

SCHOOL OF PSYCHOLOGY, FAMILY, AND COMMUNITY

MARSTON/WATSON HALL

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GRADADMISSIONS@SPU.EDU

WWW.SPU.EDU/DEPTS/PFC

Faculty, staff and students in the School of Psychology, Family and Community strive to become a community of learners: **(1) Guided by Faith.** Exploring the implications of vital expressions of Christian faith for the human condition, as well as for emotional and relational healing and health. **(2) Rooted in Academic Discipline.** Fostering rigorous and creative learning environments, as well as contributing primary scholarship to the scientific study of psychological and social processes. **(3) Committed to Service.** Grounding our learning community in the theory, research, and application of our disciplines in order to produce skilled graduates who can serve with character and competence in a broken world; nurturing creative partnerships with our local community and beyond in order to serve in and learn from socially and culturally diverse settings.

Clinical Psychology (Ph.D.)

MISSION STATEMENT

As a community of scholars and professionals who embrace a broad Christian worldview, we are committed to developing psychologists who accomplish the following:

- Integrate the findings of scientific psychology with the interpersonal skills and sensitivity necessary for effective clinical practice.
- Incorporate biopsychosocial and spiritual perspectives into the science and practice of the discipline.
- Appreciate and respect the inherent diversity that characterizes individuals and groups.
- Embrace a vocation of service to individuals, families, and their communities.

PROGRAM DISTINCTIVES

The doctorate of philosophy (Ph.D.) in clinical psychology is a full-time, five-year, integrated and organized sequence of studies and practice experiences based on the “local clinical-scientist” model of training. The “local clinical-scientist” embodies and expands upon the original scientist-practitioner model of clinical psychology. Research and clinical practice are balanced in the curriculum, and our graduates function in various roles as healthcare clinicians, university scholars, program directors, and supervisors.

Coursework is grounded in empirical literature that examines the interplay among biological, psychological, and social factors related to human adjustment; this biopsychosocial perspective infuses all aspects of the doctoral curriculum and training experiences. Perspectives on diversity are incorporated throughout the curriculum, addressing individual and group differences and the implications of diversity for the ethical and effective practice of clinical psychology. And, in our view, a full appreciation of diversity includes spiritual and religious factors as well. Additionally, both faculty and students are committed to a vocation of service to others.

SEQUENCE OF STUDY

In order to graduate with the Ph.D., each student must complete 204 quarter units of courses, which include 32 units of dissertation; two one-year, part-time practicum placements; and a full-time one-year internship. A master of arts in psychology (M.A.; the first two years of 77 quarter credits) is earned en route to the Ph.D. The following is the typical required sequence for completion of the Ph.D. degree within five years of admission.

FIRST YEAR

Autumn (12)

CPY 7200 Personality Theory and Research (5)

CPY 7400 Ethics and Laws in Clinical Psychology (5)

CPY 7927 Clinical Foundations I (2)

Winter (12)

CPY 7101 Neural Basis of Behavior I (5)
CPY 7210 Developmental Psychology (5)
CPY 7928 Clinical Foundations II (2)

Spring (10)

CPY 7102 Neural Basis of Behavior II (5)
CPY 7230 Cognition and Learning (5)

Summer (12)

CPY 7020 Introduction to Statistics (5)
CPY 7220 Psychopathology (5)
CPY 7995 Research and Dissertation (2)

SECOND YEAR

Autumn (13)

CPY 7031 Research Methods and Statistics I (5)
CPY 7310 Psychological Interventions I: Cognitive Behavioral Therapies (5)
CPY 7004 Faith, Meaning, and Professional Foundations: Epistemology (1)
CPY 7995 Research and Dissertation (2)

Winter (13)

CPY 7032 Research Methods and Statistics II (5)
CPY 7315 Psychological Interventions II: Psychodynamic Therapies (5)
CPY 7001 Faith, Meaning, and Professional Foundations: Personhood (1)
CPY 7995 Research and Dissertation (2)

Spring (15)

CPY 7033 Research Methods and Statistics III (5)
CPY 7300 Methods of Psychological Assessment: Intelligence and Achievement (5)
CPY 7002 Faith, Meaning, and Professional Foundations: Development (1)
CPY 7929 Pre-Practicum (2)
CPY 7995 Research and Dissertation (2)

Summer (15)

CPY 7240 Social Psychology (5)
CPY 7330 Methods of Psychological Assessment: Personality and Psychopathology (5)
CPY 7003 Faith, Meaning, and Professional Foundations: Dysfunction (1)
CPY 7930 Practicum (2)
CPY 7995 Research and Dissertation (2)

THIRD YEAR

Autumn (13)

CPY 7316 Psychological Interventions III: Family and Child Therapies (5)
CPY 7201 Addictive Behavior (4)
CPY 7930 Practicum (2)
CPY 7995 Research and Dissertation (2)

Winter (14)

CPY 7000 History and Systems of Psychology (5)
CPY 7130 Human Sexuality and Sex Therapy (5)
CPY 7930 Practicum (2)
CPY 7995 Research and Dissertation (2)

Spring (13)

CPY 7010 Psychometric Theory and Test Construction (5)
CPY 7411 Group Therapy (4)
CPY 7930 Practicum (2)
CPY 7995 Research and Dissertation (2)

Summer (16)
 CPY 7110 Psychopharmacology (5)
 CPY 7280 Diversity and Cultural Issues in Psychology (5)
 CPY 7931 Advanced Practicum (2)
 CPY 7995 Research and Dissertation (4)

FOURTH YEAR

Autumn (10)
 CPY 7931 Advanced Practicum (2)
 CPY **** Cognate Course (4)
 CPY 7995 Research and Dissertation (4)

Winter (10)
 CPY 7931 Advanced Practicum (2)
 CPY **** Cognate Course (4)
 CPY 7995 Research and Dissertation (4)

Spring (10)
 CPY 7931 Advanced Practicum (2)
 CPY **** Cognate Course (4)
 CPY 7995 Research and Dissertation (4)

Summer (4)
 CPY 7940 Internship (4)

FIFTH YEAR (12)
 CPY 7940 Internship (4 each quarter) for a total of 16 units
 As outlined in this plan, students are required to register for a minimum of 32 dissertation units (preferably before internship).

TOTAL UNITS (204)

GENERAL ADMISSIONS INFORMATION

The program begins in Autumn Quarter and admits students once a year. The application deadline is January 15. Listed below is a brief outline of University and program requirements for admission to clinical psychology doctoral studies. For detailed information on admission, please visit The Graduate Center Web site at www.spu.edu/graduate. You may also request an application packet by email at gradadmissions@spu.edu, or by phone at 206.281.2091 or 800.601.0603.

1. Applicants must have a bachelor's degree* with a minimum grade-point average of 3.0. Clearly an undergraduate major in psychology is most preferable. All applicants should have successfully completed a statistics or tests and measurements course, as well as at least five other psychology courses prior to application from among the following: abnormal, developmental, experimental, physiological, social, learning, motivation, or personality.
 Applicants whose bachelor's degrees are not in psychology may wish to take the Graduate Record Exam (GRE) Psychology Subject Test to further demonstrate adequate knowledge of general psychology.
**From a regionally accredited institution and prior to admission.*
2. The Graduate Record Exam (GRE) is required. A minimum score of 1100 for the combined verbal and quantitative sections of the GRE is preferred. The test must have been administered within five years of the deadline date for application to the program. The Psychology Subject Test of the GRE (PGRE) is not required, but (as explained above) may be advantageous for applicants without a psychology bachelor's degree. Further information about the GRE can be obtained at www.gre.org. Applicants will submit three letters of recommendation, one professional reference from a person in a related field (e.g., clinical supervisor), one academic reference from a former professor or instructor, and one personal recommendation (e.g., any professional but not a member of the applicant's family).
 Note: Please use the forms included in the application brochure, being sure to follow the instructions.
3. Applicants must submit a typed personal statement. Generally, statements should be three to four

pages in length. Please address career objectives, rationale for seeking a degree in clinical psychology and why you choose to attend SPU. Mention *your* professional and personal strengths as they apply to clinical psychology, related work experiences, research interests, personal values, religious ideals, and other information you deem appropriate.

Note: Preference is shown to those applicants who possess potential for both clinical and scientific work, as demonstrated by prior work or volunteer experiences.

4. Applicants for whom English is not their first language must take the Test of English as a Foreign Language (TOEFL), and obtain a minimum score of 600 on the paper-based test or 250 on the computer-based test.
5. Applicants who are not U.S. citizens or permanent residents must provide an official confidential statement of financial support covering each year of intended enrollment. This is necessary in order to issue the paperwork for an I-20 Immigration form. Documentation must be included in the application packet.

ADMISSIONS PROCESS

The Admissions Committee of the Department of Graduate Psychology (DGP) will conduct a preliminary screening process. Finalists will be invited to come to campus for personal interviews in late February or early March. Admission to the doctoral program depends upon recommendation by the DGP faculty and approval from the chair of the department.

TRANSFER OF CREDIT

Students with a master's degree, or those who have taken other graduate coursework in psychology at a regionally accredited institution, may be allowed to transfer up to 20 quarter units. Students must submit syllabi of any courses for which they request transfer of credit. Courses accepted for transfer must have been passed at a grade of B or higher and completed within seven years of transfer. Any transfer credit petitions should be submitted only after formal admission to the program.

COURSE DESCRIPTIONS

CPY 7000 History and Systems of Psychology (5)

Focuses on an understanding of the historical and philosophical roots, cultural influences and basic scientific assumptions which underlie contemporary psychology in general, and clinical psychology in particular. The development of basic paradigms in psychology are considered as they have been informed by individually-oriented theories, systems-oriented theories, and field theory or transactional perspectives. Class open to clinical psychology and organizational psychology majors. Class open to doctoral students.

CPY 7001 Faith, Meaning and Professional Foundations: Personhood (1)

Explores the implications of a biblical anthropology, develops a theology of personhood, and encourages students in personal exploration of and engagement with these issues. Colloquium also addresses specific issues that arise out of the content of other courses concurrently being taken by the student. Course equivalent: CPY 6001. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7002 Faith, Meaning and Professional Foundations: Development (1) Examines the relationship between theological, existential and psychological perspectives on human development. Colloquium also addresses specific issues that arise out of the content of other courses concurrently being taken by the student. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7003 Faith, Meaning, and Professional Foundations: Dysfunction (1)

Discusses the relationship between psychological/systems theories and theological perspectives on individual and relational dysfunction. Examines the interplay between psychological constructs such as neurosis and theological concepts of sin and evil. Colloquium also addresses specific issues that arise out of the content of other courses concurrently being taken by the student. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7004 Faith, Meaning and Professional Foundations: Epistemology (1)

Considers theological and philosophical approaches to epistemology and explores the conceptual bases of the scientific method upon which much of the field of psychology rests. Colloquium also addresses specific issues that arise out of the content of other courses concurrently being taken by the student. Class open to

clinical psychology majors. Class open to doctoral students.

CPY 7010 Psychometric Theory and Test Construction (5)

Features topics including test design, norming, classical and generalizability theory, reliability, validity, item response theory and factor analysis. Applies psychometric theory to the evaluation of popular psychological and educational assessment instruments. Class open to clinical psychology and organizational psychology majors. Class open to doctoral students.

CPY 7020 Introduction to Statistics (5)

Introduces students to introductory statistical concepts such as descriptive statistics, probability, statistical inference including mean differences, analysis of variance, correlation, linear prediction and non-parametric statistics emphasizing their mathematical and theoretical derivations. Explores null hypothesis effect size, power analysis, statistical and clinical significance. Discusses defining research questions, applying appropriate statistics and interpreting results. Uses SPSS computer software for statistical analysis. Course equivalent: CPY 6700. Class open to clinical psychology and organizational psychology majors. Class open to doctoral students.

CPY 7031 Research Methods and Statistics I (5)

Prerequisite: CPY 7020.

Introduces students to the philosophy, structure and ethics related to qualitative research and applied/experimental quantitative research. Focuses on research pertaining to evidence-based clinical practice and case study design in light of the local clinical scientist model. Statistical training focuses on analysis of variance techniques including factorial ANOVA, planned comparisons, post-hoc analysis and repeated measures. Students will have the opportunity to write a research proposal including a proposed method section. Class open to clinical psychology and organizational psychology majors. Class open to doctoral students.

CPY 7032 Research Methods and Statistics II (5)

Prerequisite: CPY 7031.

Explores multiple regression techniques and their application to clinical research. Students complete ethical data collection methodology including writing research applications for an institutional review board. Class open to clinical psychology and organizational psychology majors. Class open to doctoral students.

CPY 7033 Research Methods and Statistics III (5)

Prerequisite: CPY 7032.

Introduces advanced statistical techniques such as meta analysis, exploratory and confirmatory factor analysis, structural equation modeling and multivariate statistical techniques including MANOVA, discriminate function analysis and logistic regression. Students also learn data analysis and interpretation strategies, as well as written and oral presentation skills. Class open to clinical psychology and organizational psychology majors. Class open to doctoral students.

CPY 7101 Neural Basis of Behavior I (5)

Provides a full overview of human peripheral and central nervous system functional anatomy, including developmental processes. Focuses on neural communication, including electrophysiology, neurotransmitter biosynthesis, and synaptic transmission. Regional specificity within the brain, as well as local network theories will be discussed. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7102 Neural Basis of Behavior II (5)

Prerequisite: CPY 7101.

Applies functional neural anatomy and scientific processes covered in Neural Basis of Behavior I to the human condition. Behavioral processes such as sleep, learning, memory, regulatory behavior, and sexual functioning will be explained in light of neural mechanisms. Discusses an overview of numerous neural pathological conditions including depression, schizophrenia, the anxiety disorders, and degenerative and traumatic brain diseases. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7110 Psychopharmacology (5)

Overviews psychotropic drugs and mainline psychiatric approaches to the understanding and treatment of emotional and behavioral problems. Emphasis will be given to the scientific evidence for, as well as

against, the use of these drugs for people with common psychiatric or psychological syndromes, such as depression, anxiety disorders, schizophrenia, attention deficit and hyperactivity disorder. The discussion of clinical applications will emphasize the importance of multidisciplinary cooperation as well as broader biopsychosocial models for understanding the effects and limitations of psychotropics. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7130 Human Sexuality and Sex Therapy (5)

Surveys biopsychosocial aspects of sexual development and behavior, sexual orientations, and the assessment and treatment of sexual dysfunction. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7141 Health and Neuropsychological Assessment (4)

Focuses on specific neuropsychological testing measures, along with methods to evaluate the psychological status and coping abilities of those with both acute and chronic medical conditions. Emphasizes the evaluation of brain-behavior relationships through flexible and fixed battery neuropsychological assessment approaches. Particular attention is paid to cultural and linguistic issues in assessment and the application of test findings in health care settings. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7143 Behavioral Health and Epidemiology (4)

Interventions from the public health concepts of primary, secondary, and tertiary prevention perspectives are presented with special attention paid to clinical health psychologists responsibilities in each of these areas. Prevention strategies are based on empirically derived principles in the fields of psychology and epidemiology. Covers the psychologists' role in the research and practice of behavioral health and wellness. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7145 Advanced Theory and Techniques of Health Psychology (4)

Provides the theoretical and empirical backbone for the practice of clinical health psychology in medical settings. Gives attention to the professional role of the clinical psychologists as health care providers, the scientific basis for psychological interventions in the treatment of medical conditions, and the practical issues related to post-doctoral fellowships, hospital privileges and advanced credentialing. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7146 Research Methods in Health Psychology (4)

Focuses on the integration and application of clinical bedside assessment, single-case and behavioral assessment, as well as inferential statistical analyses for use in research with medical patients. Gives special attention to the interactions between psychological and biological variables in the design and interpretation of health care research. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7147 Health Psychology and Behavioral Medicine (4)

Presents a variety of advanced topics in the scientific understanding of psychological and lifestyle factors in medical illness and injury, as well as clinical application of psychological assessment and intervention with medical patients. Gives attention to major medical conditions such as cancer and coronary artery disease, where emotional and behavioral factors are pertinent to prevention and treatment, as well as to chronic pain and other somatic symptoms commonly seen in both medical and mental health settings. Addresses issues of primary and secondary disease prevention, as well as some coverage for organizational and community-based approaches to health promotion. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7148 Advanced Psychological Interventions: Hypnosis, Biofeedback and Relaxation (4)

Describes the clinical procedures of hypnosis, biofeedback and relaxation training, all of which share an emphasis on psychophysiological processes and effects. Covers the historical background as well as the contemporary research literature, along with the clinical traditions of scientific evidence to specify which procedures are most helpful for which persons, with which symptoms or syndromes. Emphasis will also be given to the integration of these procedures within broader biopsychosocial and cognitive-behavioral models of clinical psychology. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7200 Personality Theory and Research (5)

Explores contemporary evidence-based systems of studying human personality. Examines biological, psychological, interpersonal, and social contributors to normal and abnormal personality characteristics. Emphasizes dimensional models of personality and assessment. Discusses personality research in health, rehabilitation, and in diverse cultural populations. Class open to clinical psychology and organizational psychology majors. Class open to doctoral students.

CPY 7201 Addictive Behavior (5)

Examines biological, psychosocial, spiritual and developmental models of understanding substance use and addiction. Emphasizes the role of Clinical Psychologists in diagnosing and treating primary and co morbid addictive behavior. In addition to a review of major evidence-based treatment approaches to addictive behavior, students will gain practiced exposure to Motivational Interviewing as an adjunctive and primary treatment for substance use and addiction. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7210 Developmental Psychology (5)

Provides information on theories, research, and issues in the area of human development. Although course material will introduce students to a number of topics related to development, particular emphasis will be placed on social and emotional development and processes during childhood and adolescence. Introduces topics and research in the area of developmental psychopathology, a field that bridges the gap between research on development and clinical issues. Class open to clinical psychology and organizational psychology majors. Class open to doctoral students.

CPY 7220 Psychopathology (5)

Provides an in-depth exploration of psychopathological disorders from a biopsychosocial perspective. Uses the DSM-IV as the organizing format for the course content, with special attention paid to the understanding of etiology, diagnosis and treatment, and cultural influences in the definition of pathology. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7230 Cognition and Learning (5) Addresses major theories of human cognition and learning.

Examines models that are based on individual perceptual and behavioral processes (such as social learning theory) and the role of cognition and learning in psychopathology. Class open to clinical psychology and organizational psychology majors. Class open to doctoral students.

CPY 7240 Social Psychology (5) Examines the social bases of behavior, exploring the major theories, concepts and research topics in social psychology. Studies the social and interpersonal determinants and consequences of individual behavior, with special reference to social dynamics that shape attitudes, emotions, perception and behavior. Class open to clinical psychology and organizational psychology majors. Class open to doctoral students.

CPY 7241 Community and Organizational Systems (4)

Introduces the literature addressing human behavior in organizational and community contexts. Examines interactions between people and systems in which they function from individual, group, and organizational levels of analysis. Topics include: individual differences, leadership, work motivation, perception, communication, decision making, power and politics, group development, performance, individual and work team effectiveness, conflict, organizational culture, organizational systems theory, and managing diversity. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7242 Leadership and Team Development (4)

Introduces theoretical frameworks on leadership and team development. Highlights cutting edge tools and practices for selecting and developing leadership capacity within organizational settings as well as the interpersonal and structural dynamics that characterize effective groups. Explores systemic approaches to leadership in the context of organizational culture and interpersonal factors such as leadership ethics, purpose, motivation, power and communication. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7243 Organizational Development and Consultation (4)

Introduces major theories, models and methods for evaluating the effects of interventions on groups and

organizations. Explores the foundations in organizational development and the contributions made by other disciplines, theorists and practitioners. Special focus on organizational entry, data collection, organizational diagnosis, development of interventions, evaluation, and contract termination. Also explores the role of psychologist as internal/external facilitator in the organizational change process. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7280 Diversity and Cultural Issues in Clinical Psychology (5)

Analyzes theoretical and empirical literature in psychology examining variables such as gender, age, sexual orientation, ethnicity and religious preference. Issues of diversity will be examined from a biopsychosocial and ecological perspective. Emphasizes implications for clinical diagnosis, assessment, intervention and treatment in the clinical-scientist tradition. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7300 Methods of Psychological Assessment: Intelligence and Achievement (5)

Introduces students to the administration and interpretation of a variety of tests of cognitive functioning and academic achievement, including but not limited to the WAIS III, WASI, WRIT, WMS III, PPVT, RPM, WRAT 3, WIATT, WRAML, etc. Pays special attention to issues of ethnicity and culture in the interpretation of these instruments. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7310 Psychological Interventions I: Cognitive Behavioral Therapies (5)

Provides doctoral students with the essential theoretical and conceptual background of cognitive and behavioral approaches to psychotherapy along with practical exposure to specific application of cognitive behavioral therapies. Gives students the opportunity to critically examine the evidence for the effectiveness of cognitive behavioral approaches to psychopathology including cross cultural and integrated applications. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7315 Psychological Interventions II: Psychodynamic Therapies (5)

Explores the theoretical bases and treatment approaches falling under the broader category of psychodynamic and analytical interventions, including the perspectives of Freud, Jung, Adler and the Neo-analytical and object relations theories. Considers the empirical evidence for the efficacy of psychodynamic interventions for various forms of psychopathological disorders. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7316 Psychological Interventions III: Family and Child Therapies (5)

Examines the fundamentals of therapy with couples, families and children. Offers foundational teaching on a systems orientation, with a focus on outcome research. Differing theoretical orientations for effective intervention will be addressed, including play therapy for children, and a multicultural perspective on therapeutic modalities. The focus of the course will be on the practical application of research and theory in clinical work. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7319 Theory and Practice of Supervision (4)

Introduces students to the role of becoming clinical supervisors. Provides a technical and theoretical framework for understanding and deepening the supervisory process. Discusses the nature of the supervisory relationship, the goal of supervision and the nature and purpose of supervisory relations. Students will be required to provide weekly supervision and to evaluate their supervision experience as well as develop their own theoretical understanding of the supervisory relationship. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7320 Child Assessment (4) Examines the unique issues in clinical assessment, diagnosis and treatment as applied to the population of children, adolescents and their families. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7330 Methods of Psychological Assessment: Personality and Psychopathology (5)

Introduces student to the administration and interpretation of a variety of objective tests of personality and pathology, including but not limited to the MMPI, MCMI, PAI, MBTI, 16PF, CPI, BDI, GDS. Surveys the principles underlying projective tests of personality. Pays special attention to issues of ethnicity and culture in the interpretation of these instruments. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7400 Ethics and Laws in Clinical Psychology (5)

Introduces students to the APA's Ethical Principles of Psychologists and Code of Conduct, the laws of practice in the State of Washington and the licensing laws of most states, in the context of philosophical approaches to ethics and moral standards. Explores in depth a variety of ethical dilemmas confronted in clinical practice and research. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7411 Group Therapy (5)

Presents major theoretical approaches as well as practical training and techniques for conducting group psychotherapy. Includes empirical evidence for the efficacy of certain types of group treatment for specific problems in particular patient populations. Students may be required to participate in group experiences or role plays within class and/or for their homework assignments to facilitate a better understanding of group processes. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7500 Advanced Theory and Techniques of Family Psychology (4)

Integrates fully the biopsychosocial perspective from a systems epistemology. Explores contemporary research issues and clinical applications in the tradition of the clinical-scientist model. Examines family and conjoint theoretical models, assessment and evaluation, and treatment interventions unique to family psychology. Focuses on both the nuclear family and dyadic relationships within the family, including the integration of faith and practice from a systems perspective and multi-cultural issues related to family psychology. Incorporates experiential components, such as role-play and modeling into the learning experience. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7501 Research Methods in Child and Family Psychology (4)

Exposes students to basic and advanced research designs and methodology commonly used in children and family research. Provides opportunities to critique research and professional writing in an area of study. Prepares students to conduct their own independent research projects with children and families. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7502 Child Psychopathology and Interventions (4)

Exposes students to advanced research on child psychopathology and clinical interventions. Uses a developmental psychopathological perspective (i.e., bridging the gap between research with clinical and normative populations) to aid understanding normal development and child psychopathology. Presents information on interventions for a number of common child psychopathologies. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7510 Developmental Psychology II: Family Life Cycle (4)

Addresses the interlocking processes of development found within individual family members as well as in the family unit itself. Explores clinically relevant aspects of child, adolescent, adult and geriatric development, as well as unique issues confronting multicultural, blended and single-parent families. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7520 Marital and Conjoint Interventions: Theory and Technique (4)

Explores special areas and research of interest in family psychology such as pre-marital issues, infidelity, divorce, blended families, child custody issues, gender distinctives, multi-cultural issues, family violence and family systems consultation. Considers evaluation, assessment and relevant research as well as treatment protocol unique to particular issues. Blends the distinctives of a biopsychosocial perspective with a family systems model within the clinical-scientist tradition. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7540 Education, Prevention and the Family (4)

Focuses on wellness from a biopsychosocial perspective. Individual, family, community and cultural wellness will be examined as students consider basic prevention strategies to strengthen systems from within as well as institutionally. Covers methods of evaluating the effects of clinical intervention and psychoeducational programs on marital and familial well-being. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7550 Relationship Development and Intervention (4)

Addresses psychological theory and methods of assessment in pre-marital and neo-marital development and intervention. Evaluates the strengths of pre-marital vs. neo-marital training, and will evaluate

communication skills oriented programs vs. behavioral skills oriented programs. Assessment of outcome, and critique of outcome assessment itself will be a major component of the course. Students will have the opportunity to create a unique pre-marital or neo-marital program. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7901 Independent Study (1-6)

Provides opportunity for the student to study a topic of special interest under faculty supervision. May be repeated for credit up to 12 credits. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7912 Special Topics Seminar (2-4)

Provides a lecture-discussion format related to a biopsychosocial aspect of clinical psychology. Emphasis of discussion is upon a clinical-scientist model of case conceptualization and service delivery. May be repeated for credit up to 8 credits. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7927 Clinical Foundations I (2)

Provides an introduction to clinical psychology. Involves the development of interviewing skills and methods of counseling and psychotherapy using evidence-based approaches. Requires active student participation in psychotherapy role-plays along with class discussions of topical readings. This course begins the sequence of courses that are required for clinical students in preparation for their health-care placements in clinical practicum at medical and mental health centers. Course equivalent: CPY 6930. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7928 Clinical Foundations II (2)

Focuses on the development of the therapist within clinical-scientist and biopsychosocial models of training for clinical psychology. This second course in the sequence introduces a systemic model for treatment of individuals, couples and families. Course equivalent: CPY 6931. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7929 Pre-Practicum (2)

Prerequisite: CPY 7400.

Allows students to begin learning and broadening their clinical knowledge and skills in psychological assessment, neuropsychological assessment, and psychological intervention skills in preparation for their subsequent practicum placement experiences. Emphasizes the development of students toward becoming professional local clinical scientist practitioners. Explains standards and procedures for the completion of the pre-practicum in the Clinical Training Guidelines. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7930 Practicum (2)

Allows students to apply their clinical knowledge and skills in psychological and cognitive assessment, diagnosis, psychotherapy and psychological consultation, as supervised by licensed psychologists. Standards and procedures for the completion of practicum are explained in the Clinical Training Guidelines. May be repeated for credit up to 16 credits. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7931 Advanced Practicum (1-2)

Allows students to apply their clinical knowledge and skills in psychological and cognitive assessment, diagnosis, psychotherapy and psychological consultation, at a more advanced level of skills and responsibility, as supervised by licensed psychologists. Standards and procedures for the completion of advanced practicum are explained in the Clinical Training Guidelines. May be repeated for credit up to 8 credits. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7940 Internship (2,4)

Registration approval: Department Chair.

Allows students in clinical psychology to apply the clinical knowledge and skills they have obtained through their practicum experience and academic training in a formal, structured one year full-time placement (2000 hours) in a professional setting. Standards and procedures for the completion of the internship are explained in the Clinical Training Guidelines. Students' participation and completion of the pre-doctoral

internship experience prepares the student for eventual licensure and post-doctoral training experiences. May be repeated for credit up to 16 credits. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7944 Extended Clinical Internship (1)

Registration Approval: Program Chair.

Allows a student to continue internship after exhausting original sixteen quarter credits. Required to maintain active student status in the clinical psychology program. May be repeated up to 8 credits. May be repeated for credit up to 8 credits. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7950 Special Topics in Family Psychology (4)

Explores special areas of interest in child and family psychology such as advanced child assessment, pre-marital issues, infidelity, divorce, reconstituted families, child custody issues, gender distinctives, multi-cultural issues, family violence, family medical therapy and family systems consultation. Considers evaluation, assessment and relevant research as well as treatment protocol unique to particular issues. Blends the distinctives of a biopsychosocial perspective with a family systems model, within the clinical-scientist tradition. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7951 Special Topics in Clinical Psychology (4)

Explores special areas of interest in clinical psychology. Considers evaluation, assessment and relevant research as well as treatment protocol unique to particular issues. Blends the distinctives of a biopsychosocial perspective with model of clinical practice, within the clinical-scientist tradition. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7995 Research and Dissertation (2,4)

Registration approval: Department Chair. Involves conducting research related to graduate projects, including the development and completion of the doctoral dissertation. Standards and procedures for the completion of the dissertation are explained in the Dissertation and Research Guidelines. May be repeated for credit up to 32 credits. Class open to clinical psychology majors. Class open to doctoral students.

CPY 7999 Extended Dissertation (1)

Registration approval: Department Chair. Continues dissertation activities beyond required program credits. Standards and procedures for the completion of the dissertation are explained in the dissertation and research guidelines. May be repeated for credit up to 8 credits. Class open to clinical psychology majors. Class open to doctoral students.

Marriage and Family Therapy (M.S.)

MISSION STATEMENT

The mission of the Marriage and Family Therapy (MFT) program at Seattle Pacific University is to provide the highest quality education and training in marriage and family therapy in a distinctly Christian context. The program focuses on the development of the self of the therapist through the integration of theory, research, and practice — all within a social-ecology perspective and guided by foundational Christian principles. People are viewed holistically, and training is guided by the values of openness, respect, curiosity, and accountability.

PROGRAM DISTINCTIVES

Our training is offered through academic coursework and supervised clinical practice, leading to a master of science degree in marriage and family therapy. The program provides a seven-quarter practicum sequence that delivers fundamental and comprehensive clinical training. Graduates are equipped to provide professional services as marriage and family therapists and to be effective participants in the ever-changing health care environment.

This degree can be completed in either a two-year (full-time) or three-year (part-time) sequence. In exceptional circumstances students may also have up to four years to complete degree requirements. In order to maintain active status in the program, students are expected to complete 24 credit hours per year. Exceptions are to be approved by the chair of the marriage and family therapy program. Courses are generally held during mid-afternoon and evening hours, Monday through Thursday, for 10 weeks. A typical full-time schedule is as follows:

First year: Monday and Wednesday, 2–8:30 p.m. Second year: Tuesday and Thursday, 2–8:30 p.m. Full-time employment is discouraged for those who intend to pursue the two-year program. Full-time employment may be possible for those pursuing the three-year program. However, part-time employment is preferable.

PROGRAM CURRICULUM

The American Association for Marriage and Family Therapy (AAMFT) is the national professional organization dedicated to the practice of marriage and family therapy. The Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) is the national accrediting agency for MFT training programs. The COAMFTE has set educational requirements and graduates of these COAMFTE accredited programs are considered to have completed all educational requirements for AAMFT Clinical Membership. The MFT Program at Seattle Pacific University is regionally accredited by the Northwest Commission on Colleges and Universities and holds secondary accreditation through COAMFTE. Graduates with post-master's degree experience are eligible to apply for certification or licensure through Washington state's Department of Health. Five hundred (500) hours of clinical practice and 100 hours of supervision may be applied toward Washington state MFT licensure if an applicant graduates from a COAMFTE-accredited program.

The MFT degree prepares individuals for supervised service in clinical and agency mental health organizations, educational settings and private psychotherapy. Other professional opportunities include educator, consultant, mediator, administrator and medical family therapist. Marriage and Family Therapy program graduates work with individuals, couples, families and groups. Students will become skilled in providing professional therapeutic techniques in the treatment of family and individual issues based on a systems/relational understanding of people's lives.

The program provides a seven-quarter practicum sequence that focuses on the development of the self of the therapist and provides fundamental and comprehensive clinical training. This includes the following:

- Supervised internship at an approved site (500 hours of face-to-face client contact, of which at least 250 hours must be couples or family therapy).
- On-campus small-group supervision and individual/ group supervision at an internship placement

site. One hundred (100) total hours of supervision is required, which will include at least 50 hours of live, video, or audio supervision.

- A clinical portfolio, presented in the seventh quarter. This is an in-depth application of a theory to clinical practice and the integration of the self of the therapist with his or her clinical work. Supervisors and clinical practicum supervision group members attend the final presentation.

Seattle Pacific University also offers a certificate in medical family therapy that can be incorporated into the standard MFT curriculum. Post-master's students may also obtain a certificate in medical family therapy.

AAMFT/COAMFTE GUIDELINES

Area I: Theoretical Knowledge (11 credits)

6200, 6300, and 6303 required; 6310, 6340, 6350, 6360, and 6370 (choose at least one).

Area II: Clinical Knowledge (23 credits)

6110, 6210, 6220, 6410, 6600, 6610, 6620, and 6630 required.

Area III: Individual Development and Family Relations (6 credits)

6100, 6641, 6642, and 6643 required and life span prerequisite.

Area IV: Professional Identity and Ethics (8 credits)

6301, 6810, and 6811 required.

Area V: Research (4 credits)

6700 and 6710 required, and statistics prerequisite.

Area VI: Additional Learning (5–6 credits)

6400 required; 6201, 6351, 6411, 6640, 6670, 6820, and 6912 (choose at least one), or another approved elective.

The marriage and family therapy core curriculum and electives are based on the AAMFT/COAMFTE guidelines.

COURSE SEQUENCE FOR FULL-TIME PROGRAM

(70 credits)

A typical two-year course sequence is as follows:

Autumn One (12 credits)

MFT 6100 Social Ecology of Family (3)

MFT 6200 History, Systems, and Christian Perspectives (3)

MFT 6300 Theories of MFT I (3)

MFT 6631 Ethical Issues and Crisis Intervention (2)

MFT 6933 Clinical Practicum I (1)

Winter One (11 credits)

MFT 6600 Psychopathology and Family Therapy (3)

MFT 6301 Becoming a Systems Therapist (3)

MFT 6303 Theories of MFT II (3)

MFT 6934 Clinical Practicum II (2)

Spring One (11 credits)

MFT 6220 Gender Perspectives and Family Therapy (3)

MFT 6620 Measurement and Assessment (3)

MFT 6810 Issues, Ethics, and Law (3)

MFT 6935 Clinical Practicum III (2)

Summer One (7 credits)

MFT 6641 Treatment of Young Children and Families (1)

MFT 6642 Treatment of Adolescents and Families (1)

MFT 6643 Parenting and the Treatment of Families (1)

MFT 6936 Clinical Practicum IV (2)

Plus one of the following:

MFT 6310 Brief Therapy (2)
 MFT 6340 Experiential Therapy (2)
 MFT 6350 Narrative Family Therapy (2)
 MFT 6360 Bowen Therapy (2)
 MFT 6370 Internal Family Systems (2)

Autumn Two (10 credits)

MFT 6210 Multicultural Issues in Family Therapy (2)
 MFT 6610 Treatment of Abusive Systems (3)
 MFT 6630 Psychopharmacology, Physiology, and Medical Issues (3)
 MFT 6937 Clinical Practicum V (2)

Winter Two (11 credits)

MFT 6400 Group Therapy (3)
 MFT 6410 Treatment of Couples (3)
 MFT 6700 Graduate Research I (3)
 MFT 6938 Clinical Practicum VI (2)

Spring Two (8 credits)

MFT 6110 Human Sexuality (3)
 MFT 6939 Clinical Practicum VII (2)
 MFT 6710 Graduate Research II (1)

Plus one of the following:

MFT 6201 Christian Perspectives on Psychotherapy (2)
 MFT 6411 Premarital Education (2)
 MFT 6640 Medical Family Therapy (3) (offered Winter Quarter only)
 MFT 6670 Grief, Death, and Culture (2)
 MFT 6820 Current Trends in MFT (2)

Applicants may elect to take the psychology subject test of the GRE. Those who earn a score of 500 or higher may waive any unfinished prerequisite coursework, with the exception of the statistics course and the individual life-span development course.

GENERAL ADMISSIONS INFORMATION

The program begins in Autumn Quarter and admits students once a year. The application deadline is February 1. Listed below is a brief outline of University and program requirements for admission to MFT students. For detailed information on admission, please visit The Graduate Center Web site at www.spu.edu/graduate. You may also request an application packet by email at gradadmissions@spu.edu, or by phone at 206.281.2091 or 800.601.0603.

1. Applicants must have a bachelor's degree from a regionally accredited institution in any field. Candidates will have a minimum grade-point average of 3.0 in the last 45 quarter credits (30 semester credits) of coursework completed before applying for admission, or in all undergraduate work, whichever is higher.
2. A minimum of 18 semester credits or 24 quarter credits in the social and behavioral sciences, including a course in applied statistics and a course in individual life-span development, must be completed (at a regionally accredited institution) prior to full admission to the program. Students who have not already taken sufficient courses in this area are encouraged to take courses from the following areas: theories of personality, theories of counseling, abnormal psychology, and developmental psychology or family studies.

Applicants may elect to take the psychology subject test of the GRE. Those who earn a score of 500 or higher may waive any unfinished prerequisite coursework, with the exception of the statistics and individual life-span development courses.

3. A minimum score of 950 (only verbal and quantitative) for the Graduate Record Examination (GRE) or 430 scaled score (35 raw score) for the Miller Analogies Test (MAT) is required. The test must have been administered within five years of the deadline date for application to the program. Further information on these tests can be obtained by calling the numbers listed below:

Graduate Record Exam

800.GRE.CALL or 800.473.2255
www.gre.org

Miller Analogies Test
800.622.3231
www.milleranalogies.com

UW Testing Center for (local applicants)
206.543.1170

If the candidate has earned a master's degree from a regionally accredited institution, he or she can submit an official transcript on which the master's degree is posted and the GRE/MAT will be waived.

Note: Candidates with significant qualifications and exceptional recommendations who fail to meet the GPA or GRE/MAT minimum scores may still be considered for admission to the MFT program, because the program admits all students on a probationary status (see "Admission Procedures").

4. Applicants will submit three letters of recommendation, including (a) at least one from a person professionally qualified to recommend for a field of this nature (e.g., mental health counselor, marriage and family therapist, pastoral counselor, psychologist); and (b) at least one from a person qualified to evaluate academic ability (e.g., educator). A third personal recommendation may include a reference from an employer and/or supervisor from a volunteer experience. Recommendation forms are included in the application brochure. Recommendations must be submitted on the forms provided. Forms should be sent to the applicant in sealed and signed envelopes to be included with the application package.
5. Applicants will submit a typed personal statement. Please present a succinct statement that provides an accurate indication of writing and grammatical skills. Generally, statements should be three to four pages in length.
The personal statement should address (a) career objectives; (b) rationale for seeking the degree and choosing to attend Seattle Pacific University; (c) personal interest in marriage and family therapy; (d) professional and personal strengths as they apply to the mental health profession; (e) related volunteer or work experiences; (f) the way in which personal and professional life experiences have converged to motivate application to the MFT program; and (g) other insights as deemed appropriate by the applicant.
6. Those for whom English is not their first language must take the Test of English as a Foreign Language (TOEFL), and present a minimum score of 550 on the paper-based test or 213 on the computer-based test.
7. Those who are not citizens or permanent residents of the United States must provide an official confidential statement of financial support covering each year of intended enrollment.
8. Those interested in the Medical Family Therapy Certificate need to request application materials for this program also.

ADMISSION PROCEDURES

The Marriage and Family Therapy Graduate Admissions Committee will complete an initial applicant screening process based upon the application materials only. Finalists are invited to meet with members of the committee for an all-day group interview process in early April. It is highly recommended that applicants participate in the group interview process. Telephone interviews are also permissible, but only in exceptional circumstances.

Admission to the graduate program depends upon recommendation by the MFT faculty and approval from the chair of marriage and family therapy. The entire process is usually completed within 10 weeks after the final deadline date for applications.

All students are admitted on a probational status in order to allow faculty to be certain students are fully prepared for placement in an internship site. Full admission is required in order for placement in an internship site to occur. To be considered for full admission, students must complete a minimum of 11 units in the MFT program, with average GPA of 3.0 or better in all courses, and must be recommended for continuance by MFT faculty.

TRANSFER OF CREDIT

Students wishing to apply master's degree level coursework completed at a regionally accredited institution prior to application must provide applicable transcripts and/or syllabi. Each course must be at least three graduate quarter credits and be equivalent to courses taught in the MFT program at Seattle Pacific University. A minimum grade of B will be needed for transferred work, and a maximum of 9 quarter credits may be transferred.

COURSE DESCRIPTIONS**MDFT 6630 Psychopharmacology, Physiology, and Medical Issues (3)**

Examines the most common physical and medical issues that surface in the practice of marriage and family therapy. Special attention is given to psychopharmacology, neurophysiology, and general medical conditions that affect emotional and interpersonal health of clients/families. Introduces students to the field of collaborative medicine. Family therapy will be examined in relation to current trends in medical and mental health care. Gives special attention to the biopsychosocial and spiritual implications of physical, emotional and relational suffering. Class open to marriage and family therapy and medical family therapy majors.

MDFT 6640 Medical Family Therapy (3)

Examines the emerging field and practice of medical family therapy. Emphasizes a medical perspective using a biopsychosocial model of health and illness. Students will learn methods and techniques to assess and intervene with psychosocial problems experienced by patients and families around health issues. Students will also become familiar with the operating constructs of medical culture and how to develop an on-site, successful collaborative relationship with medical practitioners. Class open to marriage and family therapy and medical family therapy majors.

MDFT 6645 Beliefs, Spirituality, and Health (3)

Explores the impact of individual, family and cultural beliefs/meanings on the illness experience. Examines family concerns regarding treatment, suffering, healing and death. Gives particular focus to eliciting patient/family/cultural beliefs around internal resources and faith practices, as well as external resources such as family, church and community. Reviews how to work with family belief systems and construct healing beliefs and behaviors, how to negotiate with other treatment providers and/or family who have conflicting beliefs, and how to strengthen a culturally sensitive provider/patient/family relationship. Course equivalents: CEU 2011 and MFT 6645. Class open to marriage and family therapy and medical family therapy majors.

MDFT 6646 Applied Medical Family Therapy (3)

Prerequisites: MDFT/MFT 6630 and MDFT/MFT 6640.

Builds on the theoretical and clinical knowledge of MFT 6640, Medical Family Therapy. Focuses on developing a broad knowledge base of the biopsychosocial and spiritual implications of common chronic illnesses. Examines the biological (etiology, diagnosis and treatment), pharmacological, emotional, relational and spiritual effects of heart disease, cancer, diabetes, infertility, lung disease and chronic pain. Studies current treatment protocols including medication and complementary treatments. Students will become familiar with multidisciplinary treatment practices that have been successful in reducing suffering, improving quality of life, and reducing morbidity and mortality. Course equivalents: CEU 2012 and MFT 6646. Class open to marriage and family therapy and medical family therapy majors.

MDFT 6900 Independent Study (1-5)

Registration approval: Independent Study Agreement.

May be repeated for credit up to 5 credits.

MDFT 6933 Clinical Practicum I (2)

Recommended prerequisites: MDFT 6630, 6640, 6645, 6646.

Places students in a bio-medical outpatient setting (such as Medical Oncology or Family Practice) where they will provide, in collaboration with an attending health care provider, medical family therapy (i.e., individual, couple, family and group medical therapy) to patients and their families. These services will be provided under the supervision of a program faculty member. Training will take place in supervision groups as supervisors provide feedback on live and videotaped sessions. Medical clinics associated with the Department of Marriage and Family Therapy will be used as practicum sites for our students. Class open to marriage and family therapy and medical family therapy majors.

MDFT 6934 Clinical Practicum II (2)

Recommended Prerequisites: MDFT 6630, 6640, 6645, 6646.

Places students in a bio-medical outpatient setting (such as a Medical Oncology or Family Practice) where they will provide, in collaboration with an attending health care provider, medical family therapy (i.e., individual, couple, family and group medical therapy) to patients and their families. These services will be provided under the supervision of a program faculty and attending physician. Training will take place in supervision groups as supervisors provide feedback on live and videotaped sessions. Medical clinics associated with the Department of Marriage and Family Therapy will be used as practicum sites for our students. Class open to marriage and family therapy and medical family therapy majors.

MDFT 6935 Clinical Practicum III (2)

Recommended Prerequisites: MDFT 6630, 6640, 6645, 6646.

Places students in a bio-medical outpatient setting (such as Medical Oncology or Family Practice) where they will provide, in collaboration with an attending health care provider, medical family therapy (i.e., individual, couple, family and group medical therapy) to patients and their families. These services will be provided under the supervision of a program faculty member. Training will take place in supervision groups as supervisors provide feedback on live and videotaped sessions. Medical clinics associated with the Department of Marriage and Family Therapy will be used as practicum sites for our students. Class open to marriage and family therapy and medical family therapy majors.

MDFT 6936 Clinical Practicum IV (2)

Recommended Prerequisites: MDFT 6630, 6640, 6645, 6646.

Places students in a bio-medical outpatient setting (such as Medical Oncology or Family Practice) where they will provide, in collaboration with an attending health care provider, medical family therapy (i.e., individual, couple, family and group medical therapy) to patients and their families. These services will be provided under the supervision of a program faculty member. Training will take place in supervision groups as supervisors provide feedback on live and videotaped sessions. Medical clinics associated with the Department of Marriage and Family Therapy will be used as practicum sites for our students. Class open to marriage and family therapy and medical family therapy majors.

MFT 6100 Social Ecology of Family (3)

Develops a broad knowledge base of the dynamics and functioning of different family forms: single parent, nuclear, post-divorce, remarriage, and intergenerational families and alternative family groups. Covers the life cycle of the family and the process and modification of family structures over time (e.g., birth of the first child, adolescent development, leaving home). Integrates findings regarding individual development from birth to death. Contextual issues (e.g., culture, gender, socioeconomics) will inform discussions of the family as well. Class open to marriage and family therapy, nursing and school counseling majors. Class open to graduate students.

MFT 6110 Human Sexuality (3)

Examines the place of sexuality in human life including developmental, cultural, psychological, biological, relational, and spiritual factors. Pays special attention to the issues of gender, intimacy, sexual functioning and sexual dysfunction from a psychotherapeutic perspective. Class open to marriage and family therapy majors. Class open to graduate students.

MFT 6200 History, Systems, and Christian Perspectives (3)

Traces historical developments in formal and informal human services, historical developments in Christian thought, and how the two interrelate. Particularly important are theological and epistemological bases for human services vis-a-vis social ecology and systems thinking. Class open to marriage and family therapy, nursing and school counseling majors. Class open to graduate students.

MFT 6201 Christian Perspectives of Psychotherapy (2)

Recommended Prerequisite: MFT 6200.

Focuses on the dynamic relationship between Christianity and the art and science of psychotherapy. Consider how various Christian perspectives relate to clinical practices, ethics, treatment models, and social issues which particularly influence psychotherapy. Class open to marriage and family therapy majors. Class open to graduate students.

MFT 6210 Multicultural Issues in Family Therapy (2)

Focuses on how ethnic, cross-cultural, multiracial and socioeconomic issues influence theories and practices of marriage and family therapy. Analyzes strengths and limitations of major modalities. Students will consider influences of their own cultural backgrounds upon their practice of marriage and family therapy. Class open to marriage and family therapy, nursing and school counseling majors. Class open to graduate students.

MFT 6220 Gender Perspectives and Family Therapy (3)

Acquaints family therapy students with the MFT literature pertaining to gender. Through readings, videos, and class discussions, students will learn the many ways that gender impacts self and relationships on the personal as well as socio-cultural levels. Implications for therapeutic practice will be a major focus. Class open to marriage and family therapy majors. Class open to graduate students.

MFT 6300 Theories of Marriage and Family Therapy I (3)

Acquaints students with the basic theories and methods guiding the practice of family therapy, and the research basis for their use. Students will be encouraged to begin to develop their own personal style of therapy in light of those theories studied. Examines theoretical limitations and strengths in relationship to gender and to culturally diverse case studies. Students will be asked to critique and explore the limitations of each model presented. Class sessions will be divided between lectures and a practical application of theories. With MFT 6303, this course is intended to be the foundational theory course of the program and is taken in the first quarter of enrollment. Class open to marriage and family therapy majors. Class open to graduate students.

MFT 6301 Becoming a systems Therapist (3)

Recommended Prerequisite: MFT 6300.

Builds upon MFT 6300 in the basics of learning to think and work systematically with individuals, couples and families. Bowen theory is the central organizing framework for the course and students will apply these theoretical constructs to their own family systems. Emphasizes defining the self of the therapist-in-training. Class open to marriage and family therapy majors. Class open to graduate students.

MFT 6303 Theories of Marriage and Family Therapy II (3)

Recommended Prerequisite: MFT 6300. Continues to provide students with a comprehensive survey and substantive understanding of basic theories and methods guiding the practice of family therapy, and the research basis for their use. Encourages students to begin to develop their own personal style of therapy in light of those theories studied. Examines theoretical limitations and strengths in relationship to gender and to culturally diverse case studies. Students will be asked to critique and explore the limitations of each model presented. With MFT 6300, this course is intended to be the foundational theory course of the program and is taken in the second quarter of enrollment. Class sessions will be divided between lectures and a practical application of theories. Class open to marriage and family therapy majors. Class open to graduate students.

MFT 6310 Brief Family Therapy (2)

Examines primary models of brief therapy. Includes relevant research and clinical data. By working through actual cases and other clinical examples, students acquire the conceptual bases and primary methods of these models. Helps students assess how clients' attempted solutions of problems have been effective and ineffective, and how to plan interventions to enhance effectiveness. Class open to marriage and family therapy majors. Class open to graduate students.

MFT 6320 Structural Family Therapy (2)

Examines a pillar of the systemic therapies. Following the tenets of the model, this is a course on family spatial and organizational metaphors. Students will learn the conceptual bases, primary methods and research regarding structural therapy. Class interaction includes working through actual cases and other clinical examples. Class open to marriage and family therapy majors. Class open to graduate students.

MFT 6340 Experiential Theory and Family Therapy (2)

Provides an in-depth study and exploration of experiential family therapy. Examines the works of Whitaker and Satir in the light of their similarities and differences in the treatment of families. Presents research pertinent to experiential therapy. Emphasizes the development of the student's own self and style as a therapist. Class open to marriage and family therapy majors. Class open to graduate students.

MFT 6350 Narrative Family Therapy (2)

Examines developments in narrative therapy and the implications for clinical practice. Focuses primarily on the works of Michael White and David Epston with an emphasis on developing consciousness of issues of power, forming collaborative relationships with people, and re-storying the lives of people who have problems. Class open to marriage and family therapy majors. Class open to graduate students.

MFT 6360 Advanced Bowen Theory and Therapy (2)

Provides advanced knowledge, training, experience, and research in Bowen Theory and its applications. Gives students opportunities to explore clinical applications of the theory for their own work. Class open to marriage and family therapy majors. Class open to graduate students.

MFT 6370 Internal Family System Therapy (1)

Provides an in depth study and exploration of Internal Family Systems Therapy. Develops clinical skills particularly relevant to working with trauma survivors and their families, as well as the development of self leadership within the clinician. Class open to marriage and family therapy majors. Class open to graduate students.

MFT 6400 Group Therapy (3)

Examines the theoretical and practical applications of process-oriented groups. Pays particular attention to the development and implementation of family and couple groups. Additionally, participation in a group experience will enable students to increase knowledge and skill in the areas of group membership and group leadership. Research regarding participation in group processes will be reviewed. Class open to marriage and family therapy majors. Class open to graduate students.

MFT 6410 Treatment of Couples (3)

Recommended Prerequisite: MFT 6300.

Reviews various models of couple interaction, couple evaluation and couple therapy. Provides students with the skills to help couples change and the ability to conceptualize and carry out interventions in complex marital, family, sexual dysfunction, divorce and remarriage situations consistent with major models of family and marital therapy. Examines ethnicity and cultural implications. Class open to marriage and family therapy majors. Class open to graduate students.

MFT 6411 Premarital Education (2)

Provides a practical overview of the theory, research, and practice of premarital and remarital therapy. Reviews goals, topics, and formats of premarital therapy within various contexts and settings. Examines issues related to culture, gender, diversity and special populations. Class sessions will be divided between lectures, discussions and practical applications. Students will be able to design a premarital program in a setting of interest to them. Course equivalent: CEU 1801. Class open to marriage and family therapy majors. Class open to graduate students.

MFT 6600 Psychopathology and Family Systems (3)

Introduces the concepts of psychopathology from a systems perspective with special attention paid to the role families play in the development and treatment of pathology. Uses the DSM-IV-TR as the organizing format for the class with special attention paid to the understanding of etiology, diagnosis and treatment using the DSM nosology in a family systems context. Class open to marriage and family therapy majors. Class open to graduate students.

MFT 6610 Treatment of Abusive Systems (3)

Examines the dynamics and treatment of abusive cycles and systems, with particular focus on substance abuse, sexual abuse, child abuse, domestic violence, and eating disorders. This didactic and experiential course highlights the effects of abuse on recipients, abusers and others within the contexts of culture, gender and spirituality. Class open to marriage and family therapy, nursing and school counseling majors. Class open to graduate students.

MFT 6620 Measurement and Assessment (3)

Surveys models and instruments of family, couple, and individual assessment employed in marriage and family therapy, including the statistical underpinnings of validity and reliability. Students will learn to diagnose both dysfunctional relationship patterns and common mental health disorders within the context

of marital and family systems. Class open to marriage and family therapy majors. Class open to graduate students.

MFT 6630 Psychopharmacology, Physiology, and Medical Issues (3)

Examines the most common physical and medical issues that surface in the practice of marriage and family therapy. Special attention is given to psychopharmacology, neurophysiology, and general medical conditions that affect emotional and interpersonal health of clients/families. Introduces students to the field of medical family therapy and collaborative medicine. Family therapy will be examined in relation to current trends in medical and mental health care. Gives special attention to the biopsychosocial and spiritual implications of physical, emotional and relational suffering. Class open to marriage and family therapy, nursing and school counseling majors. Class open to graduate students.

MFT 6640 Medical Family Therapy (3)

Examines the emerging field and practice of medical family therapy. Emphasizes the medical perspective using a biopsychosocial model of health and illness. Students will learn methods and techniques to assess and intervene with psychosocial problems experienced by patients and families around health issues, and become familiar with the operating constructs of medical culture and how to develop an on-site, successful relationship with medical practitioners. Class open to marriage and family therapy, nursing and school counseling majors. Class open to graduate students.

MFT 6641 Treatment of Young Children and their Families (1)

Provides a didactic and experiential format in which to explore issues around therapeutic work with young children and their families. Explores developmental and family systems issues in the light of working with young children and their families. Class open to marriage and family therapy majors. Class open to graduate students.

MFT 6642 Treatment of Adolescents and Families (1)

Provides a didactic and experiential format in which to explore issues around therapeutic work with adolescents and their families. Explores developmental and family systems issues in the light of working with adolescents and their families. Class open to community counseling, counseling and family therapy and marriage and family therapy majors.

MFT 6643 Parenting and the Treatment of Families (1)

Provides a didactic and experiential format in which to explore issues around therapeutic work with children, adolescents and their families. Explores parenting, developmental and family systems issues in the light of working with children, adolescents and their families in various therapeutic contexts. Class open to marriage and family therapy majors.

MFT 6645 Beliefs, Spirituality, and Health (3)

Explores the impact of individual, family and cultural beliefs/meanings on the illness experience. Examines family concerns regarding treatment, suffering, healing, and death. Gives particular focus to eliciting patient/family/cultural beliefs around internal resources and faith practices, as well as external resources such as family, church and community. Reviews how to work with family belief systems and construct healing beliefs and behaviors, how to negotiate with other treatment providers and/or family who have conflicting beliefs, and how to strengthen a culturally sensitive provider/patient/family relationship. Course equivalents: CEU 2011 and MDFT 6645. Class open to marriage and family therapy majors.

MFT 6646 Applied Medical Family Therapy (3)

Builds on the theoretical and clinical knowledge of MFT 6640, Medical Family Therapy. Focuses on developing a broad knowledge base of the biopsychosocial and spiritual implications of common chronic illnesses. Examines the biological (etiology, diagnosis and treatment), pharmacological, emotional, relational and spiritual effects of heart disease, cancer, diabetes, neurological disorders, infertility and chronic pain. Studies current treatment protocols including medication and complementary treatments. Students will become familiar with multidisciplinary treatment practices that have been successful in reducing suffering, improving quality of life, and reducing morbidity and mortality. Course equivalents: CEU 2012 and MDFT 6646. Class open to marriage and family therapy majors.

MFT 6670 Grief, Death, and Culture (2)

Allows students to examine their own beliefs and philosophies about loss and death through exploring the

cultural narratives of grief and death that students bring to their clinical work. Discusses developmental issues relating to children's understanding of loss, as well as death and bereavement across the life cycle. Addresses traumatic and stigmatized loss. Knowledge will be enhanced through examining the manner in which other cultures create meaningful rituals for life and death. Class open to marriage and family therapy majors. Class open to graduate students.

MFT 6700 Graduate Research (3)

Introduces graduate level statistics and research methods. Includes methods such as quantitative and qualitative designs in researching marriage and family therapy processes and outcomes. Develops skills in reviewing current research articles. Class open to marriage and family therapy majors. Class open to graduate students.

MFT 6710 Graduate Research II (1)

Assists the student in the integration of clinical work and research practice, bridging the gap between researcher and clinician. Students will be expected to examine their practicum case studies and/or clinical theory from a qualitative research perspective. Class open to marriage and family therapy, nursing and school counseling majors. Class open to graduate students.

MFT 6810 Issues, Ethics, and Law (3)

Considers major professional issues and practices in marriage and family therapy in the contexts of Christian perspectives, the ethical guidelines of the American Association for Marriage and Family Therapy, and other professional organizations. Examines the role of national and local laws, research findings and cultural/personal values. Class open to marriage and family therapy, nursing and school counseling majors.

MFT 6811 Ethical Issues and Crisis Intervention (2)

Focuses mainly on ethical issues and crisis interventions relevant to MFT clinicians and interns (e.g., harm to self and others). Provides initial preparation for student's placement in an internship site. Course is taken in conjunction with Clinical Practicum I (MFT 6933) Corequisite: MFT 6933. Class open to marriage and family therapy majors. Class open to graduate students.

MFT 6820 Current Trends in MFT (2)

Focuses on the entry into the "real world" of therapeutic practice and setting up the "business" of therapy. Addresses current changes in the practice of couple and family therapy, and broadens career alternatives beyond the scope of private practice to include consultant, researcher, educator, trainer, and mediator. Class open to marriage and family therapy, nursing and school counseling majors. Class open to graduate students.

MFT 6900 Independent Study (1-6)

Registration approval: Independent Study Agreement.

Provides opportunity for the student to study a topic of special interest under faculty supervision. May be repeated for credit up to 12 credits. Class open to marriage and family therapy majors. Class open to graduate students. Class open to graduate.

MFT 6912 Seminar in Special Topics (1-4)

Registration approval: Instructor.

Provides a lecture-discussion format for deliberation of significant matters in marriage and family therapy, mental health delivery or mental health topic. Credits vary according to complexity and depth of study for each topic. May be repeated for credit up to 12 credits. Class open to marriage and family therapy majors. Class open to graduate students.

MFT 6933-6937 Clinical Practicum I-VII (1-2)

Assists students in the integration of self, theory and the practice of family therapy. This seven-quarter sequence is designed to build step-wise toward each student's development of a personal theoretical orientation of treatment and a clinical demonstration of mastery of his/her stated orientation in the final quarter (VII). Students will present individual and family cases which they are currently working with in their clinical placement settings. Groups will not exceed six persons. This is the required on-campus component of the off-campus practicum experience. Students are required to stay in sequence once they have committed to their practicum (a seven-quarter commitment). Class open to marriage and family therapy majors. Class open to graduate students.

MFT 6941 Advanced Clinical Practicum (1-4)

Provides continued supervision for students who have completed the clinical practicum sequence, but have not fulfilled the 500 client contact hour requirement. May be repeated for credit up to 8 credits. Class open to marriage and family therapy majors. Class open to graduate students.

Organizational Psychology (M.A., Ph.D.)

MISSION STATEMENT

The Master of Arts (M.A.) and Doctor of Philosophy (Ph.D.) in Organizational Psychology (OP) programs seek to develop scholars, professional practitioners and leaders who will actively engage the community and businesses around them, improving organizations and developing people as part of their jobs. Graduates of the Organizational Psychology programs become scholars who possess the necessary tools, theoretical knowledge, and analytical skills to launch their academic or consulting careers; practitioners who apply their knowledge and skills, managing change, applying scientific methodologies, and improving the organizations around them; and leaders who guide organizations, motivate and build teams, and develop future leaders.

PROGRAM DISTINCTIVES

Both programs are designed with a focus on the science and rigor associated with quality degrees in this field along with an equal emphasis on the practice of organizational psychology. The program curriculum provides students with a strong theoretical foundation for meeting real-world challenges. Field practicum experiences allow them to design and deliver interventions, conduct research and develop leaders. A wide variety of electives encourages students to tailor their coursework to meet their individual vocational and professional goals.

The curricula for the master's and doctoral programs have been structured according to the guidelines for graduate training in industrial/organizational psychology published by the Society for Industrial and Organizational Psychology (SIOP), a division of the American Psychological Association. The curriculum in each of SPU's Organizational Psychology programs satisfies the suggested areas of competence for graduates in organizational psychology, ensuring that our graduates are fulfilling not only the expectations for master's- and doctoral-level education, but also the expectations of experts working in the field.

THE MASTER OF ARTS (M.A.) IN ORGANIZATIONAL PSYCHOLOGY

The master of arts degree in organizational psychology provides a theoretical foundation for addressing a broad range of behavioral issues in the workplace. It develops professionals within human resources, organizational development, and training fields, and provides organizational leaders with a graduate education that relates directly to their practice as leaders.

M.A. PROGRAM CURRICULUM

The M.A. is a 65-credit program (56 credits required plus 9 elective credits) and is designed to be taken over a two-year/seven-quarter or three-year/eleven-quarter sequence. The program is designed for the working professional who can devote late afternoons/evenings to taking program coursework. Master's students may take any of the approved graduate courses to fulfill their elective requirements. A full-time student will typically take 8 credits a quarter (two classes) in his or her first year and 8–11 credits in the second year. Students will complete the equivalent of a master's level thesis in the two-course research sequence of the program. Outside of the required coursework, students may complete electives from a variety of disciplines (marriage and family therapy, clinical psychology, business administration, and education). Below is a sample two-year course sequence for the program.

COURSE SEQUENCE

FIRST YEAR

AUTUMN (8)

ORG 6100 Community and Organizational Systems (4)

ORG 6600 Research Methods and Statistics I (4)
 ORG**** Elective (3-5)

WINTER (8)

ORG 6610 Research Methods and Statistics II (4)
 ORG 6300 Leadership and Team Development (4)
 ORG**** Elective (3-5)

SPRING (8)

ORG 6101 Organizational Development and Consultation (4)
 ORG 6201 Organizational Diversity and Globalization (4)
 ORG**** Elective (3-5)

SUMMER (8)

ORG 6240 Social Psychology (4)
 ORG 6000 History and Systems of Psychology (4)
 ORG**** Elective (3-5)

SECOND YEAR

AUTUMN (11)

ORG 6110 Organizational Development and Consultation II (4)
 ORG 6910 Topical Seminar in Organizational Psychology (4) or ORG 6912 Topical Seminar in
 Organizational Development (4)
 ORG**** Elective (3-5)

WINTER (11)

ORG 6010 Selection and Performance Management (4)
 ORG 6210 Program and Organizational Evaluation (4)
 ORG**** Elective (3-5)

SPRING (11)

ORG 6001 Master's Seminar: Leadership, Vocation, and Faith Integration (4)
 ORG 6230 Learning Systems and on the Job Development (4)
 ORG**** Elective (3-5)

Total Units (65)

GENERAL ADMISSIONS INFORMATION

The program begins in Autumn Quarter and admits students once a year. The application deadline is February 15. Listed below is a brief outline of University and program requirements for admission to the Master of Arts in Organizational Psychology program. For detailed information on admission, please visit The Graduate Center Web site at www.spu.edu/graduate. You may also request an application packet from them by email at gradadmissions@spu.edu, or by phone at 206.281.2091 or 800.601.0603.

1. Applicants must have a minimum of a bachelor's degree from a regionally accredited institution. Candidates must have a minimum grade-point average of 3.0 in all undergraduate work. Preference is for applicants to have completed a major or minor in psychology, and possibly a major or minor in business administration. A minimum of one business or social science statistics course and two courses in psychology must be completed (at a regionally accredited institution) prior to admission to the program.
2. The GRE must be taken, and the test must have been administered within five years of the deadline date for application to the program. A combined score of 950 on the verbal and quantitative sections of the GRE is preferred.
3. Applicants must submit a typed personal statement, presenting who they are as a person as well as an accurate indication of writing and grammatical skills. Generally, statements should be three to four pages in length. The personal statement should address (a) career objectives, (b) rationale for seeking the degree and choosing to attend SPU, (c) personal interest in organizational psychology, (d) professional and personal strengths as they apply to the organizational psychology profession, (e) related volunteer or work experiences, (f) the way in which personal and

professional life experiences have converged to motivate application to the OP program, (g) and other insights as deemed appropriate by the applicant.

4. Applicants must submit three letters of recommendation: (a) one from a person who has experienced the applicant in a professional setting (i.e., a current or former employer); (b) one academic reference from a former professor or instructor, and (c) one personal recommendation (not a member of the applicant's family).
NOTE: *Recommendations must be submitted on the forms provided in the application brochure. Recommendation forms should be sent to the applicant in a sealed envelope, signed across the flap, and included with the application package.*
5. Those for whom English is not their first language must take the Test of English as a Foreign Language (TOEFL) and present a minimum score of 550 on the paper-based test or 213 on the computer-based test.
6. Applicants who are not citizens or permanent residents of the United States must provide an official confidential statement of financial support covering each year of intended enrollment. This is necessary in order to issue the paperwork for an I-20 immigration form.

ADMISSIONS PROCESS

The Admissions Committee of the Organizational Psychology program will conduct a preliminary screening process. Finalists will be invited to come to campus for personal interviews in late March or early April. Admission to the master's program depends upon recommendation by the OP faculty and approval from the OP chair. The entire process is usually completed within eight weeks after the final deadline date for applications.

TRANSFER OF CREDIT

Students who wish to apply graduate level coursework completed at a regionally accredited university must provide applicable transcripts and/or syllabi. In order to receive transfer credit, each course must be at least 3 graduate quarter credits and be equivalent to core courses or approved electives in the OP programs at Seattle Pacific University. A minimum grade of B will be needed for transferred work. All courses applied toward the graduate degree must be taken within seven (7) years of admission. A maximum of 12 credits may be transferred toward a master's degree.

DOCTOR OF PHILOSOPHY (PH.D.) IN ORGANIZATIONAL PSYCHOLOGY

The doctor of philosophy degree in organizational psychology provides graduates with the training to occupy the same positions as master's graduates. The distinctiveness of the doctoral program is in its additional emphasis on theory, methodology, and research. The Ph.D. in organizational psychology prepares graduates to take on higher level academic, consulting, and leadership positions.

PH.D. PROGRAM CURRICULUM

The doctoral program is a 168-unit program (138 credits of required coursework and 30 credits of electives) and is designed to be taken over four years/16 quarters, with an integrated research and dissertation sequence. A full-time doctoral student will take 8–14 credits each quarter. Outside of the required coursework, students may complete electives from a variety of disciplines (marriage and family therapy, clinical psychology, business administration, and education).

The doctoral program begins in summer with an introductory course in statistics. By the summer of year three, doctoral students are working full time on their dissertation. The fourth year in the program includes full-time dissertation work and professional placement credits. Doctoral students will also complete a master's level project and be awarded a master's degree upon completion of the M.A. requirements. Below is a sample four-year course sequence for the program.

COURSE SEQUENCE

FIRST YEAR

SUMMER (5)

CPY 7020 Introduction to Statistics (5)

AUTUMN (12)

ORG 7100 Community and Organizational Systems (DGP Cognate) (4)
CPY 7031 Statistics and Research Methods I (5)
ORG**** Elective (3-5)

WINTER (12)
CPY 7032 Statistics and Research Methods II (5)
ORG 7300 Leadership and Team Development (DGP Cognate) (4)
ORG**** Elective (3-5)

SPRING (13)
CPY 7033 Statistics and Research Methods III (5)
ORG 7101 Organizational Development and Consultation (DGP Cognate) (4)
ORG 7201 Organizational Diversity and Globalization (4)

SUMMER (11)
ORG 7000 History and Systems of Psychology (4)
ORG 7240 Social Psychology (4)
ORG**** Elective (3–5)

SECOND YEAR

AUTUMN (11)
CPY 7200 Personality Theory and Research (5)
ORG 7110 Organizational Development and Consultation II (4)
ORG 7995 Research and Dissertation (RVT) (2)

WINTER (12)
ORG 7210 Program and Organizational Evaluation (4)
ORG 7001 Faith, Meaning, and Professional Foundations: Ethics and Integrity (2)
ORG 6010 Selection and Performance Management (4)
ORG 7995 Research and Dissertation (RVT) (2)

SPRING (13)
CPY 7010 Psychometrics (5)
ORG 7230 Learning Systems and on the Job Development (4)
ORG 7002 Faith, Meaning, and Professional Foundations: Authenticity and Vocation (2)
ORG 7995 Research and Dissertation (RVT) (2)

SUMMER (11)
ORG 7034 Qualitative Research Methods (4)
ORG 7003 Faith, Meaning, and Professional Foundations: Work and Meaning (2)
ORG 7995 Research and Dissertation (RVT) 2
ORG**** Elective (3-5)

THIRD YEAR

AUTUMN (11)
ORG 7004 Faith, Meaning, and Professional Foundations: Sabbath Culture (2)
ORG 7200 Theoretical Perspectives on Organizations (4)
ORG 7995 Research and Dissertation (RVT) (2)
ORG**** Elective (3-5)

WINTER (11)
ORG 7995 Research and Dissertation (RVT) (2)
ORG**** Elective (9)

SPRING (11)
ORG 7120 Practice of Organizational Psychology (4)
ORG 7995 Research and Dissertation (4)
ORG**** Elective (3-5)

SUMMER (11)
 ORG 7995 Research and Dissertation (4)
 ORG 7940 Placement (4)
 ORG**** Elective (3-5)

FOURTH YEAR
 AUTUMN, WINTER, SPRING (8 each quarter)
 ORG 7940 Placement (12 units total)
 ORG 7995 Research and Dissertation (12 units total)

Total Units (168)

GENERAL ADMISSIONS INFORMATION

The program begins in Summer Quarter and admits students once a year. The application deadline is January 15. Listed below is a brief outline of University and program requirements for admission to the Doctor of Philosophy in Organizational Psychology program. For detailed information on admission, please visit The Graduate Center Web site at www.spu.edu/graduate. You may also request an application packet from them by email at gradadmissions@spu.edu, or by phone at 206.281.2091 or 800.601.0603.

1. Applicants must have a minimum of a bachelor's degree from a regionally accredited institution. Candidates must have a minimum grade-point average of 3.0 in all undergraduate work. Preference is for applicants to have completed a major or minor in psychology, and possibly a major or minor in business administration. A minimum of one business or social science statistics course and three courses in psychology must be completed (at a regionally accredited institution) prior to admission to the program.

Those who have already been granted the M.A. in organizational psychology at Seattle Pacific University and wish to pursue their Ph.D. must apply to the organizational psychology doctoral program.

2. The GRE must be taken, and the test must have been administered within five years of the deadline date for application to the program. A combined score of 1100 on the verbal and quantitative sections of the GRE is preferred.
 NOTE: *Candidates with significant qualifications and exceptional recommendations who fail to meet the GPA or GRE minimum scores may still be considered for admission to the doctoral program.*
3. Applicants must submit a typed personal statement, presenting who they are as a person as well as an accurate indication of writing and grammatical skills. Generally, statements should be three to four pages in length. The personal statement should address (a) career objectives, (b) rationale for seeking the degree and choosing to attend SPU, (c) personal interest in organizational psychology, (d) professional and personal strengths as they apply to the organizational psychology profession, (e) related volunteer or work experiences, (f) the way in which personal and professional life experiences have converged to motivate application to the OP program, (g) and other insights as deemed appropriate by the applicant.
4. Applicants must submit three letters of recommendation: (a) one from a person who has experienced the applicant in a professional setting, i.e., a current or former employer; (b) one academic reference from a former professor or instructor, and (c) one personal recommendation (not a member of the applicant's family).
 NOTE: *Recommendations must be submitted on the forms provided in the application brochure. Recommendation forms should be sent to the applicant in a sealed envelope, signed across the flap, and included with the application package.*
5. Those for whom English is not their first language must take the Test of English as a Foreign Language (TOEFL) and present a minimum score of 600 on the paper-based test or 250 on the computer-based test.
6. Applicants who are not citizens or permanent residents of the United States must provide an official confidential statement of financial support covering each year of intended enrollment. This is necessary in order to issue the paperwork for an I-20 immigration form.

ADMISSIONS PROCESS

The Admissions Committee of the Organizational Psychology program will conduct a preliminary screening process. Finalists will be invited to come to campus for personal interviews in March. Admission to the doctoral program depends upon recommendation by the OP faculty and approval from the OP program director. The entire process is usually completed within eight weeks after the final deadline date for applications.

TRANSFER OF CREDIT

Students who have not completed a master's degree but wish to apply graduate level coursework completed at a regionally accredited university must provide applicable transcripts and/or syllabi. In order to receive transfer credit, each course must be at least 3 graduate quarter credits and be equivalent to core courses or approved electives in the OP programs at Seattle Pacific University. A minimum grade of B will be needed for transferred work. All courses applied toward the graduate degree must be taken within seven (7) years of admission. A maximum of 12 credits may be transferred towards a doctoral degree.

Those who have been granted a master's degree from another regionally accredited university in psychology, organizational psychology, business administration, or a related field will have their transcripts evaluated at the time of admission. Students who wish to apply such coursework must provide applicable transcripts and/or syllabi. Each course must be at least 3 graduate quarter credits and be equivalent to core courses or approved electives in the OP programs at Seattle Pacific University. A minimum grade of B will be needed for transferred work, and a maximum of 30 credits may be transferred (with a maximum of 20 credits being applied toward elective requirements).

COURSE DESCRIPTIONS

NOTE: Following are course descriptions for the Organizational Psychology (ORG) program courses required to complete the either the M.A. or Ph.D. degrees. Please see the Clinical Psychology (CPY) program course listings for the CPY courses also required to complete the Ph.D. degree. In addition, electives may be taken in the following graduate programs: Business Administration, Marriage and Family Therapy, and Clinical Psychology. A list of approved elective courses is printed in the Organizational Psychology Graduate Student Handbook. This list will be updated as other courses are approved as elective options.

ORG 6000 History and Systems of Psychology (4)

Focuses on an understanding of the historical and philosophical roots, cultural influences and basic scientific assumptions which underlie contemporary psychology in general, and organizational psychology in particular. The development of basic paradigms in psychology are considered as they have been informed by individually-oriented theories, systems-oriented theories, and field theory or transactional perspectives. Course equivalents: CPY 7000 and ORG 7000. Class open to doctoral and graduate students.

ORG 6001 Faith, Meaning and Professional Foundations: Leadership, Vocation and Faith Integration (4)

Examines the concepts of leadership, work, vocation and faith from a biblical perspective. Also addresses issues that arise out of the content of other courses being taken concurrently by the student. Class open to doctoral and graduate students.

ORG 6010 Selection and Performance Management (4)

Introduces students to job evaluation, selection systems, and their accompanying mathematical models to test for validity, fairness, and utility. Introduces performance management, including the measurement of performance, methods of feedback, and compensation systems that reflect an integrated performance management system. Also includes topics such as legal considerations, 360 feedback, benefits, and cutting-edge incentive systems. Course equivalent: ORG 7010. Class open to doctoral and graduate students.

ORG 6020 Survey Research (4)

Prepares students to conduct survey research in applied settings. Explores challenges and opportunities for survey research methodologies. Includes topics such as questionnaire generation, sampling, data interpretation and analysis, and the communication of results. Course equivalent: ORG 7020. Class open to doctoral and graduate students.

ORG 6034 Qualitative Research Methods (4)

Examines the strengths and implications of using qualitative methods in the study of organizations, and strategies for enhancing the quality and credibility of qualitative findings. Investigates the complexities of mixed methods and triangulation along with interviewing strategies, content analysis, focus groups, and narratives. Course equivalent: ORG 7034. Class open to doctoral and graduate students.

ORG 6100 Community and Organizational Systems (4)

Introduces the literature addressing human behavior in organizational and community contexts. Examines interactions between people and systems in which they function from individual, group, and organizational levels of analysis. Topics include: individual differences, leadership, work motivation, perception, communication, decision making, power and politics, group development, performance, individual and work team effectiveness, conflict, organizational culture, organizational systems theory, and managing diversity. Course equivalent: ORG 7100. Class open to doctoral and graduate students.

ORG 6101 Organizational Development and Consultation I (4)

Introduces major theories, models, and methods for evaluating the effects of interventions on groups and organizations. Explores the foundations in organizational development and the contributions made by other disciplines, theorists, and practitioners. Special focus on organizational entry, data collection, organizational diagnosis, development of interventions, evaluation, and contract termination. Also explores the role of consultant as internal/external facilitator in the organizational change process. Course equivalent: ORG 7101. Class open to doctoral and graduate students.

ORG 6110 Organizational Development and Consultation II (4)

Prerequisite: ORG 6100.

Continues study in the practice of organizational development dealing with planned changes in organization design, strategy, and other large-scale organizational systems. Introduces diagnostic models and methods for the planning of strategic change interventions in complex organizational systems.

Explores the influence of politics, power, organizational culture, and leadership. Also includes topics such as quality management, organizational learning, and self-managed work groups. Course equivalent: ORG 7110. Class open to doctoral and graduate students.

ORG 6201 Organizational Diversity and Globalization (4)

Examines the opportunities and challenges associated with a diversified workforce and organizational culture as they relate to gender, race, personality, nationality, religion, and other differentiating factors. Investigates the realities of organizational strategy, power, politics, communication, and leadership in the context of a global environment. Course equivalent: ORG 7201. Class open to doctoral and graduate students.

ORG 6210 Program and Organizational Evaluation (4)

Covers the major models and methods for evaluating the effects of intervention packages or programs on groups and organizations. Emphasizes procedures that the consulting psychologist may use to set goals and objectives, document services, evaluate outcomes, perform cost/benefit analysis, and strategically improve organizational process and/or product. Course equivalent: ORG 7210. Class open to doctoral and graduate students.

ORG 6230 Learning Systems and on the Job Development (4)

Introduces tools and methods used to develop effective learning systems within organizational contexts. Also covers foundational theory in learning and training, curriculum and course development, and impact assessment. Explores strategies for utilizing on-the-job experiences as rich development opportunities along with strategic implications of leadership development for the organization. Course equivalent: ORG 7230. Class open to doctoral and graduate students.

ORG 6240 Social Psychology (4)

Examines the social bases of behavior, exploring the major theories, concepts, and research topics in social psychology. Studies the social and interpersonal determinants and consequences of individual behavior, with special reference to social dynamics that shape attitudes, emotions, perception, and behavior. Course equivalent: ORG 7240. Class open to doctoral and graduate students.

ORG 6300 Leadership and Team Development (4)

Introduces theoretical frameworks on leadership and team development. Highlights cutting edge tools and practices for selecting and developing leadership capacity within organizational settings as well as the interpersonal and structural dynamics that characterize effective groups. Explores systemic approaches to leadership in the context of organizational culture and interpersonal factors such as leadership ethics, purpose, motivation, power, and communication. Course equivalent: ORG 7300. Class open to doctoral and graduate students.

ORG 6310 Human Service Organizations (4)

Examines the unique opportunities and challenges of working with and changing human service, non-profit, and community-based organizations such as social service agencies, hospitals, schools, family service agencies, local governments, and faith based organizations. Explores issues related to board governance, leadership of a volunteer workforce, burnout, vocational calling, and sense of purpose along with theoretical models for change in human service organizations. Course equivalent: ORG 7310. Class open to doctoral and graduate students.

ORG 6600 Research Methods and Statistics I (4)

Part one of a two-course sequence that introduces students to applied research methodology and statistics through the development and execution of an applied organization based research project. Introduces students to methods of inquiry, hypothesis testing, and research design. Examines the use of statistics as a critical thinking tool and reliability and validity coefficients in the evaluation of testing instruments. Class open to doctoral and graduate students.

ORG 6610 Research Methods and Statistics II (4)

Part two of a two-course sequence that introduces students to applied research methodology and statistics through the development and execution of an applied organization based research project. Introduces students to descriptive statistics and inferential statistics including t-test, ANOVA, and correlation. Also examines data analysis techniques and the communication of results to a non-scientific audience. Class open to doctoral and graduate students.

ORG 6910 Topical Seminar in Organizational Psychology (1–5)

Provides lecture/discussion in a seminar-style format of a special topic related to the theory and practice of organizational psychology. May be repeated for credit two times. Course equivalent: ORG 7910. Class open to doctoral and graduate students.

ORG 6912 Topical Seminar in Organizational Development (1–5)

Provides lecture/discussion in a seminar-style format of a special topic related to the theory and practice of organizational development. May be repeated for credit two times. Course equivalent: ORG 7912. Class open to doctoral and graduate students.

ORG 7000 History and Systems of Psychology (4)

Focuses on an understanding of the historical and philosophical roots, cultural influences and basic scientific assumptions which underlie contemporary psychology in general, and organizational psychology in particular. The development of basic paradigms in psychology are considered as they have been informed by individually-oriented theories, systems-oriented theories, and field theory or transactional perspectives. Course equivalent: ORG 6000. Class open to doctoral and graduate students.

ORG 7001 Faith, Meaning, and Professional Foundations: Ethics and Integrity (2)

Examines the concepts of ethics and integrity from a biblical basis as they relate to the practice of organizational psychology and change management. Also investigates the bases of moral development and ethical decision-making. Class open to doctoral and graduate students.

ORG 7002 Faith, Meaning, and Professional Foundations: Authenticity and Vocation (2)

Introduces the concept of vocation as a whole life model by reclaiming the meaning of work in the pre-industrial concept of one's entire life as a calling to God. Reviews research on the spirituality inherent in work, the historic perspective on the religious implication of work, the nature of work vis-à-vis other life realms, definitions of vocation, and the integrated whole-life model of vocation. Class open to doctoral and graduate students.

ORG 7003 Faith, Meaning, and Professional Foundations: Work and Meaning (2)

Prerequisites: ORG 7001, 7002.

Explores the implications of a biblical anthropology, develops a theology of personhood, and encourages students in personal exploration of and engagement with these issues. Also addresses specific issues that arise out of the content of other courses concurrently being taken by the student. Class open to doctoral and graduate students.

ORG 7004 Faith, Meaning, and Professional Foundations: Sabbath Culture (2)

Prerequisites: ORG 7001, 7002, 7003.

Introduces students to the characteristics of rest, reflection, and relationships found in the biblical narrative regarding Sabbath. Presents models of Sabbath observance and Sabbath culture and examines their implications for personal wellness and managing organizations. Reviews the organizational development practices of organizations who embrace some or all of the principles underlying Sabbath culture reflecting a spectrum of companies with Christian and non-Christian worldviews. Class open to doctoral and graduate students.

ORG 7010 Selection and Performance Management (4)

Introduces students to job evaluation, selection systems and their accompanying mathematical models to test for validity, fairness, and utility. Introduces performance management including the measurement of performance, methods of feedback, and compensation systems that reflect an integrated performance management system. Also includes legal considerations, 360 feedback, benefits and cutting edge incentive systems. Course equivalent: ORG 6010. Class open to doctoral and graduate students.

ORG 7020 Survey Research (4)

Prepares students to conduct survey research in applied settings. Explores challenges and opportunities for survey research methodologies. Includes topics such as questionnaire generation, sampling, data interpretation and analysis, and communication of results. Course equivalent: ORG 6020. Class open to doctoral and graduate students.

ORG 7034 Qualitative Research Methods (4)

Examines the strengths and implications of using qualitative methods in the study of organizations, and strategies for enhancing the quality and credibility of qualitative findings. Investigates the complexities of mixed methods and triangulation along with interviewing strategies, content analysis, focus groups, and narratives. Course equivalent: ORG 6034. Class open to doctoral and graduate students.

ORG 7100 Community and Organizational Systems (4) Introduces the literature addressing human behavior in organizational and community contexts. Examines interactions between people and systems in which they function from individual, group, and organizational levels of analysis. Topics include: individual differences, leadership, work motivation, perception, communication, decision making, power, and politics, group development, performance, individual and work team effectiveness, conflict, organizational culture, organizational systems theory, and managing diversity. Course equivalent: ORG 6100.

ORG 7101 Organizational Development and Consultation I (4)

Introduces major theories, models and methods for evaluating the effects of interventions on groups and organizations. Explores the foundations in organizational development and the contributions made by other disciplines, theorists, and practitioners. Special focus on organizational entry, data collection, organizational diagnosis, development of interventions, evaluation, and contract termination. Also explores the role of the consultant as internal/external facilitator in the organizational change process. Course equivalent: ORG 6101.

ORG 7110 Organizational Development and Consultation II (4)

Prerequisite: ORG 7100.

Continues study in the practice of organizational development dealing with planned changes in organization design, strategy, and other large-scale organizational systems. Introduces diagnostic models and methods for the planning of strategic change interventions in complex organizational systems. Explores the influence of politics, power, organizational culture, and leadership. Also includes topics such as quality management, organizational learning, and self-managed work groups. Course equivalent: ORG 6110. Class open to doctoral and graduate students.

ORG 7120 The Practice of Organizational Psychology (4)

Examines the practice of organizational psychology and issues related to professional standards, ethical practice, relationship to clients, contracting, and careers in the field. Pays special attention to the student as a developing professional and instrument of organizational change. Class open to doctoral and graduate students.

ORG 7200 Theoretical Perspectives on Organizations (4)

Examines selected organizational theorists, models, and systems. Tracks the shifts from top-down, hierarchically driven, tightly coupled organizational strategies to loosely coupled, adaptive, and employee-driven structures. Presents selected readings in organizational theory and behavior. Also explores future directions for organizational theory. Class open to doctoral and graduate students.

ORG 7201 Organizational Diversity and Globalization (4)

Examines the opportunities and challenges associated with a diversified workforce and organizational culture as they relate to gender, race, personality, nationality, religion, and other differentiating factors. Investigates the realities of organizational strategy, power, politics, communication, and leadership in the context of a global environment. Course equivalent: ORG 6201. Class open to doctoral and graduate students.

ORG 7210 Program and Organizational Evaluation (4)

Covers the major models and methods for evaluating the effects of intervention packages or programs on groups and organizations. Emphasizes procedures that the consulting psychologist may use to set goals and objectives, document services, evaluate outcomes, perform cost/benefit analysis, and strategically improve organizational process and/or product. Course equivalent: ORG 6210. Class open to doctoral and graduate students.

ORG 7230 Learning Systems and on-the-Job Development (4)

Introduces tools and methods used to develop effective learning systems within organizational contexts. Also covers foundational theory in learning and training, curriculum and course development, and impact assessment. Explores strategies for utilizing on-the-job experiences as rich development opportunities along with strategic implications of leadership development for the organization. Course equivalent: ORG 6230. Class open to doctoral and graduate students.

ORG 7240 Social Psychology (4)

Examines the social bases of behavior, exploring the major theories, concepts, and research topics in social psychology. Studies the social and interpersonal determinants and consequences of individual behavior, with special reference to social dynamics that shape attitudes, emotions, perception, and behavior. Course equivalent: ORG 6240. Class open to doctoral and graduate students.

ORG 7300 Leadership and Team Development (4)

Introduces theoretical frameworks on leadership and team development. Highlights cutting edge tools and practices for selecting and developing leadership capacity within organizational settings as well as the interpersonal and structural dynamics that characterize effective groups. Explores systemic approaches to leadership in the context of organizational culture and interpersonal factors such as leadership ethics, purpose, motivation, power and communication. Course equivalent: ORG 6300. Class open to doctoral and graduate students.

ORG 7310 Human Service Organizations (4)

Examines the unique opportunities and challenges of working with and changing human service, non-profit, and community-based organizations such as social service agencies, hospitals, schools, family service agencies, local governments, and faith based organizations. Explores issues related to board governance, leadership of a volunteer workforce, burnout, vocational calling, and sense of purpose along with theoretical models for change in human service organizations. Course equivalent: ORG 6310. Class open to doctoral and graduate students.

ORG 7400 Course Development and Teaching Strategies (4)

Provides practitioners of organizational psychology in both academic and service settings with knowledge and practical skills to become effective educators. Includes philosophy of teaching/learning, learning styles, critical thinking, course development, teaching strategies, evaluation, documentation, and integration of

technology. Also incorporates an opportunity for developing and presenting a learning module. Class open to doctoral and graduate students.

ORG 7900 Independent Study (1–5)

Registration approval: Independent Study Agreement.

Provides an opportunity for a student to study a topic of special interest under faculty supervision. May be repeated for credit up to 12 credits. Class open to doctoral and graduate students.

ORG 7910 Topical Seminar in Organizational Psychology (1–5)

Provides lecture/discussion in a seminar-style format of a special topic related to the theory and practice of organizational psychology. May be repeated for credit two times. Course equivalent: ORG 6910. Class open to doctoral and graduate students.

ORG 7912 Topical Seminar in Organizational Development (1–5)

Provides lecture/discussion in a seminar-style format of a special topic related to the theory and practice of organizational development. May be repeated for credit two times. Course equivalent: ORG 6912. Class open to doctoral and graduate students.

ORG 7930 Master Teaching Mentoring Practicum (1–5)

Prepares students for careers as college level professors by pairing them with a faculty member who serves as their teaching mentor, providing feedback, advice, and resources as they prepare for careers as educators in higher education. May be repeated for credit three times. Class open to doctoral and graduate students.

ORG 7940 Placement (1–5)

Provides the practical organizational experience required for doctoral students in organizational psychology. May be repeated for credit up to 16 credits. Class open to doctoral and graduate students.

ORG 7995 Research and Dissertation (2-4)

Registration approval: Department Chair.

Standards and procedures for the completion of the dissertation are explained in the Dissertation and Research Guidelines. May be repeated for credit up to 32 credits. Class open to doctoral and graduate students.

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