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Falcon Rowers Runneth Into Raptor Cup SPU Coming Off 2nd National Title, Conference Crown

Indoor meets outdoor. After beginning their spring season amid snow-fall, the Seattle Pacific University rowers expect to see more seasonable conditions Saturday (Mar. 23) when the Falcons host Seattle University and British Columbia's Malaspina in the Raptor Cup through the Ship Canal. It is the second of nine regattas. Next week SPU meets most of its Northwest rivals for the annual Spring Scrimmage on Tacoma's American Lake.

Team of the century. Coach **Keith Jefferson** has got his crew program going strong in the new century. The women's varsity four has won back-to-back national championships and the 2001 conference title while the men's program has medaled nationally each of the last two years.. If the fall season and last week's opener were any indication, this should be another banner year. In the autumn, both the men's and women's varsity fours won two of their three regattas, as did the women's novice and light fours.

Four wins blow. Despite near-freezing temperatures, snow and finally a head wind, Seattle Pacific proved more than equal to both the elements and the opposition at last week's American Lake Jamboree. Each of the three women's boats—the varsity four, light four and novice four—won with open water on their nearest rivals. The men prevailed in the light four, took second in the pairs and varsity four and third in the novice four.

Last week's results:

Men's Varsity Four: 1-Puget Sound 7:28.7; 2-Seattle Pacific, 7:41.6; 3-Pacific Lutheran 7:51.9.

Men's Light Four: 1-Seattle Pacific 7:00.0; 2-Pacific Lutheran 7:05.8; 3-Puget Sound 7:40.0.

Men's Varsity Pair: 1-Pacific Lutheran 7:38.1; 2-Seattle Pacific 7:40.8; 3-Pacific Lutheran 8:17.6.

Men's Novice Four: 1-Puget Sound 7:23.7; 2-Puget Sound B 7:33.2; 3-Seattle Pacific 7:39.6; 4-Pacific Lutheran 7:59.1

Women's Varsity Four: 1-Seattle Pacific 8:51.2; 2-Pacific Lutheran 8:58.4; 3-Puget Sound 9:01.7.

Women's Light Four: 1-Seattle Pacific 7:55.6; 2-Puget Sound 8:09.2; 3-Pacific Lutheran 8:32.8.

Women's Novice Four: 1-Seattle Pacific 8:28.7; 2-Pacific Lutheran 8:48.3; 3-Puget Sound 9:02.8; 4-Puget Sound B 11:41.2.

Short strokes. **Mike Lucero** (Sr., Moses Lake, Wa.) is back for his third year as stroke of the varsity four and light four. He is joined in the lightweights by three members of the novice four which took was third at the 2001 Dad Vail Championships...The women's varsity four features only one returnee, coxswain **Lindsay Dilschneider** (Jr., Yakima, Wa./West Valley).

2002 ROWING

SPU Quick Facts

Coach—Keith Jefferson, 12th year
Assistant—Josh Adam
Assistant—Jessie Pennington

This Week's Schedule

Sat., Mar. 23, 7:30 a.m.
Raptor Cup
Ship Canal, Seattle, Wa.

Last Season's Highlights

- Women's varsity four successfully defended its national championship
- Men's novice four took third at Dad Vail Championships
- Women won overall conference title
- Women's light four took first in conference and region

Fall Highlights

- Women's varsity four, light four and novice each won two of three races
- Men's varsity four won two regattas

Leading Returnees

- Mike Lucero, stroke, varsity four
- Kimberly Tschetter, stroke, varsity four

Streaks & Such

Dating back to last year and including the fall season, the SPU women's varsity four is undefeated in five races vs. small college opposition

2002 Season Schedule

Mar. 16	Puget Sound Dual
Mar. 23	Raptor Cup
Mar. 30	Spring Scrimmage
Apr. 6	Husky Invitational
Apr. 13	Governor's Cup
Apr. 20	Blue Heron Redwood Sprints
Apr. 27	Cascade Sprints
May 4-5	WIRA Championships
May 10-11	Dad Vail Regatta
May 12	Avaya Championships

2002 Rowing Roster

<i>Women's Team</i>	<i>Yr</i>	<i>Pos</i>	<i>Exp</i>	<i>Hometown (High School)</i>
Shannon Buehler	Fr.	O	Nov	Yakima, Wa. (Eisenhower)
Elyse Cansler	So.	L	1V	Longview, Wa. (R.A. Long)
Erin Cox	So.	L	1V	Olympia, Wa. (Black Hills)
Lindsay Dilschneider	Jr.	Cox	2V	Yakima, Wa. (West Valley)
Diana Foster	Jr.	O	3V	Yakima, Wa. (East Valley)
Jennifer Helseth	Jr.	Cox	2V	Leavenworth, Wa. (Cascade)
Joanna Hodgkiss	So.	Cox	1V	Tacoma, Wa. (Puyallup)
Andi Martineau	So.	O	Nov	Superior, Mt. (Superior)
Andrea Reichert	So.	L	1V	Bloomington, Mn. (Thomas Jefferson)
Kristina Richards	So.	L	Nov	Boise, Id. (Timberline)
Trisha Sawatzky	Sr.	O	1V	Federal Way, Wa. (Decatur)
Emily Thomas	So.	O	Nov	Grants Pass, Or. (Grants Pass)
Kimberly Tschetter	Sr.	O	3V	Sioux Falls, SD (Lincoln)
Julie Vieselmeyer	Jr.	O	1V	Coeur d'Alene, Id. (Lake City)
Heidi Visser	Fr.	O	Nov	Wenatchee, Wa. (Wenatchee)
Trisha Weber	So.	L	1V	Selah, Wa. (Selah)
Sarah Zorn	Fr.	O	Nov	Mercer Island, Wa. (Lahser)
<i>Men's Team</i>	<i>Yr</i>	<i>Pos</i>	<i>Exp</i>	<i>Hometown (High School)</i>
Joel Braman	So.	L	1V	Wyoming, Mi. (Calvin Christian)
Brandon Cooper	Fr.	L	Nov	Gig Harbor, Wa. (Gig Harbor)
Kyle Glines	Jr.	L	1V	San Jose, Ca. (Tapestry Christian)
David Johns	Jr.	O	Nov	Seattle, Wa. (Kennedy)
Mike Lucero	Sr.	L	3V	Moses Lake, Wa. (Moses Lake)
Reid Shipley	Jr.	O	2V	Escondido, Ca. (An Pasqual)
Tyler Van Stright	So.	O	1V	Grand Rapids, Mi. (Grand Rapids Christian)
Phil Walter	Fr.	L	Nov	Tigard, Or. (Westside Christian)
Trevor Winters	So.	L	1V	Spokane, Wa. (North Central)
Peter Small	Fr.	L	Nov	Colorado Springs, Co. (C.S. Christian)

Head Coach: Keith Jefferson

Assistant Coaches: Josh Adam, Jessie Pennington

2002 Boat Lineups

Women's

Varsity 4

Stroke–Andrea Reichert
3–Julie Vieselmeyer
2–Elyse Cansler
Bow–Erin Cox
Cox–Lindsay Dilschneider

Varsity Light 4

Stroke–Andrea Reichert
3–Julie Vieselmeyer
2–Elyse Cansler
Bow–Erin Cox
Cox–Joanna Hodgkiss

Novice 4

Stroke–Sarah Zorn
3–Shannon Buehler
2–Heidi Visser
Bow–Andi Martineau
Cox–Emily Thomas

Junior Varsity 4

Stroke–Kimberly Tschetter
3–Trisha Sawatzky
2–Heidi Visser
Bow–Shannon Buehler
Cox–Lindsay Dilschneider

Varsity Pair

Stroke–Kimberly Tschetter
Bow–Trisha Sawatzky

Varsity 8

Stroke–Andrea Reichert
7–Julie Vieselmeyer
6–Kimberly Tschetter
5–Trisha Sawatzky
4–Sarah Zorn
3–Andi Martineau
2–Elyse Cansler
Bow–Trisha Weber
Cox–Lindsay Dilschneider

Men's

Varsity 4

Stroke–Mike Lucero
3–Trevor Winters
2–Kyle Glines
Bow–Joel Braman
Cox–Jennifer Helseth

Varsity Light 4

Stroke–Mike Lucero
3–Trevor Winters
2–Kyle Glines
Bow–Joel Braman
Cox–Jennifer Helseth

Novice 4

Stroke–Phil Walter
3–Peter Small
2–David Johns
Bow–Brandon Cooper
Cox–Kristina Richards

Varsity Pair

Stroke–Tyler Van Stright
Bow–Reid Shipley