

SCHOOL OF HEALTH SCIENCES

MARSTON HALL

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Nursing (M.S.N.) and Certificate Programs

At a time of unprecedented change and challenges in health care, it is increasingly important that nurses provide the vision, talent, and leadership necessary to serve individuals, groups, and communities. The Master of Science in Nursing (M.S.N.) program, with emphasis in leadership and advanced practice pathways, prepares students to serve as leaders in nursing. The degree provides students with the opportunity to expand their career opportunities. At SPU, several advanced practice pathways may be incorporated into the master of science in nursing. Students who focus on roles in education, administration, clinical nurse specialties, the clinical nurse leader, or information systems management complete a 45–51-credit program designed to be completed in two to three years of study. Students who choose the adult/gerontological or family nurse practitioner pathway, complete a 59–62-credit program designed to be completed in two to three years of study.

Two certificate programs are available: 1) The Post-Master's Nurse Practitioner Certificate program is available to individuals who have obtained a master's degree in nursing. This program is 41–44 credits and is designed to take four quarters to complete. 2) The Post-Baccalaureate Nurse Education Preparation Certificate program is for students who have obtained their bachelor's degree in nursing and plan to teach in clinical or academic settings. The nursing education courses may be applied as electives for the M.S.N. at Seattle Pacific University.

ADMISSION REQUIREMENTS

1. Application and application fee — \$50.00.
2. Personal statement of professional and leadership goals as related to the specific mission statement of the School of Health Sciences and a statement of the applicant's expectations of graduate education. This includes a description of the applicant's potential for success in a master's level, leadership-focused program of study for advanced practice.
3. Official college/university transcripts.
4. Undergraduate nursing degree with GPA 3.0 or better in the last 45 quarter nursing credits.
5. Proof of undergraduate statistics course with 2.0 or better.
6. Recommendation forms: one personal, two professional, one of which must be from a supervisor or instructor.
7. Acceptable Graduate Record Exam scores — combined verbal and quantitative scores of 950 and a 3.5 or higher analytical writing score.
8. A Washington State RN license with no practice restrictions.
9. No convictions for crimes against persons (Washington or resident state background check).
10. NP applicants only: documentation of active nursing practice within the last two years.
11. Graduate Admission interview.
12. Proof of RN liability insurance.
13. Professional résumé.

APPLICATION PROCESS

The School of Health Sciences admits students on a quarterly basis. Admission decisions are made on an individual basis throughout the year. It is recommended, however, that students complete application materials before February in order to be eligible for scholarships and grants. Students may enroll in courses with a non-matriculated status prior to acceptance to the program.

CONTACT INFORMATION

To request application materials, contact The Graduate Center by email at gradadmissions@spu.edu or by telephone at 206.281.2888, or call toll free at 800.601-0603. Applications are also available online at www.spu.edu.

ACADEMIC PROGRAM COURSEWORK

Students in the graduate program begin the sequence of core graduate nursing courses Autumn Quarter, although courses may be started throughout the year. All students take core courses the first year and separate into specialty areas the second or third year of the program. Internship experiences begin after the core courses are completed and continue during the final year of the program of studies.

CORE REQUIREMENTS

NUR 6101 Leadership in Advanced Nursing Practice: Individual and Small Group (3)
 NUR 6102 Leadership in Advanced Nursing Practice: Organizations and Health Service Systems (4)
 NUR 6103 Leadership in Advanced Nursing Practice: Health Polices and World Community (4)
 NUR 6210 Advanced Health Promotion (2)
 NUR 6301 Values, Faith, and Ethics (3)
 NUR 6970 Research in Nursing: Methods and Applications (4)
 NUR 6971 Research Utilization in Advanced Nursing Practice (3)

PROGRAM CONCENTRATIONS

Students choose to complete either a scholarly clinical project or a thesis. The scholarly clinical project is designed within the context of the two research courses. The project is completed in NUR 6103 under the guidance of a faculty preceptor. Those students not enrolled in NUR 6103, will complete the scholarly clinical project as a one credit Independent Study. A public presentation of the scholarly project is done during the quarter of its completion. Students selecting a thesis register for 3 additional thesis credits and work closely with a faculty member and thesis committee.

Master of Science in Nursing With a Concentration in Administration, Education, Clinical Nurse Specialist, or Informatics

NUR 6210 Advanced Health Promotion (2)
 NUR 6921 Theoretical Foundations of Advanced Nursing Practice (5)
 NUR 6922 Application of Concepts in Advanced Nursing Practice (5)
 NUR 6923 Synthesis of Advanced Nursing Practice (5)

Additional coursework varies with area of concentration.

The Clinical Nurse Specialist Concentration may require:

NUR 6211 Advanced Nursing Assessment (3)
 NUR 6951 Advanced Clinical Pathophysiology (3)
 NUR 6952 Health Issues for Older Adults (3)
 NUR 6958 Advanced Pharmacology (3)

The Concentrations in Administration and Informatics usually have courses in the School of Business and Economics.

Master of Science in Nursing With Nurse Practitioner Concentration (Family or Adult/Gerontological)

NUR 6211 Advanced Nursing Assessment (3)
 NUR 6230 Advanced Practice Seminar I: Initial Diagnosis and Early Management (8)
 NUR 6240 Advanced Practice Seminar II: Diagnosis and Management (8)
 NUR 6250 Advanced Practice Seminar III: Synthesis (8)
 NUR 6260 Legal and Entrepreneurial Issues (3)
 NUR 6951 Advanced Clinical Pathophysiology (3)
 NUR 6958 Advanced Pharmacology (3)

For Adult/Gerontological NP

NUR 6952 Health Issues of Older Adults (3)

or

NUR 6955 Special Topics (1–5)

Prior to completion of the nurse-practitioner, students must achieve a passing grade on the comprehensive exam. This exam is scheduled as part of the final nurse practitioner course. Students who do not achieve a passing grade on the comprehensive exam are required to do extended work until the passing grade is earned.

Post-Master's Nurse Practitioner Certificate Preparation

NUR 6210 Advanced Health Promotion (2)

NUR 6211 Advanced Nursing Assessment (3)

NUR 6230 Advanced Practice and Seminar I: Initial Diagnosis and Early Management (8)

NUR 6240 Nurse Practitioner: Advanced Practice and Seminar II: Diagnosis and Management (8)

NUR 6250 Seminar III: Synthesis of Practice (8)

NUR 6260 Legal and Entrepreneurial Issues (3)

NUR 6951 Advanced Clinical Pathophysiology (3)

NUR 6958 Advanced Pharmacology (3)

For Adult/Gerontology NP

NUR 6952 Health Issues of Older Adults (3)*

**If not taken in the M.S.N. program.*

Prior to completion of the nurse-practitioner, students must achieve a passing grade on the comprehensive exam. This exam is scheduled as part of the final nurse practitioner course. Students who do not achieve a passing grade on the comprehensive exam are required to do extended work until the passing grade is earned.

Nurse Educator Certificate

NUR 6960 Course Development and Teaching Strategies (3)

NUR 6961 Nurse/Health Educator Internship (3)

NUR 6962 Role Development for Nurse/Health Educators (3)

*EDTC 6433 Teaching With Technology (3)

Application to the M.S.N. Program is not required, but proof of a bachelor's degree and RN license must be demonstrated by an official transcript.

**This course can be taken at Seattle Pacific University or transferred in from another college or university.*

Electives

NUR 6220 Women's Health

NUR 6952 Health Issues of Older Adults

NUR 6955 Special Topics (1–5)

NUR 6960 Course Development and Teaching Strategies (3)

NUR 6961 Nurse/Health Educator Internship (3)

NUR 6962 Role Development for Nurse/Health Educators (3)

NUR 6900 Independent Study (1–5)

NUR 6999 Nursing Thesis (1–4)

Students may also select electives from business, education, physical education or another related field.

DEGREE REQUIREMENTS

The general requirements for a master's degree are consistent with those listed for the University. All courses must be completed within a six-year limit. Prior to completion of the nurse-practitioner pathway, students must achieve a passing grade on the comprehensive exam. The exam is scheduled as part of the final nurse practitioner course.

COURSE DESCRIPTIONS

NUR 6101 Leadership in Advanced Nursing Practice: Individual and Small Group (3)

Explores the concept of leadership, focusing on personal aspects of an effective leader and leadership in small groups. Considers theories of leadership; leadership values; characteristics, skills, and behaviors of an effective leader; selected concepts of leadership; learning/teaching; and group process and communication. Class open to health sciences majors. Class open to graduate students.

NUR 6102 Leadership in Advanced Nursing Practice: Organizations and Human Service System (4)

Prerequisite: NUR 6101.

Continues analysis, application, and evaluation of leadership concepts introduced in NUR 6101, expanding to consideration of organizational theory and other systems theories; conflict and change; informatics; strategic planning and management of resources; quality assurance and standards; sociopolitical influences; and governance models within health service systems. Class open to health sciences majors. Class open to graduate students.

NUR 6103 Leadership in Advanced Nursing Practice: Health Policies and World Community (4)

Prerequisites: NUR 6101 and 6102.

Promotes integration of concepts considered in NUR 6101 and 6102 toward development of a personal/professional nursing leadership praxis. Examines nursing leadership responsibilities in health policy, media interaction, intercultural and world communities, and health care systems of the future. Class open to health sciences majors. Class open to graduate students.

NUR 6210 Health Promotion (2)

Explores wellness, health promotion, and levels of prevention. Applies these concepts to diverse populations of individuals, families, and communities. Class open to health sciences majors. Class open to graduate students.

NUR 6211 Advanced Nursing Assessment (3)

Prerequisite: NUR 6210 (may be taken concurrently).

Provides students with the opportunity to develop advanced history taking and assessment skills, physical, psychosocial, family, cultural, and developmental assessment. Integrates supporting theory with practice skills. Introduces the process of differential diagnosis. Class open to health sciences majors. Class open to graduate students.

NUR 6220 Women's Health (3)

Takes an integrated multidisciplinary approach to women's health which integrates historical, sociocultural, biophysical, and psychosocial aspects of women's health and nursing practice with women and their families. Class open to health sciences majors. Class open to graduate students.

NUR 6230 Advanced Practice Seminar I: Initial Diagnosis and Early Management (8)

Prerequisites: NUR 6210, 6211 and 6951 or equivalent.

Provides study and case analysis of selected health conditions, with clinical experience for application of knowledge. Includes history taking, physical assessment, problem identification, therapeutics, and evaluation of common acute and chronic problems with integration of knowledge from prerequisites. Focuses on advanced assessment, diagnosing conditions with a straightforward presentation and beginning ability to determine therapeutic options across the life span. Content varies depending on student's desired emphasis. Clinical practice provides an opportunity for client care, peer review of client care, and testing of theory under supervision of an established advanced practitioner. Internship: 165 hours. Class open to health sciences majors. Class open to graduate students.

NUR 6240 Advanced Practice Seminar II: Advanced Diagnosis and Management (8)

Prerequisite: NUR 6230.

Provides study and case analysis of selected health conditions. Expands ability to critically analyze situations in which several conditions are present, prioritize diagnoses and problems, and select appropriate therapeutic interventions across the life span. Content varies depending upon student's desired emphasis. Clinical experiences continue to provide opportunity for client care, peer review of client care, and testing of theory under supervision of an established advanced practitioner. Integration of knowledge and practice gained from prerequisites is expected. Internships, 165 hours. Class open to health sciences majors. Class open to graduate students.

NUR 6250 Advanced Practice Seminar III: Synthesis of Practice (8)

Prerequisite: NUR 6240.

Provides study and case analysis of selected complex health conditions. Synthesis of prior coursework with emphasis on common acute and chronic conditions that involve multiple systems. Provides all aspects of assessment, problem identification, and therapeutic management. Integration of managing selected psychological and behavioral along with physiological problems across life span. Content varies depending on student's desired emphasis. Continues to provide clinical experiences for application of knowledge and practice learned in previous nurse practitioner courses. Internship activities include client care, peer review of client care, testing of theory under supervision of an advanced practitioner, and clinical readiness to write the advanced nurse practitioner certification exams. Internship, 170 hours. Class open to health sciences majors. Class open to graduate students.

NUR 6260 Legal and Entrepreneurial Issues (3)

Explores the nurse practitioner's role and responsibility in health care delivery and in shaping health policy. Examines trends in expanded roles and entrepreneurship pertinent to advanced nursing practice, especially nurse practitioners. Identifies sociopolitical influences on health care, analyzes ethical risk management and legal issues, and organizational values as they relate to personal and professional roles and health care delivery systems. Class open to health sciences majors. Class open to graduate students.

NUR 6301 Values, Faith and Ethics (3)

Examines ethical theories and decision making in the context of nursing, nursing leadership, and the health care environment. Explores the relationship between moral, faith, values development, and spiritual growth. Integrates a Biblical understanding of ethics and values. Provides opportunity for personal and professional synthesis by developing an aesthetic performance and a vocational position. Attribute: Biblical Heritage Graduate. Class open to health sciences majors. Class open to graduate students.

NUR 6900 Independent Study (1–5)

Registration approval: Independent Study Agreement.

Emphasizes individual study of nursing, health care, or issues related to these major concepts planned within the scope and expertise of nursing faculty advisors. May be repeated for credit up to 15 credits. Class open to health sciences majors. Class open to graduate students.

NUR 6901 NP: Independent Study (1–5)

May be repeated for credit up to 15 credits. Class open to health sciences majors. Class open to graduate students.

NUR 6921 Theoretical Foundations of Advanced Practice Nursing (5)

Begins the systematic study of nursing and related concepts for advanced nursing practice, and development of a nursing design with a clinical focus for a selected aggregate. Students select clinical sites where they begin to develop advanced practice skills related to clinical problems of their selected aggregates, in a working relationship with a master's-prepared nurse mentor. Incorporates in-depth holistic assessment, health promotion, and care at all levels of prevention. Integrates group leadership principles in the seminar process, and begins the practice portion of the Advanced Nursing Practice Portfolio. Seminar 40 hours; Internship 165 hours. Class open to health sciences majors. Class open to graduate students.

NUR 6922 Application of Concepts in Advanced Nursing Practice (5)

Prerequisite: NUR 6921.

Emphasizes continuing in-depth knowledge building for a selected aggregate and understanding of nursing design with integration of leadership, role function, and the theoretical basis of advanced nursing practice. Students' cognate courses are expected to undergird the development of skills and their application in a selected role function (e.g., clinical nurse specialist, researcher, educator). Seminar 40 hours; Internship 165 hours. Class open to health sciences majors. Class open to graduate students.

NUR 6923 Synthesis of Advanced Nursing Practice (5)

Prerequisite: NUR 6922.

Continues the development of an advanced practice nursing role with the student's selected aggregate. Students synthesize leadership, nursing theory, ethics and values, teaching-learning, and research concepts with related cognate components. Students refine their nursing designs and complete the practice portion of their Advanced Practice Nursing Portfolios. Seminar 40 hours; Internship 170 hours. Class open to health sciences majors. Class open to graduate students.

NUR 6951 Advanced Clinical Pathophysiology (3)

Investigates human responses to stress and disease by analyzing selected clinical cases, comparing study findings with accepted health states and applying research based diagnostic methods. Studies pathophysiologic conditions selected by the student; enhances integration of concepts learned by presentation discussion and literature review. Class open to health sciences majors. Class open to graduate students.

NUR 6952 Health Issues of Older Adults (3)

Analyzes current theories of aging, and psychological, social, cultural, environmental, and spiritual factors that influence development in the second half of life. Discusses selected biological factors. Students choose related special topics to study in depth and present in class. Class open to health sciences majors. Class open to graduate students.

NUR 6955 Special Topics (1–5)

Registration approval: Instructor.

Students will work on specialized areas of interest with faculty in advanced nursing coursework. May be repeated for credit up to 15 credits. Class open to health sciences majors. Class open to graduate students.

NUR 6958 Advanced Pharmacology (3)

Prepares students with a foundation in pharmacology and pharmacotherapeutics for advanced practice. Focuses on pharmacokinetics, pharmacodynamics, adverse drug reactions, drug interactions, drugs in special populations, prescription-writing, and the pharmacology and pharmacotherapeutics of selected drug groups. Class open to health sciences majors. Class open to graduate students.

NUR 6960 Course Development and Teaching Strategies (3)

Provides nurse educators in both academic and service settings with knowledge and practical skills to become an effective educator. Includes philosophy of teaching/learning, learning styles, critical thinking, course development, teaching strategies, evaluation, documentation, and integration of technology. Opportunity for developing and presenting a learning module is included. Class open to health sciences majors. Class open to graduate students.

NUR 6961 Nurse Educator Internship (3)

Prerequisite: NUR 6960 or instructor permission.

Provides nurse educators in both academic and service settings with practice teaching experience in classroom and clinical settings under supervision of a faculty preceptor/mentor. Includes application of content from NUR 6960 plus modules on coaching, documentation, clinical evaluation, and management of learner issues. Class open to health sciences majors. Class open to graduate students.

NUR 6962 Role Development for Nurse Educators (3)

Includes philosophy of nursing education, curriculum design, research, publishing, grant writing, interpersonal dynamics and team-work in academic and practice settings, functioning within institutional expectations, developing a teaching portfolio, legal issues, and future directions in nursing education. Class open to health sciences majors. Class open to graduate students.

NUR 6963 Project (1–5)

Registration approval: Instructor.

May be repeated for credit up to 5 credits.

NUR 6970 Research in Nursing: Methods and Application (4)

Focuses on research strategies as utilized in nursing research. Discusses qualitative and quantitative designs and measurement strategies with accompanying statistical analyses. Begins Scholarly Clinical Project. Class open to health sciences majors. Class open to graduate students.

NUR 6971 Research Utilization in Advanced Nursing Practice (3)

Prerequisite: NUR 6970.

Focuses on the development of one's own nursing research, with an emphasis on clinical problems. Students' aggregates and clinical sites provide the context for research questions and methods. Explores issues related to evidence based practice. Class open to health sciences majors. Class open to graduate students.

NUR 6999 Thesis: Nursing (1–4)

Prerequisites: NUR 6970 and 6971.

Requires a research thesis designed to study nursing, health care practices or the arena that fosters interactions between these components. May be repeated for credit up to 4 credits. Class open to graduate students.

FACULTY

Sandra Affeldt-Cotton, *Professor of Nursing*; B.S.N., University of North Dakota, 1973; M.S., Texas Woman's University, 1979; Ed.D., University of South Dakota, 1990. At SPU since 2005.

Mary E. Fry, *Associate Professor of Nursing*; B.S.N., University of Washington, 1966; M.N., 1972; Ph.D., Oregon Health Sciences, 1994. At SPU since 1969.

Theresa Granger, *Instructor of Nursing*; B.S.N., Washington State University, 1992; M.N., 1996; F.N.P., 1966. At SPU since 2003.

Christine M. Henshaw, *Assistant Professor of Nursing*; B.S.N., Washington State University, 1978; M.N., University of Washington, 1987; Ed.D., Seattle University, 2004. At SPU since 2000.

Emily A. Hitchens, *Associate Dean; Professor of Nursing*; B.S.N., University of Washington, 1965; M.N., 1967; Ed.D., Seattle University, 1988. At SPU since 1979.

Barbara S. Innes, *Associate Professor of Nursing; Director of R.N.-to-B.S. Program*; B.S.N., University of Washington, 1963; M.S., University of California-San Francisco, 1969; Ed.D., Seattle University, 1989. At SPU since 1976.

Lucille M. Kelley, *Dean; Associate Professor of Nursing*; B.S.N., University of Connecticut, 1969; M.N., University of Washington, 1973; Ph.D., 1990. At SPU since 1985.

Kathleen M. Stetz, *Professor of Nursing*; B.S., Nazareth College, 1976; M.N., University of Washington, 1981; Ph.D., 1986. At SPU since 1999.

Elizabeth Torrence, *Associate Professor of Nursing; Director, MSN Program*; B.S.N., Barry University, 1968; M.N., Louisiana State University Medical Center, 1976; Ed.D., Seattle University, 1997. At SPU since 2002.

Barbara West, *Associate Professor of Nursing*; B.S.N., San Diego State University, 1974; M.S.N., University of Tennessee-Memphis, 1985; Ed.D., Tennessee State University, 2005. At SPU since 2005.

Martha L. Worcester, *Associate Professor of Nursing; Director, Nurse Practitioner Pathway*; B.S.N., California State University-Chico, 1962; M.S., University of California-San Francisco, 1964; Ph.D., A.N.P., University of Washington, 1990. At SPU since 1989.