly Tschetter; Bow–Trisha Sawatzky.

Varsity 8: Stroke–Andrea Reichert; 7–Julie Vieselmeyer; 6–Kimberly Tschetter; 5–Trisha Sawatzky; 4–Sarah Zorn; 3–Andi Martineau; 2–Elyse Cansler; Bow–Trisha Weber; Cox–Lindsay Dilschneider.

Men's lineups.

Varsity 4: Stroke–Mike Lucero; 3–Trevor Winters; 2–Kyle Glines; Bow–Joel Braman; Cox–Jennifer Helseth.

Varsity Light 4: Stroke–Mike Lucero; 3–Trevor Winters; 2–Kyle Glines; Bow–Joel Braman; Cox–Jennifer Helseth.

Novice 4: Stroke–Phil Walter; 3–Peter Small; 2–David Johns; Bow–Brandon Cooper; Cox–Kristina Richards.

Varsity Pair: Stroke–Tyler Van Stright; Bow–Reid Shipley.

SPU Coaches. A past oarsman, alumnus and assistant coach, **Keith Jefferson** has steered Seattle Pacific University into uncharted waters in national prominence during his 11-year tenure as head coach. Jefferson, 40, became the fifth head coach at Seattle Pacific University in the fall of 1990, and has overseen the rise of the Falcons as a regional force in small college rowing. Both men's and women's boats have proved competitive at the national level in recent years. The women's varsity four won back-to-back Avaya Collegiate Championships in 2000 and 2001 after placing third in 1999. The men's four finished fifth in the Intercollegiate Rowing Association in 1995, the lightweight four was second at Dad Vail in 2000 and the novice four third in 2001.

2002 Rowing Roster

<i>Women's Team</i>	<i>Yr</i>	<i>Pos</i>	<i>Exp</i>	<i>Hometown (High School)</i>
Shannon Buehler	Fr.	O	Nov	Yakima, Wa. (Eisenhower)
Elyse Cansler	So.	L	1V	Longview, Wa. (R.A. Long)
Erin Cox	So.	L	1V	Olympia, Wa. (Black Hills)
Lindsay Dilschneider	Jr.	Cox	2V	Yakima, Wa. (West Valley)
Diana Foster	Jr.	O	3V	Yakima, Wa. (East Valley)
Jennifer Helseth	Jr.	Cox	2V	Leavenworth, Wa. (Cascade)
Joanna Hodgkiss	So.	Cox	1V	Tacoma, Wa. (Puyallup)
Andi Martineau	So.	O	Nov	Superior, Mt. (Superior)
Andrea Reichert	So.	L	1V	Bloomington, Mn. (Thomas Jefferson)
Kristina Richards	So.	L	Nov	Boise, Id. (Timberline)
Trisha Sawatzky	Sr.	O	1V	Federal Way, Wa. (Decatur)
Emily Thomas	Fr.	O	Nov	Grants Pass, Or. (Grants Pass)
Kimberly Tschetter	Sr.	O	3V	Sioux Falls, SD (Lincoln)
Julie Vieselmeyer	Jr.	L	1V	Coeur d'Alene, Id. (Lake City)
Heidi Visser	Fr.	O	Nov	Wenatchee, Wa. (Wenatchee)
Trisha Weber	So.	L	1V	Selah, Wa. (Selah)
Sarah Zorn	Fr.	O	Nov	Mercer Island, Wa. (Lahser)
<i>Men's Team</i>	<i>Yr</i>	<i>Pos</i>	<i>Exp</i>	<i>Hometown (High School)</i>
Joel Braman	So.	L	1V	Wyoming, Mi. (Calvin Christian)
Brandon Cooper	Fr.	L	Nov	Gig Harbor, Wa. (Gig Harbor)
Kyle Glines	Jr.	L	1V	San Jose, Ca. (Tapestry Christian)
David Johns	Jr.	O	Nov	Seattle, Wa. (Kennedy)
Mike Lucero	Sr.	L	3V	Moses Lake, Wa. (Moses Lake)
Reid Shipley	Jr.	O	2V	Escondido, Ca. (An Pasqual)
Tyler Van Stright	So.	O	1V	Grand Rapids, Mi. (Grand Rapids Christian)
Phil Walter	Fr.	L	Nov	Tigard, Or. (Westside Christian)
Trevor Winters	So.	L	1V	Spokane, Wa. (North Central)
Peter Small	Fr.	L	Nov	Colorado Springs, Co. (C.S. Christian)

Head Coach: Keith Jefferson

Assistant Coaches: Josh Adam, Jessie Pennington

2002 Boat Lineups

Women's

Varsity 4

Stroke–Andrea Reichert

3–Julie Vieselmeyer

2–Elyse Cansler

Bow–Trisha Weber

Cox–Lindsay Dilschneider

Varsity Light 4

Stroke–Andrea Reichert

3–Julie Vieselmeyer

2–Elyse Cansler

Bow–Erin Cox

Cox–Joanna Hodgkiss

Novice 4

Stroke–Sarah Zorn

3–Shannon Buehler

2–Heidi Visser

Bow–Andi Martineau

Cox–Emily Thomas

Junior Varsity 4

Stroke–Kimberly Tschetter

3–Trisha Sawatzky

2–Heidi Visser

Bow–Shannon Buehler

Cox–Lindsay Dilschneider

Varsity Pair

Stroke–Kimberly Tschetter

Bow–Trisha Sawatzky

Varsity 8

Stroke–Andrea Reichert

7–Julie Vieselmeyer

6–Kimberly Tschetter

5–Trisha Sawatzky

4–Sarah Zorn

3–Andi Martineau

2–Elyse Cansler

Bow–Trisha Weber

Cox–Lindsay Dilschneider

Men's

Varsity 4

Stroke–Mike Lucero

3–Trevor Winters

2–Kyle Glines

Bow–Joel Braman

Cox–Jennifer Helseth

Varsity Light 4

Stroke–Mike Lucero

3–Trevor Winters

2–Kyle Glines

Bow–Joel Braman

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Novice 4

Stroke–Phil Walter

3–Peter Small

2–David Johns

Bow–Brandon Cooper

Cox–Kristina Richards

Varsity Pair

Stroke–Tyler Van Stright

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